

DoP Green Team 2021 – Newsletter 1, March 2021



Welcome to our first newsletter of 2021! And welcome also our two Student Sustainability Ambassadors: Christi Corpus and Sofia Singh Diggaul, who will be with us until September.



Sofia is studying for an MSc in sustainable resources: economics, policy and transitions at the Bartlett Institute. She is passionate about sustainability, and fascinated by history.



Christi is studying for an MSc in clinical mental health sciences. She enjoys yoga & painting while her passions lie in intersectional feminism and sustainability.

Check out our [Green Team website](#), which is being revamped for 2021! It has a new layout, and more information about what we are up to, and how you can get involved, including helpful tips and resources to support you in an environmentally friendly lifestyle.

Key Ongoing Events

22 February - 7 March: Fairtrade Fortnight

[Fairtrade Fortnight](#) runs every year, and in 2021 is running Monday 22 February to Sunday 7 March. Trading fairly helps people to live, work, and farm sustainably, by being paid fairly for what they produce. When you're shopping, look out for these labels and help the farmers behind them. Sign up for the last few days of the free virtual Fairtrade festival: [Choose The World You Want](#)



22 February - 20/21 March: 28 Days of Sustainability



Join in UCL's [28 Days of Sustainability](#), with lots of virtual talks, workshops, DIY activities, and reading recommendations. Learn more about wellbeing, climate justice, Sustainable Development Goals, and careers in sustainability. For more, visit the website, or follow

Sustainable UCL on Instagram and/or Twitter: [@SustainableUCL](#).

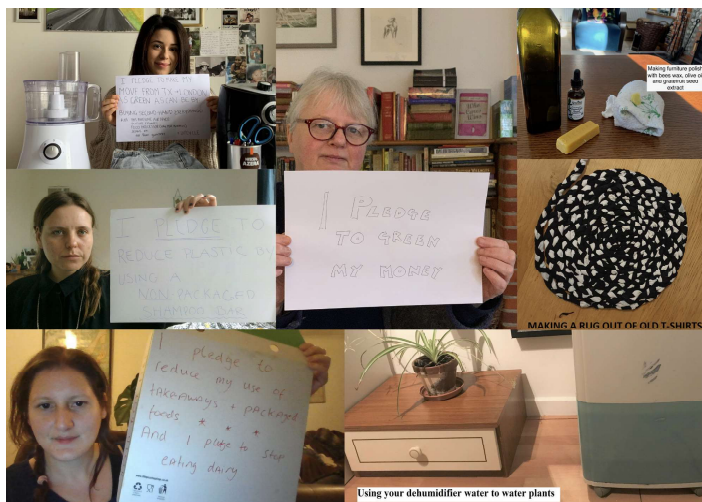
Sustainable Shopping!

Trying to give sustainable presents, but have no idea where to start? We've got you covered! Check out this website for great [sustainable gift ideas](#).

Want to be sustainable? Why not try these amazing [eco design gifts](#) made from recycled materials? Or check out [The Panda's Choice](#): sustainable, ethical, and plastic free products of every kind.

Feeling proud of what you've accomplished? Why not share your ideas with us?! Contact b.vivat@ucl.ac.uk or b.candy@ucl.ac.uk

Pledges for the Planet



Sustainability might seem impossible when juggling obstacles like work, school, families, roommates and lockdown, but check out our DoP *Pledges for the Planet* for pointers to how you too can make a difference.

Our *Pledges* aim to help people to make small sustainable lifestyle changes, whether in cooking, plastic use or even laundry. Some may be easy, some may require a bit of time and effort, but the end results are well worth it.

We hope you took part in our first *Pledges* survey, which ran for the whole of February. Look out for the results from that, and our follow-up survey, to see how people are doing, coming in a few months.

Vegan and Veggie Recipes

Why not extend your cooking skills to try vegan or veggie? Cooking plant-based recipes will not only help the environment, but save you money and expand your culinary horizons. Join in the money-saving, eco-friendly fun with the recipes below! You can even find out your food carbon footprint [here!](#)

Try this amazing [marinated tofu](#) recipe, perfect in a stir fry or with simple rice.

Need a quick fix? Check out this quick and easy [veggie wrap](#) recipe.

If you're feeling the cold bite of winter, why not go all out with this [jambalaya](#) recipe?



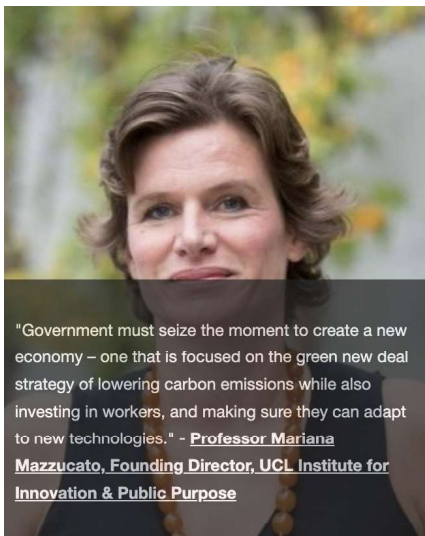
Looking for Instagram worthy lunches? Try a [peanut tofu buddha bowl](#) recipe for a taste from Bali, or a [baked falafel bowl](#) for a Middle Eastern twist, or Vietnamese [bahn mi noodle bowl](#).

Have some family fun with this scrumptious [chocolate muffin](#) recipe.

For more recipes and healthy eating tips, visit [our recipe page](#).

Share your results with us and we'll post them to our website. Email: b.vivat@ucl.ac.uk or b.candy@ucl.ac.uk

Climate Hub



UCL's new [Climate Hub](#) showcases how UCL is tackling climate change through research, teaching and operations.

Through collaboration, UCL, and all of us, can make a big difference and meet important goals, such as becoming a [net zero carbon university](#) by 2030.

Find out [here](#) how to be involved in UCL sustainability.

Important planet-friendly dates

4 March: “The Story of Plastic” Film Night

Watch this powerful [short film](#) on plastic, you can view it any time during March; it’s free to all! If you watch it before 8:30pm on Thursday 4 March, you can join in the discussion afterwards.

5-12 April: International Dark Sky Week

Join people across the world in protecting and discovering the night sky where you live. Find out more here: [International Dark Sky Week](#)

22 April: Earth Day

Take international action to prevent the next global crises: climate change, species loss, more pandemics, and ever-worsening natural disasters. This year, on Earth Day 2021, US President Biden has reaffirmed that he will hold a “Leaders’ Climate Summit”; see: [President Biden Executive Action to Tackle Climate Crisis](#). The [Earth Day](#) website lists events near you.

2-8 May: International Compost Awareness Week

Help raise awareness of the benefits of composting. To learn more about how you can get involved, visit the [ICAW](#) website.

20 May: World Bee Day

Appreciate our buzzing honey-makers this year. [World Bee Day](#) has more on protecting bees.

23 May: World Turtle Day

Preserve our slow-moving friends! Visit [World Turtle Day](#) for more information.

28 May - 13 June: Great British Spring Clean

Improve the environment at your doorstep by helping to eliminate litter, end waste and improve your green surroundings. Find out how at [Keep Britain Tidy](#).

29 May - 6 June: National Children’s Gardening Week

Get the children in your family interested in gardening. Check out [Gardening Week](#) for a list of fun activities.

30 May - 5 June: Bike Week

Reduce your emissions and take pleasure in your environment by using a bike for all your small journeys. For suggestions for more activities, visit [CyclingUK](#)