

COUNTDOWN TO UCL



**We've got your back!**



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**WELCOME TO A NEW YEAR AT UCL** - We're committed to making sure you can receive a world-class education and student experience in September, and that you can do so safely and with the flexibility you need. Check the [UCL Students website](#) regularly for all the latest on how we're doing this.

**Dear \${Contacts.First Name},**

We understand that your time at university might present new challenges, and sometimes you may need support. We have a wide range of options available to you depending on your circumstances. That is why for Countdown email number 11, we're talking about our [Support Services](#).

## Support Services

At UCL, we believe that your wellbeing is just as important as your studies and we care about all our students. Read these articles to find out more about the main support services available to you.



### Introducing Student Support and Wellbeing

In this article we introduce Student Support and Wellbeing (the team behind Countdown to UCL!) so that you're aware of all the various support services available to you. [Find out more.](#)



### Introducing askUCL, your student enquiries system

AskUCL is UCL's online enquiries system for students, and is the best

place for you to get the answers you need. [Do you have any questions?](#)



### [Coming to university with a disability](#)

Coming to university with a disability? Our Student Support and Wellbeing team have written [this article](#) to help you feel more informed about the support available to you.



### [Ensuring you feel supported as a research student](#)

In this article Simone, our PhD contributor, talks about accessing support as a research student. [Read on.](#)





### Student Support at the IOE

At the UCL Institute of Education, we work hard to support our students with their mental health and wellbeing. We have a group of Mental Health Champions available to listen and support students whenever you need them. There is also a range of events, designed to help students integrate into their new surroundings, meet their new course mates and put peer support systems in place. For more information, please visit our [IOE Student Helpdesk](#) or [email helpdesk team](#).



## Online Induction PART 4

## [Your online induction, part 4 - Online Orientation for new students](#)

We've created an online induction module to help you familiarise yourself with everything you'll need to know about life at UCL, before you start your life at UCL. [Find out more.](#)



# Welcome to UCL Support Services Event

## [Attend the Welcome to UCL Support Services event](#)

Students' Union UCL will be welcoming all new students and introducing Student Support and Wellbeing, Library Services, Security, Alumni Relations, Careers, and the Information Services Division (ISD). These talks are for all students, at all levels of study. [Book on via the Welcome to UCL app.](#)

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