The Parental Reflective Functioning Questionnaire

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**PRFQ**

**Listed below are a number of statements concerning you and your child. Read each item and decide whether you agree or disagree and to what extent.**

**Use the following rating scale, with 7 if you strongly agree; and 1 if you strongly disagree. The midpoint, if you are neutral or undecided, is 4.**

Strongly 1 2 3 4 5 6 7 Strongly  
Disagree Agree

1. \_\_The only time I’m certain my child loves me is when he or she is smiling at me.

2. \_\_I always know what my child wants.

3. \_\_I like to think about the reasons behind the way my child behaves and feels.

4. \_\_My child cries around strangers to embarrass me.

5. \_\_I can completely read my child’s mind.

6. \_\_I wonder a lot about what my child is thinking and feeling.

7. \_\_I find it hard to actively participate in make believe play with my child.

8. \_\_I can always predict what my child will do.

9. \_\_I am often curious to find out how my child feels.

10. \_\_My child sometimes gets sick to keep me from doing what I want to do.

11. \_\_I can sometimes misunderstand the reactions of my child.

12. \_\_I try to see situations through the eyes of my child.

13. \_\_When my child is fussy he or she does that just to annoy me.

14. \_\_I always know why I do what I do to my child.

15. \_\_I try to understand the reasons why my child misbehaves.

16. \_\_Often, my child’s behavior is too confusing to bother figuring out.

17. \_\_I always know why my child acts the way he or she does.

18. \_\_I believe there is no point in trying to guess what my child feels.