

1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup Small £3.20 Large £3.90	Broccoli and Thyme Contains: no allergens 83kcal	Carrot and Fennel Contains: Celery, Wheat 83kcal	Tomato & Oregano Contains: Celery 195kcal	Leek and Potato Contains: Celery 159kcal	Red Pepper Soup Contains: Celery, Wheat 264kcal

Week 1	Meat £6.15	Vegetarian £5.55	Vegan £5.55
Monday	Chicken & leek pie, mash, gravy MILK, SULPHUR DIOXIDE Kcal 863	Leek and mushroom pie, mash, gravy WHEAT, EGG, DAIRY Kcal 638	Biang Biang Noodles, smashed cucumber WHEAT, SESAME, SOYA, SULPHUR DIOXIDE Kcal967
Tuesday	Jeera Chicken, basmati rice, & poppadom's, mango chutney Kcal 706	Chickpea and spinach masala with aubergine and lime pickle MUSTARD, WHEAT Kcal 501	Biang Biang Noodles, smashed cucumber WHEAT, SESAME, SOYA, SULPHUR DIOXIDE Kcal967
Wednesday	Penne bolognaises bake & garlic bread, seasonal salad leaves. WHEAT, CELERY, MILK Kcal 916	Creamy tagliatelle with walnuts, broad beans, peas and broccoli. Seasonal salad leaves and garlic bread WHEAT, WALNUTS Kcal 793	Biang Biang Noodles, smashed cucumber WHEAT, SESAME, SOYA, SULPHUR DIOXIDE Kcal967
Thursday	Beef bourguignon, creamy garlic herb polenta & crusty bread. MILK, SULPHUR DIOXIDE, WHEAT Kcal 637	Butterbean casserole, sweet potato puree & crusty bread WHEAT, SULPHUR DIOXIDE Kcal 486	Biang Biang Noodles, smashed cucumber WHEAT, SESAME, SOYA, SULPHUR DIOXIDE Kcal967
Friday	Battered or breaded Pollock & chips, mushy peas, garden peas. WHEAT, EGG, SULPHUR DIOXIDE, FISH Kcal 753	fried banana blossom, mushy or garden peas, fries & tartar sauce WHEAT, EGG, SULPHUR DIOXIDE Kcal 829	Biang Biang Noodles, smashed cucumber WHEAT, SESAME, SOYA, SULPHUR DIOXIDE Kcal967