**First Aid Quiz**

**How would you treat a burn to your hand from a hot tray from the oven?**

1. Put your hand into a bucket of ice.
2. Put your hand under cool running water for at least 20 minutes and remove any jewellery or tight-fitting clothing.
3. Rub butter onto the burn.

Correct Answer – B - <https://www.sja.org.uk/get-advice/first-aid-advice/effects-of-heat-and-cold/burns-and-scalds/>

**If someone faints, how could you support them?**

1. Lay them down, raise their legs and open any windows to give them fresh air.
2. Sit them up straight away.
3. As them to lay on their side.

Correct Answer – A - <https://www.sja.org.uk/get-advice/first-aid-advice/unresponsive-casualty/fainting/?category=12274>

**What one of the following is NOT an emergency number in the UK?**

1. 999
2. 101
3. 112

Correct Answer – B - <https://www.gov.uk/guidance/999-and-112-the-uks-national-emergency-numbers>

**What is the best way to treat a nosebleed?**

1. Tilt your head forward and pinch the soft part of the nose.
2. Tilt your head back and use an ice pack.
3. Keep the head still and raise your legs.

Correct Answer – A - <https://www.redcross.org.uk/first-aid/learn-first-aid-for-babies-and-children/nosebleed>