

**Very often    Often    Occasionally    Never**



## SF-DEM – Person with Dementia (PwD)

### Instructions for interviewer:

Read each of the following questions (in bold) verbatim and show the respondent the response card. Mark with **X** for relevant answer.

If, after three questions, the respondent is unable to answer, you may stop the interview.

### Scoring:

Score 0-3 as indicated for each question. Please add up total scores for section 1, 2 and 3 and combine these scores at the end.

Please note the reverse scoring system for questions 12 to 17

Section 4 is not scored

### Definitions:

Below are definitions of the frequency of each activity.

*Very often* = *Every day*

*Often* = *More than twice per month but less than every day*

*Occasionally* = *Once or twice a month*

*Never* = *Not at all in the last month*

**“I want to ask you about things that you like to do. Please give the answer that best describes how things have been in the past month.**

(Showing the respondent the response card)

**As a guide, very often means ‘every day’.**

**Often means more than twice per month but less than every day.**

**Occasionally means once or twice a month.**

**Never means not at all in the last month.**

**Don’t worry if some questions do not seem to apply directly to you. We ask the same questions of everybody. There are no right or wrong answers.”**

## SF-DEM (PwD)

Patient name:		Name of rater:	
PIN:		Signature:	
Study timepoint:		Date:	

### Section 1: First I'm going to ask you about spending time with other people.

Thinking about the past month, how often have you ... ?	Very often (3)	Often (2)	Occasionally (1)	Never (0)	Score
1. Seen friends or family in your own home					
2. Seen friends or family in their homes					
3. Attended community or religious meetings					
4. Gone shopping with friends or family					
5. Gone on trips or to events like the cinema or talks					
6. Gone to a cafe, restaurant, pub or social club					
7. Exercised, walked or played sport with others					
<b>Section 1 – Subtotal:</b>					

### Section 2: Second I'm going to ask you about communicating with other people.

Thinking about the past month, how often have you ... ?	Very often (3)	Often (2)	Occasionally (1)	Never (0)	Score
8. Contacted friends or family by phone or computer					
9. Started or taken part in a conversation					
10. Talked to other people about your feelings or concerns					
11. Asked other people about their feelings or concerns					
<i>N.B.: Note reverse scoring for questions 12 - 17</i>					
	Very often (0)	Often (1)	Occasionally (2)	Never (3)	Score
12. Found it difficult to think of something to say to others					
13. Found other people's conversation unclear					
<b>Section 2 – Subtotal:</b>					

### Section 3: Finally, I'm going to ask you about how your relationships have been.

Thinking about the past month, how often have you ... ?	Very often (0)	Often (1)	Occasionally (2)	Never (3)	Score
14. Been very outspoken about what you really think					
15. Found that other people are irritating					
16. Had an argument or shouted at other people					
17. Found you don't want to do things you would usually do					
<b>Section 3 – Subtotal:</b>					

<b>Section 1</b>		<b>Section 2</b>		<b>Section 3</b>		<b>Total (Section 1+2+3)</b>	
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### Section 4: Finally, I will ask what you think about all the things we have spoken about in this interview.

	Excellent	Good	Fair	Poor
1. Thinking about your social life as a whole, how is it now?				
	A lot better	A bit better	No change	A bit worse
2. How is it now compared to one year ago?				
	Would rather do more		No change needed	Would rather do less
3. Would you like your social life to change?				

# SF-DEM - Carer

## Instructions for interviewer:

Read each of the following questions (in bold) verbatim and show the respondent the response card. Mark with **X** for relevant answer.

If, after three questions, the respondent is unable to answer, you may stop the interview.

## Scoring:

Score 0-3 as indicated for each question. Please add up total scores for section 1, 2 and 3 and combine these scores at the end.

Please note the reverse scoring system for questions 12 to 17

Section 4 is not scored

## Definitions:

Below are definitions of the frequency of each activity.

*Very often* = *Every day*

*Often* = *More than twice per month but less than every day*

*Occasionally* = *Once or twice a month*

*Never* = *Not at all in the last month*

**"I would like to ask you about the things that \_\_\_\_\_ (your relative's) enjoys doing, as you are the person who knows them best. Please give the answer that best describes how \_\_\_\_\_ (your relative) has been during the past month.**

(Showing the respondent the response card)

**As a guide, very often means 'every day'.**

**Often means more than twice per month but less than every day.**

**Occasionally means once or twice a month.**

**Never means not at all in the last month.**

**Don't worry if some questions appear not to apply to \_\_\_\_\_ (your relative) as we have to ask the same questions of everybody. There are no right or wrong answers."**

## SF-DEM (Carer)

Patient name:		Name of rater:	
PIN:		Signature:	
Study timepoint:		Date:	

### Section 1: First I'm going to ask you about how your relative spends time with other people.

Thinking about the past month how often has _____ (your relative) ...?	Very often (3)	Often (2)	Occasionally (1)	Never (0)	Score
1. Seen friends or family in ___'s own home					
2. Gone to visit friends or family in their home					
3. Attended community or religious meetings					
4. Gone shopping with friends or family					
5. Gone on trips or to events like cinema or talks					
6. Gone to a cafe, restaurant, pub or social club					
7. Exercised, walked or played sport with others					
<b>Section 1 – Subtotal:</b>					

### Section 2: Second I'm going to ask you about your relative's communication with other people.

Thinking about the past month how often has _____ (your relative) ...?	Very often (3)	Often (2)	Occasionally (1)	Never (0)	Score
8. Contacted friends or family by phone or computer					
9. Started or taken part in a conversation					
10. Talked to you or others about their feelings or concerns					
11. Asked you or others about your/their feelings or concerns					
<i>N.B.: Note reverse scoring for questions 12 - 17</i>					
	Very often (0)	Often (1)	Occasionally (2)	Never (3)	Score
12. Been limited in their topics of conversation					
13. Found it difficult to follow conversations					
<b>Section 2 – Subtotal:</b>					

### Section 3: Finally, I'm going to ask you about how your relative's relationships have been.

Thinking about the past month how often has _____ (your relative) ...?	Very often (0)	Often (1)	Occasionally (2)	Never (3)	Score
14. Been very outspoken about what they really think					
15. Been irritated at things other people have done or said					
16. Had an argument or shouted at other people					
17. Found reasons not to do things they would usually do					
<b>Section 3 – Subtotal:</b>					

<b>Section 1</b>		<b>Section 2</b>		<b>Section 3</b>		<b>Total (Section 1+2+3)</b>	
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### Section 4: Finally, I will ask what you think about all the things we have spoken about in this interview.

	Excellent	Good	Fair	Poor	
1. Thinking about their social life as a whole, how is it now?					
	A lot better	A bit better	No change	A bit worse	A lot worse
2. How is it now compared to one year ago?					
	Would rather do more		No change needed	Would rather do less	
3. Would you like their social life to change?					