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8.7. Managing interpersonal relationships

- An ability to draw on a developmental perspective to understand the varied friendship needs of children/young people
- An ability to draw on knowledge of the impact of admission on pre-existing peer and family/carer relationships
- An ability to help a child/young person increase their capacity to engage in and develop more stable and rewarding relationships through:
 - psychoeducation that includes discussion of the links between interpersonal sensitivity and problems they may have experienced in the past with their family/carers and peers
 - helping them review problems in relationships by using role play and discussion, to reflect on the perspectives of others with whom they are interacting (e.g. on their internal experience and/or the meaning and purpose of their external behaviour), to:
 - increase their capacity to be aware of another's internal emotional or cognitive state
 - reducing their sensitivity to external cues (e.g. facial expression or body language)
- An ability to help the child/young person transfer and generalise interpersonal relationship skills outside the inpatient unit to their family/carers, peers and community