

Housman Room

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	Monday	Tuesday	Wednesday	Thursday	Friday
VEGETARIAN Menu Description & Allergens	Bubble & Squeak cake, glazed field mushrooms, spinach and poached egg Allergens: Egg, mustard, sulphur dioxide, wheat	Spiced chickpea curry with rice and poppadoms, Allergens: MC nuts	Fried Courgette, sesame & gochujang noodles & little gem Allergens: wheat, soya, sesame	Creamy leek, kale and spinach sauce with penne pasta and toppers (F50) Allergens: Wheat Add On - Garlic ciabatta, marinated Olives	Cheese, potato & onion pie, salad & garlic bread Allergens: Celery, wheat, milk, sulphur dioxide
MEAT Menu Description & Allergens	Lemon & thyme roasted chicken with roasted beets, butternut squash and buckwheat (F50) Allergens: mustard	Chicken Massaman curry with rice and poppadoms, Allergens: mc nuts	Chicken skewer, sesame and gochujang noodle salad and little gem allergens: wheat, sesame, soya	Italian style meatballs in a rich tomato sauce with Spaghetti and toppers Allergens: wheat Add On - Garlic ciabatta, marinated Olives	Battered Pollock, chips, peas or mushy peas, tartare sauce and lemon Allergens: Egg, fish, mustard, barley, wheat
Plant Based					
Menu Description & Allergens £4.95	Bean Cassoulet & crusty bread (F50)			Vegetable Tagine & cous cous (Live well) wheat, soya	
SOUP Menu Description All served with bread roll, croutons and toppers	Potato & Leek kcal:232	Butternut squash with Sage kcal:230	Thai spiced cauliflower soup kcal: 325.2	Carrot & Parsnip soup kcal:363.9	Cream of mushroom kcal:328.2