

3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup - Vegan	Broccoli, watercress & rocket	Moroccan chickpea	Spicy squash & lime	Spiced black bean & chilli	Creamy leek & potato
	Plant based sausage & spinach penne pasta (vegan) Or Chicken arrabiata stew with parmesan dumplings Garlic broccoli Roasted courgettes upsell Garlic & basil ciabatta	Ruby tuesday Jamaican black eyed bean curry (vegan) Or Caribbean chicken curry With Basmati rice Upsells Naan bread Veg samosa Onion bhaji	"Mid-week roast" Tomato & olive tapanade roasted aubergine steak (vegan) Or Tandoori roasted chicken With gun powder potatoes Roti or flatbread & kachumber salad	Chard, sweet potato & peanut stew (vegan) Or Cuban pork & pepper chimmichurri With Braised rice, lime & chili corn cobs	Bowler Marinara Sub Vegan meatballs Roasted pepper & tomato sauce Cheese & chive sauce House Salad Battered hake Tartare Sauce Lemon Dill Gherkins Chips New Potatoes Garden Peas Mushy Peas Baked Beans