

NHS Integration Operational Group

Friday 14th August, 14:00-16:00

Zoom Meeting Link | Meeting ID: 828 6732 5335 | Password: 350794

ltem no.	Agenda Item		Lead	Time
1.	Welcome and Introductions		Steve Pilling	10 mins
2.	Minutes from the last meeting and matters arising – Sign off Terms of Reference		Steve Pilling	5 mins
3.	Updates			45 mins
	Relevant updates on work and perspectives on Covid-19			
	(i)	Student Psychological & Counselling Services and Disability, Mental Health and Wellbeing	Barry Keane	
	(ii)	Ridgmount General Practice update	Claire Elliot	
	(iii)	Students' Union UCL	Simon To	
	(iv)	University Clinic	Steve Pilling	
	(v)	International students and the psychological effects of quarantine	Steve Pilling	
4.	Updates o	n research and evidence	Laura Gibbon/ Steve Pilling	15 mins
5.	Future pla	nning and areas of collaboration	Steve Pilling	40 mins
	- Ex an	orkshops and peer support tended discussion as to the objectives d work of this group for the next 12 onths		
6.	Sum Up an	nd Any Other Business	Steve Pilling	5 mins

Papers:

5-

Item 2 Minutes Item 2 Terms of Reference





















Attendees:

IOG:

Steve Pilling (Chair), Head of Research Department of Clinical, Education and Health Psychology, UCL Medha Akella, Student Fellow, UCL Wendy Appleby, Registrar and Head of Student & Registry Services, UCL Josh Cane, High Intensity Therapist, iCope Claire Elliott, GP, Ridgmount Practice Rosie Ellis, Project Manager, PaLS, UCL Laura Gibbon, Teaching Fellow, PaLS, UCL Hilary Grater, Clinical Psychologist, Deputy Clinical Lead, Camden iCope, NHS Hanna Hirvonen, Care Pathway Coordinator, PaLS, UCL Barry Keane, Acting Head, UCL Student Psychological & Counselling Service, SSW, UCL Lina Kamenova, Deputy Director, Student Support and Wellbeing, UCL Judy Leibowitz, Clinical Lead, iCope, NHS Denise Long, Director, UCL Student Support and Wellbeing, UCL Aatikah Malik, Welfare and International Officer, Student Union UCL Aeli Roberts, Professorial Teaching Fellow, The Bartlett, UCL Karen Smith, Head of Workplace Wellbeing, Workplace Health, UCL Simon To, Leadership Development & Change Manager, Student Union UCL













NHS Integration Operational Group – Meeting 1

Friday 13 December 2019, 13.30-15.00 9-11 Endsleigh Gardens

Chair:	Steve Pilling (SP)
Attendees:	Wendy Appleby (WA), Claire Elliott (CE), Laura Gibbon (LG), Joshua Cane (JC), Barry Keane (BK), Judy Leibowitz (JL), Denise Long (DL), Aeli Roberts (AR), Karen Smith (KS), Simon To (ST)
Apologies:	Lina Kamenova, Aatikah Malik
Minutes:	Jennifer O'Connor (JO)



<u>ک</u>

Universities UK minds

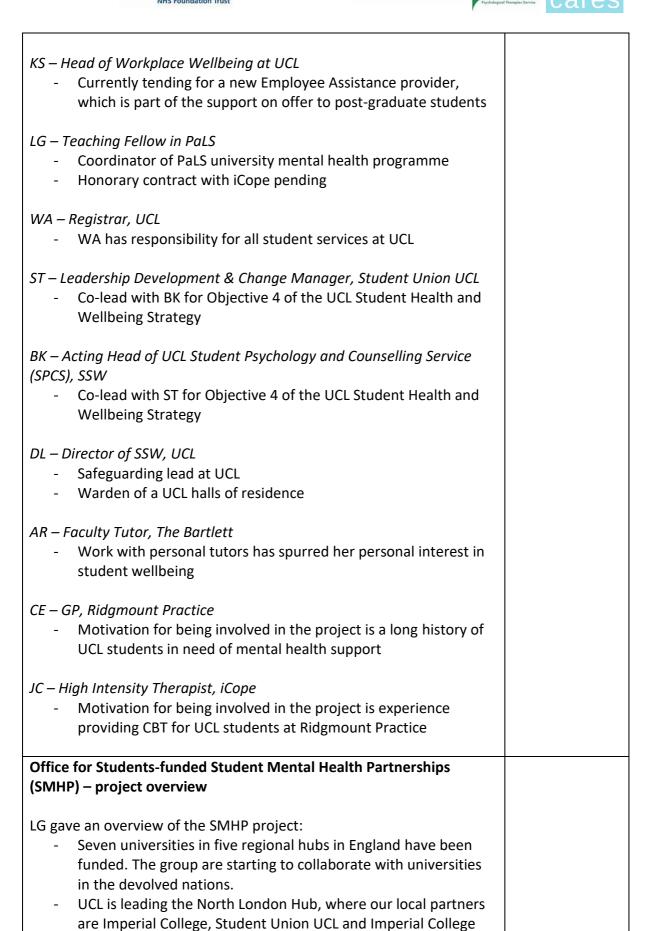








Camden and Islington



Public Health Office for England Students

England

🕻 Mental Health Net

UCLPartners iCope

Universities UK





 Student Union, Camden & Islington IAPT (iCope) and Westminster IAPT. National partners include Universities UK, Student Minds, NHS England, the Academic Health Science Network. The main aims of the project are to Improve access to care; Co- produce the design and delivery of care; Drive innovation; Shape policy; Evaluate models of partnership working between university and NHS services As set out in the Implementation Paper, written in consultation with SSW and SU UCL, goals of the project at UCL include the provision of NHS care on campus at UCL, within a University Clinic linked to CEHP. Additional local objectives are student-led consultations in collaboration with SU UCL and peer research looking at barriers to students accessing support. Staff members who have been recruited to work on the project are an Engagement Coordinator and Care Pathway Coordinator (who will start in the role in January). 	
Discussion:	
 Steps Model: DL suggested the Steps Model was better suited to undergraduate students, whereas SPCS sees predominantly post-graduate students. SP said the model could be reviewed as the project progresses. 	
General Practice perspective: CE said that the vast majority of student contact takes place in General Practice, so a primary care perspective must be central to any systems change. - SP and LG agreed it is essential this perspective is captured,	LG to meet CE to discuss issues arising in primary care
 whilst noting the limited scope of the project to make substantial changes to practice. Agreed that LG and CE would meet to discuss further. CE said one particular issue is students with complex mental 	
 health presentations (e.g. eating disorders; borderline traits; autism). SP said that a goal of the University Clinic would be to bridge 	
the gap between primary and secondary care, with these students in mind.	
 University Clinic – overview: SP explained the University Clinic would harness resources within the NHS and CEHP (clinical academic expertise and NHS- funded clinical trainees) to substantially increase provision for minimal cost. 	





USTUDENTS' Camden and Islington NHS Foundation Trust	pe replies Service #UCL Cares
 Clinical academics in CEHP with honorary contracts with Camden & Islington NHS Foundation Trust would contribute to the running of the clinic and do research to develop new treatments and models of care. This would allow UCL students to have access to cutting edge treatments from world-leaders in the field of psychological interventions. WA asked about the ethical considerations around research with students. SP explained the rigorous requirements for ethical approval for all research involving NHS patients. 	
 University Clinic – honorary NHS contracts: DL asked for an explanation of NHS honorary contracts. SP explained they were contracts commonly used by NHS Trusts for a variety of purposes, including governing clinical academics doing clinical work which may be unpaid. JL added that Camden and Islington NHS Foundation Trust uses honorary contracts frequently. 	
Terms of Reference	
 DL pointed out an error in the abbreviation of 'UCL Student Union' 	Project team to update ToR All to review
 CE and BK asked about who was leading the Imperial project; Imperial's role in the North London Hub; and how the two universities would work together. LG said that Hannah Bannister, Director of Student Services, was leading, with Debra Ogden, Deputy Director. This IOG is only concerned with developments for care pathways for UCL students. Imperial have some similar objectives, which might warrant shared working on specific projects. It was agreed possibilities of shared working would be reviewed. 	
Current care pathways	
 DL explained the current care pathway for UCL students Access – portal for self-referral; referrals from A&E daily dropin Treatment – in addition to treatment provided by SPCS, SSW has SLAs with outside agencies (Care First; Nightingale Hospital) 	

Coordinates DSA funding









AOB

BK asked whether other universities can get involved in the project and how information would be shared.

NHS

- Other universities can be involved by invitation to the National Learning Collaborative, convened by Universities UK
- LG said that resources developed will be made available on the programme website. Project information cannot otherwise be shared with other universities.























Student Mental Health Partnerships – North London Hub (UCL) NHS Integration Operational Group – Terms of Reference (ToR)

1. Background

UCL is part of Student Mental Health Partnerships, a national project funded by the Office for 1.1 Students over two academic years, to develop and evaluate local models of partnership working between universities and the NHS. Implementation of the UCL Steps Model is the aim of the Student Mental Health Partnerships project North London Hub, and an objective of the UCL Health and Wellbeing Strategy.

2. Purpose

2.1 This group's purpose is to inform the development, planning, implementation and evaluation (success and challenges) of the UCL Steps Model based on the updates provided from key stakeholders and sub-projects.

3. Objectives

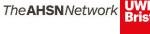
- 3.1 To monitor progress and coordinate actions related to the implementation of the Steps Model at UCL between partners of UCL and the NHS by:
- 3.1.1 Providing a forum for colleagues from UCL, SU UCL and relevant NHS services to come together to improve mutual understanding and share ideas.
- 3.1.2 Informing all interested parties with project milestones and key decisions
- 3.1.3 Considering student and stakeholder engagement and consultation.
- 3.1.4 Reviewing, scrutinising and promoting decisions and plans made by other groups related to this project, and in turn feed into these groups. Related groups include the UCL Health and Wellbeing Strategy Steering Group, the Office for Students project Advisory Board, the Office for Students Pathways and Outcomes Evaluation Group and the National Collaborating Centre for Mental Health Framework Expert Reference Group.
- Considering the implementation implications of identified evidence-based principles for 3.1.5 partnership working between the NHS and UCL.
- 3.1.6 Discussing the implications of emerging sector best practice guidance (e.g. Student Minds Mental Health Charter; Universities UK Data Framework) for the UCL context. To undertake horizon scanning to identify factors that may affect the partnership's delivery of the project.
- 3.1.7 Identifying useful learning for the sector, particularly in relation to developing sustainable approaches following the end of the project.
- 3.1.8 Supporting dissemination activities
- 3.1.9 Exploring how, with consent, data can be shared across services and institutions to improve the quality of care
- 3.1.10 To drive the sharing of student mental health best practice across services and institutions.





















4. Membership

- 4.1 This group (as of March 2020) compromises of 15 members, including representation from Student Union UCL, UCL Student Support and Wellbeing, Psychology Informing University Practice (PsychUP), Camden and Islington NHS Foundation Trust, UCLPartners and primary care services. If a member is unable to attend they should be informed with minutes, actions and key discussion points and be given the opportunity to comments on documents.
- 4.2 List of members:

Name	Title	Organisation
Steve Pilling	Head of Research Department of Clinical,	UCL
	Education and Health Psychology	
Medha Akella	Student Fellow	UCL
Wendy Appleby	Registrar and Head of Student & Registry Services	UCL
Marie-Clair Breen	Student Fellow	UCL
Claire Elliott	GP	Ridgmount
		Practice
Laura Gibbon	Teaching Fellow	UCL
Hilary Grater	Clinical Psychologist, Deputy Clinical Lead	iCope, NHS
Lina Kamenova	Deputy Director	UCL
Barry Keane	Acting Head, UCL Student Psychological &	
	Counselling Service	
Judy Leibowitz	Clinical Lead	iCope, NHS
Denise Long	Director	UCL
Yasmeen Daoud	Welfare and International Officer	SU UCL
Karen Smith	Head of Workplace Wellbeing	UCL
Simon To	Leadership Development & Change Manager	SU UCL
Aeli Roberts	Professorial Teaching Fellow	UCL

5. Reporting

- 5.1 The following work streams are required report quarterly to the NHS Integration Operational Group:
- 5.1.1 University Clinics Workshop Delivery
- 5.1.2 Student Led Consultations
- 5.1.3 Peer research (includes IMPACTS)
- 5.1.4 Shared Learning

6. Contact

- 6.1 Project Manager: Rosie Ellis (rosemary.ellis@ucl.ac.uk)
- 6.2 Project support officer, Lynsey Shevlin (<u>lynsey.shevlin@uclpartners.com</u>)











