

CONTENTS OF THE FIRST AID BOX CHECKLIST



- guidance leaflet e.g. HSE leaflet "[Basic advice on first aid at work](#)"
- list of contents
- the name, location and telephone number of the first aiders and/or appointed persons
- 20 individually wrapped sterile plasters (assorted sizes), appropriate to the type of work (you can provide hypoallergenic plasters, if necessary)
- two sterile eye pads
- four individually wrapped triangular bandages, preferably sterile
- six safety pins
- two large, individually wrapped, sterile, unmedicated wound dressings
- six medium-sized, individually wrapped, sterile, unmedicated wound dressings
- a pair of disposable gloves (see HSE's free leaflet: Latex and you)

DO NOT KEEP TABLETS OR MEDICINES IN THE FIRST AID BOX

Insert the date and the name of person who checked the box:

DATE	NAME	DATE	NAME