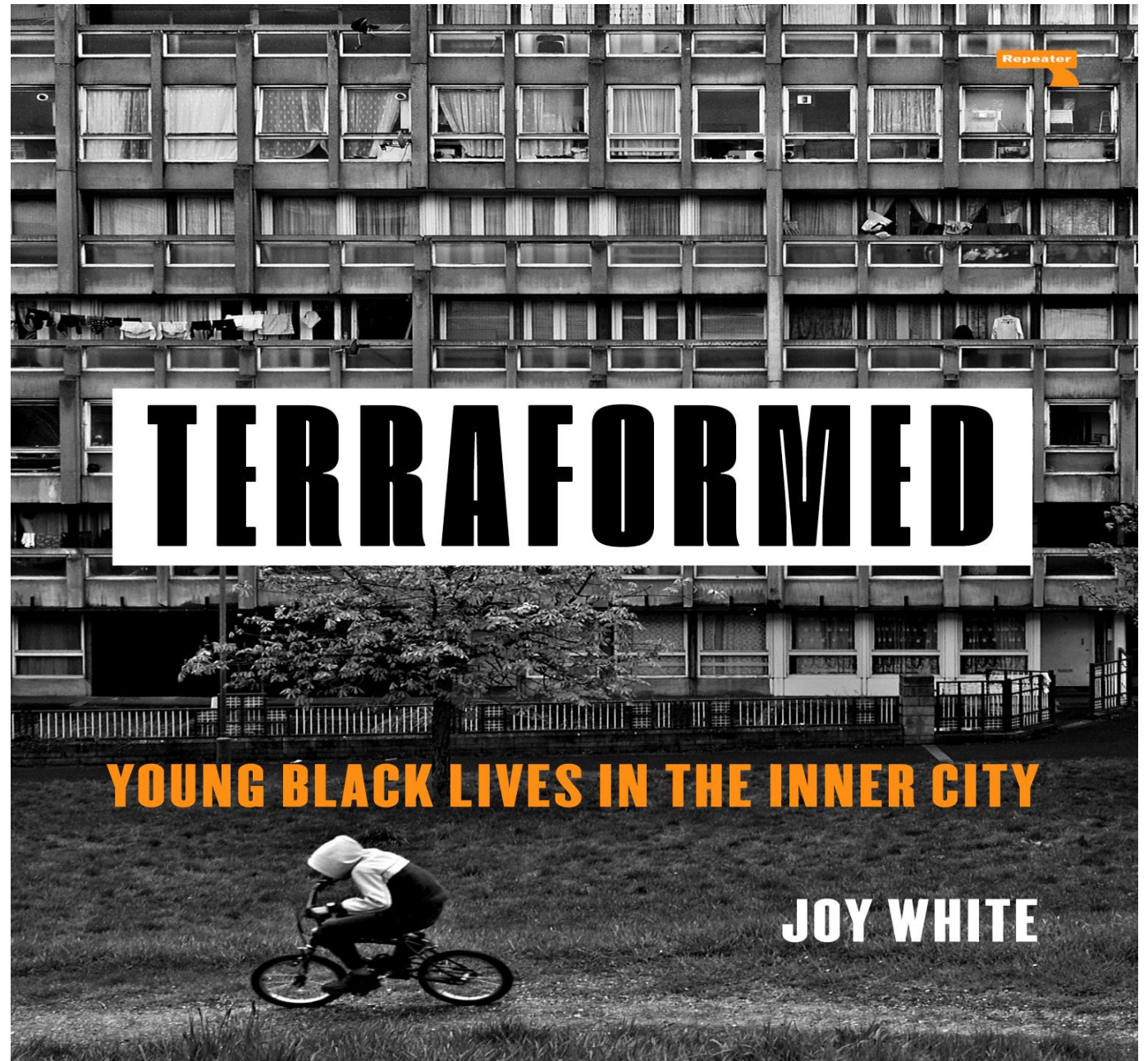
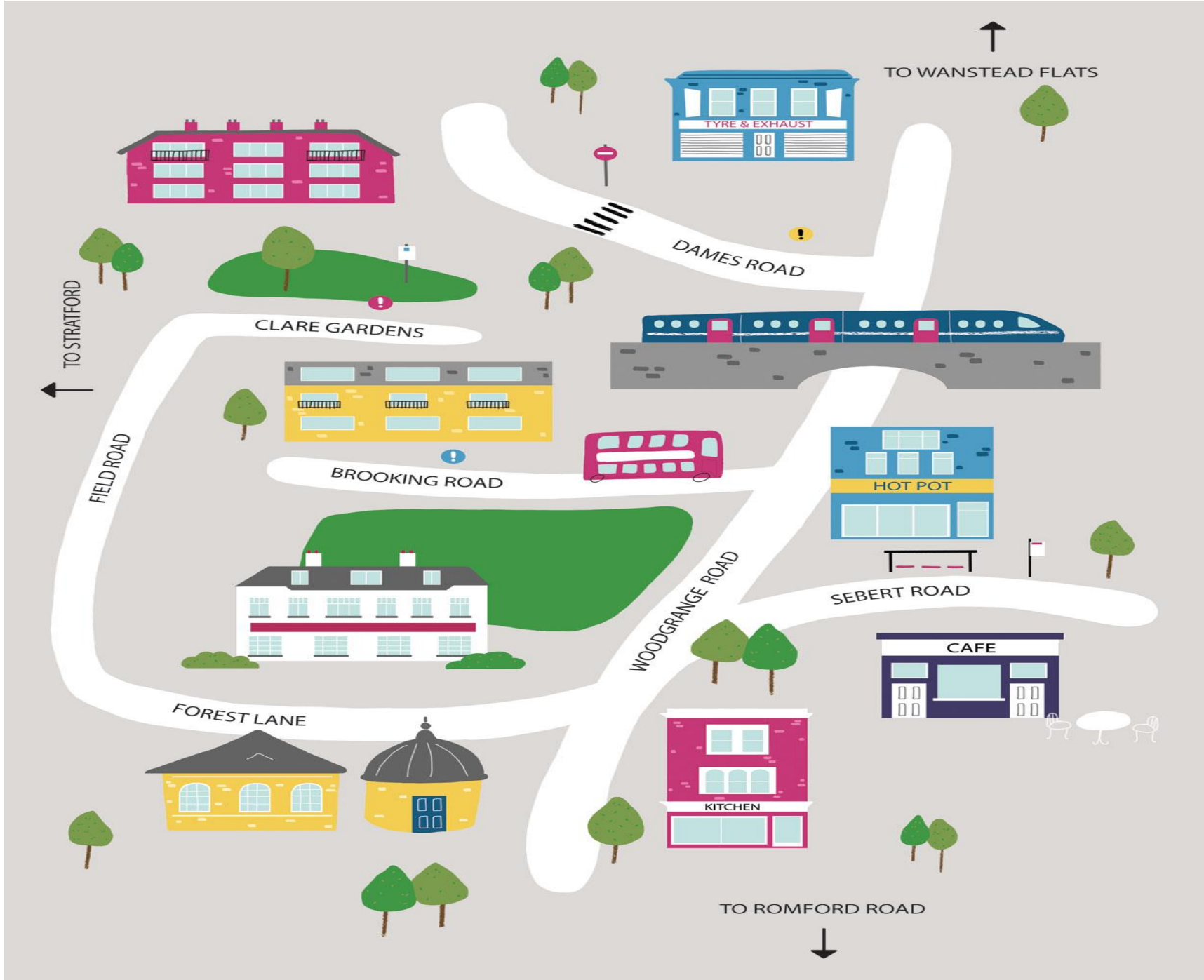


Dr Joy White





SEBERT ROAD

E

REASONS TO LIVE IN FOREST GATE

1 WALK THE DOG. STROLL IN THE FOG. GO FOR A JOG - THE WANSTEAD FLATS HAVE 450 ACRES OF STRESS BUSTING HEATHLAND. 2 CANTANKEROUS TRAINS CAN LET OFF STEAM AS THEY CARRY WEARY COMMUTERS TOO AND FRO ON 73 MILES OF SHINY NEW CROSS RAIL TRACK. 3 OPT FOR SOME RETAIL THERAPY AT WESTFIELD WITH 250 SHOPS AND 70 PLACES TO EAT. EXPLORE THE FLOOR AND HEAD BACK FOR MORE. 4 EARN YOUR STRIPES AT CLAPTON F.C. BY JOINING THE TONS DOWN THE OLD SPOTTED DOG. 5 ZIP OFF TO THE QUEEN ELIZABETH OLYMPIC PARK - RIDE THE SLIDE. EXPLORE ART IN THE PARK. LET THE KIDS LOOSE OR KICK-BACK AND ENJOY THE SPACE. 6 THE TAP IS TOP FOR A CRAFT BEER WITH A SIDE ORDER OF MUSIC, COMEDY, BOOK READINGS OR CAKE. 7 TUCK INTO A HOT CREPE AS YOU BROWSE THE STALLS AT WOODGRANGE MARKET.

WHY LIVE ANYWHERE ELSE?

E

MORE REASONS TO LIVE IN FOREST GATE

8 THE EPIC EPPING FOREST 9 AN ABUNDANCE OF GLORIOUS VICTORIAN TERRACE HOUSES 10 REGENERATION SCHEME TRANSFORMATIONS 11 HOME TO A PROFUSSION OF CREATIVE PROFESSIONALS 12 GET FAMILIA WITH THEIR NUDE COFFEE 13 ONLY THIRTEEN MINUTES FROM THE CITY 14 FOOD GLORIOUS FOOD AT THE CORNER KITCHEN

WHY LIVE ANYWHERE ELSE?

FOREST GATE

WHY LIVE ANYWHERE ELSE?



THE NUDE HIGH
*
BENNETH CLARK

ADRIAN FERRANTELLI &
JAMES WALTON

BLUJULINE

RIDING HIGH
DILLINGHAM

LILLE

FLANDRE
NALLONNE
XVIII^e SIECLE

Maurice BRAUER

LEWI
&
SYBIL

ited Reformed Church



SCOTCH

£2.5

EGGS

SAUSAGE

ROLLS

£2



ANTHONY

ANTHONY

ANTHONY

ANTHONY

ANTHONY

ANTHONY

ANTHONY

ANTHONY

ANTHONY

ANTHONY

ANTHONY

ANTHONY





Dr Joy White

<https://www.youtube.com/watch?v=-VAeFMUo0Qs>

