

Newsletter with updates from the ODDESSI Research Programme

#### **News in brief**



- -The final follow-up calls to trial participants will take place in September. This will signal the end of the trial.
- -A public art showcase will be taking place in London on the 18<sup>th</sup> of September to celebrate the end of the trial.
- -The final week of the Open
  Dialogue training took place in
  June. See overleaf to find out more
  about the training experience from
  an ODDESSI researcher.
- -The Lived Experience Advisory
  Panel met at the end of June. The
  panel will only meet one more time,
  once the trial results have been
  analysed.

### ODDESSI shout outs



Goodbye to Amanda Henderson, who has played an immensely valuable role in the ODDESSI research site in Devon. Good luck in your new position!



On the 18<sup>th</sup> September 20203, we are hosting an Art Showcase to celebrate the end of the ODDESSI trial. This showcase is open to all, and will feature artwork based on the theme of mental health and Open Dialogue created by those involved in the trial and members of the public.

For more information about the showcase, or if you would like to purchase an evening ticket, please visit the Bloomsbury Theatre website <a href="here">here</a>.

## The APOD Conference

The Anthropological study of Peersupported Open Dialogue (APOD) research study is holding a conference on **Monday 18**<sup>th</sup> **September 2023** in London. This has been coordinated to occur alongside the ODDESSI Art

Showcase so that people may be able to attend the 6-7pm slot of the showcase following the end of the conference.

The APOD team will share what they have learnt throughout the study and will include presentations, panels, and discussions along. This is a free event which is open to all with free food and drink available too! If you are interested in attending, sign up via the link here.

For more information, please email Prof David Mosse at <a href="mailto:dm21@soas.ac.uk">dm21@soas.ac.uk</a> or Milena Wuerth at mw85@soas.ac.uk.



# My final week on the Open Dialogue Training

I have now completed the fourweek Open Dialogue training course, and it has been an experience! Educationally, clinically, socially, and emotionally. I started the first week of training back in September 2022, and since then have been back to Cambridge for the training three more times, the final time for a week in June 2023.



My understanding of Open Dialogue has grown and I have been able to see the key elements of dialogic practice brought to life in a way that I do not see in my day-to-day work as a researcher.

Throughout the training I engaged in some thoughtful and important discussions about the current state and the future of Open Dialogue and of mental health services/treatments more generally. I have met and connected with some great people from a range of backgrounds, and it has been a privilege to learn from their clinical and personal experiences.

In this way, I believe that completing the training has enriched my research into Open Dialogue.

Emma Mckenzie, NELFT Research Assistant and UCL PhD student

# Want to keep up to date on the trial?



To get in contact or join our mailing list, please email us at oddessi@ucl.ac.uk.

You can also keep up to date on the trial online at <a href="www.ucl.ac.uk">www.ucl.ac.uk</a> or follow @ODDESSI\_UCL on Twitter.