# Peter Fonagy: Curriculum Vitae

Peter Fonagy, OBE FMedSci FBA FAcSS

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**Peter Fonagy: Curriculum Vitae**

## 1. Personal Details

**Name:** Peter Fonagy, PhD

**Department:** Research Department of Clinical, Educational and Health Psychology

**Present appointments:** Director of the Division of Psychology and Language Sciences

 Professor of Contemporary Psychoanalysis and Developmental Science,

**Date of appointment:** 1992

## 2. Education/Qualifications

**Dates Detail of degree Institution**

1971-1974BSc Psychology, First Class Honours University College London

1980 PhD, Medical Research Council Fellowship University College London,

1976-1980 Diploma in Clinical Psychology British Psychological Society

1980-1985 Training in Adult Psychoanalysis British Psychoanalytic Society

1989-1995 Training in Child Psychoanalysis Anna Freud Centre

## 3. Professional History (in chronological order)

| **Dates** | **Detail of position held** | **Institution** |
| --- | --- | --- |
| 1977-1980 | Trainee Clinical Psychologist | North East Thames Regional Health Authority |
| 1977-1987 | Lecturer in Psychology | University College London |
| 1986-1989 | Consultant to Research | Anna Freud Centre, London |
| 1988-1992 | Senior Lecturer in Clinical Psychology | University College London |
| 1989-2003 | Director of Research | Anna Freud Centre, London |
| 1992-2016 | Freud Memorial Professor of Psychoanalysis | University of London, London |
| 1995-2003 | Coordinator, Child and Family Center | Menninger Clinic, Topeka, Kansas  |
| 1995-2008 | Director, Sub-Department of Clinical Health Psychology | University College London |
| 1995-present | Training and Supervising Psychoanalyst | British Psychoanalytic Society |
| 2003-2017 | Consultant, Child and Family Program | Menninger Department of Psychiatry, Baylor College of Medicine, Houston  |
| 2003-present | Chief Executive Officer | Anna Freud National Centre, for Children and Families, London |
| 2008-2017 | Head of Department | Research Department of Clinical, Educational and Health Psychology, UCL |
| 2010-2022 | Programme Director, Mental Health and Behaviour Change Theme | UCLPartners |
| 2011-2015 | National Clinical Lead, Children and Young People’s Improving Access to Psychological Therapies (CYP IAPT) Programme | Department of Health/NHS England |
| 2011-2015 | Senior Investigator (Term 1) | National Institute for Health Research |
| 2015-2019 | National Clinical Advisor, CYP Mental Health | NHS England and Improvement |
| 2015-2017 | Director of Research and Development | North East London Foundation Trust |
| 2015-2019 | Senior Investigator (Term 2) | National Institute for Health Research |
|  |  |  |
| 2017-2018 | Interim Director of Division | Division of Psychology and Language Sciences, UCL Faculty of Brain Sciences |
| 2018-2028 | Director of Division | Division of Psychology and Language Sciences, UCL Faculty of Brain Sciences |
| 2019-2023 | Senior Clinical Advisor, CYP Mental Health | NHS England |
| 2019-present | Senior Investigator Emeritus | National Institute for Health Research |
| 2022-present | Chief of Mental Health  | UCLPartners Academic Health Science Network |
|  |  |  |

## 4. Other Appointments and Affiliations: Honorary Professorships and Clinical Posts

| **Dates** | **Detail of position held** | **Institution** |
| --- | --- | --- |
| 2015-2018 | Visiting Professor of Psychiatry | Department of Psychiatry, University of Cambridge  |
| 2013-2015 | Adjunct Professor of Psychiatry and Behavioral Sciences | Emory University School of Medicine |
| 2011-2015 | Honorary Principal Investigator | Tavistock and Portman NHS Foundation Trust |
| 2011-2015 | Visiting Clinical Professor  | Harvard University |
| 2005-present | Clinical Professor of Psychiatry | Yale University School of Medicine |
| 2003-2020 | Adjunct Professor of Psychiatry | Baylor College of Medicine |
| 1999-2003 | Marie & Scott S. Smith Chair in Child Development | The Karl Menninger School of Psychiatry and Mental Health Sciences |
| 1995-2002 | Adjunct Professor of Clinical Psychology | Kansas University |
| 1980-1985 | Honorary Senior Clinical Psychologist | Royal Free Hospital, London |

## 5. Prizes, Awards and Other Honours

### A: Awards, Honours and Prizes

| * *Lifetime Achievement Award for Exceptional Contributions to Psychotherapy*, Sapienza University of Rome, September 2022
 |
| --- |
| * The Division of Psychology ranked *Second in the World for Psychology Discipline in th*e *Shanghai Global Ranking of Academic Subjects* 2021 (Director of Division since 2017).
* *The Brazelton Award for Lifetime Achievement in Early Childhood Mental Health*, Laurie Centre, May 2019.
 |
| * *Sigourney Award* *for Outstanding Contributions to the Field of Psychoanalysis*, 2018toPsychoanalytic Electronic Publishing(recipient as one of six Founding Directors).
 |
| * Winner of the *Richard P. Kluft Award for the Journal of Trauma & Dissociation 2017 Best Article* for Ensink, K., Bégin, M., Normandin, L., Godbout, N., & Fonagy, P. (2017). Mentalization and dissociation in the context of trauma: Implications for child psychopathology. *Journal of Trauma & Dissociation, 18*, 11-30*.*
 |
| * *14th Annual Edna Reiss-Sophie Greenberg Honoree for Lifetime Contributions to Child Mental Health*, The Reiss-Davis Child Study Center and Institute, January 2018
 |
| * *The Bowlby-Ainsworth Award for Lifetime Contributions*, Centre for Health Promotion, April 2017
 |
| * *Senior Scientist Award,* British and Irish Group for the Study of Personality Disorder, March 2017
 |
| * Awarded the *Haskell Norman Prize for Excellence in Psychoanalysis*, San Francisco Psychoanalytic Institute, January 2017
 |
| * Elected to *Fellowship, Academy of Social Sciences*, elected November 2016
 |
| * Elected as *External Member*: *Hungarian Academy of Sciences,* elected May 2016.
 |
| * *Senior Researcher Award for Lifetime Contributions* from the *International Society for the Study of Personality Disorders (ISSPD)*, awarded October 2015, Montreal, Canada.
 |
| * *The Wiley Prize: The British Academy’s Lifetime Achievement Award to an Outstanding International Scholar*, awarded July 2015, London, UK
 |
| * Elected to *Fellowship, Academy of Medical Sciences*, elected April 2014
 |
| * Elected to *Honorary Fellowship*, The American College of Psychiatrists, elected October 2013
 |
| * *Psychoanalytic Research Mentor Prize,* awarded by the International Psychoanalytical Association at the 48th IPA Congress, Prague, August 2013
 |
| * *Winner of the IPA Psychoanalytic Research Exceptional Contribution Awards*, July 2013, for co-authored paper Twemlow, S. W., Fonagy, P., Sacco, F. C., Vernberg, E., Malcom, J. M. (2011). Reducing violence and prejudice in a Jamaican all age school using attachment and mentalization theory. *Psychoanalytic Psychology, 28*, 497-511
 |
| * *Order of the British Empire,* *The Queen’s Birthday Honours*, June 2013
 |
| * *The 2013 Annual Prize for Career Contributions to Mental Health of the* Fundación Castilla del Pino,Cordoba, Spain
 |
| * *British Psychological Society (BPS) Lifetime Achievement Award,* by the BPS Professional Practice Board, September 2012
 |
| * *Campaign for America’s Kids Senior Researcher Award*, 59th American Academy of Child and Adolescent Psychiatry, San Francisco, USA, 23–28 October 2012
 |
| * *The Rene Spitz Award of the World Association for Infant Mental Health* in recognition of significant lifetime contributions to clinical and/or experimental research on topics related to infant mental health, 2 March 2012
 |
| * *Elected Inaugural Fellow of the College of the International Journal of Psychoanalysis,* February2011.
 |
| * *Mary S. Sigourney Award for Distinguished Contributions to Psychoanalysis*, January 2011
 |
| * *Elected Fellow of the Association for Psychological Science,* December 2009
 |
| * *Elected Honorary Member*, Swedish Psychoanalytic Society, 24 November 2009
 |
| * *Winner* of the *Best Scientific Paper of 2008 Prize* of the American Psychoanalytic Association, with Anthony Bateman, for 8-Year follow-up of patients treated for borderline personality disorder: Mentalization-based treatment versus treatment as usual. *American Journal of Psychiatry,* *165*, 631-638
 |
| * The *4th Annual Award for Distinguished Achievement in the Field of Severe Personality Disorders* by the BPD Resource Center, USA, April, 2009
 |
| * *Sigmund Freud Prize of the City of Vienna* for outstanding contributions to psychoanalysis, November, 2007.
 |
| * *Winner of the* *Lancet 2005 Paper of the Year Award* for Whittington, C. J., Kendall, T., Fonagy, P., Cottrell, D., Cotgrove, A., & Boddington, E. (2004). Selective serotonin reuptake inhibitors in childhood depression: Systematic review of published versus unpublished data. *Lancet, 363*, 1341-1345
 |
| * *Winner* of the *Goethe Award for Psychoanalytic Scholarship*, awarded by the Canadian Psychological Association’s Section on Psychoanalysis. (for P. Fonagy, G. Gergely, E. Jurist, & M. Target, (2002). *Affect regulation, mentalization, and the development of the self*. NY: Other Press), December 2005.
 |
| * *Recipient* of the first *Otto Weininger Memorial Award* for Psychoanalytic Achievement, awarded by the Canadian Psychological Association’s Section on Psychoanalysis, July 2005
 |
| * *Sigourney Award*, 2003to the Research Committee of the International Psychoanalytical Association Committee on Scientific Research (recipient as Chair of Committee).
 |
| * Winner of the *Gradiva Prize* of the National Association for the Advancement of Psychoanalysis, for Best Clinical and Theoretical Book of 2002 (for P. Fonagy, G. Gergely, E. Jurist, & M. Target, (2002). *Affect regulation, mentalization, and the development of the self*. NY: Other Press), June 2003
 |
| * *Elected Honorary Member*, International Attachment Network, September 2002
 |
| * *Elected* *Honorary Member*, Vienna Psychoanalytic Ambulatorium, Austria, June 2001
 |
| * *Professional Writing Award* in the Scientific Article category of the Menninger Alumni Association, Topeka, Kansas, USA, for the article ‘*What do adult attachment scales measure?*’,October 1998
 |
| * *Millenium Prize for Contributions to Child Psychiatry*, Trondheim University, Norway, May 1998
 |
| * *Fellowship of the* British Academy, 1997
 |
| * *Annual Journal Prize for Best Paper*, Journal of the American Psychoanalytic Association. Dec 1996
 |
| * *Annual Journal Prize for Best Paper*, Journal of the American Psychoanalytic Association, December 1992
 |
| * *McDougall Prize in Psychology*, University College London, UK, 1972
 |

### B: Visiting Professorships, Distinguished Lectures and Major Keynote Addresses

| * Keynote Address to the *Consortium of Therapeutic Communities,* London, 5th April 2022
 |
| --- |
| * The Jeremy Safran Memorial Lecture to the *New School of Social Research*, 25 April 2021, New York
 |
| * Emmanuel Miller Lecture to the *Association of Child Mental Health*, London, 13 March 2020
 |
| * Keynote Address to the *SEED Center Conference*, Academic College of Tel Aviv, Israel, 24th January 2019
 |
| * Keynote Address to the *European Psychoanalytic Federation*, Warsaw, Poland, 24th March 2018
 |
| * Keynote Address to the *Annual Congress of The Royal Australian and New Zealand College of Psychiatrists,* Auckland, New Zealand, 14th May 2018
 |
| * Plenary Address to the *3rd Australian Childhood Foundation Conference*, Melbourne, Australia, 31st July 2018
 |
| * Keynote Address to the R*egulation of Emotions and Affects Congress*, Munich, Germany, 19th October 2018
 |
| * Keynote Address to the *N-Science* *Annual Conference on Insecure Attachments*, London, UK, 20th October 2018
 |
| * Keynote Address to the *5th Chinese Psychoanalysis Conference*, Wu Han, China, 21st April 2017
 |
| * Keynote Address to the *International Attachment Congress*, London, UK, 1st July 2017
 |
| * Keynote Address to *Beat’s Eating Disorder International Conference,* London, UK, 17th March 2016
 |
| * Keynote Address to *The Schizophrenia Days*, Stavanger, Norway, 9th November 2016
 |
| * Keynote Address to the *Deutsche Gesellschaft für Psychiatrie und Psychotherapie, Psychosomatik und Nervenheilkundei,* 24th November 2016
 |
| * Keynote Address to the *North American Society for the Study of Personality Disorders* 2015, Boston, USA, 29th March 2015
 |
| * Department of Psychiatry at NewYork-Presbyterian Hospital and Weill Cornell Medical College: *Honorary Grand Rounds for Dr. Arnold Cooper; Memorial Lecture,* New York, USA, 29th April 2015
 |
| * Keynote Address to the *European Society for Child and Adolescent Psychiatry* *2015,* Madrid, Spain, 20th June 2015
 |
| * Keynote Address to the Annual Congress of the *Deutsche Kollegium für Psychosomatische Medizin* 2014, Berlin, Germany, 29th March 2014
 |
| * Keynote Address to the *International Society for the Study of Personality Disorder*, 12th March 2014
 |
| * Keynote Address to the *European Society for the Study of Personality Disorder*, 12th November 2014
 |
| * Keynote Lecture to the Annual Meeting of the Norwegian Psychiatric Association, 12th March 2013
 |
| * Keynote Lecturer to the British Psychological Society Annual Conference, Leeds, UK, 9th April 2013
 |
| * Keynote Lecture to the *Swedish National Congress for Child and Adolescent Psychiatry – Evidence Based Practice*, Stockholm, Sweden, 21st April 2012
 |
| * Keynote Lecture to the *165th American Psychiatric Association Annual Meeting*, Philadelphia, USA, 8th May 2012
 |
| * Main Lecture to the *International Association of Child and Adolescent Psychiatry and Psychology* Biannual Conference, Paris, France, 23rd July 2012
 |
| * Keynote Lecture to the Annual Meeting of the Hungarian Psychiatric Association, 28th January 2011
 |
| * Plenary Lecture to the *American Academy of Psychiatry Annual Meeting*, 23rd February 2011
 |
| * *18th Gilliland White Lecture*; Baylor College of Medicine, Houston, USA, 20th April 2011
 |
| * Plenary Lecture to the *International Society for Adolescent Psychiatry and Psychology, 8th Biannual Congress,* Berlin, Germany, 16th September 2011
 |
| * Plenary Lecture to the *World Congress of Psychiatry,* Buenos Aires, Argentina, 19th September 2011
 |
| * Keynote Lecture to the *Annual Meeting of the British Association of Art Therapists*, London, UK, 12th February 2010,
 |
| * *The William Hasenbush Memorial Lecture*, Department of Psychiatry, Harvard University, USA, 7th April 2010
 |
| * Plenary Keynote Lecture to the *1st World Congress of Borderline Personality Disorder*, Berlin, Germany, July 3rd 2010
 |
| * Plenary Keynote Lecture to the *United Kingdom Council for Psychotherapy Research Conference*, London, UK, 10th July 2010
 |
| * Plenary Address, *Biennial Conference of the International Association for the Study of Attachment*, Cambridge, UK, 31st August 2010
 |
| * Major Lecture, *1st Asian Conference of the International Psychoanalytical Association,* Beijing, China, 2nd October 2010
 |
| * The *3rd Annual Robert Wallerstein Lecture*, University of California at San Francisco, USA, 11th February 2009
 |
| * Keynote Address to the 2009 *Annual Meeting of the German Psychosomatic Medicine and Psychotherapy Association*, Mainz, Germany, 19th March 2009
 |
| * *Raphling Memorial Lecture*, Washington Psychoanalytic Center, University of Washington, USA, 20th March 2009
 |
| * Keynote Address to the *International Society for Interpersonal Psychotherapy*, New York, USA, 27th March 2009
 |
| * Opening Keynote Lecture to the *World Psychiatric Association Biannual Congress*, Florence, Italy, 1st April 2009
 |
| * Keynote Lecture to the *Annual Meeting of the* *British Association for Counselling and Psychotherapy*, Portsmouth, UK, 25th May 2009
 |
| * Keynote Lecture to the *3rd Biannual International Conference of Video Interaction Guidance*, University of Dundee, UK, 4th September 2009
 |
| * *The 4th Kodera Lecture*, Japanese Psychoanalytic Association, Tokyo, Japan, November 2008
 |
| * Keynote Lecture to the *8th Biannual World Congress of the World Association of Infant Mental Health*, Yokohama, Japan, November 2008
 |
| * Invited contributor to the *3rd Annual Creative Global Leadership Summit*, New York, USA, June 2008
 |
| * Keynote address to the *Annual Conference of the* *National Society for the Prevention of Cruelty to Children*, London, UK, March 2008
 |
| * Keynote address to the *5th World Congress of Psychotherapy*, Beijing, China, March 2008
 |
| * Invited contributor to the *2nd Annual Global Creative Leadership Summit*, New York, USA, June 2007
 |
| * Keynote Lecture to the *13th International Congress of the European Society of Child and Adolescent Psychiatry,* Florence, Italy, May 2007
 |
| * *Annual Jelgersma Lecture*, Department of Psychiatry, Leiden University, The Netherlands, April 2007
 |
| * Plenary Lecturer at the *Annual Midwinter Meeting of the American Psychoanalytic Association*, New York, USA, December 2006
 |
| * *3rd Annual Muriel Gardiner Lecture*, Yale University School of Medicine, USA, October 2006
 |
| * *4th Annual Collier Lecture*, University of Rochester Department of Psychiatry, USA, May 2006
 |
| * *3rd Annual Kolvin Lecture*, Royal College of Psychiatrists, London, UK, September 2005
 |
| * *7th Annual Sydney Pulver Lecturer*, Psychoanalytic Centre of Philadelphia, USA, March 2005
 |
| * Keynote Lecture to the *44th Congress of the International Psychoanalytical Association*, Rio de Janeiro, Brazil, February 2005
 |
| * *47th Sandor Rado Lecture*r, American Association for Psychoanalytic Medicine, USA, December 2004
 |
| * *Invited Faculty*, American Psychoanalytic Association, Research Training Program, hosted at the Child Study Centre, Yale University School of Medicine, USA, September 2004
 |
| * *Inaugural Annual Muriel Gardiner Lecturer*, Yale University School of Medicine, USA, September 2004
 |
| * *17th Annual Stanton Lecturer*, McLean’s Hospital, Cambridge, MA, USA, May 2004
 |
| * *Sylvia J. Schneller Lecture*, New Orleans Psychoanalytic Society, New Orleans, USA, September 2002
 |
| * 3*2nd Franz Alexander Visiting Professor*, Cedars Sinai Hospital, Los Angeles, USA, May 2001
 |
| * *Winnicott Lecturer*, World Association of Infant Mental Health Conference, Perth, Australia, April 2001
 |
| * *Centenary Lecturer*, University of Valencia, Spain, November 2000
 |
| * *14th Visiting Professor of Psychoanalysis*, Michigan Psychoanalytic Association, USA, May 2000
 |
| * *S.L.M. Luxman Lecturer*, Washington Psychoanalytic Foundation, Washington, DC, USA, February 2000
 |
| * *20th Zeitlyn Memorial Lecturer*, Cambridge, UK, December 1999
 |
| * *Henry Staples Memorial Lecturer*, Philadelphia Psychoanalytic Association, Philadelphia, USA, September 1999
 |
| * *Annual Economic and Social Research Council Lecturer* at the British Association for the Advancement of Science “Festival of Science”, Sheffield, UK, July 1999
 |
| * *Sophia Mirviss Memorial Lecturer*, San Francisco Psychoanalytic Institute, San Francisco, USA, March 1999
 |
| * *The 6th John Bowlby Memorial Lecturer*, Centre for Attachment-based Psychoanalytic Psychotherapy, London, UK, February 1999
 |
| * Keynote address to the *Spring Meeting of Division 39* of the American Psychological Association, New York, USA, January 1999
 |
| * *Elliott Sokoloff Lecturer,* McGill University, Montreal, Canada, October 1998
 |
| * *Margaret S. Mahler Child Psychotherapy Lecturer*, Philadelphia, USA, May 1998
 |
| * *Marianne Kris Memorial Lecturer*, Association of Child Psychoanalysis, USA, December 1997
 |
| * *Stanton Lecturer in Social Psychiatry*, Harvard Medical School, Cambridge, MA, USA April 1997
 |
| * *Spitz Lecturer*, Denver Institute of Psychoanalysis and the University of Colorado Health Sciences Center, USA, January 1997
 |
| * *David M. Levy & William Goldfarb Memorial Lecturer*, Columbia University, New York, USA, September 1996
 |
| * Keynote Address to the *Canadian Academy of Child and Adolescent Psychiatry,* Ottawa, Canada, July 1996
 |
| * Keynote Address to the *6th World Congress of the World Association of Infant Mental Health*, Helsinki, Finland, May 1996
 |
| * *Voorhees Distinguished Professor*, The Menninger Clinic, Topeka, USA, November 1995
 |
| * *Anna Freud Lecturer*, Vienna Psychoanalytic Society, Austria, October 1995
 |
| * *Visiting Professorship*, Department of Psychology, University of Haifa, Israel, March 1995
 |
| * *Visiting Professorship in Child Psychiatry*, Cornell Medical College, New York, USA, April 1994
 |
| * *Beata Rank Lecturer*, Boston Psychoanalytic Society, USA, October 1994
 |
| * *Anna Freud Lecturer*, Vienna Psychoanalytic Society, Austria, June 1994
 |
| * *Visiting Professor,* Sigmund Freud Centre, Hebrew University, Jerusalem, Israel, February 1993
 |
| * *Visiting Professor,* Department of Psychology, University of Haifa, Israel, March 1993
 |
| * *Lawrence K. Frank Memorial Lecturer*, Society for Research in Child Development, New Orleans, USA, October 1993
 |
| * *The Emanuel Miller Memorial Lecturer*, Association of Child Psychology, Psychiatry and Allied Professions, London, UK, March 1992
 |

## 6. Grants

###

### A. Currently Active – in excess of £25 million, £11,877,025 as PI

**PI or Co-PI**

£750,000 from the National Institute for Health Research (NIHR) (reference NIHR131339) for A*dditional infrastructure funding to support mental health research application from NIHR Applied Research Collaboration (ARC) North Thames* (PI: Rosalind Raine; Co-PIs: Peter Fonagy and Jenny Shand) **01/10/2022-31/12/2024**

£5,245,295 from the Medical Research Council (MRC) (reference MR/V049941/1) UKPRP Consortium Award Call 2020 for *Kailo: A systematic approach to improving mental health in adolescence* (CI: Peter Fonagy; with Tim Hobbs (Deputy CI) and 10 other investigators) **01/10/2021-30/09/2026**

£2,047,954 from the National Institute for Health Research (NIHR) (reference NIHR131339) for HTA Researcher-led call *The COSI study: a multi-site RCT to explore the clinical and cost effectiveness of the Circle of Security Intervention for mothers in perinatal mental health services* (PI: Peter Fonagy; Co-PI; Camilla Rosan) **01/01/2021-31/12/2024**

£3,833,778 from the NIHR (reference NIHR200851) for *SUMMIT*: *Evaluating the impact of group interpersonal psychotherapy (IPT) In Lebanon and Kenya on child developmental outcomes, maternal depression and the mother-child relationship* (PI: Peter Fonagy)

**01/09/2020-31/08/2024**

**Co-Investigato**r

$11,930,126 from the Australian Medical Research Future Fund (MRFF) (reference MRF2006438) for Million Minds Mission – 2020 Mental Health Research Grant Opportunity call *Growing Minds Australia: A National Trials Strategy to Transform Child and Youth Mental Health Services* (CI: Mark Dodds; one of 50 Co-Chief Investigators)

**01/05/2021-30/04/2026**

£3,935,074 from the MRC (reference MR/W002450/1) for *Adolescent Mental Health and Development in the Digital World* (PI: Chris Hollis; one of 21 co-applicants)

**01/09/2021-31/08/2025**

£3,959,426 from the MRC (reference MR/W002183/1) for *ATTUNE: Understanding mechanisms and mental health impacts of Adverse Childhood Experiences to co-design preventive arts and digital interventions* (PI: Kamaldeep Bhui; one of 14 co-applicants)

**01/07/2021-30/06/2025**

£5,851,530 from the NIHR for the *NIHR Applied Research Collaboration (ARC) initiative* (PI: Rosalind Raine; Co-I and Mental Health Lead: Peter Fonagy) **01/10/2019-30/09/2024**

£2,541,694 from the NIHR PGfAR (reference LTC-RP-PG-0616-20007) for *Transforming the mental health treatment of young people with epilepsy* (joint CIs: J. Helen Cross and Roz Shafran; 11 co-applicants) **31/10/2017-30/10/2023**

### B. Expired

£2,395,965 from the NIHR Programme Grant for Applied Research (PGfAR) (reference LTC-RP-PG-0814-20001) for *Personalised assessment and intervention packages for children with conduct problems in child mental health services* (joint CIs: Rob Senior and Stephen Scott; 10 co-applicants) **01/03/2016-30/11/2022**

£351,046 from the NIHR Health Services and Delivery Research (HS&DR) Programme (reference 17/09/31) for BEST for adolescent BPD (Brief Education Supported Treatment for adolescent Borderline Personality Disorder): A feasibility study of delivery of specialised, early intervention for borderline personality disorder through collaboration with education providers, incorporating a feasibility randomised controlled trial (CI: Jon Wilson; 10 co-applicants) **1/11/2019-31/12/2021**

£217,945 from the NIHR Health Technology Assessment (HTA) Programme (reference NIHR127810) for *routinely used interventions for improving attachment in infants and young children: an updated systematic review and comprehensive UK survey* (CI: Barry Wright; 13 co-applicants) **18/08/2019-30/12/2021**

£228,281 from the NIHR HTA Programme (reference HTA 17/117/11) for *ReducIng Self-Harm in Adolescents: Individual Patient Data meta-analysis (RISA-IPD)* (CI: David Cottrell; 7 co-applicants) **01/06/2019-30/12/2021**

£29,990 from the British Psychological Society for *Supporting Students at Risk (SStar): developing a person-centred care pathway for students who self-harm and are at risk of suicide* (PI: Laura Gibbon; 6 co-applicants) **04/12/2019-03/12/2021**

£1,546,860 from the NIHR HTA Programme (reference 14/186/01) for *Mentalization for Offending Adult Males (MOAM)* (PI: Peter Fonagy; 12 co-applicants) **01/01/2016-30/06/2021**

£9,866 from the British Academy (reference SRG1920\101398) for *Acquiring knowledge: Epistemic trust in the age of fake news* (PI: Chloe Campbell; 2 co-applicants)

**01/04/2020-01/04/2021**

£1,912,080 from the NIHR PGfAR (reference RP-PG-1212-20011) for *EMPOWER: Enabling and Motivating People (with a Personality Disorder) in Occupation, Wellbeing, Education and Responsibility* (PI: Janet Feigenbaum; 11 co-applicants) **04/03/2015-31/01/2021**

£112,086 from the NIHR for the *NIHR Collaborations for Leadership in Applied Health Research and Care* (CLAHRC) initiative, for implementing the Serenity Integrated Mentoring*.* (SIM) model (PI: Peter Fonagy) **01/09/2018-31/12/2020**

£38,785 from the MRC (reference MR/T045337/1) for *Systemic prevention of poor adolescent mental health and promotion of social connection and wellbeing* (PI: Peter Fonagy; 7 co-applicants) **01/05/2020-17/12/2020**

£5,400,000 from a Wellcome Trust Strategic Award (reference 095844/Z/11/Z) for *Cambridge–University College London Embedding Neuroscience in Psychiatry (CUENiP): A Neuroscience in Psychiatry Network.* (CI: Ed Bullmore; four PIs: Ian Goodyer, Ray Dolan, Peter Fonagy and Peter B. Jones) **01/04/2012-31/05/2020**

£499,976 from the Medical Research Council (reference MC\_PC\_17216) for a *UCL application for a Mental Health Data Pathfinder Award* (PI: David Osborn; 13 co-applicants)

**01/03/2018-31/03/2020**

£29,987 from the Wellcome Trust Institutional Strategic Support Fund (ISSF) (reference ISSF3/H17RCO/004) for *The Student Mental Health Survey: a needs assessment feasibility study* (PI: Peter Fonagy, Co-Investigators: Emla Fitzsimons, Liz Allison, Laura Gibbon) **02/01/2019-01/01/2020**

£5,513,505 from the NIHR for *NIHR Collaborations for Leadership in Applied Health Research and Care* (CLAHRC)*.* (PI: Rosalind Raine; Mental Health Lead: Peter Fonagy)

**01/01/2014-31/12/2019**

£346,962 from the National Society for the Prevention of Cruelty to Children for *Evaluation of the NSPCC Minding the Baby Programme.* (PI: Pasco Fearon) **01/01/2012-19/04/2019**

£360,000 from a NIHR *Senior Investigator Award* (reference NF-SI-0514-10157) (£15,000 per annum personal and £75,000 institutional expenses) **01/04/2015-31/03/2019**

£1,080,728 from the NIHR HS&DR Researcher Led stream (reference 12/136/70) for *The impact of different patterns of care on the long-term outcome of adolescent conduct disorder: a mixed methods study comparing multisystemic therapy (MST) and management as usual (MAU).* (CI: Peter Fonagy) **01/01/2014-30/08/2018**

£463,600 from the NIHR (reference II-LA-0814-20005) for *A feasibility trial of Power Up: A smartphone and tablet app to support young people to make shared decisions in therapy* (PI: Miranda Wolpert) **01/10/2015-31/03/2018**

£511,583 from the NIHR (reference 11/111/02) for *SAFFRON: developing a Stepped Approach to improving sexual Function aFteR treatment fOr gyNaecological cancer.* (PI: Susan Gessler, and 11 other co-investigators) **01/04/2014-31/06/2017**

£23,214 from the NIHR (reference RP-DG-0614-10003) for *Improving the mental health treatment of young people with epilepsy: A feasibility study* (PI: Roz Shafran)

**15/01/2016-14/01/2017**

£259,360from the Department of Health/Department for Children, Schools and Families fo*r Extension of START (Systemic Therapy for At Risk Teens): National randomized controlled trial to evaluate Multisystemic Therapy in the UK context to include the evaluation of MST-Problem Sexual Behaviours.* (PI: Peter Fonagy, and two senior collaborators) **01/10/2011-31/03/2016**

£42,300 from the Wellcome Trust ISSF (reference 097815/Z/11/A) for *Bodily self – Embodied minds and mentalised bodies.* (PI: Katerina Fotopoulou) **31/01/2013-31/10/2015**

£1,500,000 from the Wellcome Trust ISSF (reference 097815/Z/11/Z) for *Depression and cardiovascular risk* (PI: Peter Fonagy, Co-PIs: Steve Pilling, David Osborn)

**01/10/2011-31/10/2015**

£245,959 from the NIHR Research for Patient Benefit Programme (reference PB-PG-0610-22287) for *Improving psychodynamic psychotherapy in primary care: an evaluation and feasibility study of Dynamic Interpersonal Therapy.* (PI: Peter Fonagy, and two senior collaborators) **01/01/2012-30/06/2015**

£5,450,000 from the NHS HTA Programme (reference HTA 06/05/01) for *A pragmatic superiority relapse prevention randomised controlled trial of short-term psychodynamic psychotherapy (STPP), cognitive behaviour therapy (CBT) and active clinical care (ACC)* *in adolescents with moderate to severe depression attending routine child and adolescent mental health clinics: IMPACT*. (PI: Ian Goodyer; lead Co-Investigator: Peter Fonagy): £2,490,000 from the HTA plus £2,960,000 NHS support costs.

**01/10/2009-31/03/2015**

£360,000 from a NIHR *Senior Investigator Award* (NF-SI-0510-10228) (£15,000 per annum personal and £75,000 institutional expenses) **01/04/2011-31/03/2015**

£1,298,148 from the Department for Children, Schools and Families in conjunction with the Department of Health and the Youth Justice Board for *START (Systemic Therapy for At Risk Teens): A national randomized controlled trial to evaluate Multisystemic Therapy in the UK context* (PI: Peter Fonagy, and nine other senior collaborators): £998,741 from the DCSF plus £31,500 NHS support costs and approximately £10,000,000 clinical support costs. **01/01/2009-31/12/2014**

£1,537,746 from the National Institute for Health and Clinical Excellence to the British Psychological Society for *Extension of CORE Clinical Effectiveness and Guidance Programme.* (PI: Steve Pilling; Co-PIs: Peter Fonagy, Anthony Roth and Susan Michie) **09/2011-08/2014**

£530,723 from the Pulitzer Foundation, NY, for *Emotional stimulation in the context of emergency food intervention in the treatment of malnourished children: a randomised controlled trial.* (PI: Peter Fonagy; Co-PIs: Richard Beard and Alessandro Conticini)

**09/2011-08/2014**

£802,267 from the National Institute for Health and Clinical Excellence to the British Psychological Society for *Extension of CORE Clinical Effectiveness and Guidance Programme.* (PI: Steve Pilling and Susan Michie) **2009-2013**

£249,669 from the NIHR Research for Patient Benefit Programme for *A* *randomized controlled trial of Mentalization Based Therapy against Specialist Supportive Clinical Management in patients with both eating disorders and symptoms of borderline personality disorder (NOURISHED)*. (PI: Paul Robinson, and seven other collaborators) **01/07/2010-30/06/2013**

£7,383 from the British Academy Small Research Grant Scheme for *An EEG study on oxytocin and adult attachment relationships: an experimental approach.* (PI: Peter Fonagy)

**01/09/2011-31/08/2012**

£3,000 from the Mental Health Research Network Fund to develop a large-scale research project about mental health: *Developing an outcomes-focused set of quality indicators paired to cost of provision to bring a value focus to NHS mental health service.* (PI: Peter Fonagy) **2011-2012**

£5,792 from the British Academy for *implications of research on the neuroscience of affect, attachment and social cognition*. (PI: Peter Fonagy) **2011**

£67,570from the Central and East London CLRN Programme support for *START (Systemic Therapy for At Risk Teens): A national randomized controlled trial to evaluate Multisystemic Therapy in the UK Context* through Camden & Islington NHS Foundation Trust (PI: Peter Fonagy, with Steve Pilling, Stephen Butler and Peter Fuggle) **2010-2012**

£22,000from the Department of Health, Improving Access to Psychological Therapies Programme for *Tender for defining competencies for brief dynamic therapy – Dynamic Interpersonal Therapy (DIT)*. (PI: Alessandra Lemma; Co-PIs: Mary Target, Malcolm Allen, Jeremy Clark and Peter Fonagy) **2010-2011**

$110,000 from the Hope for Depression Foundation for *Understanding Abnormal cortical activation in infants of depressed mothers – a randomized controlled study.* (PI: Pasco Fearon; Co-PIs: Peter Fonagy, Michelle Sleed and Tessa Baradon) **2009-2011**

£1,495,493 from the Department for Children, Schools and Families for *An evaluation of the Targeted Mental Health in Schools (TMHS) programme.* (PI: Miranda Wolpert, and nine other senior collaborators) **2008-2011**

£5,434,000 from the National Institute for Health and Clinical Excellence to the British Psychological Society for *Extension of CORE Clinical Effectiveness and Guidance Programme.* (PI: Steve Pilling and Susan Michie) **2001-2011**

£330,721 from the Economic and Social Research Council (ESRC) for *Domain specific systems in infant processing of emotion expressions: Testing novel predictions from pedagogy theory.* (PI: Pasco Fearon and George Gergely) **2007-2009**

£325,000 from the Department of Education and Skills for *Implementing a coherent Framework for Recognition, Assessment and Management of Emotional Abuse (FRAMEA).* (PI: Danya Glaser and Robert Senior) **2006-2009**

€3,100,000 from an EU Marie Curie Research Training Award for *European-wide interdisciplinary project on Disorders and Coherence of the Embodied Self (DISCOS)* involving nine sites across Europe (distributed across nine sites, €344,000 London site total). (PI: Thomas Fuchs, and seven other senior collaborators). **2006-2009**

£344,000 from the Department for Education and Skills for *Mellow parenting programme to support the parenting of mothers with personality disorder.* (PI: Janet Feigenbaum) (extended 1 year) **2006-2008**

£206,000 from a Big Lottery Fund Award for *Randomised controlled trial of Parent-Infant Psychotherapy (PIP).* (PI) (extended 1 year) **2005-2008**

£344,000 from the Service Delivery and Organisation Network for *Learning the lessons: An evaluation of pilot community services for adults with personality disorder.* (PI: Mike Crawford, and four other senior collaborators). **2005-2008**

$366,340 from the Borderline Personality Disorder Research Foundation for *Randomised controlled trial of manualised out-patient individual and group therapy for BPD.* (PI: Anthony Bateman) **2003-2005**

€4,000 from the Heigl Foundation for *Randomised controlled trial of manualised out-patient individual and group therapy for BPD.* (PI: Anthony Bateman) **2004**

£300,000 from the National Institute for Clinical Excellence: British Psychological Society: *Extension of CORE Unit Grant for Clinical Guidelines Development.* (PI: Steve Pilling).

**2001-2004**

£215,000 from the National Institute for Clinical Excellence: British Psychological Society *CORE Unit funding to run Collaborating Centre with remit to develop three national mental health guidelines.* (PI: Steve Pilling and John Cape) **2001-2003**

£70,000 from the Lord Ashdown Trust for *Evaluation of three family interventions in cases of sexual and physical abuse.* (PI: Marco Chiesa) **2001-2002**

$225,000 from the International Psychoanalytical Association for *Funding for visiting research professorships in psychoanalysis (RTP).* (PI) **1994-2002**

$100,000 from Hill’s Pet Nutrition for the Peaceful Schools Project: *An RCT of school-based violence prevention.* (PI) **1999-2001**

£30,000 from the British Psychoanalytic Society for *Improving psychoanalytic communication.* (PI) **1999-2001**

$25,000 from the Kansas Health Foundation for the Peaceful Schools Project: *An RCT of school-based violence prevention.* (PI) **1998-2001**

$50,000 from Western Resources for the Peaceful Schools Project: *An RCT of school-based violence prevention.* (PI) **1998-2001**

$200,000 from the Latimer Foundation for the Peaceful Schools Project: *An RCT of school-based violence prevention.* (PI) **1997-2001**

£53,374 from the Wellcome Trust for *Social sensitization to interoceptive stimulus cues in infant learning.* (PI: George Gergely) **1999-2000**

$292,000 from the Jessie Ball duPont Fund for *the Early Childhood Intervention Project.* (PI: with Martin Maldonado) **1997-1999**

£118,000 from the British Psychological Society for *Outcomes evaluation of the care programme.* (PI: Paul Clifford and John Cape) **1997-1999**

£40,000 from the Economic and Social Research Council for *Development and understanding in infancy.* (PI: George Gergely) **1997-1999**

$715,836 from the Margaret T. de Neufville Fund for the *Research in Child Psychiatry*. (PI)

**1996-1999**

$35,000 award from the Mary S. Sigourney Foundation to the International Psychoanalytical Association Research Committee. **1998**

$10,000 from the Conboy-Duke Foundation for *Research in Child Psychiatry*. (PI) **1998**

$50,000 from Hallmark Cards, Inc. for *Research in Child Psychiatry.* (PI) **1998**

£53,000 from the British Psychological Society for *The development of a clinical guideline for psychotherapy.* (PI: Paul Clifford and John Cape) **1997-1998**

$60,000 from the Five-O Foundation *Long term outcome of early childhood trauma:* *Genetic and psychosocial factors in depression.* (PI) **1996-1998**

£68,750 from the Leverhulme Foundation for *The development of the teleological stance in infancy.* (PI: George Gergely) **1996-1998**

$152,000 from the Jessie Ball duPont Fund for *Behavioral and emotional symptoms in infants and preschool children.* (PI: Martin Maldonado) **1996-1998**

$60,000 from the Kenworthy-Swift Foundation for *Attachment characteristics and their internal representation in behavior disordered preschoolers.* (PI: Dan Hoover) **1996-1998**

$175,000 from the Good Samaritan, Inc. for *Youth Homes evaluation.* (PI: Carrie Barber)

**1996-1998**

£68,440 from the Leverhulme Trust for *Investigation of causal versus teleological interpretations of behaviour in infancy*. (PI: George Gergely) **1997**

£24,497 from the Edith Ludowyk-Gyomroi Charitable Trust for *Dyadic interaction.* (PI with Mary Target) **1996-1997**

$370,000 from the Jack Taylor Family Foundation for *Research in Child Psychiatry.* (PI)

**1996-1997**

£275,000 from the National Health Service Executive, Department of Health Psychology, for *Audit Development Research Unit.* (PI: John Cape) **1995-1998**

£109,000 from the Gatsby Foundation for *The follow-up of child psychotherapy into adulthood.* (PI) **1995-1997**

£10,000 from the Erich Simenauer Foundation for research into the *Long term outcome of child analysis.* (PI) **1996**

$10,000 from the Danziger Trust for *Transgenerational transmission of trauma in Holocaust survivors.* (PI: Avi Sagi) **1996**

$30,000 from the Peacock Foundation for *Research in Child Psychiatry.* (PI) **1996**

£105,000 from the Ludowyk Trust for *Investigations of the use of psychoanalytical concepts*. (PI)

**1993-1996**

$50,000 from The New-Land Foundation for *Preparatory work necessary for major prospective study at Anna Freud Centre.* (PI) **1994-1995**

£7,000 from the Van Leer Foundation to *Develop a package of measures to evaluate child therapy*. (PI) **1994**

£25,000 from the North West Thames Regional Authority for *Developing a system for auditing departments of psychology.* (PI) **1993-1994**

DM 100,000 from the Kohler Stiftung for *Five-year follow-up of Anna Freud Centre/UCL parent–child project*. (PI: Peter Fonagy, Co-Is: Miriam Steele and Howard Steele) **1993-1994**

£60,000 from the Economic and Social Research Council for *Predicting the quality of parent-child relationships: Links across generations.* (PI: Peter Fonagy, Co-Is: Miriam Steele and Howard Steele)

**1992-1994**

## 7. Academic Supervision

### A. MSc and DClinPsych Research Supervision

Supervision of 2–3 MSc and 3–4 DClinPsych (professional doctorate) students graduating per year.

### B. Completed PhD Student Supervision (Principal supervision only)

Currently supervisor of 4 full-time and 4 part-time PhD students. Completed supervision as principal supervisor of **56** *awarded research PhDs* since 1987 (no failures, only two major revisions). Names marked \* reached full professorship rank; names marked + reached senior clinical management positions (Head of Department or above).

**1987** **Moran+**, George Strich. Empirical investigations and psychoanalytic approaches to the management of psychological aspects of juvenile onset diabetes mellitus.

 **Shamsavari**, Farzad Amai. Social cognition, self-esteem and popularity in preadolescent children.

**1988** **Richardson\***, Philip Hughes. The placebo effect: an empirical examination of affective and cognitive factors in psychological responses to medical treatments.

 **Vincent\***, Charles Anthony. The treatment of headache by acupuncture.

**1990** **Amirzadeh-Shams+**, Abdul-Majid. Psychophysiological aspects of anxiety and depression.

 **Ivanochko+**, Elizabeth Anne. The development of a self-report measure of Minuchin’s concepts of enmeshment and disengagement.

**1991** **Hamilton**, Victoria Edith. Patterns of transference: an empirical study.

 **Steele\***, Howard. Adult personality characteristics and family relationships: the development and validation of an interview-based assessment technique.

 **Steele\***, Miriam Nurit. Intergenerational patterns of attachment.

**1993** **Arundale+**, Carol Jean. Psychotherapy supervision: impacts, practices and expectations.

 **Miller+**, Jill Marie. The development and validation of a manual of child psychoanalysis.

 **Sobreira Lopes\***, Rita De Cassia. The relationship of moral development to parent-child conflict in adolescence.

**1994** **Parr**, Maureen Avis. A retrospective study of the outcome of psychotherapy and psychoanalysis for children with and without chronic medical conditions.

 **Target\***, Helen Mary Anne. The outcome of child psychoanalysis: a retrospective investigation.

**1996** **China**, Jacques Lefebvre. Attachment and object-relations theory.

 **Fletcher**, Amira. A psychodynamic investigation of a premature babies unit (the implementation of an action research strategy).

 **Holder+**, Juliet Elizabeth. The influence of parent and parent-child patterns of attachment on the development of children’s understanding of minds.

**1997** **Woolgar+**, Matthew Jonathan. Parental, infant and early childhood attachment classification and its relationship to sociomoral development.

**1998** **Diamant+**, Ilan. The theory of mind in borderline personality disorder: evidence from the representation of deception.

 **Orbach\***, Susie. The construction and expression of a gendered mind and body: contributions of a psychoanalytic approach.

**1999** **Fearon\***, Richard Michael Pasco. Shared and non-shared influences on the development and attachment in twins.

 **Rathbone**, June Alice. Anatomy of Masochism.

**2000** **Schneider**, Tiffany. Measuring adaptation in middle childhood: the development of the Hampstead Child Adaptation Measure (HCAM).

 **Yabsley**, Susan Anne. The reflection of patterns of attachment in infancy in the narratives of pre-school children.

**2001** **Knox+**, Jean Margaret. The effect of emotion on memory and perception: an information-processing investigation of certain psychodynamic concepts using the Headed Records Model.

 **Spensley+**, Sheila Ross. A comparative study of maternal attachment in three groups of mothers having a child with learning impairment.

**2002** **Shmueli+**, Aviya. The role of personality factors and attachment status in the selection and training of psychological therapists: A psychoanalytic approach.

**2003** **Clifford+**, Paul. An infometric approach to mental health outcome measurement.

**2004** **Sochos\***, Antigonos. The assessment of representational change in individuals undergoing cognitive analytic therapy: Developing an attachment theory based methodology.

 **Gerber\***, Andrew. Psychodynamic psychotherapy for severe personality disorders: A quantitative study of treatment process and outcome.

**2005** **Schachter**, Abby. Long-term follow-up of children treated in psychoanalysis at the Anna Freud Centre.

**2006** **Younger**, David Batkin. The development of a dyadic reflective functioning questionnaire (DRFQ).

**2007** **Glowacki Colton**, Antonia. The Anna Freud Centre Narrative Coding System: A study of the reliability and validity of a new coding system for the MacArthur Narrative Story Stem Battery.

**2008** **Pilling\***, Steven. Challenges for evidence based medicine in the evaluation of complex health care interventions.

**2009** **Vrouva+**, Ioanna. Self-harming and borderline personality disorder traits in adolescence: The role of attachment relationships and mentalising.

 **Kumar\***, Manasi. Impact of disasters on children in adversities: Attachment interviews with child survivors of Gujarat earthquake-and-riots.

**2010** **Marin-Avellan**, Luisa. Systematising clinician judgement of personality and risk: validation of the SWAP-200 with forensic patients: Does structuring clinical judgements of PD aid violence risk assessments? Combining HCR-20 and SWAP-200.

**2011** **McGauley\*,** Gill. Adult attachment status and psychological disorder: The predictive validity of the Adult Attachment Interview in violent, personality-disordered patients.

 **McCutcheon**, Moira. The development of brief relational child psychotherapy.

**2012** **Platten-Brown**, Lara, Early social reasoning: Infants’ use of emotional expressions as a source of knowledge.

 **Rossouw+**, Trudie. Clinical profile and psychological treatment of self-harm in adolescence: An RCT of mentalization based treatment compared against treatment as usual.

**2013** **Altmann\***, Marina. Underlying relational structures in the process of brief mother–infant psychotherapy.

 **Sleed**, Michelle. The assessment of relational risk in early parent–infant relationships.

**2014 Berry,** Michael.Towards a psychodynamically informed model for the integrative psychotherapeutic treatment of male sexual dysfunction.

 **Zhou**, You. Adolescent twins’ mental representations of self and other in relation with zygosity, attachment patterns and psychological disturbance.

 **Patalay\*,** Praveetha. Developmental complexity, structural simplicity: A longitudinal, multi-method investigation of internalising and externalising symptoms in young people.

**2015 Adkins,** Tina. The development and implementation of a mentalizing intervention for foster parents.

 **Lorenzini**, Nicolas. The relevance and usefulness of the Implicit Associations Test (IAT) in adolescent development, attachment and depression.

**2016 Iyengar,** Udita. Understanding risk, resilience and the neural correlates of unresolved trauma in mothers.

 **Rost\***, Felicitas. The Anaclitic Introjective Depression Assessment (AIDA) – Chronic Depression at Different Development Levels.

 **Palmer**, Rose. Emotional stimulation as an addition to therapeutic food intervention for treatment of young children with severe acute malnutrition in Ethiopia.

**2017 Taylor-Colls,** Samantha. The effects of early parent–infant relationships on infants’ neural processing of emotion.

 **Lee,** Ya-Wen. Assessment of mentalizing: The Reflective Functioning Questionnaire (RFQ).

**2018 Sato,** Momoko. Interpersonal hypersensitivity and social cognition in borderline personality disorder.

 **Garrett+**, Christopher. Psychopathology of recurrent diabetic ketoacidosis.

**2019 Moore-Winter,** Anna. Determinants of good emergency care for mental health patients.

 **Ventura Wurman,** Tamara. Therapist competence in dynamic interpersonal therapy and its association with treatment outcomes.

 **Constantinou**, Matthew. The bifactor model of psychopathology: Methodological issues and clinical applications.

**2021 Lindley Baron-Cohen,** Kate.Postnatal depression and oxytocin: naturalistic and experimental studies.

 **Simes,** Elizabeth. Bridging the gap: A mixed methods study exploring the impact of the involvement of researchers with lived experience on a multi-site randomised control trial in the National Probation Service in England and Wales.

 **Jeklic,** Mihael Ales. Social cognitive inference in interest-based bargaining.

## 8. Research

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### A. Overview

*An attachment-based social cognitive therapeutic approach*

A major focus of my research has been an innovative research-based dynamic therapeutic approach developed in collaboration with a number of clinical sites both in the UK (the Anna Freud National Centre for Children and Families, the Halliwick Psychotherapy Service, the Marlborough Family Service, the Brandon Centre, Islington CAMHS) and in the USA (the Menninger Clinic, Houston, Tx, McLean Hospital, Boston, Mass and the Yale Child Study Center). This has come to be known as “mentalization-based treatment” or MBT, and has been the subject of a number of books by our team (*Adaptive Mentalization Based Integrative Treatment,* OUP*; Mentalization-Based Treatment for Personality Disorders: A Practical Guide* – OUP 2nd ed.; *Mentalizing in Clinical Practice* – American Psychiatric Press; *Mentalization-based treatment with families*, Guilford Press) and collections of papers (*Handbook of Mentalization-Based Treatment* – Wiley; *Handbook of Mentalization in Mental Health Practice* – American Psychiatric Press) with at least 35 translations, as well as increasingly by many others who have adopted our approach (Hagelquist: *Mentalization Guidebook;* Midgley & Malberg: *Mentalization-based treatment for children*; Karterud: *Mentalization-Based Group Therapy (MBT-G)*; Precin: *Relationship between Mentalization and Psychosomatic Illness*; Midgley & Vrouva: *Minding the Child: Mentalization-Based Interventions with Children, Young People and their Families*; Busch (ed) *Mentalization: Theoretical considerations, research findings, and clinical implications*;. Slade & Jurist, (eds), *Mind to Mind: Infant Research, Neuroscience and Psychoanalysis*). MBT is based on developmental research relevant to a theory of personality disorder reported in a frequently cited 1997 paper (*Attachment and reflective function: Their role in self-organization* cited over 3000 times) and a number of books from our group (particularly *Affect Regulation, Mentalization, and the Development of the Self* – Other Press, 2002). The books have been translated into most major languages and some not-so-major ones (Korean, Danish, Norwegian, Czech, Japanese, Turkish, Hungarian) and have high citation rates: *Affect Regulation, Mentalization, and the Development of the Self* has been cited over 8300 times and *Attachment Theory and Psychoanalysis* over 2500 times (Google Scholar). There have been highly cited demonstrations of the effectiveness of our therapeutic approach (*Effectiveness of partial hospitalization in the treatment of borderline personality disorder: a randomized controlled trial*, 2000 citations; *The relation of attachment status, psychiatric classification, and response to psychotherapy*, 2000 citations) and complementary theoretical papers (*The capacity for understanding mental states: The reflective self in parent and child and its significance for security of attachment*, 2700 citations; *A developmental, mentalization-based approach to the understanding and treatment of borderline personality disorder*,1400 citations).

I am engaged in major collaborative programmes exploring developmental psychopathology from an attachment–mentalization perspective. A long-standing collaboration with the Child and Family Program of the *Menninger Clinic* (consistently rated in the top ten of US psychiatric hospitals) has been successfully extended to include *McLean Hospital* (the top rated psychiatric hospital in the US) in Harvard Medical School and the *Yale Child Study Center* (top-rated department of child psychiatry in the USA, based in one of the highest ranked university) which have become centres for the mentalisation based approach.

*Paediatric attachment and trauma research*

This international collaboration has yielded a number of cutting-edge research programmes funded from the *Menninger Child and Family Center Endowment* from which I have benefitted as a consultant since 1995 and other extramural sources. These include a study of infant–mother attachment classification and brain imaging (*Strathearn*), the hyper-scanning (fMRI) of an economic exchange (trust) task with individuals with borderline personality disorder (BPD) (*King-Casas, Montague*), the neural and psychometric correlates of attachment and mentalizing in BPD (*Sharp*) and the impact of childhood sexual trauma on mentalizing (*Ensink, Normandin*). The first of these collaborative programmes has succeeded in identifying differences in brain responses to infant affect expressions in normal mothers (published in *Pediatrics*) and a moderation of this neural response by mother’s attachment classification. The hyper-scanning study of BPD is one of the biggest imaging study of the disorder to date (we have imaged 55 BPD patients) and a report was published in *Science*. The collaboration with Sharp (*University of Houston*) and Ensink (*Université Laval*) has established the trauma related disruption of attachment and mentalization in emotionally dysregulated borderline children and adolescents. The Yale connection has led to an exciting new development at the Anna Freud National Centre for Children and Families, where we have received funds to build a dense array EEG laboratory (*EGI*), collaborating with Dr Mayes’ infant laboratory at Yale. With UK collaborators (*Fearon and McCrory – UCL*), we are investigating the neural correlates of emotional development and maltreatment-associated attachment disorganization in very young children. Advancing this work, the Strategic Award from the *Wellcome Trust* for a collaborative programme of work between Cambridge University Department of Psychiatry (*Goodyer, Bullmore, Jones*) and UCL (*Dolan* and Fonagy) has focused on the emergence of mental disorder in adolescence examined simultaneously from a psychometric, computational and neurodevelopmental perspective. The broader aim of the work is to contribute to the embedding of neuroscience in psychiatry, bringing a neuroscience perspective to the emergence of psychiatric disorder in adolescence. Collaboration with *Read* *Montague’s* *Wellcome Trust Professorship* research programme linking Virginia Tech and Wellcome Trust Neuroimaging Centre (*Nolte, Moutoussis*) is also beginning to yield important psychometric and functional neuroimaging findings in relation to the nature of personality disorder.

*Research on evidence-based psychological therapies*

A further thread of my research involves UK research collaborations concerned with the effectiveness of psychosocial treatments. With Anthony Roth, in 1996 we published *What Works for Whom? A Critical Review of Psychotherapy Research* (Guilford Press), which represented the first systematic and comprehensive review of quantitative studies of the efficacy of psychological therapy in relation to the major diagnostic categories of mental health disorder (1500 studies in the first edition, and 2500 in the second [published in 2005]), accompanied by explication of the clinical implications of this literature (over 3000 citations for the first edition and over 2000 citations for the second), as was the companion volume concerning treatments for children (Guilford Press, 2002; 2nd ed., 2015). Beyond reviewing the studies of others, I am involved in several multisite psychosocial treatment trials. The treatment phase of a randomized controlled trial of manualized outpatient therapy for BPD, in collaboration with Anthony Bateman, which was funded by the *Borderline Personality Disorder Research Foundation*, was in *American Journal of Psychiatry* and an RCT of MBT in the treatment of self-harm in adolescents published in the *Journal of the American Academy of Child Psychiatry*. This was at the core of our contribution to the Europe-wide interdisciplinary Marie Curie Programme on Disorders & Coherence of the Embodied Self (DISCOS) involving nine sites across Europe, where I was the Project Leader for the UK site (€3,100,000 total, distributed across 9 sites). Other completed trials include a cluster randomized study of a highly economical mentalization-based violence prevention programme for schools – *Journal of Child Psychology and Psychiatry*; an NIHR-funded evaluation of pilot community services for adults with personality disorder – *British Journal of Psychiatry;* an RCT of parent–infant psychotherapy – *Infant Mental Health Journal*; a unique prison-based cluster-randomized trial working with mothers incarcerated with infants in mother and baby units – *Attachment and Human Development*; an RCT of adolescent depression contrasting CBT, psychodynamic therapy and brief psychoeducational intervention – *Lancet Psychiatry (2015)*; a trial of psychoanalytic therapy for treatment-resistant depression – *World Psychiatry;* a large-scale multi-site RCT of young people with antisocial behaviour treated with Multisystemic Therapy (MST) *– Lancet Psychiatry (2018)*, with an additional HS&DR award that has enabled a 5-year follow-up of this sample of nearly 700 young people – *Lancet Psychiatry (2020)*, with a supplementary trial of MST in treating problem sexual behaviour in adolescents; and an RCT of Dynamic Interpersonal Therapy for depression – *Psychological Medicine (2018)*. Joining my interest in attachment processes in infancy and evaluation research in psychological intervention, we were funded to undertake an evaluation co *Circle of Security*, an attachment based approach to address challenges to bonding between carers and infants mostly triggered by depression associated with childbirth. This NIHR-HTA grant is the first cluster randomised trial of this group intervention in the UK. Also tackling with postnatal depression using a group intervention, the *SUMMIT trial*, funded by NIHR ODA award is designed to tackle this clinical problem in two LMIC countries, Kenya and Lebanon using group Interpersonal Psychotherapy developed in Columbia University, NYC.

*Advancing the research-based approach to clinical interventions*

Over the past two decades I have attempted to offer support and help to others to establish realistic evaluation programmes in psychological interventions. I have assisted Miranda Wolpert in setting up the CAMHS *Evidence Based Practice Unit* based at the Anna Freud National Centre for Children and Families and was co-PI (with Norah Frederickson) on Wolpert’s grant from the Department of Children, Schools and Families, *An Evaluation of the Targeted Mental Health in Schools (TaMHS) Programme*. This initiative has developed into a major network of over 14,000 schools in England coordinated by the Anna Freud providing mental health support and research based advice and clinical support. I am also one of five theme leaders (representing mental health) on an NIHR grant *for Collaborations for Leadership in Applied Health Research and Care* (CLAHRC) and it successor *Applied Health Research and Care* (ARC) (PI: Rosalind Raine). As one arm of this initiative we are evaluating an alternative model for offering mental health service to children (*Implementing Thrive* or *i-THRIVE*). As part of ongoing work, our MBT model has been extended in pilot studies of antisocial personality disorder and a probation-based treatment study has been funded by NIHR Health Technology Assessment with clinical services provided by the *National Offender Management Service* (*MOAM*). The North Thames NIHR collaborative research programme was funded for a further five years (*Applied Research Centre*) and I continue to lead the mental health theme focused on the social mechanisms underpinning mental health inequalities. Linked to the ARC, building on the developmental psychopathology thread to our work, we launched a five-year prevention trial to explore the value of a designer based *systemic intervention, KAILO, to address social inequalities* in adolescent mental health funded by the MRC PRP programme (£5**,**300,000) taking place in in an urban and rural UK setting.

### B. Publications

#### i. Summary of citation statistics and list of most cited papers

Number of original peer-reviewed papers and articles (including papers in press): 663

H-Index: **162** (Google Scholar), **95** (Scopus); **84** (Web of Science)

Number of authored and co-authored books: 21

Number of foreign translations (books): 37

Number of edited books: 21

Number of book chapters (including chapters in press): 298

Total number of citations (Google Scholar) 135,295

Publications with over 1000 citations: 23

| **Papers with at least 1000 Google citations since publication with three citation indicators** | **Total citations (Google)** | **Total citations (Scopus)** | **Total citations (WoS)** |
| --- | --- | --- | --- |
| Fonagy, P., & Target, M. (1997). Attachment and reflective function: Their role in self-organization. *Development and Psychopathology*, *9*, 679-700. | 3290 | 1092 | 846 |
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#### v. Book chapters

**Chapters in press**

Luyten, P., Fonagy, P., & Campbell, C. (in press). Borderline personality disorder (emotionally unstable personality disorder). In M.-E. Lynall, P. B. Jones, & S. Stahl (Eds.), *The Cambridge textbook of neuroscience for psychiatrists*. Cambridge, UK: Cambridge University Press.

Motz, A., Bateman, A., Fonagy, P., & Luyten, P. (in press). Mentalizing and psychodynamic approaches to non-suicidal self-injury. In E. E. Lloyd-Richardson, I. Baetens, & J. Whitlock (Eds.), *The Oxford handbook of non-suicidal self-injury*. Oxford University Press.

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1. Fonagy, P., Kazdin, A., Campbell, M., Carlson, G., Harper, G., Kendall, P., et al. (1989). Interventions for childhood mental disorders. In *Research on children and adolescents with mental, behavioral and developmental disorders: mobilizing a national initiative*. Washington, DC: National Academic Press.
2. Fonagy, P., Moran, G. S., & Higgitt, A. C. (1989). Insulin-dependent diabetes mellitus in children and adolescents. In S. Pearce & J. Wardle (Eds.), *The practice of behavioural medicine* (pp. 161-190). Oxford, UK: Oxford University Press.

**1988**

1. Fonagy, P. (1988). Insight and symptomatic improvement. In S. Marans (Ed.), *Proceedings of the NIMH Workshop on Research on the Efficacy of Child Analysis*. Washington, DC.
2. Fonagy, P., & Higgitt, A. (1988). Guilt and its management. In G. D. Wilson (Ed.), *Personality*. Oxford, UK: Andromeda Press.
3. Fonagy, P., & Higgitt, A. (1988). Personality and adjustment. In G. D. Wilson (Ed.), *Personality*. Oxford, UK: Andromeda Press.

**1986**

1. Fonagy, P., & Moran, G. (1986). The influence of residual insulin secretion, psychological adjustment and management styles on diabetic control in children with IDDM. In *Proceedings of the 11th International Congress of Child and Adolescent Psychiatry* (pp. 359-360). Paris.
2. Fonagy, P., & Moran, G. (1986). A psychoanalytically informed approach to chronic illness in children: The paradigm of diabetes. In *Proceedings of the 11th International Congress of Child and Adolescent Psychiatry* (pp. 258-259). Paris.

**1981**

1. Fonagy, P. (1981). Research on psychoanalytic concepts. In F. Fransella (Ed.), *Personality*. London, UK: Methuen.
2. Fonagy, P. (1981). Several entries in the area of psycho-analysis and clinical psychology. In *A to Z of psychology*. London, UK: Lifecycle Publications.

#### vi. Reports

1. Oliveira, P., Stevens, E., Barge, L., Comyn, J. Langley, K., Ramchandani P. . . Fonagy, P.., & Fearon, P. (2020) Nurturing Change: A feasibility study and pilot trial of a modified video-feedback intervention for children and foster carers to improve mental health outcomes of children with reactive attachment disorder. Report to the National Institute for Health Research. London, UK: UCL.
2. Longhi, E., Murray, L., Wellsted, D., Hunter, R., MacKenzie, K., Taylor-Colls, S., Fonagy, P., & Fearon, P. (2019). Minding the Baby® home-visiting programme for vulnerable young mothers. Results of a randomised controlled trial in the UK. London, UK: NSPCC/UCL.
3. Wolpert, M., Harris, R., Hodges, S., Fuggle, P., James, R., Wiener, A., McKenna, C., Law, D., York, A., Jones, M., Fonagy, P., Fleming, I., & Munk, S. (2019). THRIVE framework for system change. London, UK: CAMHS Press/Anna Freud National Centre for Children and Families/Tavistock and Portman NHS Foundation Trust.
4. Humphrey, N., Wolpert, M., Aitken, J., Fonagy, P., Frederickson, N., et al. (2009). Systematic review of social and emotional skills measures for use with children and young people. London, UK: Report for the Department of Children, Schools and Families, and the Department of Health.
5. Wolpert, M., Fonagy, P., Frederickson, N., Day, C., Rutter, M., Humphrey, N., et al. (2008). Review and recommendations for national policy for England for the use of mental health outcome measures with children and young people. London, UK: Report for the Department of Children, Schools and Families, and the Department of Health.
6. Fonagy, P., Matthews, R., & Pilling, S. (2004). The Mental Health Outcomes Measurement Initiative: Report from the Chair of the Outcomes Reference Group. London, National Collaborating Centre for Mental Health.
7. Roth, A., Fonagy, P., Fearon, P., & Malins, A. (2001). The influences of training on the pattern of recruitment of new qualifiers in Clinical Psychology. Report to the North London Education and Training Consortium.
8. Fonagy, P., Target, M., Cottrell, D., Phillips, J. & Kurtz, Z. (2000). A review of the outcomes of all treatments of child psychiatric disorder (MCH 17-33). Commissioned Report to the National Health Service Executive.
9. Fonagy, P. (1998). Early influences on development and social inequalities. Commissioned Report for Sir Donald Acheson’s Independent Inquiry into Inequalities in Health.
10. Roth, A. & Fonagy, P. (1995). The effectiveness and efficacy of psychotherapy. Report to the National Health Service Executive of the English Department of Health for the Strategic Policy Review of Psychotherapy Services. London: Department of Health.

#### vii. Available manuals and unpublished monographs

1. Fonagy, P., Edgcumbe, R., Target, M., Miller, J., & Moran, G. (1996) *Psychodynamic Child Therapy: Theory and Technique*. London, UK: The Anna Freud Centre and University College London.
2. Hammond, L., Fonagy, P. & Steele, M. (1997). *Manual for Rating Children’s Narrative Based on the MacArthur Story Stems*. London, UK: The Anna Freud Centre and University College London.
3. Fonagy, P, Steele, M., Steele, H., Target, M. (1998) *Reflective Functioning Manual, Version 5.0: for application to Adult Attachment Interviews*. London, UK: University College London.
4. Fonagy, P., Miller, J., Edgcumbe, R., & Target, M. (1999) *Contemporary psychodynamic child therapy: Theory and technique*. London, UK: The Anna Freud Centre and University College London.
5. Asen, E., Fonagy, P., Target, M., Bevington, D., Malik, R. & Dawson, N. (2005). *Integrative, Multimodal Treatment Project for Severe, Acute Psychiatric Disturbance in Adolescents and Young Adults: Training Programme 2005-2006*. London, UK: University College London.
6. Bateman, A., Bornstein, R, Caballo, V., Cooke, D., Fonagy, P., Hart, S., Iskander, E., Ono, Y., Perry, C., Pfohl, B., Ronningstam, E., Sass, H., Schwarte, R., Siever, L., Stone, M., Torgersen, S. (2006). *WPA/ISSPD Educational Programme on Personality Disorders Module II*. December 2006.
7. Loucas, C., Pennant, M., Whittington, C., Naqvi, S., Sealey, C., Stockton, S., Kelvin, R., Fonagy, P., & Kendall, T. (2014). *E-therapies systematic review for children and young people with mental health problems*. London, UK: National Collaborating Centre for Mental Health. (Abstract published in *Archives of Disease in Childhood*, *99*(Suppl 1), A58.)
8. Wolpert, M., Harris, R., Hodges, S., Fuggle, P., James, R., Wiener, A., McKena, C., Law, D., York, A., & Fonagy, P. (2015). *THRIVE Elaborated.* London, UK: CAMHS Press/The Anna Freud Centre.

## 9. Knowledge Transfer: Details of significant activities

2022-continuing Member, The Royal Foundation Centre for Early Childhood Advisory Group

| 2021-continuing  | Appointed Health & Social Care Parliamentary Select Committee, Mental Health Adviser to its Expert Panel (i.e. Specialist Adviser): |
| --- | --- |
| 2021-2023 | Member, Secretary of Education's School Attendance Action Alliance Working Group |
| 2020-continuing  | Chair, The Prudence Trust , Mental Health Advisory Panel  |
| 2020-continuing | Member, National Child Mortality Database Programme Team |
| 2020-continuing | Member, PsychUP Advisory Board, Student Mental Health, UCL |
| 2020-2021 | Co-Chair, Expert Advisory Group for Violence Reduction, London Mental Health  |
| 2020-2021 | Member of the Expert Advisory Group of Early Child Development specialists for Andrea Leadsom’s Review of Early Intervention for the Prime Minister |
| 2020-2021 | Member of the Remote Working in Mental Health Core Group, Health Innovation Network |
| 2019-continuing  | Member of Board of Trustees Mental Health Innovations  |
| 2019-2021 | Chair, EMPOWER: Building the World’s Early Childhood Workforce Science Council |
| 2019-continuing | Member of the Board, and Chair of Academic Advisory Board, Silver Hill Hospital, New Canaan, CT |
| 2019-2020 | Member of Expert Advisory Group on Teacher Wellbeing, Department for Education |
| 2018-continuing | Chair, Health Education England National Curriculum Development Group (now National Implementation Group) for Educational Mental Health Practitioners Training |
| 2018-2022 | Chair, Curriculum Development Group for Mental Health Support Workers to work as part of Mental Health Support Services in Schools, Health Education England, Department for Education and Department of Health and Social Care |
| 2018-2019 | Member, Expert Group on Early Intervention to Guide the Charitable Activities of HRH the Duchess of Cambridge, The Royal Foundation |
| 2018-2019 | Chair, NHS Parent Infant Perinatal Pathway Expert Reference Group |
| 2017-2020 | Member, London Mental Health Transformation Board of the Healthy London Partnership |
| 2017-2019 | Member, Royal Foundation Steering Group for HRH The Duchess of Cambridge on Early Years |
| 2017-2018 | Member, Expert Panel to support the Department of Health and Social Care Global Ministerial Mental Health Summit |
| 2016-2019 | Expert Adviser, NICE Centre for Guidelines |
| 2016-2018 | Co-Chair, Expert Reference Group, Care Pathway for Vulnerable Children, Department of Health and Department for Education |
| 2015-2018 | Member, Royal Foundation Heads Together CEO’s Advisory Group to the Royal Principals |
| 2015-2017 | Co-Chair, Expert Reference Group on the Mental Health of Children in Care, Social Care Institute for Excellence, Department of Health and Social Care, and Department for Education |
| 2015-2016 | Member, Children and Young People’s Mental Health Commission, The Education Policy Institute (aka Centre Forum) |
| 2014-2020 | Member, National Collaborating Centre for Mental Health (Royal College of Psychiatrists and British Psychological Society) Board of Management |
| 2014-2020 | Expert Member, NICE Guidance Update Group, Depression in Children and Young People |
| 2014-2020 | Specialist Member, NICE Quality Standards Advisory Committee for Personality Disorders |
| 2014-2016 | Organization Rep of the Psychotherapy Committee, American Academy of Child and Adolescent Psychiatry |
| 2013-2017 | Co-Chair, Action for Choice in Psychotherapy, NHS England |
| 2013-2015 | Chair of NICE Guidance Development Group, Attachment and Attachment Disorder |
| 2012-2023 | National Clinical Advisor, Children and Young People’s Mental Health Programme, Clinical Lead on Improved Access to Psychological Therapies for Children and Young People, NHS England (Senior advisor from 2016) |
| 2012-2018 | Chair, NHS England National Network of Collaboratives Commissioned for Improving Access to Psychological Therapies |
| 2012-2016 | Chair of Expert Curriculum Development Groups to implement training in Improving Access to Psychological Therapies for Children and Young People (Family Therapy, Counselling, Eating Disorders, Inpatient Treatment, Depression, Anxiety, Conduct Problems, Developmental Disorders, Enhanced Evidence-Based Interventions) |
| 2012-2013 | Chair of the Evidence Update Advisory Group, NICE Evidence Update, Depression in Children and Young People |
| 2012-2012 | Member, Service Development Task & Finish Group, Improved Access to Psychological Therapies for Severe Mental Illness, Department of Health, London |
| 2011-2014 | Member, Expert Reference Group, Improving Access to Psychological Therapies for Children and Young People, Department of Health, London |
| 2011-2013  | Member, National Guideline Development Group for the Treatment and Management of Conduct Disorder in England and Wales, Commissioned by NICE |
| 2011-2013 | Member, National Guideline Development Group for the Treatment and Management of Conduct Disorder in England and Wales, Commissioned by the National Institute of Clinical Excellence |
| 2011-2013 | Chair, Curriculum Development Task & Finish Group (January 2011), Department of Health, London |
| 2010-2013 | National Clinical Lead, Improved Access to Psychological Therapies for Children and Young People, Department of Health |
| 2010-2012 | Member, Evidence Based Interventions Programme Board for Looked After Children, Department of Education, London |
| 2009-2015 | Member, UCL Neuroscience Domain Executive Group |
| 2009-2011 | Member, Working Group on Mental Health, Centre for Social Justice |
| 2009-2010 | Chair, Working Group on Mental Health Themes for the UCLPartners Academic Health Sciences Centre |
| 2009-2010 | Invited expert, Consensus Meeting: Measuring What Matters, National Personality Disorder Development Programme, Department of Health, London |
| 2008-2011 | Member, Psychotherapists and Counsellors Professional Liaison Group, Health Professions Council for England |
| 2008-2009 | Co-Chair, New Ways of Working for Psychological Therapists, Work Stream I, Evidence Based Therapies, Department of Health, England and Wales |
| 2007-2009 | Member, Expert Psychology Panel, UK representative on Journal Impact Rating, European Science Foundation ERIH Programme |
| 2007-2009 | Chair, Strategy Group, Development of National Occupational Standards for Psychological Therapies |
| 2007-2009 | Member, National Guideline Development Group for the Treatment and Management of Antisocial Personality Disorder in England and Wales, Commissioned by the National Institute of Clinical Excellence |
| 2006-2008 | UK Representative, Expert Psychology Panel, European Science Foundation, Scientific Communication Project (ranking psychology journals for scientific merit) |
| 2004-2022 | Member, Mental Health Research Network in Child Psychiatry, National Institute of Mental Health for England |
| 2004-2015 | Chair, Ad hoc panel review board, National Institute of Mental Health, USA |
| 2004-2008 | Member, Research Trials Review Board. Deutsche Forschungsgemeinschaft (German Research Foundation) |
| 2004-2005 | Member of the International Scientific Committee of the Revue Française de Psychanalyse de la Société Psychanalytique de Paris |
| 2003-2008 | Member of Faculty, American Psychoanalytic Association Research Training Program at Yale University |
| 2003-2005 | One of four international advisors to the German Ministry of Education and Technology on preparing the German Collaborative Psychotherapy Research program: Specific efficacy and process research in terms of nosological fields of indication |
| 2003-2004 | Chair, Reference Group on Routine Measurement of Mental Health Service Outcomes advising the National Institute of Mental Health for England (NIMHE), Department of Health, UK |
| 2003-2004 | Advisor on evaluation of prevention and early intervention initiative, French Ministry of Health |
| 2003-2004 | Member of the International Scientific Committee of the Revue de l’Ecole Doctorale de Recherches en Psychanalyse de l’Université de Paris VII |
| 2002-2015 | Member of the Expert Advisory Group, Tavistock Clinic Treatment Resistant Depression Outcome Study |
| 2002-2011 | Member of the Committee on Research Education of the American Psychoanalytic Association |
| 2002-2011 | Member of the Expert Advisory Group, Brandon Centre Randomised Control Trial of Multisystemic Therapy for Repeat Offenders |
| 2002-2010 | Scientific Consultant for the Line 6 of Research (Psicoterapia e Riabilitazione Psichiatrica in Età Evolutiva), Fondazione Stella Maris, Calambrone, Italy |
| 2002-2005 | Senior Advisor on Outcomes, Adult Mental Health Branch, Department of Health |
| 2002-2005 | Chair, National Guideline Development Group for the Treatment and Management of Childhood Depression in England and Wales, Commissioned by the National Institute of Clinical Excellence |
| 2002-2004 | Child and Adolescent Mental Health Service-National Service Framework External Work Group Outcomes Subgroup, Department of Health |
| 2002-2003 | Member of the CORE group overseeing Phase 1 of the rollout of the routine outcome measures in NHS secondary and tertiary adult mental health services, Adult Mental Health Branch, Department of Health |
| 2001-2010 | International Advisory Committee for the 6th Delphi International Psychoanalytic Symposium, 2004 |
| 2001-2007 | Member of the Professional Advisory Committee of the American Psychotherapy Seminar Center |
| 2001-2006 | Member of the International Advisory Board of the Master’s Programme in Psychoanalytical Clinical Psychology at the New Bulgarian University in Sofia |
| 2001-2002 | Member of the Expert Group on Outcomes Measurement, Department of Health (Mental Health branch) |
| 2000-2003 | Advisory Board, Parent–Infant Psychotherapy Program at Columbia Psychoanalytic Institute |
| 2000-2001 | Academic Advisory Board, Presidential Commission on Violence Prevention, Washington, DC |
| 1999-2000 | Consultant, National action plan to prevent children’s exposure to violence. US Department of Justice |
| 1998-continuing | Expert Panel, National Health Service Executive, R & D |
| 1998-2001 | Psychology and Fellowship Sections, British Academy |
| 1998-2000 | NHS Review of Psychotherapies, North Thames Regional Office Implementation Group |
| 1998-1999 | Consultant to Chief Medical Officer’s (Sir Donald Acheson) Inquiry into Social Inequalities in Health (Early Developmental Influences), Department of Health |
| 1998-1999 | Consultant to the Neurodevelopmental Program, Children’s Mental Health Alliance Foundation (a Soros Foundation), USA |
| 1996-continuing | Founding member and currently Honorary Director of Finance, Psychoanalytic Electronic Publishing |
| 1996-2005 | Consultant to AHMOS European multi-site study of the process and outcome of psychoanalysis |
| 1995-2005 | Trustee and Member of the Board of Directors, PIPPIN, London, UK |
| 1994-1996 | Commissioned scientific review on effectiveness of psychotherapy, Department of Health (with A. Roth) |
| 1994-1995 | Member of scientific programme committee on ‘Parental vulnerability and infant psychopathology (epidemiological approach, prediction and prevention)’, INSERM, France |
| 1993-2012 | Founder and Co-Chair, International Psychoanalytical Association Annual Summer Research Methods Training Program |
| 1993-1996 | Member, Chief Medical Officer’s Working Group on Variations in Health, Department of Health |
| 1993-1994 | Department of Health Working Party on the audit of psychotherapy in the NHS, Department of Health |
| 1993-1994 | Consultant to Economic Social Research Council program proposal on variations in health |
| 1990-1991 | Representing the discipline of psychology in the ESRC Working Group into Health Research |
| 1988-1990 | Convenor of Interdisciplinary Research Centre Proposal to ESRC on Health and Behaviour |
| 1988-1889 | Member of the Committee for the Study of Research on Child and Adolescent Mental Disorders, Institute of Medicine, Washington DC |

## 10. Teaching and academic administration

### A. Overview

I have a leadership role in the development and ongoing growth of *psychological therapies* including *clinical psychology within UCL* and *the teaching of psychoanalysis*. There was no clinical psychology teaching at UCL when I joined the staff in 1977. In 2012 we celebrated the 25th anniversary of the Clinical Psychology professional training programme, which I established at UCL and which I was proud to co-direct until September 2012. It took 10 years (1977 to 1986) for us to be able to establish a programme by developing first undergraduate clinical courses, then a diploma course, and finally a Masters programme accredited by the professional body (the BPS). The course has ultimately become the most popular and respected doctoral programme in the UK. When cuts were imposed on almost all other UK-based courses in 2007, UCL retained all its 42 new commissions (126 in total), an indication of the esteem in which this course was held by the then funder, the Strategic Health Authority. In 2010, with many courses experiencing substantial cuts, UCL had only a 5% cut in its contracted 2011 intake, which it made up from training psychologists intending to practise overseas. Indicated ‘quality-adjusted’ training numbers currently are 50, and international applications from fully foreign state-funded applicants far exceed the places we can offer. It remains the most popular programme in the UK in terms of number of home applications (around 1300 each year). I have overseen a successful major expansion of the programme (across 3 years from 15 to 150) associated with staff expansion (from 4 to 24), change of degree status (MSc to Research Doctoral degree), pay scale and workload reallocation negotiations, introduction of new examination procedures and new team-based internal administrative structure. We have successfully negotiated several major QAA reviews, four HPC reviews and 8 BPS quinquennial reviews, the last of which identified UCL as housing a ‘beacon programme’. While these developments represent an extraordinary team effort, I feel proud of the robust health of the clinical programme and its capacity to retain its leadership position through massive changes in the NHS, the profession and the university.

I have worked to maintain UCL at the forefront of psychological therapy training, which has been one of the major mental health priorities of successive UK governments. The collaborative venture with Educational Psychology colleagues, to establish a certificate, diploma or *MSc course in* *Cognitive Behaviour Therapy and Other Evidence Based Interventions for Children and Working Age Adults*, was a further creative development in professional training of psychologists at UCL. We have successfully bid, in collaboration with the Institute of Psychiatry, to be providers of training for initially 120 ‘Wellbeing Practitioners’ (or ‘Low-Intensity CBT therapists’) per year and in 2008-2009 established the *Increasing Access to Psychological Therapies (IAPT) Postgraduate Diploma*, which is continuing full strength with an annual intake of 250 despite cuts in 2010-2011. A further fully funded *Postgraduate Diploma* programme involving the training of child and adolescent mental health professionals, supervisors and managers has been established in 2012 following a tendering process. In 2011, in collaboration with King’s College and IOPPN, we have successfully tendered to be providers of the Improved Access of Psychological Therapies Training for Children and Young People and have provided professional training in CBT, Parenting training, Intrapersonal Psychotherapy and Systemic Family Psychotherapy as well as management and supervision training to 100s of CAMHS professionals in London and the south-east. Of 6 CYP IAPT collaboratives, ours is by far the most successful and has been spearheading the establishment of Child Wellbeing Practitioner and Psychological Therapies for Psychosis certificate courses, which this year will have an intake of 60 with further opportunities for expansion. In 2018 we established a programme for Educational Mental Health Practitioners to work with children and young people in educational settings. We were able to establish these practical clinical programmes because of the strong links forged with the Anna Freud National Centre for Children and Families which provide the physical resources for delivering the training. UCL is currently generally regarded as the national leader in the delivery of evidence based therapies for children and young people and consequently has a leading role in setting NHS policy in this domain.

Between 2008 and 2017 I had the privilege of being Founding Head of the newly established Research Department of Clinical, Educational and Health Psychology (CEHP) in the Division of Psychology and Language Sciences. Under my leadership the Department grew to be the largest and best funded in the Division and by 2019 had *68 academics* (19 professors, 14 readers/senior lecturers, 19 lecturers and fellows, 14 academic and clinical tutors), *89 researchers, 23 support staff*, 140 honorary staff and *81 PhD students*. Including professional doctorates, the Research Department houses *311 FTE doctoral research students* and *325 FTE Masters or PGDip students*. Its major research programmes included world class programmes such as the Behaviour Change Unit (Michie), the Centre of Outcomes Research and Effectiveness (Pilling), the Psychopharmacology Unit (Curran/Kamboj), the Developmental Risk and Resilience Unit (Viding/McCrory), the Developmental Psychopathology Unit (Fearon), the Katlab Research Unit (Fotopoulou) and the Psychoanalysis Unit (Fonagy). The Research Department holds in average over £40m in grants and its *PIs hold research funds in excess of* £*100m*. Its 17 senior staff (Professors and Readers) have an *average h index of 49.7* and since 2013 (last REF) a *mean number of publications of 55 per staff member* (of which *5.4 could be judged as 4\** on the basis of impact factors). The senior staff include three Fellows of the *Academy of Social Sciences*, two Fellows of the *British Academy* and three Fellows of the *Academy of Medical Sciences*, as well as two current NIHR Senior Investigators. Staff have been awarded myriad professional and academic distinctions, including one of the *Top 200 Psychologists of All Time* and the Distinguished *Young Scientist Award of the World Economic Forum*. The CEHP makes substantial policy input, including being responsible for almost all the NICE guidance on mental health, two National Advisors to NHSE’s child mental health policy, chairing the Child Mental Health Future Research Policy, membership of the Government’s emergency COBRA Committee, and APA’s DSM-5 and WHO’s ICD-11 subcommittees on the diagnosis of trauma and dissociation.

In 2017 I was appointed Interim Director of the Division of Psychology and Language Sciences and, following an international competition in 2018, I was appointed Director until August 2023. This thriving academic group incorporates seven large Research Departments (Experimental Psychology, Institute of Cognitive Neuroscience, Language and Cognition, Clinical, Educational and Health Psychology, Speech and Language, Speech Hearing and Phonetic Sciences and Linguistics) and holds second position in the The QS World Ranking of Psychology Departments. It is responsible for teaching over 700 undergraduate and 1000 postgraduate students with over 350 teaching and research staff. My vision in leading the Division is to increase integration and collaboration across disciplinary boundaries, to improve student experience across all programmes, to stamp out bullying and harassment at all levels, focus on enhancing the wellbeing of staff and students and improve the gender balance at all levels of the organisation. A further ambition is to bring about an improvement of the provision for students with mental health problems by applying expertise and therapeutic resources in the Division to help address the increasing pressure on all academics rooted in mental ill health of students. In 2022, my appointment as Director was renewed for a further five years until 2028.

In addition to developing clinical psychology teaching and heading up CEHP, I have worked hard to fulfil the mission of my endowed Chair and since 2017 my new position as Professor of Contemporary Psychoanalysis and Developmental Science: the promotion of the teaching of psychoanalysis at a world-class university. The cumulative achievements over 25 years provide evidence for the continued success of these efforts. In 1993 I established the *MSc in Psychoanalytic Developmental Psychology* in collaboration with the Anna Freud Centre and in 1996 the *MSc in Theoretical Psychoanalytic Studies* with major contributions from the Institute of Psychoanalysis, which I now co-direct. In 2000 we set up a *Doctorate in Child Psychotherapy*. In 2006, I initiated and contributed to the successful establishment of a joint Masters programme with Yale University covering a psychodynamic approach to developmental psychopathology from a neuroscience perspective (*MSc in Psychodynamic Developmental Neuroscience*). This is an exciting collaboration, which has strong support from the Yale Medical School and may well lead to a degree awarded jointly by the two universities. A further initiative in 2009-2010 was the establishment of a psychoanalytic research school to provide doctoral-level research supervision for those interested in pursuing a *PhD in psychoanalysis*, with 35 PhD students now in the school. UCL, with the most respected psychoanalytic scholars on its faculty (Mitchell, Target, Luyten, Fotopoulou, Debbané, Allison and Tuckett), is internationally acknowledged as the foremost psychoanalytic academic centre and has the strongest body of psychoanalytic teaching anywhere in the world. The 2015 Rand Survey of highly cited papers in medical journals found that a third of all highly cited UK papers in this domain were from the UCL Psychoanalysis Unit. The Unit’s international standing is reflected in the large number of international applicants who have completed its highly successful programmes.

### B. Details of current teaching responsibilities

#### i. Courses taught at UCL

*MSc in Theoretical Psychoanalytic Studies:* Course Co-Director; Lectures on: Joseph Sandler, Personality Disorder, Overview of schools of psychoanalysis (12 hours per year).

*Doctorate in Clinical Psychology*: Lectures on: Developmental Psychopathology and Attachment, Borderline Personality Disorder (12-15 hours per year). Some public case supervision (9 hours per year).

*Undergraduate teaching:* Final year psychopathology, (Borderline personality disorder).

*MRes in Neuroscience*: Lecture on Borderline personality disorder (3 hours per year).

*MSc in Developmental Neuroscience and Psychopathology:* Lectures on development and psychoanalysis (3 hours per year).

*MSc in Psychoanalytic Developmental Psychology:* Lectures on the work of Joseph Sandler, personality (3 hours per year).

#### ii. MSc and D.Clin.Psych. Research Supervision

Supervision of 2–3 MSc and 3-6 professional doctorate students per year.

#### iii. Examining Responsibilities

Chair, Exam Board *MSc in Psychoanalytic Developmental Psychology* (total FTE=42) Duties include marking and examining 8 students.

Chair, Exam Board *MSc in Developmental Neuroscience and Psychopathology* (total FTE=8) Duties include those routinely associated with Chair of Exam Board, including liaison with Yale University where students spend their second year.

Chair, Exam Board *MSc in Developmental Psychology and Clinical Practice* (total FTE=8) Duties include only those routinely associated with Chair of Exam Board.

Chair, Exam Board *Increasing Access to Psychological Therapies Postgraduate Diploma* (total FTE=58) Duties include only those routinely associated with Chair of Exam Board.

Chair, Exam Board *MSc in Cognitive Behaviour Therapy and Outcome Based Interventions* (total FTE=18) Duties include only those routinely associated with Chair of Exam Board.

Chair, Exam Board *Doctorate in Child Psychotherapy* (total FTE=12). Duties include only those routinely associated with Chair of Exam Board.

*PhD Examinations*: Viva voce examinations for various UK and overseas universities – approximately 2–5 per year.

## 11. Past and current major professional and scholarly responsibilities

### A. Past and Current Offices in Professional Organisations and Learned Societies

1989-1991 Associate Secretary and Member, Executive Council, International Psychoanalytical; Association

1989-1995 Chairman, Finance Committee, International Psychoanalytical Association

1989-1997 Co-chairman, Publications Committee, International Psychoanalytical Association

1991-1995 Treasurer and Member, Executive Council, International Psychoanalytical Association

1991-1997 Chairman, Publications Committee, British Psychoanalytical Society

1992-1996 Member, Executive Council, World Association of Infant Mental Health

1992-1997 Member, Board and Council, British Psychoanalytical Society

1993-2001 Chairman, Standing Committee for Research, International Psychoanalytical Association

1995-present Member of the Governing Board and Joint Grant Holder, The British Psychological Society’s Centre for Outcomes Research and Effectiveness

1996-present Director of Finance, Board of Directors, Psychoanalytic Electronic Publishing

1997 Advisory Board, New England Personality Disorder Association

1997-2001 Elected Vice-President and Member of Executive Council, International Psychoanalytical Association (elected for maximum permissible two consecutive terms)

1999-2001 Honorary Treasurer, British Psychoanalytical Society

1999-2001 Member, Board and Council, British Psychoanalytical Society

1999-2001 Member, Standing Committee of the Psychology Section of the British Academy

2000-2010 Member of the Professional Advisory Board of the Center for Social and Emotional Education, Columbia University

2001-2005 Co-Chair (Empirical), Standing Committee for Research, International Psychoanalytical Association

2001-2012 Joint co-ordinator (with Drs Canestri, Denis and Bohleber) of the European Psychoanalytic Association’s Working Party on ‘The Practice of Psychoanalytic Theory’

2003-2007 Chair, Student Progress Committee, British Psychoanalytical Society

2005-2009 Chair, Postgraduate Centre, International Psychoanalytical Association

2009-2013 Chair, International Research Board, International Psychoanalytical Association

### B. Past and Current Editorial Duties

*Series Editor*: Psychoanalysis Unit & Anna Freud Centre Joint Monograph series, Karnac Books (with A. M. Sandler, 1994-2000).

*Series Editor*: Whurr Publications Psychoanalytic Psychotherapy series (with Mary Target, 1997-2005).

*Series Editor*: Karnac Developments in Psychoanalysis Series (with Mary Target and Liz Allison, 2006-present).

*Series Editor*: Yale Series on Developmental Science and Psychoanalysis (Mayes, Fonagy and Target, 2006-2009).

*Internet Editor*: International Journal of Psychoanalysis (1999-2011).

*Associate Editor*: Attachment and Human Development (1999-present).

*Editorial Advisory Board*: Contemporary Psychoanalytic Studies Book Series (2003-2007).

***Journal editorial boards (English Language): Dates***

British Journal of Medical Psychology 1991-2001

British Journal of Psychotherapy 1994-present

Bulletin of the Menninger Clinic 1995-present

Changes 1996-2000

Clinical Psychology and Psychotherapy 1994-present

Development and Psychopathology 1999-present

International Journal of Psychoanalysis 1993-1998

Journal of Applied Psychoanalytic Studies 1999-present

Journal of Child Psychotherapy 1994-present

Journal of Infant, Child and Adolescent Psychotherapy 2000-present

Psychoanalytic Books 1992-1996

Psychoanalytic Psychotherapy 1999-present

Child and Adolescent Mental Health 2001-present

Neuropsychoanalysis 2001-present

Psychology and Psychotherapy: Theory, Research and Practice 2001-present

Psychoanalytic Psychology 2007-present

Personality Disorders: Theory, Research, and Treatment 2008-present

Journal of European Psychology 2009-present