

COUNTDOWN TO UCL



We've got your back!



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WELCOME TO A NEW YEAR AT UCL - We're committed to making sure you can receive a world-class education and student experience in September, and that you can do so safely and with the flexibility you need. Check the [UCL Students website](#) regularly for all the latest on how we're doing this.

Starting out as an international student at UCL? [Immigration virtual drop-in sessions](#) and [international student orientation webinars](#) will be happening over the coming weeks – [book now](#).

Dear $\${\text{Contacts.First Name}}$,

We understand that your time at university might present new challenges, and sometimes you may need support. We have a wide range of options available to you depending on your circumstances. That is why for Countdown email number 11, we're talking about our [Support Services](#).

Support Services

At UCL, we believe that your wellbeing is just as important as your studies and we care about all our students. Read these articles to find out more about the main support services available to you.



Introducing Student Support and Wellbeing

In this article we introduce Student Support and Wellbeing (the team behind Countdown to UCL!) so that you're aware of all the various support services available to you. [Find out more.](#)



Introducing askUCL, your student enquiries system

AskUCL is UCL's online enquiries system for students, and is the best

place for you to get the answers you need. [Do you have any questions?](#)



[Coming to university with a disability](#)

Coming to university with a disability? Our Student Support and Wellbeing team have written [this article](#) to help you feel more informed about the support available to you.



[Ensuring you feel supported as a research student](#)

In this article Simone, our PhD contributor, talks about accessing support as a research student. [Read on.](#)



Mental health support for international students

Our SSW team is here to ensure all UCL students have the best time possible whilst studying with us. Our support provision includes a comprehensive mental health support package available to all students, including our international students. [Find out more.](#)



Student Support at the Faculty of Arts & Humanities

Whether you're coming to campus this month or based elsewhere for now, you'll find yourself part of a network of people who are all dedicated to supporting you throughout your time in the [Faculty of Arts & Humanities](#)! We'll be in touch again soon about the launch of our Inspiring Minds website: this is packed with information and tips from staff and current students from across the Faculty, and you'll also have the opportunity to join a range of online discussion events, led by current students, to help you settle in over the first few days and weeks of term. We know how important it is to study in a safe, inclusive and supportive environment, where there's help at hand whenever you need it, so please also get in touch with our [Vice Dean for Wellbeing](#), if you have any questions.



Online Induction PART 4

Your online induction, part 4 - Online Orientation for new students

We've created an online induction module to help you familiarise yourself with everything you'll need to know about life at UCL, before you start your life at UCL. [Find out more.](#)



Welcome to UCL Support Services Event

Attend the Welcome to UCL Support Services event

Students' Union UCL will be welcoming all new students and introducing Student Support and Wellbeing, Library Services, Security, Alumni Relations, Careers, and the Information Services Division (ISD).

These talks are for all students, at all levels of study. [Book on via the Welcome to UCL app.](#)

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