

## Results of a multicentre Randomised Controlled Trial of Positive Behaviour Support: Lessons for research, policy and practice

Monday 10<sup>th</sup> October 2016 10am – 16:15  
University College London, Main Quad Pavilion, Gower Street, WC1E 6BT

### Programme

#### SESSION 1

Chair: **Dr Ashok Roy**, Chair of Faculty of Psychiatry of Intellectual Disability, Royal College of Psychiatrists

- 10:00 – 10:30 **Supporting individuals who display behaviour described as challenging: what do families want from support and services?**  
*Viv Cooper OBE*, CEO of the Challenging Behaviour Foundation
- 10:30 – 11:00 **Management of challenging behaviour: the workforce perspective**  
*Dr Ashok Roy*, Chair of the Faculty of the Psychiatry of Intellectual Disabilities, Royal College of Psychiatrists
- 11:00 – 11:30 **Clinical and cost effectiveness of staff training in Positive Behaviour Support for treating challenging behaviour in people with intellectual disability: findings of a cluster randomised controlled trial**  
*Professor Angela Hassiotis*, Professor of Psychiatry of Intellectual Disability, UCL Division of Psychiatry and PBS study Chief Investigator

**11:30 – 11:45 Tea break**

#### SESSION 2

Chair: **Dr Dominic Slowie**, National Clinical Director for Learning Disability, NHS England

- 11:45 – 12:15 **How does Positive Behaviour Support impact on adults with Autism Spectrum Disorders and challenging behaviour?**  
*Dr André Strydom*, Reader in Intellectual Disabilities, UCL Division of Psychiatry
- 12:15 – 12:45 **The clinical reality of implementing PBS: Lessons learnt from the trial**  
*Dr Ian Hall*, Lead Clinician, East London NHS Foundation Trust; Associate Dean, Royal College of Psychiatrists  
*Dr Jason Crabtree*, Lead Consultant Psychologist, Tower Hamlets Community Learning Disability Service
- 12:45 – 13:00 **The experience of being involved in the study of Positive Behaviour Support: the service user reference group**  
*Jide Akinbiyi, Musa Khan, Sandy Smith* - Service user reference group from Camden Surge, The Advocacy Project

**13:05 – 13:45 Lunch**

**SESSION 3**

**Chair: Mike Crawford, Professor of Mental Health Research, Imperial College London**

13:45 – 14:15 **How much does it cost to deliver Positive Behaviour Support? The Health economic evaluation**  
*Rachael Hunter*, Senior Research Associate – Health Economics, UCL and Priment Clinical Trials Unit

14:15 – 14:45 **International perspectives on Positive Behaviour Support**  
*Dr Peter Baker*, Editor of the International Journal of Positive Behaviour Support

14:45 – 15:15 **Training and Resources in Positive Behaviour Support in the UK**  
*Dr Mark Smith*, Consultant Clinical Psychologist, Positive Response Training and Consultancy LTD and Care Without Compromise LTD

15:15 – 16:00 **Policy and practice concerns: Round table**  
*Dr Michaela Poppe* (PBS study Trial Manager, UCL Division of Psychiatry)  
*Dr Asit Biswas* (NHS co-applicant, Leicestershire Partnership NHS Trust - reflections and lessons from the PBS study)  
*Dr Dominic Slowie* (NHS England)

**16:00 Close**

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