

► How to find out more

Get in touch with a researcher:



Jessica Budgett

UCL (University College London)

Email: dop.nidus@ucl.ac.uk

Tel no: 07899 858 684

More information on the study is available online at:

alzheimers.org.uk/research/our-research/research-projects/nidus-project

Thank you to the family carers of people living with dementia and health professionals who helped to design NIDUS-family.



The study is led by University College London (UCL) with the University of Bradford.

It is funded by Alzheimer's Society.

NIDUS 
Centre of Excellence for Independence at Home

Supporting independence at home for people with dementia

Would you be interested in helping us with a research study?



NIDUS-RCT-leaflet-Jessica-FINAL – 19/02/20



We would like to invite 300 family members or friends who support someone living with dementia to test whether a new intervention (NIDUS-family) helps people living with dementia stay independent at home.

► Why we need this research

Most people living with dementia want to live at home for as long as possible. This study is looking at whether we can help you to support a relative or friend with dementia to be independent at home for longer.



► What will happen if I take part?

A researcher will visit you at home or you can meet at the University. They will complete questionnaires with you and your relative or friend. They will then tell you if you have been chosen at random to receive NIDUS-family, or to receive usual care without NIDUS-family.



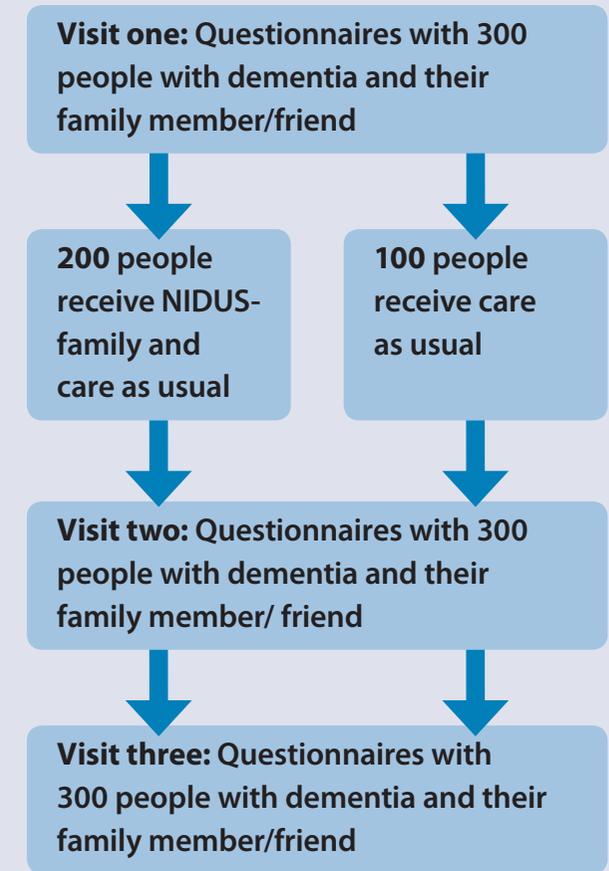
Whichever group you are in, your contribution is important to the research and you will continue to receive usual care and services.

If you are offered NIDUS-family, a researcher will meet with you up to 8 times to explore what is important to you and your relative, develop strategies with you and signpost you to services that you might not be aware of. This might include support with getting out and about, staying healthy and safe, improving sleep, help at home or making future plans.

For all participants in the study, the researcher will visit you again 6 and 12 months after the initial visit to repeat the questionnaires.

 **We will offer you £60 in vouchers to thank you for taking part.**

► Research study visits



► Why your NHS service is taking part

We want to see if people who receive NIDUS-family have better outcomes than people who receive usual care without NIDUS-family. If NIDUS-family helps people more than usual care alone, we hope to make it available to everyone after the study.