

Housman Room

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	Monday	Tuesday	Wednesday	Thursday	Friday
VEGETARIAN Menu Description & Allergens	Courgette, aubergine and mushroom moussaka topped with crispy cheese & warm broccoli and bean salad (F50) Allergens: Celery,oats,wheat,mustard,sulphurdioxide	Spiced chickpea curry with rice and poppadoms, Allergens: MC nuts	Bun (F50) Quinoa, feta & sweet potato burger, In a brioche style bun with sliced tomato, shredded lettuce and seasoned fries Allergens: milk,wheat	Sundried tomato, spinach and butternut squash tart with Watercress, tomato chutney and focaccia (F50) Allergens: Egg,mustard,barley,wheat	Vegan Mac & chorizo cheese, garlic bread, salad Allergens: celery,mustard,soya,oat,wheat
MEAT Menu Description & Allergens	Roast Chicken Breast with spiced giant cous cous, courgette and medley mushrooms Allergens:Wheat	Chicken Massaman curry with rice and poppadoms, Allergens:mc nuts	Bun Korean fried chicken burger, In a brioche style bun with sliced tomato, shredded lettuce and pickle Add Ons - Bacon jam, Sliced cheese, seasoned fries Chicken Burger Allergens:Wheat,rye,milk,egg,soya	Beef Roularde with Confit onion, sticky parsnips, green beans and red currant glaze Allergens:Wheat, barley, eggs	Battered Pollock, chips, peas or mushy peas, tartare sauce and lemon Allergens:Egg,fish,mustard,barley, wheat
Plant Based					
Menu Description & Allergens	Smashed Jackets topped with vegetable stew			Middle Eastern (F50) falafel, houmous, pickled red cabbage & tabbouleh salad, Flat Bread Allergens: Wheat,Sesame,sulphurdioxide	
SOUP Menu Description All served with bread roll, croutons and toppers	creamy broccoli & leek kcal:197	sweet potato & carrot kcal: 370.5	Tomato & Basil kcal:148.1	Italian minestrone (F50) kcal:342.4	Smokey Sweet Potato kcal:430