

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup Small £3.20 Large £3.90	Potato, pea and mint Contains: no allergens 220kcal	Mixed bean and pasta soup Contains: Celery, Wheat 260kcal	Green lentil and harissa Contains: Celery, Sulphites 340kcal	Carrot and lentil Contains: Celery, Wheat 195kcal	Squash and cumin Contains: Celery 200kcal

2	Meat £6.15	Vegetarian £5.55	Vegan £5.55	Sides £2.10
Monday	Chicken souvlaki, cucumber salad, tzatziki Contains: Milk 480kcal	Spinach filo pie, green salad Contains: Wheat, Sulphites 730kcal	BBQ Glazed Corn Ribs, Refried Beans, Coleslaw & Fries Contains: Soy, Wheat, 800kcal	Mixed leaves, fries
Tuesday	Chicken Pathia, cauliflower bhaji Contains: Wheat, Sulphites 710kcal	Butter paneer curry, rice Contains: Milk, mustard, Sulphites 800kcal	BBQ Glazed Corn Ribs, Refried Beans, Coleslaw & Fries Contains: Soy, Wheat, 800kcal	Naan, saag aloo, samosa, bhaji
Wednesday	Beef brisket, braised cabbage, sesame sweet potato Contains: Sesame 650kcal	Root vegetable & lentil potato pie & braised Cabbage Contains: Soy, Wheat, Milk, Sulphites 860kcal	BBQ Glazed Corn Ribs, Refried Beans, Coleslaw & Fries Contains: Soy, Wheat, 800kcal	Fries, mixed leaves
Thursday	Beef lasagne with Focaccia Contains: milk, Wheat, Sulphites, Celery 950kcal	Courgette and kale gnocchi, lemon crème sauce, focaccia Contains: Wheat 730kcal	Lebanese aubergine Yahknet, moujadara Contains: Soy, Sulphites, Wheat 490kcal	Mixed leaves, focaccia
Friday	Fish and chips £7.15 Contains: Wheat, Barley, Eggs, Fish (pollock), Mustard 850kcal	Banana blossom & chips £6.95 Contains: Wheat, barley 830kcal	Lebanese aubergine Yahknet, moujadara Contains: Soy, Sulphites, Wheat. 490kcal	