**Parental Reflective Functioning Questionnaire for Adolescents (PRFQ-A)**

Listed below are a number of statements concerning you and your child. Please read each item carefully and decide whether you agree or disagree and to what extent.

Use the following rating scale, with 7 if you strongly agree, and 1 if you strongly disagree; the midpoint, if you are neutral or undecided, is 4.

1 2 3 4 5 6 7

Strongly Strongly  
Disagree Agree

1. \_\_ The only time I’m certain my child loves me is when he or she is smiling at me.

2. \_\_ I always know what my child wants.

3. \_\_ I like to think about the reasons behind the way my child behaves and feels.

4. \_\_ My child cries or acts up/is difficult around strangers to embarrass me.

5. \_\_ I can completely read my child’s mind.

6. \_\_ I wonder a lot about what my child is thinking and feeling.

7. \_\_ I find it hard to actively participate in make believe play or imaginary activities with my child.

8. \_\_ I can always predict what my child will do.

9. \_\_ I am often curious to find out how my child feels.

10. \_\_ My child sometimes gets ill to keep me from doing what I want to do.

11. \_\_ I can sometimes misunderstand the reactions of my child.

12. \_\_ I try to see situations through the eyes of my child.

13. \_\_ When my child is being difficult he or she does that just to annoy me.

14. \_\_ I always know why I do what I do to my child.

15. \_\_ I try to understand the reasons why my child misbehaves.

16. \_\_ Often, my child’s behavior is too confusing to bother figuring out.

17. \_\_ I always know why my child acts the way he or she does.

18. \_\_ I believe there is no point in trying to guess what my child feels.