

**A palliative  
postcard from...  
*a family carer***



Dear Reader,

Mum was referred to the hospice and I asked about taking her medication. They said to bring everything that she uses every day. So I spent the evening before gathering my disparate notes. I went with her and handed over the medication, but I was really insistent, politely, that I needed to talk to the doctor. I knew that the chart that he would have wouldn't match. So I stayed there for about four hours, occasionally being like, "Do you think he's going to come in soon?" And then when he did come in, it took a little bit of pressing to get him to take my written-out chart. But I just really wanted to make sure he had this list. And then it did turn out that it was different from what he had.

A conscientious carer

### Where did this come from?

[www.ucl.ac.uk/psychiatry/research/marie-curie-palliative-care-research-department/research/activity-theory-analysis](http://www.ucl.ac.uk/psychiatry/research/marie-curie-palliative-care-research-department/research/activity-theory-analysis)



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