

NEWSLETTER

October 8th 2020

SUMMARY

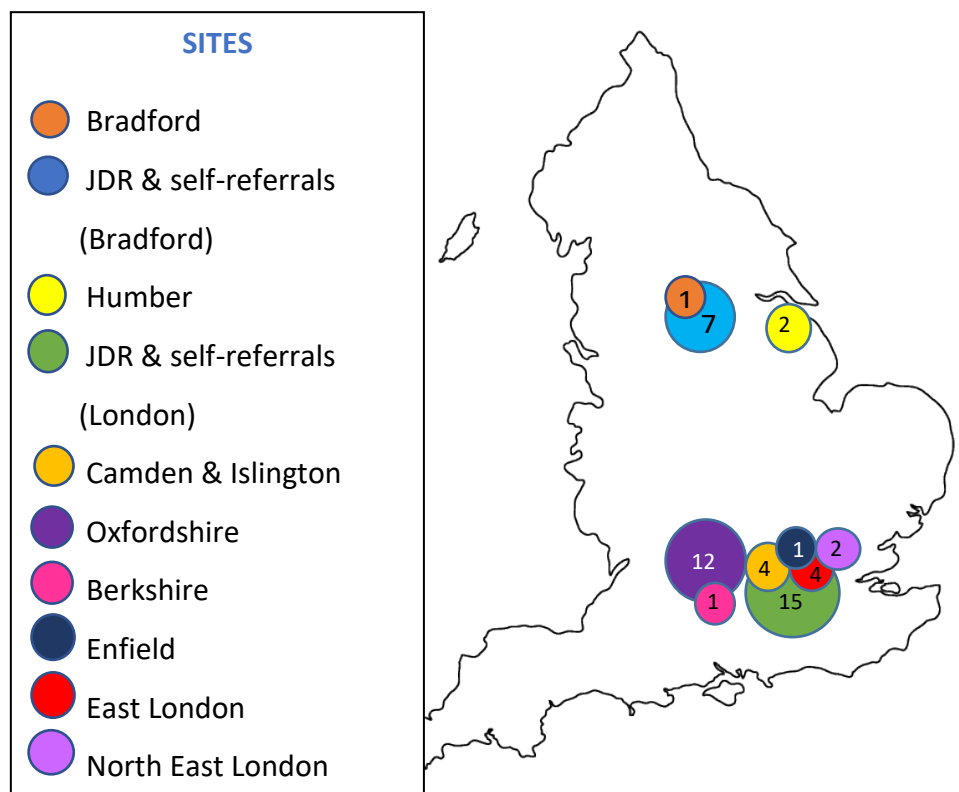
- 67 dyads have consented to participation
- 51 participant dyads have been randomised into the trial
- We continue to deliver the intervention via video call or telephone
- We will request a 4-month recruitment extension to meet our target
- We have adapted NIDUS-Professional training sessions to remote delivery
- NIDUS-Professional will be tested with a care agency in November
- Next PPI meeting is on Weds 18th November, 10am

NIDUS-Family Progress

We have now randomised 51 participant dyads into the trial and consented 67 dyads.

NHS sites paused recruitment in March due to COVID-19. They have reopened steadily over May to September and we now have 10 NHS sites open to recruitment.

Map showing the randomisation number at recruiting sites:



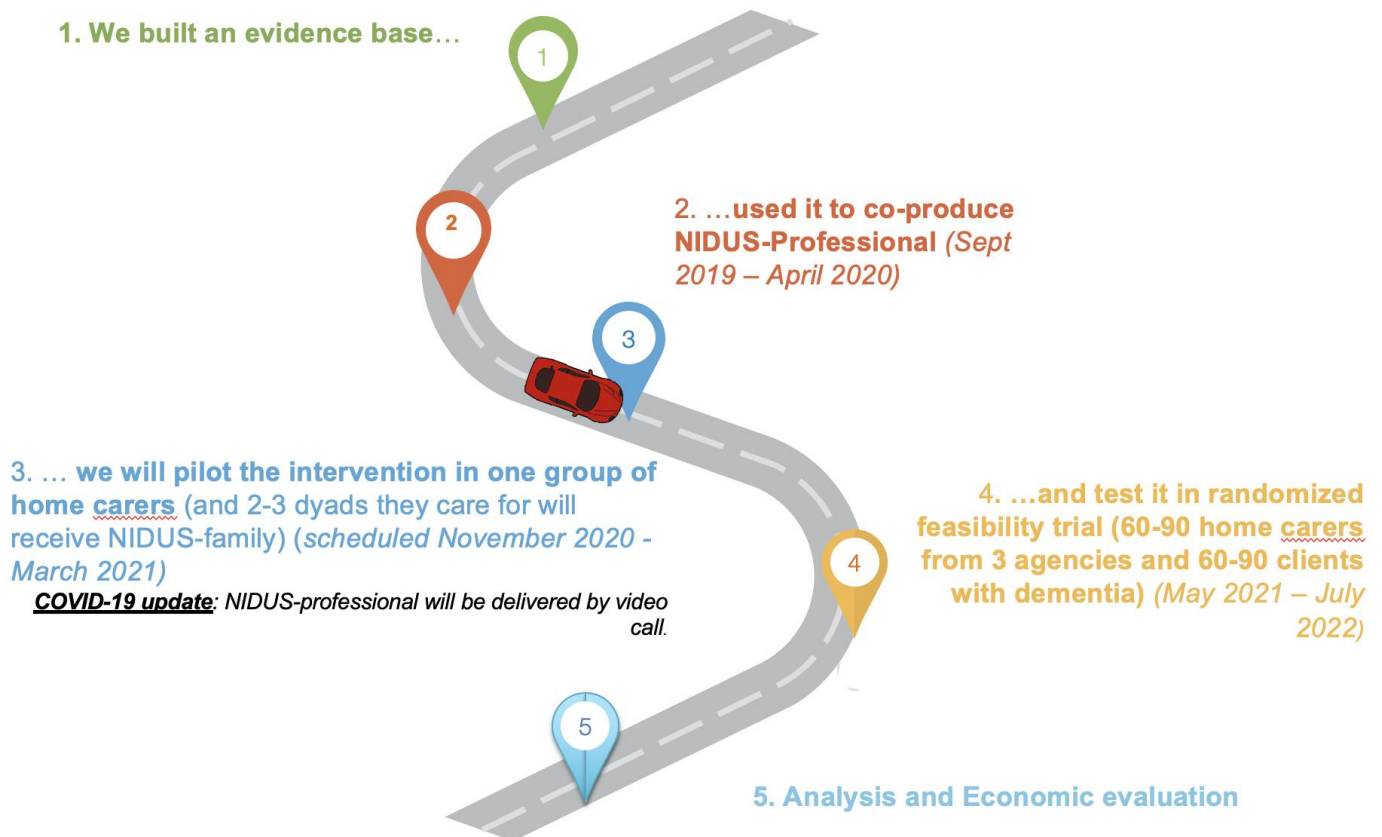
Initial feedback from the NIDUS family intervention has been positive. 109 sessions have been successfully delivered to 32 participant dyads. 3 participants have completed the intervention. 81% are receiving the intervention via video call (like Zoom) and 19% are receiving the intervention via phone.



NIDUS-Professional Progress

We welcomed Larisa Duffy to the NIDUS team in September. Larisa will now manage the NIDUS-Professional feasibility study. We have made changes to our NIDUS-Professional session booklets to reflect the change to online groups. We will use Zoom to run the groups.

Our Bradford team (Kathryn Lord and Dan Kelleher) are completing training in the NIDUS-Professional sessions. They will test the NIDUS-Professional training sessions with a home care agency in Bradford in November.



News and Publications

- In case you missed it, our researchers wrote a blog post about how we have adapted NIDUS-Family to the COVID-19 pandemic: <https://www.alzheimers.org.uk/blog/dementia-care-research-coronavirus-lockdown>.
- The NIDUS-Family feasibility study paper (Rapaport et al. 2020) has been accepted pending minor revisions by Ageing and Mental Health
- The NIDUS-Family main trial protocol paper (Burton et al. 2020) is currently in preparation and will be submitted in November



Meet the team

Each month we will introduce you to a NIDUS study team member. This month we would like to introduce Megan Bird, one of our NIDUS study research assistants based at UCL.

Megan has a BSc in Psychology from Cardiff University. She has previously worked on research projects at the University of Oxford. Prior to joining UCL, Megan was working for the NHS as an Assistant Psychologist for a Community Stroke Team.



“I am continuing to enjoy working on NIDUS-family. As the study has progressed, my days have become more varied: I deliver intervention sessions, complete baseline assessments, recruit participants, and complete follow up calls. From a delivery perspective, I have found things to be a lot smoother in the past few months as everyone (including myself!) has become more used to technology such as Zoom and this new online way of working. Family carers who have received the intervention have reported that they have found the sessions helpful, particularly during a time of uncertainty and when many services have had to close.”

“
Family carers who have received the intervention have reported that they have found the sessions helpful, particularly during a time of uncertainty and when many services have had to close.
”



Next PPI meeting

Our next meeting is due on Wednesday 18th November at 10am via a zoom call. I will email an agenda and a link to the zoom call nearer the time. If there is anything you would like added to the agenda please do let me know



Contact

If you have any comments or would like to get in touch please contact me via email – j.budgett@ucl.ac.uk or phone on 07557289769.

Thank you!