	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Red pepper and tomato	Squash and butterbean	Sweetcorn and spring onion chowder	Potato and watercress	Thai squash and basil

3	Meat £6.15	Vegetarian £5.55	Vegan £5.55	Sides £2.10
Monday	Chermoula Chicken with Frekkeh & Broccoli	Jackfruit and cheese arepa, pico de gallo	Lebanese aubergine Yahknet, moujadara	Mixed leaves
Tuesday	Chettinad Chicken, rice, grilled peppers, mango chutney	Rajma Masala, rice, mango chutney	Lebanese aubergine Yahknet, moujadara	Naan, saag aloo, samosa, bhaji
Wednesday	Cottage pie, roasted seasonal veg & gravy	Squash and leek roulade, roast potatoes	Lebanese aubergine Yahknet, moujadara	Roast potatoes, roast vegetables
Thursday	Marinated Pork Belly, fava bean hummous, red pepper chutney	Baked halloumi in tomato sauce, rocket salad	Spiced black bean burger and lime slaw, fries	Mixed leaves
Friday	Fish and chips	Banana blossom & chips	Spiced black bean burger and lime slaw, fries	