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| **Newsletter Issue 30 March 2020****Clinical and cost evaluation of Intensive support teams (IST) for adults with intellectual disabilities and challenging behaviour** |  |
|    **Prof Angela Hassiotis-Chief Investigator**Welcome to the third IST-ID newsletter. We are a national study funded to evaluate if different models of intensive support teams produce comparable outcomes for people with intellectual disabilities and challenging behaviour.**Recruitment**We are in Phase 2 of our project and so far we have recruited 209 participants with intellectual disabilities who have received input from intensive support teams. We are also carrying out 9 month follow up assessments; 91 participants have now completed the study. We would like to thank all the participants and their carers for their co-operation and putting aside some time to help with the study. We look forward to seeing you all again for the follow-up appointments in the coming months. **We still need to recruit 17 participants till the end of May 2020!** | **Contents**1. **Recruitment**
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| **Teams** We are currently recruiting from twenty-one Intensive Support Teams. There are four new NHS Trusts that joined the study recently. ISTs are based in London and across England. We thank the Intensive Support Teams for referring participants to us and allowing us to conduct our research! Our study has had some challenges in recruiting participants and we have now **extended** the study for 8 months to end of April 2021.**Typology of services**The characteristics and typology of 73 ISTs across England was investigated. The factors that were examined across all ISTs were the following: mode of referral, size of caseload, use of outcome measures, staff composition, hours of operation and setting of service. The analysis identified two models of IST provision: (a) independent and (b) enhanced provision based around a community intellectual disability service. ISTs aspire to adopt person-centred care, mostly using the framework of positive behaviour support and report concerns about organisational and wider context issues. The paper explaining the work leading up to the classification of the ISTs in England is now published and can be accessed via this link: <https://doi.org/10.1192/bjo.2020.2>  |
| C:\Users\ucjtvra\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\1B23C59E.tmp**Patient and Public Involvement****The Challenging Behaviour Foundation** has supported us to recruit family carer representatives (Jan, Lorna and Narender) who have been providing valuable input and advice on study related issues such as study materials and topic guides. We would also like to welcome to our PPI group, service-user representatives, Moussa, Desmond, Maureen and Stuart from **Camden Disability Action** who will also be providing input and feedback to the study. |  |
| **The Research Team****Chief Investigator****Prof Angela Hassiotis** - Professor in intellectual disability in the Division of Psychiatry at UCL and honorary consultant Psychiatrist at the Camden Learning Disability Service**Co-applicants**Dr Elisabeth Victoria Crossey – NHS LothianDr Ken Courtenay – BEH Mental health NHS trustDr Brynmor Loyd Evans – University College LondonDr Renee Romeo – King’s College LondonDr Vincent Kirchner- Camden and Islington Foundation TrustDr Ian Hall – East London Foundation TrustDr Nicola Morant – Independent Research ConsultantProf Peter Langdon – University of KentDr Laurence Taggart – Ulster UniversityMiss Rebecca Jones – University College London**Research Staff**  |
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<https://www.ucl.ac.uk/psychiatry/research/epidemiology/pis/hassiotis-research-portfolio/intensive-support-teams>