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| Newsletter Issue 4 July 2019  **EPICC-ID**  **E**valuation of **P**arent **I**ntervention for **C**hallenging Behaviour in **C**hildren with **I**ntellectual **D**isabilities (**EPICC-ID**) |  |
| |  |  | | --- | --- | | **Prof Angela Hassiotis-Chief Investigator**  Welcome to the fourth EPICC-ID newsletter.  We are a national study funded to evaluate whether 9 weeks of Stepping Stones Triple P (SSTP) reduces challenging  behaviour in children with moderate to severe intellectual  disability at 12 months post randomisation and whether this  is cost-effective compared to treatment as usual.  We are trying to work out whether Stepping Stones TP works and the only way to do this, is to allocate parents to the active intervention or to usual care by chance (randomisation).  We would like to remind parents not to tell research assistants whether they have attended any groups or not. It is vitally important for the study that research assistants are not aware of the parent’s treatment allocation.  *Thank you* to all the families who have taken part in the study so far. We wouldn't be able to do this without you!  We look forward to seeing you all again for the follow-up appointments in the coming months.   1. **Recruitment**   We have now finished recruitment in the north west of England having achieved the required number of participants (=64). Thank you so much to Dr Thomas and her team in Blackpool!  All other areas are still open for recruitment. As of July 2019   * 170 participants have been recruited into the study * 126 participants having completed the 4-month follow-up assessments * 68 have already had the 12 month follow up * 4 groups have been completed in the North East * 6 groups in London. | **Contents**   1. **Recruitment update** 2. **Staff changes** 3. **Unblinding** 4. **Meet and Greet sessions** 5. **More Participants Needed** 6. **Background to study** 7. **In the media** 8. **EPICC-ID teams** 9. **Contact details** 10. **Study collaborators** 11. **Summer at UCL** |  1. **Good-bye to**   **Dr Michaela Poppe** the EPICC-ID clinical trial manager left in May 2019 to pursue another venture in UCL Division of Psychiatry. She will be greatly missed. We would like to thank her for all her hard work and enthusiasm.  **Miss Katharine Harrison** has also left her research assistant role in Blackpool and we would like to wish her the best of luck in the future and thank her for all her hard work. We hope to recruit a new researcher assistant to carry on the good work in the near future.   1. **Welcome to our new Trial Manager**   **Dr Rachel Royston**  Rachel is the new Trial Manager on the EPICC-ID study. She recently completed a PhD at the University of Birmingham in Psychology, focusing on mental health problems in people with neurodevelopmental disorders. This included looking at what makes it more likely for people to experience mental health problems and ways it can be assessed and addressed. She is passionate about helping and working towards improving the lives of children with intellectual disabilities and their families and is really excited to be working on this extremely important project   1. **BMJ Article**       **Our new website address**  <https://www.ucl.ac.uk/psychiatry/research/epidemiology-and-applied-clinical-research-depa/projects/challenging-behaviour-early-intervention> | **Contents**   1. **Recruitment** 2. **Leavers** 3. **New Trial Manager** 4. **BMJ article** 5. **We still need more participants** 6. **EPICC-ID Team and Study Collaborators**       **\\ad.ucl.ac.uk\homeo\rejutco\Pictures\Website\Michaela Poppe (2).jpg**    **C:\Users\rejutco\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\RN6P4MLZ\picture.jfif**  Members of the EPICC-ID team recently had an article published in the BMJ about managing challenging behaviour in children with possible learning disability  [**https://www.bmj.com/content/365/bmj.l1663**](https://www.bmj.com/content/365/bmj.l1663) |
| 1. **We still need new participants**   Our study is open to recruitment still in three areas and we are actively looking for more participants. If you can answer yes to both the questions below you can be part of our study.   * **Does your child have delays in development and challenging behaviour (e.g. screaming, hitting themselves or others, breaking and damaging things, not listening to you)?** * **Is your child aged 3-5 years?**   ***Here is a word cloud of parent views!***  **\\ad.ucl.ac.uk\homeo\rejutco\Pictures\Website\Newsletter word cloud (002).png**  To find out more about the study see our information sheets on our [website](https://www.ucl.ac.uk/psychiatry/research/epidemiology-and-applied-clinical-research-depa/projects/challenging-behaviour-early-intervention) and if you decide this is the right study for you, please ask the professionals involved in your child’s care or email us directly at [epicc-id@ucl.ac.uk](mailto:epicc-id@ucl.ac.uk)  If you do want to be considered for the study you can find an [expression of interest form](https://www.ucl.ac.uk/psychiatry/research/epidemiology/pis/hassiotis-research-portfolio/challenging-behaviour-early-intervention/expressionofinterest) on our website  **Breaking news!**  [Image result for smiling emoji](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&ved=2ahUKEwjj3qqZi9DjAhUvyoUKHbXHD34QjRx6BAgBEAU&url=https%3A%2F%2Femojiisland.com%2Fproducts%2Fslightly-smiling-face-emoji-icon&psig=AOvVaw0-ErXU72MTlJaKjH_Ktigl&ust=1564144689346213) We have been granted a 10 month extension of our recruitment to May 2020.   1. **EPICC-ID Team**   **Chief Investigator**  **Prof Angela Hassiotis** -Professor in intellectual disability in the Division of Psychiatry at UCL and honorary consultant Psychiatrist at the Camden Learning Disability Service  **Co-applicants**  **Prof Jacqueline Barnes** -Institute for the Study of Children, Families and Social Issues, Birkbeck, University of London  **Dr Marinos Kyriakopoulos-**Consultant Child and Adolescent Psychiatrist, South London and Maudsley NHS Foundation Trust and Visiting Senior Lecturer, King's College London  **Dr Michael Absoud** -Consultant Children's neurodisability at Guys & St Thomas's NHS Foundation Trust  **Dr Eleni Paliokosta** -Child and Adolescent Psychiatrist, Tavistock & Portman NHS Foundation Trust  **Dr Kate Oulton** - Senior Research Fellow/Clinical Academic Programme Lead at the Centre for Nursing and Allied Health Research, Great Ormond Street Hospital for Children NHS Foundation Trust  **Dr Vicky Slonims** -Consultant speech and language therapist at Guys and St Thomas's NHS Foundation Trust, Evelina and honorary senior lecturer at King's College London  **Ms Rachael Hunter** -Principal Research Associate in Primary Care & Population Health at UCL Institute of Epidemiology & Health  **Prof Alastair Sutcliffe** -Professor of General Paediatrics, ICH Pop, Policy & Practice Programme and UCL, GOS Institute of Child Health  **Dr Aditya Sharma** - Consultant & Honorary Clinical Senior Lecturer in Child & Adolescent Psychiatry Newcastle University  **Mrs Una Summerson** -Head of campaigns at Contact; For families with Disabled Children  **Dr Megan Thomas** -Consultant Community Paediatrician Blackpool Teaching Hospitals NHS Trust  **Dr Gareth Ambler** -Senior lecturer in Medical Statistics at the Department of Statistical Science UCL    **Research Staff**  EPICC-ID trial manager Dr Rachel Royston [r.royston@ucl.ac.uk](mailto:r.royston@ucl.ac.uk)  Research administrator Tommy Coyle [t.coyle@ucl.ac.uk](mailto:t.coyle@ucl.ac.uk)  London research assistant Laura Paulauskaite [laura.paulauskaite.16@ucl.ac.uk](mailto:laura.paulauskaite.16@ucl.ac.uk)London research assistant Olayinka Farris [o.farris@ucl.ac.uk](mailto:o.farris@ucl.ac.uk)  Newcastle research assistant Abigail Coulson [Abigail.Coulson@ntw.nhs.uk](mailto:Abigail.Coulson@ntw.nhs.uk) | | |

**Study Collaborators**





If you have any suggestions regarding future newsletters please email Tommy on [t.coyle@ucl.ac.uk](mailto:t.coyle@ucl.ac.uk)