Professor Joyce Harper has been working in the field of reproductive science for over 30 years. She is co-founder of the Fertility Education Initiative and is passionate about ensuring that women understand their reproductive years. We are not taught about these topics at school, from the menstrual cycle to the menopause. Joyce has written a book, “What Every Woman Should Know.”

(Please email h.badru@ucl.ac.uk to register)

4 March
11am - 12:30pm

Women’s Health in the Maplethorpe

5 March
10am - 1pm
12pm - 1pm

Inbox to Zero Workshop in Computer Unit / Faith and Mental Health in M1

A must if you struggle to keep on top of your emails

Creative room in the DDR from 9:30am - 4pm

(Please email h.badru@ucl.ac.uk to register)

6 March
9:30am - 12:30pm

LGBTQ+ Allies Training in M1 / Drop in lunchtime laughter in JHLT

The Out @ UCL staff network steering group, UCL LGBTQ+ Equalities Advisory Group (UCL LEAG), have developed a training session for UCL staff who wish to tangibly support LGBTQ+ staff as Friends or allies in their roles across UCL.

(Please email s.sanchez@ucl.ac.uk to register)

7 March
2pm - 4pm

Mental Health Training in M1

The Workshop is around mental health awareness. For university mental health day, we will talk about mental health in general and why it is particularly important in higher education, we will look at the most common conditions (depression and anxiety), the impact of the language we use and what to do if we think someone may be struggling mentally (ie how to listen and where to signpost).

Staff massages happening throughout the day in DDR.

(Please email s.sanchez@ucl.ac.uk to register)

International Women’s Day/Zumba Class in Square Lounge

8 March
10:15am

Celebrate International Women’s Day and the end of the Diversity / Wellness Week with giant Zumba class!

Ovarian Cancer Awareness month
Come to the Ovarian Cancer stall, confidential 1:1 appointments available on request.