UCL

QRHN CONFERENCE 2024
WORKSHOP PROGRAMME

16TH FEBRUARY 2024

Nunn Hall, 20 Bedford Way
University College London

9AM TO 4.30PM

BMJ Open

Quirkos

OVERVIEW

WHAT TO EXPECT

QHRN PRE-CONFERENCE WORKSHOP

We have an exciting line-up of workshops which will give delegates the chance to network, discuss and critically reflect on some of the key elements of qualitative health research, and get involved interactive sessions on innovative approaches.

In the lead up to the 2024 conference on the themes of "Exploring progress: qualitative health research through crisis, disruption and emergence" (held virtually on the 28th and 29th of February), this day of workshops is focussed on qualitative methods more generally.

KEY INFORMATION

QHRN website 🔍

LOCATION

✉ qhrn@ucl.ac.uk

Nunn Hall, 20 Bedford Way, London, WC1H 0AL

For information about getting here and accessibility please view this link: https://20bedfordway.com/attending-an-event/. If you you require additional arrangements to be made to support attending, please contact the QHRN team via qhrn@ucl.ac.uk.

CATERING

Refreshments and lunch will be provided

In line with UCL's sustainability pledge, all food provided by our catering team is vegetarian. We will also be providing some vegan options, but if you have any allergies or diet requirements please do contact us via email before the 5th of February 2024.

KEY CONTACTS

For all queries please direct these to the QHRN mailbox

qhrn@ucl.ac.uk
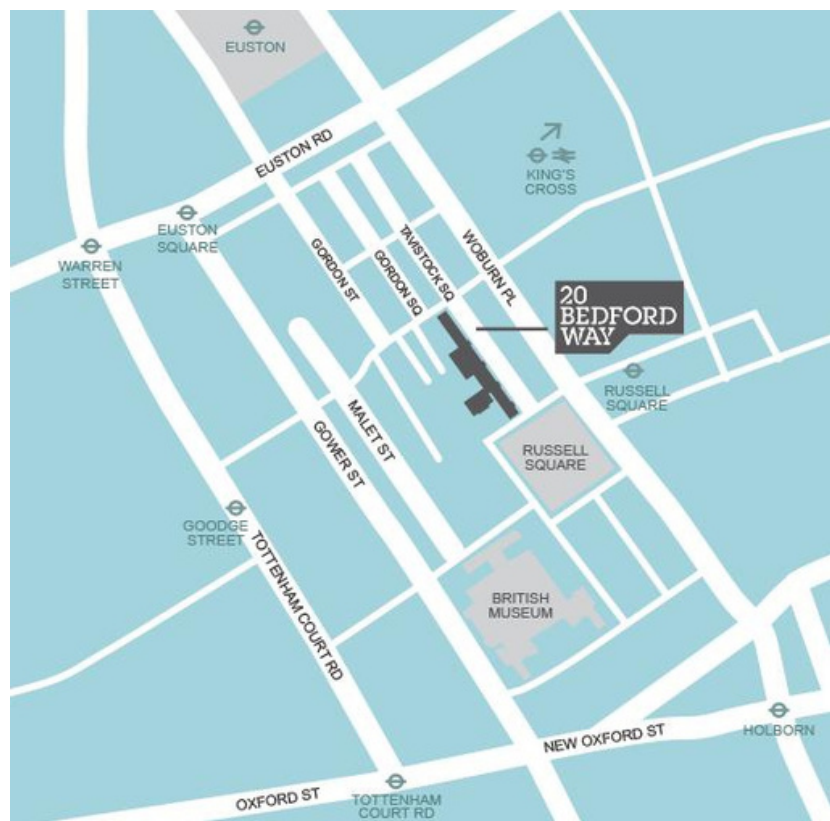
SCHEDULE

9.00	Arrival
9.30	Welcome
	Writing for publication and navigating peer review Clare Partridge - BMJ Open
	Doing Qualitative Analysis Differently: Basics and Challenges Daniel Turner - Quirkos
11.30	Break
12.00	Creative Public Engagement: Memorable storytelling for long-lasting impact Alina Ivan
13.00	Lunch
14.00	What is a 'Change Laboratory' and how can researchers use it to help improve healthcare systems for everyone? Sarah Yardley, Marion Sumerfield, & Amrita Hurley - UCL
15.00	Break
15.20	How can reflexivity make us more resilient qualitative practitioners? Mehjabeen Jagmag & Stacey Kilburn - Care Quality Commission
16.20	Summary of the day
16.30	Day of workshop closes

WORKSHOP DETAILS

WRITING FOR PUBLICATION AND NAVIGATING PEER REVIEW

Clare Partridge – BMJ Open

In this workshop, "Writing for publication and navigating peer review," we'll cover practical tips for reporting your research and getting published. In a group discussion, we'll dive into case studies to help you navigate some of the challenges in academic publishing. Join us for a session on improving your writing and approaching the peer review process.

DOING QUALITATIVE ANALYSIS DIFFERENTLY: BASICS AND CHALLENGES

Daniel Turner – Quirkos

This workshop will discuss a series of ways researchers can challenge themselves and their data by approaching qualitative analysis in different ways, including not using any codes, coding with emoji and applying iterative cycles. It will also cover the basic techniques of doing qualitative analysis of text data in Quirkos, although the principles are applicable to any qualitative software.

WORKSHOP DETAILS

CREATIVE PUBLIC ENGAGEMENT: MEMORABLE STORYTELLING FOR LONG-LASTING IMPACT

Alina Ivan

Wondering how you can share research with wide audiences in creative ways?

Do you want to capture people's imagination and generate meaningful conversations around your work?

Then, join Alina Ivan in this hands-on workshop that gives you the chance to develop memorable storytelling ideas for long-lasting impact.

Having worked on health-tech research, Alina is now a freelance science communicator and public engagement consultant, working and consulting across various institutions and subject areas. Her public engagement activities spread across mediums – from podcasting, electrocuting people on big stages, to transforming live body data of a dancer into music to interpret lived experiences of various health conditions, and more!

WORKSHOP DETAILS

WHAT IS A 'CHANGE LABORATORY' AND HOW CAN RESEARCHERS USE IT TO HELP IMPROVE HEALTHCARE SYSTEMS FOR EVERYONE?

Sarah Yardley – UCL
Marion Sumerfield & Amrita Hurley – Public contributors

This interactive workshop will demystify Change Laboratory, an inclusive co-design research approach underpinned by the sociocultural lens of Activity Theory.

What will you learn?

We will guide you through the methodology and applied methods of Change Laboratory as a way of working inclusively to bring together diverse groups, while still generating robust qualitative research data.

You will gain experience of how healthcare systems can be co-designed through participatory research activities that recognise the importance of relationships between different stakeholders, and their multiple perspectives on healthcare improvement.

After the session, you will:

1. Understand how Activity Theory helps researchers synthesise multiple perspectives of 'what good looks like' and evidence-based ideas for improvement that resonate with stakeholder experiences of healthcare.
2. Be able to consider how you could apply Change Laboratory methods in your research to generate relationship-centred data orientated to impact on healthcare policy and practice.

Why does this matter?

An effective system is one in which shared understanding leads to shared practices to deliver safe care because people are relationally connected and committed to mutually agreed outcomes. Participatory qualitative research methods offer an inclusive approach to evidencing such systems and generating recommendations all healthcare stakeholders.

How will the session work?

You will take part in an interactive 'taster' Change Laboratory, drawing on anonymised data from our online Change Laboratory research in Palliative and Mental Health care. The concept of an expansive learning cycle (co-producing new ways of working to shared goals) will be shared in an interactive demonstration. This will illustrate how conversations moving from challenges to visions for change and potential solutions can be captured as research data.

15.20-16.20

HOW CAN REFLEXIVITY MAKE US MORE RESILIENT QUALITATIVE PRACTITIONERS?
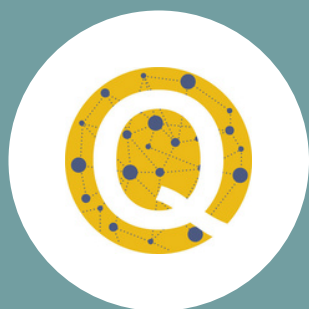
Mehjabeen Jagmag & Stacey Kilburn – Care Quality Commission

The relevance of reflexivity in qualitative research has been debated, and universally considered important in improving qualitative research outcomes. Despite the numerous practical guides on how to be reflexive, there is limited discussion on how to be reflexive in research environments that are resource and time-poor.

The need for more guidance on how to be reflexive despite time and resource constraints became apparent during the pandemic. Research conducted in the months during and after lockdowns magnified the constraints placed on the research community. Most qualitative research projects moved online or were conducted under constraints of social distancing and limited budgets, with teams being forced to work remotely. There is little or no guidance on how to be reflexive within these constraints, and limited evidence on the importance and benefit for both the research outcome and the researcher when reflexivity is practiced.

With the pandemic behind us, and work returning to 'business as usual', there is an opportunity to document and share experiences of reflexive practice in constrained environments. In my presentation, I will draw from two cases, one from my experience in international research and one from a research project by Care Quality Commission. I will use these case studies to present a framework of what worked and why, and how it can be applied to future qualitative analysis.

I will also invite participants to contribute to this framework with their own experience and practice to build on good practice guidance, so we can learn from our experience and apply our learning towards being more resilient in our future work. My presentation will draw on practical experiences, and be collaborative, with the aim to draw from the experience of researchers and share an applied framework for future qualitative practice.