


Housekeeping

- Please keep your microphone muted unless speaking
- If you would like to contribute to the discussion or ask a question, please use the 'raise hand' or chat box function

What? Who? and How?

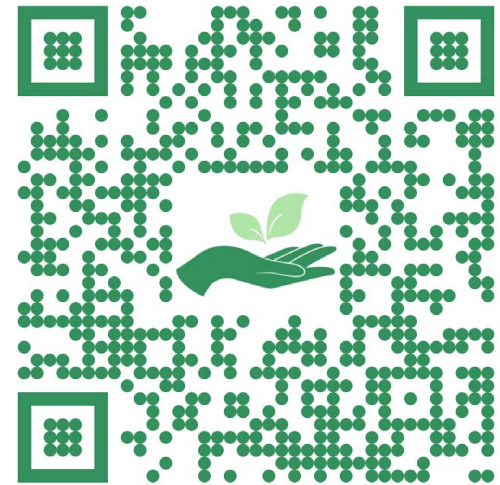
Discovering the depths of mental health data in UK longitudinal studies

 @L_Arseneault @briddycent
#CatalogueMHM

Loneliness & Social Isolation in MH Research Network

January 20th 2021

London, UK



Causes

Remission

Prevalence

Trajectories

Symptoms

Onset

Treatment

Resilience

Development

Outcomes



Risk factors

Project aims



Create a hub that has information about already collected data on mental health and wellbeing in UK longitudinal and cohort studies



Encourage the use of mental health measures in UK cohorts, especially for disciplines outside the field of mental health and among early career researchers



Promote projects on harmonization and work across cohorts

Acknowledgements

The work described in this presentation was funded by CLOSER, the home of longitudinal research. CLOSER is funded by the ESRC grant reference: ES/K000357/1. www.closer.ac.uk

This work was undertaken as part of Louise Arseneault's role as the ESRC Mental Health Leadership Fellow.



Inclusion criteria

- ✓ Multiple waves of data collection
- ✓ Contains mental health measures
- ✓ At least 200 participants at first sweep
- ✓ Data collected from British context
- ✓ Study is ongoing

Total of 46 studies identified

Aetiology and Ethnicity in Schizophrenia & Other Psychoses (AESOP-10)

Born in Bradford

Avon Longitudinal Study of Parents and Children (ALSPAC)

English Longitudinal Study of Ageing (ELSA)

British Cohort Study 1970 (BCS70)

Born in Bradford: Better Start

Children of 1950s: Aberdeen Birth Cohorts

Growing Up in Scotland

Environmental Risk Longitudinal Twin Study (E-Risk)

Continuous Household Survey

European Social Survey (ESS)

Cambridge Study in Delinquent Development

Generation Scotland (Child Cohort & Birth Cohorts 1 & 2)

Cognitive Function and Ageing Studies

Determinants of Adolescent Social Wellbeing & Health

European Quality of Life Survey (EQLS)



National Survey of Health and Development (NSHD)

Aetiology and Ethnicity in Schizophrenia & Other Psychoses (AESOP-10)

Health and Employment After Fifty Study (HEAF)

Born in Bradford

Avon Longitudinal Study of Parents and Children (ALSPAC)

Newcastle 85+

Hertfordshire Cohort Study

NICOLA

English Longitudinal Study of Ageing (ELSA)

British Cohort Study 1970 (BCS70)

Born in Bradford: Better Start

Peterborough Adolescent & Young Adult

Personnel: A Cohort Study

Development Study (PADS+)

Children of 1950s: Aberdeen Birth Cohorts

Growing Up in Scotland

Millennium Cohort Study (MCS)

Lothian Birth Cohorts of 1921 & 1936

Environmental Risk Longitudinal Twin Study (E-Risk)

Continuous Household Survey

Health and Wellbeing of UK Armed Forces

European Social Survey (ESS)

Million Women Study

Cambridge Study in Delinquent Development

IMAGEN

Next Steps

Health Survey for England

Cognitive Function and Ageing Studies

Determinants of Adolescent Social Wellbeing & Health

National Child Development Study (NCDS)

European Quality of Life Survey (EQLS)



Health Survey Northern Ireland



The home of longitudinal research

Mental Health Leadership Fellow

Southall and Brent Revisited (SABRE) National Survey of Health and Development (NSHD)
 Aetiology and Ethnicity in Schizophrenia & Other Psychoses (AESOP-10) Southampton Women's Survey
 Health and Employment After Fifty Study (HEAF) Born in Bradford
 Avon Longitudinal Study of Parents and Children (ALSPAC) Psychiatric Morbidity Surveys (including the Adult Psychiatric Morbidity Survey)
 Newcastle 85+ Hertfordshire Cohort Study
 English Longitudinal Study of Ageing (ELSA) PROTECT
 Born in Bradford: Better Start UK Biobank British Cohort Study 1970 (BCS70)
 Personnel: A Cohort Study Peterborough Adolescent & Young Adult
 South East London Community Health Study (SELCoH) Development Study (PADS+)
 Children of 1950s: Aberdeen Birth Cohorts Growing Up in Scotland
 Millennium Cohort Study (MCS) Twins Early Development Study (TEDS)
 Environmental Risk Longitudinal Twin Study (E-Risk) Health and Wellbeing of UK Armed Forces
 Welsh Health Survey
 ROOTS Study European Social Survey (ESS)
 Million Women Study Wirral Child Health and Development Study (WCHADS)
 Cambridge Study in Delinquent Development IMAGEN
 Next Steps
 Health Survey for England Generation Scotland (Child Cohort & Birth Cohorts 1 & 2)
 Resilience, Ethnicity & Adolescent Mental Health (REACH) National Child Development Study (NCDS)
 Cognitive Function and Ageing Studies Determinants of Adolescent Social Wellbeing & Health
 UKHLS: Understanding Society & British Household Panel Survey European Quality of Life Survey (EQLS)
 Health Survey Northern Ireland
 Whitehall II
 Scottish Health Survey



Mental health topics

Included

- ✓ Indicators of mental health problems
- ✓ Impairment or difficulties resulting from mental health problems
- ✓ Treatment, service use and help-seeking
- ✓ Measures of psychological wellbeing

Excluded

- ✗ Cognitive measures
- ✗ Personality and temperament measures
- ✗ Risk factors for mental health problems

ADHD

Alcohol use disorders

Alexithymia

Antisocial Personality Disorder and antisocial behaviour

Anxiety

Anxiety - phobias

Anxiety - social anxiety

Autism

Bipolar disorder and mania

Borderline Personality Disorder

Childhood emotional and behavioural problems

Conduct disorder and childhood antisocial behaviour

Depression

Eating disorders - anorexia

Eating disorders - bulimia

Eating disorders - other eating disorders

ADHD

Alcohol use disorders

Alexithymia

Antisocial Personality Disorder and antisocial behaviour

Anxiety

Anxiety - phobias

Anxiety - social anxiety

Autism

Bipolar disorder and mania

Borderline Personality Disorder

Childhood emotional and behavioural problems

Conduct disorder and childhood antisocial behaviour

Depression

Eating disorders - anorexia

Eating disorders - bulimia

Eating disorders - other eating disorders

Gambling disorder

Help-seeking behaviour

Impairment and disability associated with
mental health problems

Personality disorders

Post-traumatic stress disorder (PTSD)

Psychological distress

Psychological wellbeing

Psychopathy and callous-unemotional traits

Schizophrenia and psychosis

Self-harm and suicide

Substance use disorders

Tobacco use and smoking

Treatment and service use



Mental Health Leadership Fellow



Step by step ...

- ✓ Look up studies online and check key papers
- ✓ Collect and organise information about measures including items and informants
- ✓ Review in our group
- ✓ Contact the study team
- ✓ Add study to the Catalogue with our web developer

THANK YOU!

to all the studies included so far

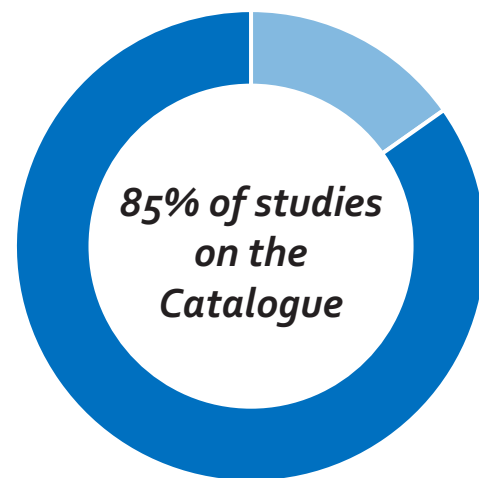
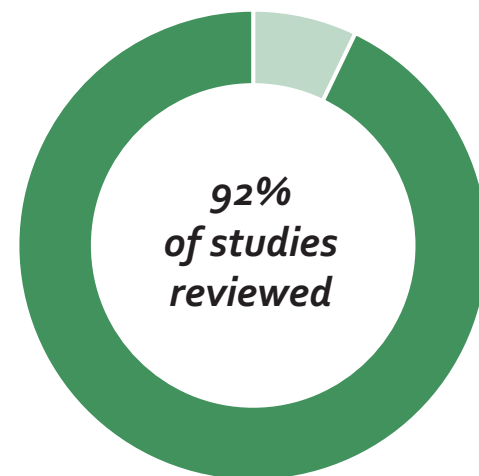


So far...

Have reviewed **92%** of identified studies

Over **3000 mental health** measures
identified from more than **300 waves** of
data collection

Depression, anxiety, psychological
distress, wellbeing and alcohol and
substance use most often measured



What the Catalogue does ...

- ✓ Provides a **search engine** for mental health and wellbeing measures in UK cohort and longitudinal studies
- ✓ Presents **detailed information** about the measures, including items, response scales, informants and reporting period
- ✓ Highlights **statistical properties** of standard measures of mental health and wellbeing
- ✓ Points to **data access policies** for each study
- ✓ **Signposts resources** for conducting longitudinal mental health research, including courses and online training

What the Catalogue does NOT do ...

- × Provide access to data
- × Include appraisal of measures' suitability for particular projects
- × Include information on factors related to mental health, such as:
 - × Cognition, neurocognitive disorders, learning difficulties or learning disabilities
 - × Personality and temperament
 - × Risk factors for mental health problems
- × Cover trials or experimental research
- × Provide research training

The Catalogue and COVID19

52% of studies on the Catalogue are collecting new data during the pandemic

The Catalogue provides detailed information about **50 new data collection events** across **21 cohorts**

- ✓ Mental health measures
- ✓ Participants, informant, data collection method
- ✓ Data access policies

COVID-19 & THE CATALOGUE OF MENTAL HEALTH MEASURES

The longitudinal studies on the Catalogue will play a key role in answering crucial questions about the consequences of the pandemic on mental health and wellbeing. As the situation evolves, several initiatives are working to capture, understand and mitigate the impact of the pandemic on society.

[READ MORE](#)

An interactive catalogue of mental health and wellbeing measures in British cohort and longitudinal studies



The UK boasts rich and world-renowned cohort and longitudinal studies which offer unique opportunities to answer key questions about mental health and wellbeing.

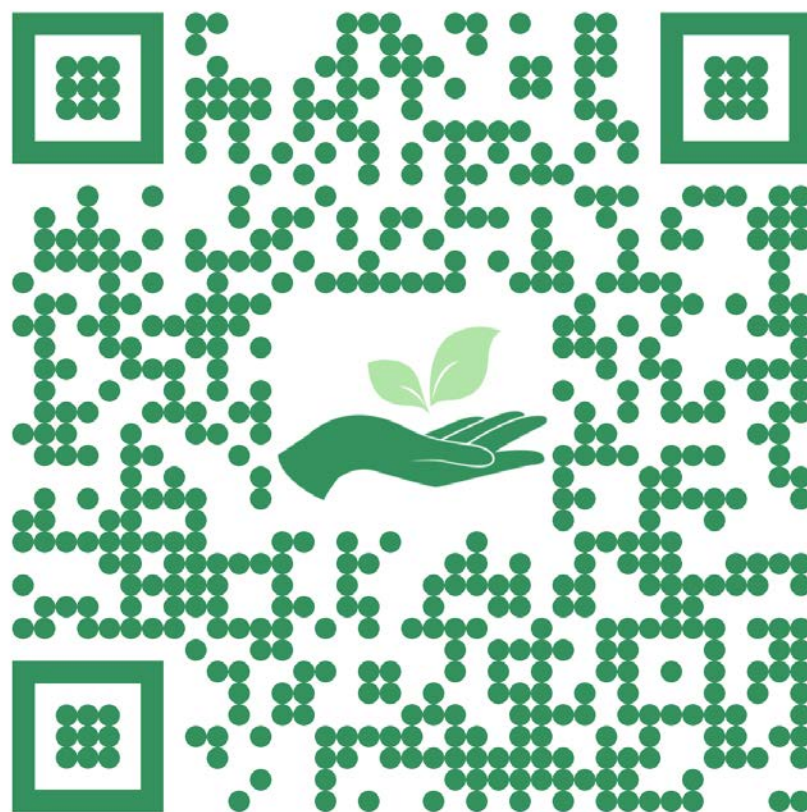


The catalogue provides information about thousands of standard and non-standard measures of mental health and wellbeing collected in UK longitudinal studies.



Measures detailed in the catalogue include indicators of mental health problems, treatment, service use, impairment and psychological wellbeing.

[Search Mental Health Measures](#)



www.cataloguementalhealth.ac.uk

- ✓ Collected measures of **depression**
- ✓ Collected **loneliness** and **neighbourhood data**
- ✓ Participants recruited before they were **18 years old**
- ✓ Recruited more than **4000 participants**

In Understanding Society (UKHLS)...

- ✓ How many times has the **Short Form Health Survey** been collected?
- ✓ How many times was the **36-item** version (**SF-36**) collected?
- ✓ And the **12-item** version?

Next steps



Add new resources to support researchers to use data and measures effectively



Include international cohorts



Broaden scope to more wellbeing measures, mental health topics and social indicators

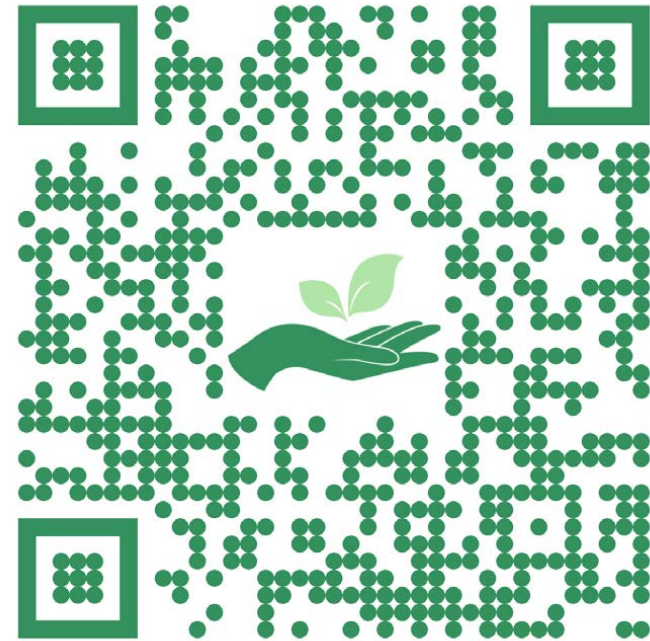
GET IN TOUCH!

 louise.arseneault@kcl.ac.uk

 [@L_Arseneault](https://twitter.com/L_Arseneault)

 bridget.bryan@kcl.ac.uk

 [@briddycent](https://twitter.com/briddycent)



www.cataloguementalhealth.ac.uk

[#CatalogueMHM](https://twitter.com/CatalogueMHM)