



Anna Freud
National Centre for
Children and Families

PsychUP for Wellbeing
Advisory Board Terms of Reference

1. Background

Psychology Informing University Practices for Wellbeing (*'PsychUP for Wellbeing'*) has been set up to improve the knowledge base about mental health at university, develop models of mental health care and cross-sector care pathways, engage key stakeholders (e.g. students, members of staff, student service leads and university senior leaders) and promote the principles of evidence-based practice to the Higher Education support sector. The *PsychUP for Wellbeing* university partner is UCL; however, the programme has a national focus, aiming to support the sector and drive quality improvement.

2. Role and purpose

The role of the Advisory Board is to provide strategic advice in support of programme strategy and activity. This will include clarification of priorities, development of plans to address priorities, oversight of activity and identification of new opportunities for the programme. *PsychUP for Wellbeing* aims to develop cross-sector models of care and the Advisory Board will draw on their experience across relevant sectors to advise on feasibility of implementation.

3. Duties and responsibilities

- 3.1 Advise on programme strategic direction and priorities.
- 3.2 Maintain a close working partnership with the Student Steering Group.
- 3.3 Ensure two-way sharing of information with project governance groups (e.g. research project Expert Reference Groups; NHS Integration Operational Group).
- 3.4 Make recommendations for implementable cross-sector mental health pathways for students.
- 3.5 Advise on appropriate structures for local decision-making, as needed.
- 3.6 Inform the programme team of funding or other strategic opportunities.
- 3.7 Champion an evidence-based approach to improving mental health for students and staff.
- 3.8 Contribute to publications, reports and other programme outputs, as appropriate.
- 3.9 Help raise the profile of the programme nationally.

4. Membership

Prof Mike Roberts (Chair), Managing Director, UCLPartners
Prof David Clark CBE, National Clinical & Informatics Advisor for IAPT; University of Oxford
John de Pury, Assistant Director of Policy, Universities UK
Prof Peter Fonagy, Head of Division, PALS, UCL; *PsychUP for Wellbeing* Director
Prof Deborah Gill, Pro-Vice-Provost (Student Experience) & Director of Medical School, UCL
Sheila Gupta, Vice-Principal for People, Culture and Inclusion, Queen Mary University of London
Prof Tim Kendall, National Clinical Director for Mental Health, NHS England
Dr Vincent Kirchner, Medical Director, Camden & Islington NHS Foundation Trust
Louise Knowles, Head of University of Sheffield Counselling Service
Prof Stephen Pilling, Head of Department, Clinical, Educational and Health Psychology; *PsychUP for Wellbeing* Director
Prof Sasha Roseneil, Dean of Faculty of Social Science, UCL



Fiona Ryland, Chief Operating Officer, UCL
Sir David Sloman, NHS Regional Director for London
Prof Alan Thompson, Dean of Faculty of SLMS, UCL
Rosie Tressler OBE, Chief Executive Officer, Student Minds

Members of the Board must declare any conflicts of interest in relation to decisions considered. The Chair will determine whether it is appropriate for members with a conflict of interest to vote on any particular matter.

5. Meetings

The Board will meet quarterly, usually in April, July, November and January.

The minimum number of people that must be in attendance for meetings to be Quorate is half of the Board membership.

7. Transparency

Advisory Board meeting agendas, papers and minutes will be made available on the *PsychUP for Wellbeing* website.

8. Advisory Board secretariat and contact

Dr Laura Gibbon, *PsychUP for Wellbeing* Coordinating Director: l.gibbon@ucl.ac.uk