



Programme

8th July 2020 2-4pm Research priorities in addressing loneliness & social isolation in people with mild-moderate mental health problems

Short talks on different approaches to reducing loneliness and social isolation in people with mild-moderate mental health problems will be followed by small-group discussions on gaps, promising areas and research priorities.

1400-1405	Introduction & housekeeping (Alexandra Pitman , chair – Network joint lead, UCL)	
1405-1420	Roz Shafran, UCL, Network Co-Investigator, <i>Psychological interventions for loneliness</i> (10 mins talk + 5 mins questions)	
1420-1435	Joe Potter, Samaritans, <i>Promising interventions for supporting middle aged men at risk of suicide</i> (10 mins talk + 5 mins questions)	
1435-1450	Raymond Bond, Ulster University, <i>Who wants to talk to a computer? - Chatbots for mental health and wellbeing</i> (10 mins talk + 5 mins questions)	
1450-1502	Cath Haslam, University of Queensland (video), <i>Combatting loneliness through social group belonging</i>	
1502-1515	Break	
1515-1530	Marcello Bertotti, University of East London, <i>The connections between social prescribing, mental health and social isolation/loneliness</i> (10 mins talk + 5 mins questions)	
1530-1555	Small group discussions: What are the gaps, promising areas and research priorities in multi-faceted approaches to reducing loneliness and social isolation in people with mild to moderate mental health problems?	Network Co-investigators/ coordinators to facilitate breakout rooms
1555-1600	Roundup Next steps: <ul style="list-style-type: none"> • Event on 22nd July • Interventions call 	Alexandra Pitman , chair