

Psychological strategies to address emotional resilience in response to loneliness

UKRI Loneliness and Social Isolation in Mental Health research network



Next Steps



13 May 2019

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Timeline

- full report due in by end June 2019
- interim (draft report) due in before then
- also submitting the review to a peer-reviewed journal

Getting in touch

- catch us at the end of today
- Post-It notes on tables
- Twitter #loneliness #MHLoneliness
- email us: m.birken@ucl.ac.uk

- accounts/hashtags to follow:
 - #EndLoneliness
 - @EndLonelinessUK
 - @UCL_Loneliness