11.2. Knowledge of evidence-based interventions for specific conditions and relevant competence frameworks

■	An ability to draw on knowledge of the practical application of:
	■ national guidance on evidence-based interventions for specific presentations
	■ competence frameworks for specific presentations and specific interventions
■	An ability to apply and integrate knowledge of guidelines and interventions to the specific needs of each individual in the context of an inpatient setting

Examples of NICE guidance on interventions for specific presentations in children/young people[f]

Topic	Link to full guideline PDF
Antisocial behaviour and conduct disorders in children and young people	NICE guideline CG158
Attention deficit hyperactivity disorder	NICE Guideline NG87
Autism in under 19s: recognition, referral and diagnosis	NICE guideline CG128
Autism in under 19s: support and management	NICE guideline CG170
Borderline personality disorder	NICE Guideline CG78
Child abuse and neglect: recognising, assessing and responding	NICE Guideline NG76
Child maltreatment (when to suspect)	NICE Guideline CG89
Children's attachment	NICE guideline NG26
Depression in children and young people	NICE Guideline NG134
Eating disorders	NICE Guideline NG69
Harmful sexual behaviour among children and young people	NICE Guideline NG55
Learning disabilities and behaviour that challenges	NICE Guideline NG93
Mental health problems in people with learning disabilities	NICE Guideline NG54
Obsessive-compulsive disorder	NICE Guidelines CG31
Post-traumatic stress disorder	NICE Guideline NG116
Psychosis and schizophrenia in children and young people	NICE Guideline CG155
Self-harm in over 8s: short-term management	NICE Guideline CG16
Self-harm in over 8s: long-term management	NICE Guideline CG133
Social anxiety disorder	NICE Guideline CG159
Violence and aggression	NICE Guideline NG10

[f] Where relevant, please also see SIGN guidance. Also see the NICE website for other guidance, new guidance and updates.

Frameworks	
Autism spectrum disorder	https://skillsforhealth.org.uk/wp-content/uploads/2020/11/Autism-Capabilities-Framework-Oct-2019.pdf
Learning disabilities	https://www.skillsforhealth.org.uk/images/services/cstf/Learning%20Disability%20Framework%20Oct%202019.pdf
Psychological interventions for people with eating disorders	All frameworks accessed via: https://www.ucl.ac.uk/CORE/competence-frameworks
Psychological interventions for people with personality disorder	
Psychological interventions for people with psychosis and bipolar disorder	
Self-harm and suicide prevention competence framework	
Psychological interventions in child and adolescent mental health services	

Examples of competence frameworks relevant to the delivery of specific psychological therapies	
Cognitive analytic therapy	All frameworks accessed via: https://www.ucl.ac.uk/CORE/competence-frameworks
Cognitive behavioural therapy	
Humanistic therapy	
Interpersonal therapy	
Psychoanalytic/psychodynamic therapy	
Systemic therapy	
Dialectical behaviour therapy	www.ucl.ac.uk/clinical-psychology/competency-maps/pd-framework/Specific%20psychological%20interventions/DBT%20Competencies%20web%20May%202015.pdf
Mentalisation-based therapy	www.ucl.ac.uk/clinical-psychology/competency-maps/pd-framework/Specific%20psychological%20interventions/Mentalisation%20Based%20Therapy%20web%20May%202015.pdf