



Participants Needed for Research Study: Assessing Loneliness Interventions for Young People

What are we interested in?

The aim of this study is to explore young people's opinions on strategies which are designed to help reduce loneliness in their age group.

Many different interventions have been identified which aim to improve feelings of loneliness in various ways. An important way to evaluate these approaches is to ask the people for whom they were designed what they think of them.

Who can participate?

If you identify as male or non-binary, are aged between 16 and 24, live in the UK, and have experienced loneliness, you can participate in this study. We are particularly interested in hearing from you if you are aged between 16 and 20.

What is involved in this study?

You will be invited to participate in a one-on-one interview over Zoom.

You will be given information about different loneliness strategies which are available, and you will be asked to discuss what you think about them. Participants will be compensated for their time with a £15 e-voucher.

Who do I need to contact if I'm interested in getting involved?

If you are interested in participating in this study or would like more information, please email a member of the research team using the details below:

Student researcher: Sharon Eager – sharon.eager.20@ucl.ac.uk

Project supervisor: Dr Ellie Pearce – ellie.pearce@ucl.ac.uk

This is a Master's level research study, which is being conducted within the UCL Division of Psychiatry and is supported by the Loneliness and Social Isolation in Mental Health Research Network. This study has been approved by the UCL research ethics committee, and the project ID number is 20217/001.