



**National Institute for
Health Research**

Date of screening	
Name of service	
Trust	
Contact Name	
E-mail	
IST Identification Number	

Introduction

The National Institute of Health Research (Health Services and Delivery Research programme) has funded the **Intensive Support Team-ID (IST-ID)** research project (16/01/24) which aims to identify all services across England which provide intensive support for adults with learning disabilities (LD) and challenging behaviour.

We will be conducting a national survey with the aim to map and describe the provision of Intensive Support Teams (IST) in England for adults with LD and with autism who present with challenging behaviour or mental health crises.

In the first instance we are screening services to see whether they can be either classified as intensive support teams for the purpose of our study or are associated with such a service in their locality.

ISTs are services for adults with LD and challenging behaviour, which aim to support individuals using interventions such as positive behaviour support or other psychosocial approaches, to reduce/manage challenging behaviour, promote wellbeing, and prevent unnecessary inpatient admissions or placement breakdowns.

Screening questions for IST-ID

(To be administered to service manager or someone responsible for service)

- 1) In your area do you have an intensive support team (IST) or a specialist service which supports people with learning disabilities and **challenging behaviour**, autism and mental health needs?

A) Is this a stand-alone team?

Yes

No

B) Is this an embedded/integrated team?

Yes

No

C) Are there specific people within the team that deal with **CB and crises**?

Yes

No

D) Does the team have its own referral pathway and operational criteria?

Yes

No

2) What areas/localities does your IST or specialist service cover

3) Are you aware of any other service (e.g. third sector/private) in your area that provides intensive support for adults with LD and CB?

Yes

No
