Curriculum Vitae

**Susan Michie**

***BA, MPhil, DPhil, FMedSci, FAcSS, FEHPS, FBPS***

[**1.** **Appointment Details** 2](#_Toc75530301)

[**2.** **Education/Qualifications** 2](#_Toc75530302)

[**3.** **Professional History** 2](#_Toc75530303)

[**4.** **Other Appointments and Affiliations** 3](#_Toc75530304)

[**5.** **Prizes, Awards and other Honours** 5](#_Toc75530305)

[**6.** **Research grants** 6](#_Toc75530306)

[**7.** **Selected invited talks** 14](#_Toc75530307)

[**8.** **Academic supervision (UCL)** 29](#_Toc75530308)

[**9.** **Research** 29](#_Toc75530309)

[**Refereed Articles** 29](#_Toc75530310)

[**Books and Book Chapters** 63](#_Toc75530311)

[**Other Publications** 65](#_Toc75530312)

[**Conference Abstracts** 68](#_Toc75530313)

[**Symposium/Roundtable/Workshop Convenor/Discussant/Moderator** 96](#_Toc75530314)

[**10.** **Knowledge Mobilisation** 100](#_Toc75530315)

[**11.** **Teaching** 105](#_Toc75530316)

[**12.** **Training** 106](#_Toc75530317)

[**13.** **Enabling** 109](#_Toc75530318)

[**14.** **Editorial Work** 109](#_Toc75530319)

[**15.** **Reviewing: Journals, Research Bodies & Publishers** 110](#_Toc75530320)

# **Appointment Details**

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| Department: | Department of Clinical, Educational and Health Psychology | | |
| Present: | Professor of Health Psychology | | |
| Date of appointment to UCL: | 15th January 2002 | FTE: 1 |  |

# **Education/Qualifications**

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| --- | --- | --- |
| Dates | Qualification | Institution |
| 1976 | B.A. in Experimental Psychology | Oxford University |
| 1978 | M.Phil in Clinical Psychology | London University |
| 1982 | D.Phil in Developmental Psychology | Oxford University |
| 1981 | Primary Certificate in Rational Emotive Therapy |  |
| 1978 | Chartered Clinical Psychologist | British Psychological Society |
| 1993 | Chartered Health Psychologist | British Psychological Society |
| 2002 | Approved Supervisor for Health Psychology Stage 2 Qualification | British Psychological Society |
| 2002 | BPS Grade B Assessor | British Psychological Society |
| 2009 | Registered Health and Clinical Psychologist | Health Professions Council |
| 2010 | Registered Applied Psychology Practice Supervisor | British Psychological Society |

# **Professional History**

|  |  |  |
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| Dates | Detail of position held | Institution |
|  |  |  |
| 1982-1984  1984-1991 | Clinical Psychologist  Clinical Psychologist and Hon Lecturer in Developmental Psychology | Guy's Hospital  Royal Free Hospital School of Medicine |
| 1989-2002 | Senior Research Fellow in Clinical Health Psychology (p/t after 1993) | Royal Free and University College Medical School |
| 1991-2002 | Senior Clinical Psychologist and Hon Senior Lecturer in Health Psychology | Royal Free Hospital School of Medicine |
| 1993-2002 | Deputy Director, Psychology and Genetics Research Group | King’s College London |
| 1993-1996 | Research Fellow | King’s College London |
| 1996-2001 | Senior Research Fellow | King’s College London |
| 2001-2002 | Reader in Health Psychology | King’s College London |
| 2002- | Co-Director, Centre for Outcomes Research and Effectiveness | University College London |
| 2002- | Director of Health Psychology Research Group | University College London |
| 2002-2012 | Director of Health Psychology Research | C&I Mental Health & Social Care Trust, Camden and Islington PCTs |
| 2002- | Honorary Consultant Clinical Psychologist | Camden and Islington Mental Health and Social Care Trust |
| 2002-2006 | Reader in Clinical Health Psychology | University College London |
| 2005- | Chair in Health Psychology, Department of Psychology | University College London |
| 2006-2009 | Senior Scientist, MRC Health Services Research Collaboration (p/t secondment) | University of Bristol |
| 2009-2015 | Co-director, National Centre for Smoking Cessation and Training | UK |
| 2013- | Director, Centre for Behaviour Change | University College London |
| 2015-2018 | Scientific Advisor, National Centre for Smoking Cessation and Training | UK |
| 2018-2023 | Co-Director, Policy Research Unit in Behavioural Science | Department of Health and Social Care |

# **Other Appointments and Affiliations**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| |  |  |  | | --- | --- | --- | | ***International Scientific Advisory Boards*** | | | | 2020- | Lancet Commission on COVID-19 and member of its Task Force on Public Health Measures to Suppress the Pandemic  World Health Organization’s Technical Advisory Group on Behavioural Insights and Sciences for Health  European Forum on Behavioural Science and Sustainable Consumption | | 2019  2018  2017-2020  2011-2014 | Annals of Behavioral Medicine Editor Search Committee  Smoke Free Scientific Committee  Scientific Committee, International Behavioural Trials Network’s annual meeting  Norwegian Centre for Addiction Research | | 2011-2015 | International Advisory Group for the CONSORT Extension for interventions in criminology, education, psychology, public health, social work, and related disciplines | | 2010-2016 | European Centre for Disease Control Communication & Country Cooperation Unit | | 2010- | Centre for Research in Evidence Based Practice, Bond University, Australia | | 2010-2016 | Knowledge Translation Canada | | 2010- | Implementation Research Institute, Center for Mental Health Services Research, USA |   ***European Health Psychology Society (EHPS)*** | |
| 2011-2017 | Chair, Fellowship Committee |
| 2009-2014 | United Nations Committee |
| 2006-2008 | **Past President** |
| 2004-2006 | **President** |
| 2002-2004 | **President Elect** |
| 2006-2008 | **Policy** Committee |
| 2002-2007 | **Publications** Committee |
| 2007 | Track chair, **International Scientific Programme Committee** |
| 2002-2006 | International Scientific Programme Committee |
| 2002-2003 | Chair, **International Scientific Programme Committee** |
| ***Academy of Medical Sciences***  2017-2018 Fellowship Committee  ***Academy of Social Sciences***  2016-2017 Chair, Steering Group for AcSS report Health of People: how the Social Sciences can Improve Population Health  ***Food Standards Agency***  2018- Chair, Advisory Committee for the Social Sciences  ***British Psychological Society (BPS)*** | |
| 2011 | Behaviour Change Advisory Group |
| 1999-2006 | **Board of Examiners** of Health Psychology |
| 2003-2006 | **Examiner** for BPS Stage 1 qualification in Health Psychology |
| 2002 | **Reviewer** of National Occupational Standards in Applied Psychology |
| 2000-2001 | **Deputy Chair**, Division of Health Psychology |
| 1999-2000 | **Chair**, Division of Health Psychology **Vice Chair**, Training Committee, Division of Health Psychology **Council Member, BPS** |
| 1998-1999 | **Vice Chair**, Division of Health Psychology **Chair**, Division of Health Psychology Training Committee |
| 1994-1997 | Health Psychology Special Group Training Sub-Committee |
| ***Medical Research Council (MRC)*** | |
| 2018  2017  2010-2015 | Expert Review Group for UK Prevention Research Programme  Skills Development Panel  Methodology Board |
| 2006-2009 | College of Experts |
| ***Wellcome Trust*** | |
| 2010-2012 | Influenza Scientific Advisory Group |
| ***NHS National Institute of Health Research (NIHR)*** | |
| 2021  2015 -2021  2007-2010 | NIHR Senior Investigator Emeritus  NIHR Senior Investigator  NIHR Programme Grants Board College of Panellists, NIHR Programme Grants |
| 2009-2010 | NIHR Health Services Research Board |
| ***Cross-Government*** | |
| 2020 | The Scientific Pandemic Insights Group on Behavioural Science (SPI-B): 2019 Novel Coronavirus (Covid-19) |
| 2009-2010 | Scientific Advisory Group in Emergencies (SAGE) |
| 2008-2010 | Scientific Pandemic Influenza Advisory Group (SPI) |
| 2008-2010 | Chair, SPI Behaviour & Communications Group |
| ***Department of Health/Public Health England*** | |
| 2020-2021 | Member, London Transition Board Covid19 Outbreak Control Strategy Group  Member, COVID-19 Vaccine Health Equity and Engagement Task and Finish Group |
| 2019-  2013-  2013- | Honorary Public Health Academic Contract (England)  Behavioural Insights Expert Advisory Group  Ensuring Translation of Evidence into Public Health Practice Advisory Group |
| 2009-2015 | Co-Director, NHS Centre for Smoking Cessation and Training |
| 2009-2010 | High Level Clinical Effectiveness Research Agenda Group |
| 2007-2010  2003-2009 | NHS Choices Learning Network Academic Advisory Board NHS LifeCheck Programme Board NHS Health Trainer National Evaluation Group Chair, National Evaluation Steering Group  Part-time consultant, Health Improvement and Protection Directorate |
| ***National Institute of Clinical Health and Excellence (NICE)*** | |
| 2012-2013  2006-2013 | Behaviour Change Advisory Committee  Public Health Interventions Advisory Committee |
| 2008- | Implementation Strategy Group |
| ***Society of Behavioral Medicine (SBM)*** | |
| 2019  2012-2015 | Search Committee, Annals of Behavioral Medicine  Founding Chair, Special Interest Group ‘Theories and Techniques of Behavior Change Interventions’ |
| ***Society of Behavioural Medicine***  2019-2020 Environmental Responsibility Committee  2019 Search Committee for Editor, Annals of Behavioral Medicine  2013-2015 Chair, SBM Theory and Techniques Special Interest Group  ***UK Society of Behavioural Medicine (UKSBM)*** | |
| 2015-2017 | Senior Scientific Advisor |
| 2008-2010 | Senior Scientific Advisor |
| ***UK Research and Innovation (UKRI)*** | |
| 2020 | Panel member, Strategic Priorities Fund: Transforming the UK food system |
| ***Independent SAGE member*** | |
| 2020- |  |
| ***Member of:*** | |
| British Psychological Society, since 1975 | |
| European Health Psychology Society, since 2000 | |
| International Association of Applied Psychology, since 2002 | |
| UK Society of Behavioural Medicine, since 2004  Society of Behavioral Medicine, since 2010 | |
| ***Editorial Responsibilities*** | |
| 2016-  2011-2016 | Advisory Editorial Board, *Nature Human Behaviour*  Editor, *Implementation Science* |
| 2009- | Associate Editor, *Annals of Behavioral Medicine* |
| 2018-  2007-  2006- | Editorial Board, *International Journal of Behavioral Medicine*  Editorial Board, *Applied Psychology: Health and Well-Being*  Editorial Board, *Health Psychology Review* |
| 2006-2011 | Associate Editor, *British Journal of Health Psychology* |
| 2005-2011 | Editorial Board, *Implementation Science* |
| 2005 | Guest Editor, *The Psychologist* |
| 2004 | Guest Editorial Board Member, *Health Education and Behavior* |
| 2001-2007 | Editorial Board, *Psychology & Health* |
| 2000 | Guest Editor, *Psychology & Health* |

# **Prizes, Awards and other Honours**

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| Dates | Detail of prize, award or honour | Awarding/electing body |
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| 2021  2019 | NIHR Outstanding Leader in Public Health Research  The Sakip Sabanci International Research Award: Turkey’s Social Science Award ($25,000)  Lifetime Achievement in Psychology Award | National Institute of Health Research  Sabanci University, Turkey  British Psychological Society |
| 2016 on | “Most Highly Cited” (top 1%) authors over 10 year period | Thompson Reuters |
| 2017  2016  2015 | Fellow of the Academy of Medical Sciences  Hon Fellow of Health Psychology in Public Health Network  Fellow of the Society of Behavioral Medicine  Distinguished International Affiliate | Academy of Medical Sciences  HPPHN  Society of Behavioral Medicine, USA  American Psychological Association, Division 38 |
| 2014  2013 | Fellow of the Academy of Behavioral Medicine Research  Distinguished Contribution to Health Psychology | Academy of Behavioral Medicine Research, USA  British Psychological Society |
| 2013-21  2011-14 | NIHR Senior Investigator  Visiting Professor, Alcohol & Drug Research Western Norway | National Institute of Health Research, UK  Norwegian Centre for Addiction Research |
| 2010 | Fellow of the Academy of Social Sciences | Academy of Social Sciences |
| 2010-19 | Honorary Professor of Health Psychology | University of Nottingham |
| 2007 | Fellow of the European Health Psychology Society | European Health Psychology Society |
| 2006-9 | Senior Scientist MRC Health Services Research Collaboration (won in UK wide competition) | Medical Research Council |
| 2004 | President | European Health Psychology Society |
| 2002 | Research Seminar Competition | British Psychological Society |
| 2001  1978-81 | Fellow of the British Psychological Society  The Pirie-Reid Scholarship | British Psychological Society  Oxford University |

**H-index:** Google Scholar 104; Scopus 83; ISI (Web of Science) 78.

# **Research grants**

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| ***Current*** | |
| 2021-22 | **Michie S**. Research Enrichment Public Engagement award for ‘The Human Behaviour Change Project: Building the science of behaviour change for complex intervention development’. The Wellcome Trust. £56,388/£56,388. |
| 2020-21 | Presseau J, Grimshaw JM, Brehaut J, Durand A, Francis JJ, Lalonde J-F, Manuel D, **Michie S**, Morris A, Suh KN, Shawe-Taylor J, West R, Wilson BJ, Witteman H. Reducing T-zone Touching to Reduce COVID-19 Transmission and Infection. COVID-19 Emergency Research Fund, The Ottawa Hospital Foundation. $25,000 |
| 2020-21  2020-21 | Nastouli E, Manley E, Hayward A, **Michie S**, Edwards S, Houlihan C, Guptra R, Shahmanesh M. COVID-19: Healthcare Workers: an in depth virological analysis and behavioural study during the outbreak. MRC, £1,479,001.39.  Hayward A, Fragaszy E, Nastouli E, Brown M, Hardelid P, Cox I, Lampos V, McKendry R, Cheng T, Johnson A, **Michie S,** Gibb J, Rodger A. COVID-19: Virus Watch: Understanding community incidence, symptom profiles, and transmission of COVID-19 in relation to population movement and behaviour.  MRC, £3,248,052. |
| 2020-21 | Rubin GJ, Fear N, Amlot R, Potts H, **Michie S.** Evaluating and improving communication with the public during a pandemic, using rapid turn-around telephone surveys. NIHR NETSCC project grant. NIHR Evaluation, Trials and Studies Coordinating Centre. £178,465. Activation phase (Preparation phase 2012-13). |
| 2019-24 | Sniehotta FF, **Michie S**, Kaner E, Vlaev I, Kelly MP, Vale L, Morris S, Craig D, Burton P, Bambra C, Bonell C & Osborn D. Behavioural Science Policy Research Unit. National Institute of Health Research Policy Research Programme. £4,822,113. PR-PRU-1217-20501. |
| 2018-21 | Spector A, Rangaswamy T, Hawkes S, **Michie S**, Comas-Herrera A, Orrell M, Mograbi D, Laks J, Ferri C, Vaitheswaran S, Chandra M, Walker R, Gray W, Urasa S. Cognitive Stimulation Therapy (CST) for dementia: International implementation in Brazil, India and Tanzania (CST-International). Medical Research Council/Indian Council of Medical Research (£727,436). Ref. 547420. |
| 2017-22 | **Michie S,** Raine R, Freemantle N, Law C, Osborn D. NIHR School for Public Health Research (UCL). NIHR, £1,537,500. Till 30 March 2022. |
| 2017-22 | Viner R, Steptoe A, Griffith R, Hawkes C, **Michie S**, Vaughan L, Poston L, Thomas J, Mackett R, Hamer M. Policy Research Unit: Obesity in Children and Across the Lifecourse. Department of Health. £4,758,136 + supplement £822,635 |
| 2017-22 | West R, **Michie S,** Brown J and Shahab L. Advancing and integrating population and individual approaches to smoking cessation. Cancer Research UK, £3,586,492. |
| 2017-22 | Davies M, Patz J, Vardoulakis S, Zhu T, Amann M, Barreto M, Cruz FO, Fletcher H, Capon A, Ezeh A, Dora C, **Michie S,** Osrin D, Wilkinson P, Haines A. Complex Urban Systems for Sustainability and Health (London Hub). The Wellcome Trust. £5,150,000. 209387/Z/17/Z. |
| 2017-21 | **Michie S** & Hayward A (joint PIs), Denexas S, Freemantle N, Horne R, Thomas J, Atkins L, Shallcross L, Fragaszy E, Mindell J, Kostkova P, Hardy E, Tarrant C, West J, Smeeth L, Robson J, Conolly A. Preserving Antibiotics through Safe Stewardship: PASS. ESRC, £1,999,896. ES/P008321/1 |
| 2016-21 | Heller S, Amiel, S, Baird, W, Brennan, A, Campbell, M, Cohen, J, Cooke, D, Elliott, J, Fisher, S, Hopkins, D, Lawton, J, Mansell, P, **Michie, S**, Taylor, C, Thompson, G, Yardley, L. Developing and trialling the DAFNEplus (Dose for Adjustment for Normal Eating) intervention. A lifelong approach to promote effective self-management in adults with type 1 diabetes. NIHR Programme Grants for Applied Research (PGfAR) £2,725,255. |
| 2016-22 | **Michie S**, Shawe-Taylor J, Johnston M, Thomas J, Kelly M. The Human Behaviour-Change Project: Building the science of behaviour change for complex intervention development. Collaborative Award in Science, The Wellcome Trust. £3,796,005. 201524/Z/16/Z. |
|  |  |
| ***Completed*** | |
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| 2013-21 | **Michie S**. NIHR Senior Investigator Award. NIHR. £115,000. |
| 2014-21 | Orrell M, Challis D, Johnson S, Poland F, **Michie S**, Moniz-Cook E, Morris S, Brouder J, Hoe J, Dening T, Whitaker R, Prothero D, Onyett S, Harvey Achieving Quality and Effectiveness in Dementia Using Crisis Teams (AQUEDUCT) NIHR Programme Grant, £1,978,647. |
| 2017-21 | Hurst J, **Michie S**, Barber J, Soares M, Mirelman A, Kirenga B, Checkley W, Miranda J, Cardenas M, Wise R, Mullany L. Implementation of COPD Case Finding and Self-Management Action Plans in Low and Middle Income Countries Medical Research Council. £1,031,654.11 |
| 2019-2020 | Miodownik M, Ward JM Medda F, Lettieri P, Hailes HC, Domenech T, **Michie S**, Designing-out Plastic Waste. EPSRC. £1,009,939 |
| 2015-2020 | Free C, McCarthy O, French R, Wellings K, Hickson F, **Michie S**, Roberts I, Edwards P, Hart G, Bailey J, Devries K, Baraitser P. A randomised controlled trial of an intervention delivered by mobile phone messaging to reduce sexually transmitted infections (STI) by increasing sexual health precaution behaviours in young people. NIHR Public Health Research Programme £2,014,712. 14/182/07. |
| 2015-2020 | Hickman M, Oliver I, Vickerman P, Finn A, Hay A, De Angelis D, **Michie S**, Ramsay M, Nardone T, Amlot R, Evans D.  Health Protection Research Unit: Evaluation of Interventions. National Institute of Health Research. £3,865,761. (HPRU-2012-10026) |
| 2014-2020 | Orrell M, Mountain G, Rait G, Poland F, **Michie S**, Charlesworth G, Moniz-Cook E, Omar R, Hogervorst E, Steptoe A, Higgs P, Morris S, Spector, A, Challis D, Xavier A, D'Orsi E, Verhey F, Haines Promoting Independence in Dementia (PRIDE) AESRC/NIHR Dementia 2012. £3,686,671. |
| 2013-2020 | Byng R, Wilson, Shaw, **Michie S**, Taylor, Harris, Maguire, Samele, Haddad, Anderson, Brown, Wright, Bromley, Duggan, Williamson, Podomore. Developing and evaluating a collaborative care intervention for prisoners with common mental health problems near to and after release (ENGAGER 2) NIHR Programme Grants for Applied Research (PGfAR), £2,830,917. |
| 2019 | **Michie S**. Advancing and Sustaining a Resource for Specifying Behavioural Interventions: the Behaviour Change Technique Taxonomy. UCL’s Knowledge Exchange & Innovation Fund, £14,437. |
| 2017-2019 | Kaner E, Beyer F, Craig D, Rice S, **Michie S**, Hickman M, Caldwell D, Angus C. Effectiveness and cost-effectiveNess of diGital compared to practitioner delivered brief Alcohol interventions aimed at hiGher-risk drinkErs: a network meta-analysis - ENGAGE. NIHR School for Public Health Research. £94,322. |
| 2017-2019 | **Michie S**, Brown J (joint PIs), Angus C, Beard E, Brennan A, de Vocht F, Hickman M, et al. Extending The Alcohol Toolkit Study: Understanding the population context of alcohol use. NIHR School for Public Health Research. £91,907. |
| 2013-2019 | Britton J (PI), 22 Co-Is including **Michie S**. The UK Centre for Tobacco and Alcohol Studies (UKCTAS). Medical Research Council, £3,523,631. |
| 2010-2019 | Horne R, Chalder T, McCrone P, Collins S, Ssanya Sseruma W, **Michie S**, Sabin C, Walker S, Selbie D, Fisher M, Anderson J, Nelson M, Leake-Date H, Perry N, Smith J, Cooper V, Applying the Medical Research Council guidance to develop and evaluate interventions to support uptake and adherence to antiretroviral therapy for HIV. NIHR Programme, £1,992,681. |
|  |  |
| 2017-2018 | Atkins L, O’ Brien KP, Schneider A, Ubhi HK, **Michie S**. Behaviour Change and Infection Prevention Control in Health and Social Care Settings: A literature review and Behavioural Analysis. Public Health England. £49,400 |
| 2017-2018 | Meier P, Holmes J, Angus C, Brennan A, Buykx P, Purhouse R, Burton C, Pettigrew M, Egan, Rutter H, Cummins S, Hickman M, de Vocht F, **Michie S**. Evaluating public health interventions and exploring behavioural trends in complex systems. NIHR School for Public Health Research. £86,878. |
| 2015-2018 | Holmes J, Buykx P, Meier P, Brennan A., **Michie S**, Brown J, Beard E, Lewis S. The effectiveness of promotional campaigns associated with revised UK drinking guidelines: A prospective evaluation. National Institute for Health Research: Public Health Research Programme. £605,358. |
| 2015-2018 | Paolini P, López-de-Ipiña D, Meis J, Parlangeli R, Arredondo MT, Chamorro Mata J, Giannakoudaki I, Ricevuti G, Sarris N, Leniston H, Urošević V, Mainetti L, Copelli S, **Michie S**, Bryant N, Turral R. Elderly-friendly City services for active and healthy ageing. Horizon2020 - European Commission. £3,801,838. |
| 2014-2018 | de Bruin M, Johnston M, **Michie S**, Viechtbauer W, Hartmann-Boyce J, Bell E, West R. Making results of smoking cessation trials more useful to policy and practice: Identifying the effective behavioural components of smoking cessation support provided to intervention and control groups by applying innovative methods for evidence syntheses. Cancer Research UK. £233,722 |
| 2014-2018 | **Michie S**, Johnston M, Rothman A, Kelly M, de Bruin M. Developing methodology for designing and evaluating theory-based complex interventions: an ontology for linking behaviour change techniques to theory. Medical Research Council. £576,125. MR/L011115/1. |
| 2014-2018 | **Michie S** & West R. Engagement with Digital Behaviour Change  Interventions: Conceptualisation, Measurement and Promotion PhD studentship. Bupa, £75,817 |
| 2013-2018 | Stanworth S, Foy R, Francis JJ, Prior M, Glidewell L, Farrin A, Grant-Casey J, Rowley M, **Michie S**, Murphy M, Campbell H. The development and evaluation of enhanced audit and feedback interventions to increase the uptake of evidence-based transfusion practice. NIHR Programme Grants for Applied Research (PGfAR), £1,983,232. (RP-PG-1210-12010). |
| 2013-2018 | Yardley L, Little P, McManus R, Thomas M, Bruton A, Mair F, May C, Smith P, Raftery J, **Michie S**, Gann B, Williams B, Snell T, Geraghty A. Integrating Digital Interventions into Patient Self-Management Support (DIPSS). NIHR Programme Grants for Applied Research (PGfAR), £2,108,115. |
| 2012-2018 | Orrell M, Mountain G, Russell IT, Sackley C, Challis D, Moniz-Cook E, Vernooij-Dassen M, King M, Hill J, Brouder J, Morris S, Poland F, Omar R, **Michie S**, Wenborn J, Rooks. Valuing active life in dementia (VALID). SNIHR Programme. £1,999,845 |
| 2016-2017 | **Michie S**, Watson J & Lefevre C. Cyberhygiene. EPSRC, £180,000, Project part of the PETRAS IoT Research Hub - Cyber security for the internet of things. EPSRC, £9,800,000. |
| 2016-2017 | **Michie S.** The Health of People: maximising the contribution of the social  Sciences Society & Ethics Small Grant, The Wellcome Trust. £9,650. |
| 2016-2017 | Davies M, **Michie S**, Wilkinson P, Ezeh A, Fletcher H. Complex Urban Systems for Sustainability and Health (CUSSH): bridge funding award. The Wellcome Trust. £149,998. 201765/Z/16/Z |
| 2014-2017 | Brown J & **Michie S**. Excessive alcohol consumption: A proposal to assess and mitigate its impact on public health in England. Society for the Study of Addiction’s Academic Fellowship: £150,000.00 |
| 2013-2017 | Burns F, Sabine C, Apea V, Morris S, Mercer C, **Michie S**, Evans A, Sachiknoye M, Delpech V. The REACH Study: Exploring patterns of retention and engagement across specialised care services of HIV. NIHR, £443,355. (11/2004/50). |
| 2011-2017 | Osborn D, Antoniou A, Walters K, Nazareth I, Johnston C, **Michie S**, Pinfold V, Barnes T, Morris S, King M, Omar R, Holt R, Peveler R, Marston L, Petersen I, Morris R, Craig T. Prediction and management of cardiovascular risk for people with severe mental illnesses. A research programme and trial in primary care. (PRIMROSE) NIHR Programme, £2,029,234. (RP-PG-0609-10156). |
| 2014-2016 | **Michie S**, Kelly M, Leng G, Atkins L. Investigating the barriers and facilitators of the implementation of NICE's public health guidance and quality standards in local authorities. NICE and ESRC. £218,162. ES/L006995/1. |
| 2014-2016 | Squires J, Brehaut J Curran, J, Fenton, S, Francis J, Graham I, Grimshaw J, Hutchinson A, Ivers N, Lavis J, McGuire A, **Michie S**, Noseworthy T, Sales A, Vine J. Understanding Context in Knowledge Translation: Development and Consensus of a Conceptual Framework, Canadian Institute of Health Research, $364,238 |
| 2011-2016 | Murray E, Paul K, Barnard M, **Michie S**, May C, Stevenson F, Inniss J, Thompson S, Yardley L, Farmer A, Fisher B, Patterson D, Wallace P, Peacock R, Godfrey C, Boazman M. Development, evaluation and implementation of a computer-based self-management programme for people with type 2 diabetes. NIHR Programme. £1,992,472 |
| 2006-2016 | Pilling S, Fonagy P, **Michie S**. “Psychological processes and clinical effectiveness” Programme grant. British Psychological Society, £7,260,000. (BPS-CORE/06/1). |
| 2013-2015 | Amlôt R, Rubin GJ, White P, Yardley L, **Michie S**, Briggs P & Harris P. Improving communication with the public about antivirals and vaccination during the next pandemic. Department of Health Policy Research Programme, £506,878.00 |
| 2013-2015 | Bailey J, Murray E, Hart G, **Michie** **S**, Rait G, Hunter R, Symonds M, Ang J, Freemantle N, Stephenson J, Anderson J. An interactive computer-based programme to increase condom use: intervention development and pilot trial. NIHR Health Technology Assessment programme, £507,017. |
| 2013-2015 | Montgomery P, Mayo-Wilson E, Grant S, Macdonald G, **Michie S**, Moher D. CONSORT guideline for experiments of psychological, social, and environmental interventions. ESRC, £350,880. (Ref #: 2011-12\_83). |
| 2013-2015 | **Michie S**, McEwen A, West R (co-PIs) National Centre for Smoking Cessation and Training. Public Health England, £337,442. |
| 2013-2014 | **Michie S** and Jackson R. Behaviour change: reducing waste. UCL Grand Challenge Small Grant and UCL Environmental Sustainability team. £9,979. |
| 2012-2014 | Free C, Roberts I, Edwards P, French R, Hart G, Wellings K, Baraitser P, Bailey J, Devries K, **Michie S**. Can text messages increase safer sex behaviours in young people: Intervention development and pilot trial? NIHR, £598,993. |
| 2012-2014 | Adams J, Bateman B, Creswell T, Ternant L, Gardner-Sood B, **Michie S**, Shucksmith J & Sniehotta FF. Parental incentives and quasi-mandatory schemes for increasing uptake of immunisations in pre-school children. NIHR Health Technology Assessment Programme. £275,419. |
| 2011-2014 | Pilling S, **Michie S**, Roth A, Fonagy P. Continued funding of the Psychological Processes and Clinical Effectiveness Programme Grant. British Psychological Society, £1,537,746. |
| 2009-2014 | Gruen R, Green S, Harris C, Kaye A, Marshall S, Sherry L, Grimshaw J, **Michie S**, Francis J, Lavis J, Buchan H, Zobel J, Tavender E, Cameron P, Cooper J, Bragge P, Morokoff A, Clavisi O, McKenzie JE, McDonald S. Improving evidence-based care and the outcomes of patients with traumatic brain injury and spinal cord injury through a program to facilitate knowledge transfer and exchange. Victorian Neurotrauma Initiative (VNI) Programme Grant, AUD$4 399 539 (£2,469,700). |
| 2012-2013 | Rubin GJ, Amlot R, Fear N, **Michie S**, Potts H. Evaluating and improving communication with the public during a pandemic, using rapid turn-around telephone surveys. NIHR NETSCC project grant [with six month extension pre-approved for the next flu pandemic], £168,671. (10/45/21). |
| 2012-2013 | **Michie S**, Grimshaw J (Co-PIs), Brehaut J, Colquhoun H, Curran J, Francis J, O’Connor D, Squires J. Developing an international research agenda for the Theoretical Domains Framework. Canadian Institutes of Health Research, $24,538 (£15,600). |
| 2012-2013 | Ivers NM, Brehaut J, Colquhoun H, Grimshaw J, **Michie S**, Sales A. Improving the effectiveness of audit and feedback interventions in health care. Canadian Institutes of Health Research, $25,000 (£15,870). |
| 2010-2013 | Raine R, King M, Barber J, Blazeby J, Clarke A, Gibbs S, Lanceley A, Livingston G, **Michie S**, Prentice A, Ferlie E. Improving the effectiveness of multidisciplinary team meetings for patients with chronic disease. NIHR Programme. £695,002. |
| 2010-2013 | **Michie S**, Johnston M, Abraham C, Francis J, Hardeman W, Eccles M. Methods for strengthening evaluation and implementation: specifying components of behaviour change interventions. Medical Research Council, £526,049. (GO901474). |
| 2009-2013 | **Michie S**, West R, McEwen A. The NHS Centre for Smoking Cessation and Training (NCSCT). Department of Health, £2,967,354. |
| 2009-2013 | **Michie S**, West R (Co-PIs), Yardley L, McEwan A, Stapleton J, Wills G. The development and evaluation of an internet-based smoking cessation intervention (ISCI). Medical Research Council, £494,876. (G0802035). |
| 2007-2013 | **Michie S**, Campbell R. Changing behaviour: towards best practice in the development of complex interventions. Medical Research Council, £203,000. (PHSRN10). |
| 2009-2012 | Gilbody S, Lester H, **Michie S**, Torgerson D, Godfrey C, Hewitt C, Bradshaw T, Larsen J, Richards D, Watt I. Smoking cessation for people with severe mental illness: a pilot study and definitive randomized evaluation of a bespoke service. NIHR Health Technology Appraisal, £711,409. (07/41/05). |
| 2008-2012 | Campbell R, Metcalfe C, Noble S, Moore L, Butler C, **Michie S**, Endericks T. Cluster randomised controlled trial to test the effectiveness of an educational intervention to promote hand washing in reducing absenteeism in primary schools. Research for Patient Benefit, £242,230. |
| 2008-2012 | Green S, Browning C, Workman B, Flicker L, O’Connor D, Harris C, McKenzie J, Mortimer D, Grimshaw J, **Michie S**, Francis J, Eccles M. Evidence-based care of people with dementia (Project name: IRIS – Investigating Research Implementation Strategies). Australian NH&MRC, AUD $1 105 265 (£620,408). |
| 2008-2012 | Stone S, Cookson B, **Michie S**, et al. The I-STRAT trial: Do Isolation Strategies reduce endemic levels of MRSA (meticilin resistant *Staphylococcus aureus*) and CDAD (*Clostridium difficile* associated diarrhoea)? Medical Research Council, £500,000. (MRC/G0701815). |
| 2007-2012 | Clarkson J, Black I, Bonetti D, Eccles M, Eldridge S, Francis J, Grimshaw J, Haig A, Johnston M, McKeen L, Mackenzie G, **Michie S**, et al. Implementation of National Dentistry Guidance: Outcomes Study. Chief Dental Office, Scotland, £300,000. |
| 2010-2011 | Murray E, Pal K, **Michie S**, Peacock R, Barnard M, Farmer A. Computer-based self-management programmes for adults with type 2 diabetes: Cochrane Systematic Review. National Institute of Health Research School of Primary Care Research. £68,869. |
| 2009-2011 | Doherty M, Zhang W, **Michie S**, Underwood M, Dieppe P. Delivery of high quality of gout care: a randomized controlled trial. Phase 1: preparatory work and proof of concept. Arthritis Research Campaign, £212,388. (MP/18827). |
| 2009-2010 | **Michie S**, Potts H. Public responses to swine flu communications: a longitudinal analysis. NIHR Programme, £67,022. (09.84.98). |
| 2009-2010 | Read J, **Michie S**, Yardley L, Crowcroft J, Smith R, Edmunds J. Understanding behavioural responses to infectious disease outbreaks. Economic and Social Research Council, £214,256. (RES-355-25-0019). |
| 2009-2010 | Edwards P, Felix L, Ferguson E, Free C, Lock K, **Michie S**, Miners A, Murray E. (co-PI) Adaptive e-learning to improve dietary behaviour: systematic review. NIHR Health Technology Appraisal Programme, £265,214. (08/57/02). |
| 2008-2010 | French DP, Dale S, **Michie S**, Szczepura A, Griffiths F, Stallard N. The development of an intervention to promote walking in primary care. Medical Research Council, £315,584. (G0701821). |
| 2009 | **Michie S**. Evaluation of a Behaviour Change Training Intervention. NHS Islington, £55,000. |
| 2008-2009 | **Michie S**, Rumsey N. Evaluation of the NHS Health Trainer schemes in England. Department of Health, £108,000. |
| 2007-2009 | Aunger R, Granger SP, Curtis, VC, Gibson WT, **Michie S**. Hygiene Wired: Screening Behaviour Change Interventions. Economic and Social Research Council, £130,747. (RES-185-31-0034). |
| 2007-2009 | Green S, McKenzie J, Grimshaw J, Mortimer D, Keating J, Walker B, **Michie S**, Francis J, O’Connor D. Improving the care of people with acute low back pain by allied health professionals: a cluster randomised controlled trial. Australian National Health and Medical Research Council, AUD$653 688 (£274,480). |
| 2007-2009 | Carr S, Donaldson C, **Michie S**, White M. An evidence synthesis of qualitative and quantitative research on the component intervention techniques, effectiveness, cost-effectiveness, equity and acceptability of the health-related lifestyle adviser role in improving health. NIHR Health Technology Appraisal Programme, £220,000. |
| 2006-2009 | **Michie S**. Behavioural change and maintenance in relation to health: developing methodological tools and a theoretical basis. Medical Research Council, £135,714. (PHSRN-MICH2). |
| 2006-2009 | **Michie S**, et al. Evidence into recommendations: an observational study of guideline development groups. Medical Research Council, £80,000. |
| 2005-2009 | **Michie S**, Smith J, Mackay J, Humphries S, Jacobs C, Nair D. Communicating genetic information within families. Department of Health, £169,416. (HSR06). |
| 2005-2009 | **Michie S**, Davies A. Increasing uptake of the MMR vaccine: development and evaluation of two interventions. ESRC/MRC Interdisciplinary Research Studentship. |
| 2004-2009 | Stone S, Hayward A, Cookson B, Jeanes A, Roberts J, Teare L, Charlett A, Duckworth G, Cooper B, **Michie S**. Does feedback of hand-hygiene sustain hand-hygiene longterm? Patient Safety Research Programme, Department of Health, £552,114. (PS/029). |
| 2006-2008 | **Michie S**, Dieppe P. Evidence into Recommendations: describing the process. Medical Research Council; and National Institute for Health and Clinical Excellence, £100,000. (07/RE2022). |
| 2004-2008 | **Michie S**, Pilling S, Fonagy P. “Psychological processes and clinical effectiveness” programme grant. British Psychological Society, £1,282,440 (BPS-CORE/04/1). |
| 2007 | **Michie S**, Rumsey N, Wilkinson D. Evaluation of the NHS Health Trainer schemes in England. Department of Health, £70,000. |
| 2006-2007 | **Michie S**, Wight D. Applying social-psychological theory to understanding professional and population health behavioural change. Medical Research Council, £20,500. (PHSRN22). |
| 2006-2007 | Bridle C, **Michie S**, Jochelson K. Behavioural Interventions for disadvantaged groups. The King’s Fund, £22,560. (F86). |
| 2006-2007 | **Michie S**. Non-implementation of Guidelines: a Mismatch of Models? Medical Research Council, £39,936. (06/RE2020). |
| 2006-2007 | **Michie S**, McEwen A, Kessel A, Nanchahal K, Cain S. Evaluation of a desktop resource to increase GP referral to smoking cessation services: a feasibility study. North Central London Research Consortium, £23,400. (06/Q0511/9). |
| 2005-2007 | Green S, Richards J, Grimshaw J, O’Conner D, McKenzie J, Mortimer D, **Michie S**, Francis J, O’Connor D. Implementating clinical practice guidelines in general practice: a cluster randomised controlled trial. National Health and Medical Research Council Australia, AUD$426 000 (£185,614). |
| 2004-2007 | **Michie S**, Williams S, Steer J, Whittington C. Implementing guidelines for preventing health care associated infections: the application of psychological theory and techniques. Hospital Infection Society, £60,000. |
| 2006 | **Michie S**, Horwood J, Johnston M, Johnston D. N-of-1 RCTs: methodology and application. Medical Research Council, £2,670. |
| 2006 | Johnston, Grimshaw, Pitts, **Michie**, Steen, Hrisos, Eccles, Francis, Sniehotta, Glidewell, Powell, Kolehmainen, MacLennan, Thomas, Molloy, Ross, Cruickshank, Laing. Implementation Group. Medical Research Council, £3,000. |
| 2005 | **Michie S**, Whittington C. Systematic review: the effectiveness of self-regulation interventions for increasing healthy eating in the general population. Health Development Agency, £10,000. |
| 2003-2005 | **Michie S**, Adshead F, Pilling S. “Developing and evaluating an integrated primary care-based smoking cessation service”. Neighbourhood Renewal Fund, Department for Environment, Food and Rural Affairs, £75,000. |
| 2003-2005 | McCarthy, Ingham-Clarke, Coleman, **Michie**, Kearney, Rawlinson, Sherlaw, Johnson. “Assessment of interrelationships between different measures of the quality of cancer services provided by NHS Trusts in England”. NHS Service Delivery and Organisation (SDO) National R&D Programme, £249,000. |
| 2003-2005 | **Michie S**, Adshead F, Pilling S. “Reducing health inequalities: development of the public health assistant role”. Neighbourhood Renewal Fund, Department for Environment, Food and Rural Affairs, £123,000. |
| 2003-2004 | **Michie S**, Taylor B, McCarthy C, Maddock P. Developing a psychological intervention to increase MMR uptake. Camden Primary Care Trust, £33,000. |
| 2003-2004 | **Michie S**, Pilling S. “Implementation of the NICE guidelines for schizophrenia”. National Institute of Clinical Excellence, £30,000. |
| 2003-2004 | **Michie S**, McKenna L. “Tinnitus distress: cognitive and conditioning explanations”. The British Tinnitus Association, £7,576. |
| 2001-2004 | Marteau T, **Michie S**, Dormandy E, Hooper R, Jones T, Griffiths M. Informed choice for antenatal screening: a randomised controlled trial of routine testing versus separate visit testing. NHS R&D, London, £197,387. |
| 2003 | **Michie**, Small, Khanderia, Foreman. “A pilot evaluation of community pharmacy-based smoking cessation”. North Central Thames Primary Care Research Network, £5,000. |
| 2002-2003 | **Michie S**, Smith J, Adshead F, Pilling S, Jones S. National Service Framework milestones in primary care: understanding barriers to behaviour change. NHS R&D: Health Action Zone Fund, £25,440. |
| 2002-2003 | Hardeman W, **Michie S**, Kinmonth AL, Prevost AT. “Training in behaviour change techniques to promote physical activity among people at risk of Type 2 diabetes: an evaluation”. Diabetes Care UK, £9,993. |
| 2002-2003 | **Michie S**, Johnston M. Seminars to extend and deepen the scientific understanding of the psychological processes involved in the implementation of evidence based practice (EBP) in health services. British Psychological Society, £3,000. |
| 2002 | **Michie S**. Measurement of NHS Staff Performance. Commission for Health Improvement, £3,000. |
| 1999-2001 | **Michie S**, Williams S, Cockcroft A. Developing a service to reduce health service staff stress and sickness absence. RFH Special Trustees, £55,949. |
| 1998-2001 | **Michie S**, Williams S. A pilot evaluation of interventions to reduce health service staff stress and sickness absence. The Nuffield Trust, £25,000. |
| 1997-1998 | Williams S, **Michie S**, Pattani, S. Improving the health of NHS staff, The Nuffield Trust, £20,000. |
| 1997-1999 | Marteau T, **Michie S**, Broadstock M, Mackay J, Bobrow M, Ponder B. The psychological impact of genetic testing for hereditary breast and ovarian cancer: a pilot study. Anglia and Oxford RHA, £50,988. |
| 1992-1993 | **Michie S**. Evaluation of stress management for medical students. RFH Special Trustees, £3,000. |
| 1988 | **Michie S**. Intervention to increase women’s attendance at antenatal classes. RFH Special Trustees, £1,162.78. |
| 1985 | **Michie S**. Antenatal class attendance, perinatal complications and postnatal behaviour. RFH Special Trustees, £820. |
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| ***Research Collaborator*** | |
| 2020-2021 | Limental et al. Barriers and facilitators to the uptake of blood culture sampling recommendation: a systematic review of qualitative literature, **Wellcome Trust**. |
| 2011-2012 | Squires J, Grimshaw J, Liddy C, Francis J, Michie S. Identifying facilitators and barriers to the uptake of retinopathy screening by individuals with diabetes mellitus, Canadian Institutes of Health Research. |
| 2009-2011 | Liu JJ, Davidson E, Bhopal R, Johnson M, White M, Netto G, Deverill M, Sheikh A. Effectiveness of smoking cessation, physical activity and dietary modification interventions adapted for South Asian, Black and Chinese populations. MRC/NIHR. |
| 2009-2012 | Renton A, Wall M, Clow A, Bull F, Draper A. Randomised cluster controlled trial of community level interventions to address social and structural determinants of physical activity, diet and mental well-being. Wellcome Trust, £1,534,080. |
| 2005-2006 | Green S, O’Conner D, Richards J. Closing the gap between research and practice: using behavioural change theory to identify barriers to implementation of evidence-based guidelines. Monash University Faculty Strategic Grant, $55 000. |
| 2005-2009 | Kinmonth AL et al. Development and evaluation of innovative strategies for the prevention of chronic disease in primary care. MRC, Co-operative Grant. |
| 2004-2007 | Thornicroft G, Johnson S, Farmer P et al. In-patient alternatives to traditional in-patient care. SDO NHS, £299,991. |
| 2001-2003 | Graham A, Ramirez A, Richards M. Poor mental health among hospital consultants: an investigation of causal factors and outcomes. Guys’ and St Thomas’ Charitable Foundation, £90,960. |
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| ***Workshop Grants*** | |
| 2016 | Presseau J, Hillmer M, Boet S, Brehaut J, Colquhoun H, Fairclough L, Foy R), Francis J, Grimshaw J, Horsley T, Ivers N, Lorencatto F, **Michie S**, Sales A, Witteman H. Disseminating best practices in optimising Audit and Feedback: beyond business as usual. CIHR Planning and Dissemination Grant, $10,000 CAD |
| 2009 | Amlot, Rubin, Michie. Lessons learned from swine flu for researchers: how should we study the next pandemic? Infectious Disease Research Network. |
| 2008 | Gruen, Green, Harris, Kaye, Grimshaw, Michie et al. Improving the health outcomes of people following traumatic brain injury or spinal cord injury through a program to increase the use of research evidence in practice. Victorian Neurotrauma Initiative, $9 800. |
| 2006 | Behaviour change theory in implantation research, Aberdeen, UK. Medical Research Council, £3,000. |
| 2006 | N-of-1 RCTs: methodology and applications, Bristol, UK. Medical Research Council, £2,670. |
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| ***Study Visit/Travel/Workshop Grants*** | |
| 2015  2006 | How to create, evaluate and implement effective digital healthcare interventions: development of guidance. Medical Research Council, £10,000.  Oral presentation, international conference, Bangkok, Thailand. UCL Graduate School, £672. |
| 2005 | Keynote, international conference, Havana, Cuba. UCL Graduate School, £497. |
| 2004 | Oral presentation, international conference, Helsinki, Finland. UCL Graduate School, £278. |
| 2003 | Burton, Kagan, Orford, Michie. British Psychological Society Visiting Fellow, £940. |
| 2003 | Burton, Kagan, Orford, Michie. British Psychological Society Visiting Psychologist, £940. |
| 2003 | Oral presentation, international conference, Greece. The British Academy, £344. |
| 2001 | Invited presentation, international conference, Cook Islands. The Wellcome Trust, £800. |
| 2000 | Lecture tour and research collaboration in Australia. The Royal Society, £1,600. |

# **Selected invited talks**

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| ***Keynote Lectures*** | |
| 2021  2020 | **The 12th International Conference on Biomedical Ontologies OntoBESS Workshop.** *The Human Behaviour-Change Project & the Behaviour Change Intervention Ontology*  **UCL Institute of Mental Health** Annual Conference. *Behavioural science contributions to managing the pandemic.*  **Academy of Social Sciences** Annual Lecture. *Society, behaviour & science in the time of pandemic: Reflections on Covid-19 in the UK.*  **Rencontres of Santé publique France.** *Why invest in Behavioural, Environmental, Social and Systems Interventions research?*  **China National Federation of Preventive Medicine** 3rd Interdisciplinary Behavioral Health Forum & Inauguration of the Division of Behavioral Health: *Behavioral health in practice: mechanisms of behavioral change in the context of the COVID-19 pandemic*  **British Association of Behavioural and Cognitive Psychotherapy** Annual Conference**,** *Changing Behaviour: Key to Reducing COVID-19 Transmission*  **BPS Annual Conference** Doing What Matters: Value-Driven Clinical Psychology in Action**,** *COVID-19: Lessons for Creating a more Resilient Society*  **UK Society of Behavioural Medicine Annual Conference,** *COVID-19: Behavioural science meets Policy*  **Republic of Ireland and Northern Ireland Joint Public Health Annual Conference,** *COVID-19: Intervening using behavioural science*  **11th International Conference on Biomedical Ontologies,** *Applying Ontologies to Behavioural Science: The Human Behaviour-Change Project*  **Society of Behavioral Medicine Annual Meeting,** *Artificial Intelligence meets Behaviour in Health: Hope, Hype, or Harm?*  **National Academy of Medicine of Brazil,** online. *Social and behavioural aspects of managing the UK and Brazil response to the Covid-19 pandemic.* |
| 2019 | **Netherlands Behavioural Insights Team,** The Hague, Netherlands. *Behavioural Science meets Computer Science: The Human Behaviour-Change Project.*  **Canadian Academy of Audiology,** Halifax, Canada. *Applying the Behaviour Change Wheel to designing and evaluating interventions to help clinicians help patients.*  **Behaviour Change, Science and Policy Symposium** **with Prime Minister’s Office,** Helsinki, Finland. *Applying behavioural science to policy and interventions: a tool for collaboration*  **International Convention of Psychological Science***,* Paris, France*. Changing Behaviours throughout Society.*  **DigiCog Workshop: harnessing digital technology to probe human cognition and behavior***,* Provence, France. *Behavioural Science meets Computer Science: The Human Behaviour-Change Project.* |
| 2018 | **EuroHealthNet INHERIT Your Future,** Vienna,Austria:pre-event to Austrian EU Presidency conference on transforming food systems**.** *Behaviour change in the context of sustainability, health & social inclusion*  **ESRC Festival of Social Science,** London, UK. *Behavioural Science: Key to Implementing Policy*  **Netherlands Conference on New Directions for Behaviour Change**, Radmoud University, Netherlands. *Organising what we Know to build the Future of Behaviour Change.*  **European Social Marketing Conference,** Antwerp, Belgium.*Behavioural Science for Health, Social and Environmental Change.*  **Portuguese Psychology Association,** Braga, Portugal.*Changing Behaviour  to Improve Health.*  **Canadian Summit on Community Pharmacy,** Halifax, Nova Scotia, Canada. *Changing Healthcare Practice: A Behavioural Science Approach.*  **German Conference of Evidence-based Medicine,** Graz, Austria. *Revolutionising evidence synthesis and use: the Human Behaviour-Change Project.*  **Japan Agency for Medical Research and Development,** Tokyo, Japan. *Methodologies for developing and evaluating digital interventions.* |
| 2017 | **HEPA Europe annual conference,** Zagreb, Croatia. *Applying behavioural science to developing and evaluating digital interventions: implications for physical activity.*  **British Society of Periodontology annual conference,** London, UK. *Effecting behaviour change: What does the science tell us?*  **Informatics and Health,** Manchester, UK.*Artificial Intelligence meets behavioural science: The Human Behaviour Change Project.*  **Psychological Society of Ireland annual conference,** Dublin, Ireland. *Building the science of behaviour change: the Human Behaviour-Change Project.*  **2nd International Conference on e-Coaching for Health and Wellbeing,** Amsterdam, Netherlands. *An evidence-based alcohol-reduction smartphone app.* |
| 2016 | **Finnish Prime Minister's Office's Government Policy Analysis Unit National Seminar,** Finland. *Designing more effective public policy to change behaviour:  The contribution of behavioural science.*  **Nordic Health Promotion Research Conference,** Jyväskylä, Finland.*Changing behaviour to improve health: frameworks for developing interventions.*  **International Behavioral Trials Network**, Montreal, Canada. *Behaviour Change Taxonomy (Ontology).*  **Educational Psychology Research Conference,** London, UK. *Changing behaviour: frameworks for developing interventions*  **UK National Smoking Cessation Conference**, London, UK. *Personalising support for smokers using the Behaviour Change Wheel.* |
| 2015 | **International Symposium: Health Information – Challenges and Strategies,** Lausanne, Switzerland. *Behaviour change: theories, taxonomy and strategies.*  **International Federation of Infection Control,** Malta. *Designing better interventions: Understanding behaviour change to plan more effective infection prevention and control*  **Hungarian Institute for Health Development,** Budapest, Hungary. *The Behaviour Change Wheel: a systematic method for designing interventions.*  **Diabetes in Primary Care Conference,** Cork, Ireland. *The role of goal-setting in self-management of diabetes.*  **European Health Psychology Society**, Cyprus. *Building the science of behaviour change: organising & integrating the accumulating evidence*  **Danish Implementation Network Annual Conference,** Denmark.*The Behaviour Change Wheel: a new method for characterising and designing behaviour change interventions*  **Motivate Active Healthy Lifestyles**, University of Lisbon, Portugal. *Frameworks for designing behaviour change interventions.*  **Imparts** (Integrating Mental and Physical Healthcare), Kings College London, UK. *Translating evidence into practice: the role of behaviour change.*  **Australasian Society for Behaviour and Health Medicine,** Perth, Australia**.** *Translating evidence into practice: the role of behaviour change and theory.*  **Institute for Economic Analysis of Decision-making,** University of Sheffield, UK. Exploring the intersections between economics and psychology. *Behaviour Change beyond Nudge.* |
| 2014 | **Finnish Social Psychology Conference**, Helsinki, Finland. *Understanding and Changing Behaviour: Theories and Techniques.*  **Society for Back Pain Research**, Dublin, Ireland.*Behaviour Change Theory and Applications to improving Outcomes of Back Pain Research.*  **1st Uruguayan Conference of Tobacco and Health,** Colonia, Uruguay. *Training Stop Smoking Counsellors.*  **Academy of Behavioral Medicine Research,** Washington, USA. *Complex behavioral interventions: How to conceptualize, specify and inform with theory.*  **Canadian Psychological Association annual convention,** Vancouver, Canada. *Changing Behaviour: Models and Methods.*  **International Society for Behavioral Nutrition and Physical Activity annual conference,** San Diego, USA.*Applying Behavioural Science to Developing & Evaluating Behaviour Change Interventions.*  **Public Health England/NICE** conference on Evidence into Practice, Nottingham, UK. *Changing behaviour to implement evidence.*  **Health Services Research and Pharmacy Practice** 20th Anniversary Conference, Aberdeen, UK. *The Importance of Theory in Explaining & Changing Behaviour.*  **Greater Manchester Behaviour Change Commission** launch, Manchester, UK**:** *Achieving behaviour change to improve public services and their impact.*  **DAFNE Collaborative Meeting,** Manchester, UK**:** *Designing interventions to change behaviour.* |
| 2013 | **International Psychology Congress,** Braga, Portugal. *Changing Behaviour to improve Clinical Practice and Policy.*  **UCSF Center for AIDS Research conference**Implementation sciences and the global response to HIV/AIDS, San Francisco, USA.*A Theoretical Framework  for Understanding Health Provider Behavior*  **Royal Society of Public Health,** London, UK.*The scientific basis of “evidence-based” behaviour change interventions.*  **British Dietetic Association annual conference,** London, UK.*Changing behaviour: Who and how?*  **Medicine 2.0, 6th World Congress on Social media, mobile apps, internet/web 2.0.** London, UK. *Designing digital interventions: Applying theories and methods from health psychology.*  **British Association for Cognitive and Behavioural Psychotherapy (BABCP) Annual Conference,** Imperial College London, UK.*Designing and Evaluating Interventions to Change Behaviour using 'The Behaviour Change Wheel'.*  **Global Resilience Innovation Platform (GRIP) Summit 2013**, Beaumont Estate, Windsor, UK. *Changing professional practice – principles and evidence.*  **International Society for Behavioral Nutrition and Physical Activity Conference**, University of Cambridge, UK. *Behaviour change techniques and a framework for increasing physical activity.* |
| 2012 | **UK Society of Behavioural Medicine Scientific Conference**, Manchester University, UK. *Strengthening the links between science and policy: the Behaviour Change Wheel*.  **National Prescribing Service Facilitators’ Forum**, Sydney, Australia. *The behaviour change wheel: a system for designing effective interventions*.  **Australian Guideline Developers Network Meeting**, Melbourne, Australia. *Getting the best from your guideline committee*.  **Implementation Science Summer School,** Dublin, Ireland. *The Behaviour Change Wheel: a method for developing interventions.*  **NHS Confederation**, Manchester, UK. *Building bridges and improving health in hospitals: the behaviour change wheel.* |
| 2011 | **Australian Cardiac Rehabilitation Conference**, Perth, Australia. *Interventions to reduce risk factors.*  **HSRN and SDO Network Annual Conference** “Delivering Better Health Services”, Liverpool, UK. *Changing behaviour to improve health and reduce inequality.*  **European Centre for Disease Prevention and Control Conference**, Stockholm, Sweden. *Using research to inform communication strategies*. |
| 2010 | **Society for the Study of Addiction Annual Symposium**, York, UK. *Identifying effective behaviour change techniques in smoking and alcohol interventions*. **KT Canada Annual Conference**, Calgary, Canada. *Knowledge transfer: a behavioural science perspective*. |
| 2009 | **6th Annual Midlands Health Psychology Conference**, Coventry University, UK. *Minimising the impact of pandemic flu: the role of behaviour*.  **UK Society of Behavioural Medicine Scientific Conference**, University of Southampton, UK. *Behavioural sciences as applied to influenza*.  **2nd Latin American Society for Research into Nicotine and Tobacco Conference**, Mexico City, Mexico. *Optimising behavioural support for smoking cessation*.  **Society for Genomics Policy and Population Health Annual Conference**, London, UK. *Does knowledge of genetic risk motivate people of adopt healthy behaviours?*  **North British Pain Association Conference**, Edinburgh. *Changing behaviour in patients with chronic health problems: principles and techniques*. |
| 2008 | **Global Healthcare Alliance for Treatment of Tobacco Dependence**, Lisbon, Portugal. *Engaging the patient: a fresh look at behavioural approaches*.  **World Julian Aleksandrowicz Scientific Congress**, Cracow, Poland. *Changing behaviour to improve health*.  **7th Conference on Psychology and Health**, Lunteren, Netherlands. *Advancing the science of behaviour change*.  **22nd Conference of the European Health Psychology Society**, Bath, UK. *Making a difference: The role of behaviour change science in government policy*. |
| 2007 | **European Congress of Psychology**, Prague, Czech Republic. *Changing behaviour to improve health.* State of the Art lecture.  **Annual Conference of the British Psychological Society** Division of Health Psychology, Nottingham, UK. *Behaviour change: theory, evidence and application*. |
| 2006 | **National Institute of Clinical Studies**, Melbourne, Australia. 1st National Conference: Using Evidence, Using Guidelines symposium. *Understanding guideline implementation: using psychological theory*.  **26th International Congress of Applied Psychology**, International Association of Applied Psychology, Athens, Greece. *Genetic testing – psychological consequences and interventions*. State of the Art lecture. |
| 2005 | **3rd Guidelines International Network Annual Conference**, Evidence in Context. Lyon, France. *How to get the message across.*  **Irish Division of Health Psychology** Annual Conference, Dublin, Ireland. *Changing behaviours related to health: which theories and which techniques?*  **International Society of Behavioural Medicine** and Finnish Institute of Public Health, Lahti, Finland. *Applying the evidence base to prevent disease and improve health: how to incorporate theory into program design*.  **Medical Research Council** Health Services Research Fellow Annual Conference, Bristol, UK. *Improving health: using psychological theory.* |
| 2004 | **Michigan Center for Genomics and Public Health**, USA. *Communicating genetic information: process and outcome.*  Inaugural **Greek Health Psychology Conference**, Athens, Greece. *Health psychology in Europe: challenges and future directions.*  **4th Health Psychology International Conference**, Havana, Cuba. *Changing behaviours related to health: the application of psychological theory*. |
| 2002 | **16th European Health Psychology Society Conference**, Lisbon, Portugal. *Genes and health: should we predict?* |
| 1998 | **Nuffield Trust** Invited Conference for NHS Chief Executives, Westminster, London. *Caring for the NHS workforce, time to make a difference*. |
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| ***International Invited Talks*** | |
| 2021 | **Guideline International Network** annual conference. *Understanding behaviour and implementation in managing Covid19.*  **OECD** Global Science Forum - Research agendas: lessons learned from COVID 19. *Behavioural compliance with government regulations during the COVID-19 pandemic.*  Pasteur Institute, **France**. Covid-19: Advances and Challenges International Conference. *Applying behavioural science to understanding Covid-19 protective behaviours.*  **Lancet** Covid Commission Public Health and Vaccines task forces meeting. *UK situation post Delta* |
|  | **WHO** Public Health and Social Measures consultation, Global.*Towards a global research agenda to measure the effectiveness and impact of PHSM during health emergencies.*  Precision Convergence Webinar Series: Linking Brain to Society for Adaptive Real-World Behavior, **USA.** *The Human Behaviour-Change Project.*  Hong Kong Society of Behavioral Health Webinar, **Hong Kong**. *Applying behavioural science to increasing Covid-19 vaccination uptake.*  World Pandemic Conference, *A behavioural science approach to pandemic management,* Webinar, **Turkey.**  Agency for Health Quality and Evaluation, Health Department Catalonian Government. The social approach to deal with future pandemics*. Effective behavioural, environmental, social and systems interventions (BESSI) for pandemic preparedness,* Webinar, **Spain.**  Food Standards Agency International Conference. *Understanding and changing behaviours in the food system.* Webinar, **UK.**  Department of Psychology, University of Santiago, Chile. *COVID-19: Changing Behaviour to Reduce Transmission*, Webinar, **Chile.** |
| 2020 | Beyond Boundaries. *The Climate and Sustainability Crisis: the Need for Behaviour Change.* **Global Webinar**, hosted by UCL.  The Max Planck Institute, Berlin. *The Human Behaviour-Change Project*. Webinar, **Germany**. *Organising knowledge about behaviour change interventions:*  US Government Office of Planning, Research and Evaluation meeting: Exploring Core Components Research in Social Services Settings. *Taxonomies and ontologies: Organising knowledge about core components*, Webinar, **USA.**  OECD International COVID-19 Behavioural Insights & Policy Group. *How Behavioural Insights are useful for policy and operational response in COVID-19*. **Global** webinar.  World Health Organization South-East Asia Region. *How Behavioural Insights are useful for policy and operational response in COVID-19*, Webinar, Geneva, **Switzerland.**  International Behavioural Trials Network. *Limiting Covid-19 transmission: a behavioural perspective*, Webinar, **Canada.**  XR Scientists ‘Ask A Scientist’ global webinar. Panel Discussion. Audience 35K.  Society of Behavioral Medicine. Integrating the Multiphase Optimization Strategy & the Behaviour Change Intervention Ontology, Webinar, **USA**. |
| 2019 | Society for the Study of Addiction. Introduction to Ontologies, Newcastle, **UK.**  Society of Behavioral Medicine Behavior Change Grand Rounds. *The Theory and Technique Tool (TATT): Making Theoretical Constructs Useable, Useful & Testable.* Webinar, **USA.**  Canadian Academy of Audiology**.** *Successful hearing aid use in adults: How theory can help us understand and change behaviour.* Halifax, **Canada.**  Australasian Group of Addiction Journal Seminar: *Why an Addiction Ontology?* Sydney, **Australia.**  Society of Behavioral Medicine Behavior Change Grand Rounds. *Behavioural Science meets Computer Science: The Human Behaviour Change Project*, Webinar, **USA.**  National Academy of Medicine and Academy of Medical Medical Sciences Rosenthal Symposium. *Revolutionising evidence synthesis and use: the Human Behaviour-Change Project.* London, **UK.** |
| 2018 | European Monitoring Centre for Drugs and Drug Addiction. *Implementation: Models and frameworks.* Lisbon, **Portugal.**  Trinity College Dublin School of Psychology. *The Human Behaviour-Change Project: Behavioural Science meets Computer Science*, Dublin, **Ireland.**  Society for the Study of Addiction. *Comprehensive, consistent and accurate: the Human Behaviour-Change Project.* Newcastle, **UK.**  10th Duodecim International Symposium. *Developing effective behaviour change interventions.* Saanas, **Finland.**  10th Duodecim International Symposium. *Process evaluation.* Saanas, **Finland.**  International Behavioral Trials Network. *Advancing the Sciences of Implementation and Behaviour through Ontologies.* Montreal, **Canada.**  International Behavioral Trials Network workshop. *Building an ontology of behaviour change interventions.* Montreal, **Canada.**  Canadian Institute of Health Research Workshop: Rewarding Success Initiative. *Complex interventions: intervention design considerations to increase effectiveness.* Montreal, **Canada.**  German Conference of Evidence-based Medicine. *Integrating behavioural, computer and information for evidence synthesis and interpretation:  the Human Behaviour-Change Project*, Graz, **Austria.**  Japan Agency for Medical Research and Development. *Behaviour science and public policy in UK healthcare*, Tokyo, **Japan.**  Behavioral Informatics and Technology Group, Society of Behavioral Medicine, *Human Behavior Change Project: Building the science of behavior change through machine learning,* **USA.** |
| 2017 | Evidence-based Practice Center at the University of North Carolina, **USA** and Cochrane **Austria**. *Behaviour Change Techniques and Theories: How to analyse the content and mechanisms of action of behaviour change interventions in published articles?*  Karolinska Institute Medical Management Centre, **Sweden.** *Implementation: What, why and how?*  Karolinska Institute Medical Management Centre,**Sweden***. Implementation and Behaviour Change*  Utrecht University Medical Centre, **Netherlands**. The Mebius Kramer lecture: *Changing behaviour: Tools for thought and practice.*  IBM Thomas J. Watson Research Center, New York, **USA**. *Behaviour change intervention design and evaluation.*  European Health Psychology Society annual conference, Padova, **Italy**. State of the Art lecture. *The Human Behaviour Change Project: harnessing computer science to advance behavioural science.*  African Population and Health Research Center, Nairobi, **Africa**. *Behaviour as part of dynamic systems.*  International Behavioural Trials Network 3rd Annual Conference, Montpelier, **France.** *Behaviour Change Taxonomies (and Ontologies).*  International Behavioural Trials Network 3rd Annual Conference, Montpelier, **France.** *Evaluating effective components within digital interventions:*  *the example of Drink Less.*  Centre for Research in Evidence-Based Practice, Bond University, **Australia.** *Improving Research Efficiency: The Human Behaviour Change Project.* |
| 2016 | Annual Conference on the Science of Dissemination and Implementation, Washington, **USA**. *Fidelity and adaptation: Both needed for the theoretical understanding of change.*  Science of Behaviour Change Grand Round, University of Colombia, **USA**. *Linking Theory to Techniques of Behaviour Change: A step towards building an Ontology of Behaviour Change Interventions.*  Population Health Intervention Research International Consortium Conference, Paris, **France.** *Improving behaviour change interventions: the importance of linking behaviour change techniques to their mechanisms of action.*  Process evaluation of population health intervention research, International Workshop. *Behaviour change techniques and their mechanisms of action.* Paris, **France.**  Society for the Study of Addiction, **UK.** *Characterising intervention content in terms of behaviour change techniques*  National Institutes of Health, **USA**. Mind the Gap webinar series. *Reducing Waste in Research: Use of Taxonomies and Frameworks of Behaviour Change* |
| 2015 | World Health Summit, Berlin, **Germany**. *Health Psychology:Changing Behaviour in Health Professionals.*  Danish Centre for Intervention Research annual conference, Copenhagen, **Denmark**. Developing theory-based interventions: *which behaviour-change approach should I use?*  All **Ireland** Cancer Consortium conference, Belfast*. Preventing and managing cancer: an approach to behaviour change*  School of Public Health, University of Aarhus, **Denmark**. *The Behaviour Change Wheel: a new method for characterising and designing behaviour change interventions.*  European Congress of Obesity, Prague, **Czech Republic**. *What behaviour change techniques and theory work best for population-based nutrition & physical activity interventions?*  Hochbaum Lecture, University of North Carolina at Chapel Hill, **USA.** *Building the Science of Behaviour Change.*  Motivate Active Healthy Lifestyles, University of Lisbon, **Portugal**. *The role of theory in behaviour change interventions and a review of behaviour change theories.*  School of Psychology and Speech Pathology, Curtin University, **Australia**. *Behaviour change interventions: How to conceptualise, specify and inform with theory.* |
| 2014 | 1st Uruguayan Conference of Tobacco and Health**,** Colonia, **Uruguay**. *The role of the therapist in achieving behavioural outcomes.*  BMC Health Services Research conference, Kings College London. *Implementation Science: understanding behaviour change and maintenance.*  Department of Family and Preventive Medicine, University of California at San Diego, **USA**. *Applying Behavioural Science to Developing & Evaluating Behaviour Change Interventions.*  International Behavioural Trials Network Meeting, Montreal, **Canada.** *The Behavior Change Technique Taxonomy (v1).* |
| 2013 | The Nova Scotia Health Research Foundation, Halifax, **Canada**. *Applying theory to designing complex interventions.*  Dalhousie University, Halifax, **Canada**. *Changing behaviour to improve health.*  Prevention and Population Sciences Program, National Institutes of Health, Washington, **USA**. *The Behavior Change Technique Taxonomy (v1)*  Institute of Medicine, Linkoping University, **Sweden**. *Clinical Behaviour Change: Applications of the Theoretical Domains Framework.*  International Symposium on Complex Interventions, LSHTM, London, **UK**. *Applying Theory to Designing and Evaluating Complex Interventions.* |
| 2012 | The School of Medicine and Public Health, University of Newcastle, **Australia**. *Designing and reporting interventions to change behaviour using “The Behaviour Change Wheel”.*  The Karolinska Institute, Stockholm, **Sweden**. *A system for designing effective behaviour change interventions.*  Theoretical Domains Framework Invited Workshop, Ottawa, **Canada**, December. *Development and Validation of the Theory Domains Framework.*  Audit and Feedback Invited Workshop, Ottawa, **Canada**, December. *Applying theory to designing A&F interventions and evaluations*  School of Public Health and Preventive Medicine, Monash University, Melbourne, **Australia**, November. *Designing interventions to change health professional behaviour.*  The Sustainability Institute, University of Monash, **Australia**, November. *An Introduction to the Behaviour Change Wheel.*  Behaviour Works/ the Shannon Company, Melbourne, **Australia**, November. *Which behaviour change approach should I use?*  Knowledge Translation Terminology Meeting, KT Canada, Ottawa, **Canada,** September**.** *The Behaviour Change Wheel, Theoretical Domains Framework, Behaviour Change Techniques.*  Health Services Research Association of Australia and New Zealand, Sydney, **Australia,** May. *Evidence into practice: the contribution of behavioural science.*  National Prescribing Service, Sydney, **Australia,** May. *The Behaviour Change Wheel: a model for understanding and changing behaviour*. |
| 2011 | European Parliament, Brussels, **Belgium**. Conference: Psychology: A contribution to EU policy-making. *Behaviour change in pandemic flu and obesity*.  European Centre for Disease Prevention and Control, Stockholm, **Sweden**. *Tackling seasonal flu in Europe: applying the* *Behaviour Change Wheel.*  Norwegian Centre for Addiction Research, Stavanger University Hospital, **Norway.** *The role of identity in behaviour change.*  University of Hong Kong School of Public Health and Centre for Excellence for Control of Pandemic Influenza, **Hong Kong**. *Minimising the impact of pandemic flu: the role of behaviour.*  Cardiac Society of Australia and New Zealand, Perth, **Australia.** *The role of psychological theory in designing and evaluating interventions to change CVD-related behaviour.*  Cardiac Society of Australia and New Zealand, Perth, **Australia.** *Taking healthcare interventions from trial to practice.*  Centre for Research into Evidence-Based Practice, Bond University, **Australia***. Implementation and the science of behaviour change.*  2nd Global Social Marketing Conference, Dublin, **Ireland**: *The Behaviour Change Wheel: a system for designing effective interventions.*  Ottawa Hospital Research Institute, Ottawa, **Canada**: *Validating a theoretical framework for behaviour change*.  Cochrane Effective Practice and Organisation of Care (EPOC) Group: Ottawa, **Canada**: *Making reviews more informative: applying theory and specifying intervention content*.  European Centre for Disease Prevention and Control conference, Stockholm, **Sweden**: *The Behaviour Change Wheel: a system for designing effective interventions*. |
| 2010 | Norwegian Centre for Addiction Research, Stavanger University Hospital, **Norway**: *Behaviour change: theories and application.*  Center for Health Improvement and Prevention, University of Connecticut, **USA**: *Advancing* *the science of behaviour change*.  Ottawa Hospital Research Institute, Ottawa, **Canada**: *Methods for developing effective behaviour change interventions*.  Department of Psychology, University of Ottawa, **Canada**: *The role of behaviour change theory in knowledge translation*.  WHO/Wellcome Trust international meeting on the Public Health Research Agenda for Influenza, London, **UK**: *Promoting tools: communication*.  Implementation Research Institute, Center for Mental Health Services Research, Washington University in St Louis, **USA**: *Theories of behaviour change and implementation strategies at provider level*.  World Health Organisation, Geneva, **Switzerland**, Expert Workshop on Modern Tools for Strategic Communication: *Communications and public health interventions in disease outbreaks*.  NHMRC National Institute of Clinical Studies, Melbourne, **Australia**: *Current research work in guidelines.*  Australian Satellite of the Cochrane Effective Practice and Organisation of Care (EPOC) Group, Melbourne, **Australia**: *Using behavioural theory to design knowledge translation interventions*. |
| 2009 | European Centre for Disease Control, Brussels, **Belgium**. Invited experts workshop on Influenza Development and Research Priorities: *Behavioural sciences as applied to influenza.*  Graduate School for Health Research, Medical Center, University of Groningen, **Netherlands**. *Improving health by changing behaviour.* |
| 2008 | XI International Conference for the Treatment of Tobacco, Rio de Janeiro, **Brazil**: *Engaging the patient – a fresh look at behavioural approaches*.  Global Healthcare Alliance for Treatment of Tobacco Dependence, Lisbon, **Portugal**: *Engaging the patient – a fresh look at behavioural approaches.*  10th Annual Conference of the Society for Research in Nicotine and Tobacco, Rome, **Italy**: *Applying psychological theory to promote evidence-based clinical practice.*  Expert Workshop (“Synergy”), European Health Psychology Conference, Bath, **UK**: *Designing internet interventions to test theories of behaviour change*.  Expert Workshop: Issues in Health Behavior Change, Freie Universit**ät, Berlin, Germany: *Designing and evaluating internet-based interventions.***  7th Conference on Psychology and Health, Lunteren, the **Netherlands**: *Trial designs for interventions: are there alternatives to the RCT?*  5th World Congress on Prevention of Diabetes and its Complications, Helsinki, **Finland**. Debate: *Health Behavior Change: are our cognitive-rational theories any good?*  Department of Psychology, Frere Universit**ät, Berlin, Germany: *Behaviour change: theory and application*.** |
| 2007 | Canadian Institutes of Health Research: Ottawa, **Canada**. Invited lecture at the symposium ‘Behaviour approaches to knowledge transfer organised by the Knowledge Translation-Improved Clinical Effectiveness through BEhavioural Research Group (KT-ICEBERG): *Behavioural approaches to intervention fidelity.*  VU University Medical Center: the **Netherlands**: *Preventive behaviour: what motivates people to adopt healthy lifestyles?* |
| 2006 | European Meeting on Psychosocial Aspects of Genetics, Amsterdam, the **Netherlands**: *What works and why in Genetic Counselling? The need for theory*.  National Institute of Clinical Studies, Melbourne, **Australia**: *Synthesising and implementing evidence: why psychology?* |
| 2005 | Assessment and Intervention in Health and Illness: invited experts’ scientific workshop, Leiden, the **Netherlands**: *A self-regulation intervention to increase hand hygiene behaviour in hospital staff.* |
| 2004 | Public Health Genetics Symposium, University of Michigan, **USA**: *Communicating genetic information: process and outcome.*  American Society of Human Genetics Conference, Ontario, **Canada**: *Quality genetic counselling: theory and evidence in process and outcomes.*  Fifth Conference on Psychology and Health, Rolduc, the **Netherlands**: *Predictive genetic testing: the problem of low risk results*. |
| 2003 | Psychological Interventions in Physical Health: invited experts’ scientific workshop, **Cook Islands**. *Predictive genetic testing: understanding why negative test results sometimes fail to reassure.* |
| 2000 | Psychology Dept, University of Sydney, **Australia**: *Genetic risk information: some psychological implications.*  The Murdoch Institute, University of Melbourne, **Australia**: *The psychological impact of predictive genetic testing.* |
| 1999 | European Science Foundation workshop on risk and decision making, University of Amsterdam, the **Netherlands**: *High risk behaviour in the face of low risk information: predictive genetic testing*. |
| 1995 | The Human Genetics Society of the Netherlands: symposium on Genetic Screening, Amsterdam, the **Netherlands**: *The psychological impact of carrier screening for cystic fibrosis: a three year follow-up*. |
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| ***National Invited Talks*** | |
| 2021 | **Scottish Covid Advisory Adherence Group, Scottish Government,** Maintaining Covid-protective behaviours long-term.  **Royal Institution** webinar. Science communication and public trust in the Covid-19 pandemic.  **Royal Society of Medicine** seminar: *COVID-19 Series: Your questions answered*  **Royal College of Physicians Advanced Medicine** conference,*The Role of Behavioural Science in Managing Covid-19.*  **Behavioural Science and Public Health Network** annual conference.*Embedding behavioural science in public health during COVID-19: Successes and challenges.*  **Local Government Association** national conference‘Applying Behaviour Change Techniques to the COVID-19 response’. *COVID-19: Increasing Adherence to Rules and Guidance.* |
| 2020 | **UK Government Cabinet Office Behavioural Science** webinar:*Possible impact of vaccination programme on adherence to interventions*  **UCL Microbiology Domain webinar:** *Reducing transmission by enabling behaviour change*  **University of Aberdeen** Health Psychology Group. *Intervening using behavioural science: COVID-19.*  **UK Government Department of Housing, Communities and Local Government.** *Intervening using behavioural science: COVID-19 and carbon emissions.*  **UCL Debating Society.** *This House Regrets the UK's Response to COVID-19.*  **Westminster Health Forum policy conference:** Development and rollout of Test and Trace, and the future of the COVID-19 contact tracing app. *Public engagement and behaviour change – encouraging uptake, adherence to requests to isolate, and building trust.*  **Institute of Employment Rights.** *Education and Psychological Wellbeing.*  **Royal College of Physicians Edinburgh.** *Understanding and changing citizens’ behaviour to manage Covid-19.*  **University of Leeds School of Psychology.** *Behavioural Science meets Computer Science: The Human Behaviour-Change Project* |
| 2019 | **The Royal Institution of Great Britain.** Science Lives Here.*Hearts & Minds: The Science of Behaviour Change*  **Complex Urban Systems for Sustainability and Health.** *Theory of Change.*  **UCL Open Science Salon.** *Open Science: Benefits and challenges.* |
| 2018 | **Innovation Summit 2018: Translational Research for Clinical Impact:** *Behavioural Science meets Computer Science: The Human Behaviour-Change Project*  **Interdisciplinary Network for Collaborative Understanding of Economic Dynamics (IN-CLUED)** *Interdisciplinary working: Benefits and challenges*  **Public Health England.** *Artificial Intelligence meets Behavioural Science: The Human Behaviour Change Project*  **Food Standards Agency.** *Changing Behaviour: Whose Behaviour and How?*  **Edge Hill University Festival of Ideas.** *Changing Behaviour to Improve Health: Towards the Future.*  **Birkbeck Research Centres, Birkbeck College.** *Creating an interdisciplinary research environment.*  **HM Revenue & Customs.** *Changing behaviour: individual & population, harnessing digital technology* |
| 2017 | **University of Liverpool Psychology Department.** *Using Artificial Intelligence for data interpretation & generating behavioural insights: The Human Behaviour Change Project*  **Department of Health** Behavioural Sciences Summit. *A behavioural sciences approach to improving healthcare.*  **Academy of Medical Sciences/NIHR** Future of Public Health Research workshop.*How the social sciences can improve health.*  **University College London Office of the Vice-Provost (Research).** *Working across disciplines: concepts, language and ways of working*  **University of Warwick Business School.** *Artificial Intelligence meets behavioural science: The Human Behaviour Change Project*  **Soapbox Science,** Southbank, London. *What does it take to change your behaviour?*  **Campaign for Social Science** launch of Health of People report.*How the social sciences can improve population health.*  **The ‘evidence-policy gap’ in behaviour change,** ESRC funded seminar.*Communicating ‘evidence’ about behaviour change: Challenges and solutions*  **UCL interdisciplinary conference: Health, Wellbeing & the Built Environment.** *Complexity, Implementation and Transdisciplinarity.* |
| 2016 | **British Thoracic Society Annual Conference.** *Behaviour change: what should be done for the patient in front of us?*  **University of York Health Sciences.** *The Human Behaviour Change Project.*  **Academy of Social Sciences.** Health of People roundtable. *Using social and behavioural sciences to improve health service delivery.*  **CLAHRC South London Implementation Science Masterclass.** *Implementation strategies, theories, models and frameworks.*  **Bupa Medical Advisory Council.** *Health-related behaviour and Effecting Change*  **PHE Applied Epidemiology Scientific Conference.** Warwick.*Changing behaviour to improve health.*  **NIHR School for Public Health Research.** Newcastle. *The development and evaluation of a theory-based smartphone application.* |
| 2015 | **Behavioural Public Policy: Theory and Practice,** UCL, London. *Hearts, minds & environment: three pillars of behaviour change.*  **Rosetrees Trust,** London. Symposium, Smart Technologies for Health. *Promises and pitfalls of using smartphone apps to change behaviour.*  **UCL** Lunch-time Lecture (for the public): *Hearts, minds & environment: the three pillars of behaviour change.*  **NICE,** London. Policy and Practice seminar: Using behaviour change theory to inform implementation support at a national level. *Using behaviour change frameworks to understand and improve implementation*.  **Royal Society of Medicine,** London. Mainstreaming medical apps; reducing NHS costs; improving patient outcomes. *Using apps to change behaviour.*  **UCL Centre for Ethics and Law**, London. Legal Risk: Definition, management and risk. *Compliance = Behaviour: a perspective from behavioural science.*  **Local Government Association**, London. Conference ‘Increasing public health with reducing budgets: how evidence can help.’ *How are local authorities using evidence?*  **Centre for Behaviour Change conference,** London.*Harnessing the power of digital technology to develop and test behaviour change theory*  **University of Oxford,** Centre for Evidence-Based Intervention. *Developing Behaviour Change Interventions: a Systematic Approach.*  **University of Sheffield,** Institute for Economic Analysis of Decision-Making.Workshop ‘Exploring the Intersections between Economics and Psychology’.*Behaviour Change beyond Nudge.*  **University of Leicester,** Department of Health Sciences. *Behaviour Change:  Complexities and Simplifying Frameworks.* |
| 2014 | **NIHR/PHE Health Protection Research Unit (Evaluation of Interventions):** *Characterising behaviour change in health protection*  **Department of Health***, Behaviour Change and Health*  **HM Revenue & Customs,** *Applying behavioural science to designing and evaluating complex interventions.*  **NIHR School for Public Health Research** Annual Scientific Meeting, Sheffield.*Applying theory to developing and evaluating behavioural interventions.*  **NICE Local Government conference,** London.*Public Health in Local Authorities.*  **NICE Annual Conference** plenary talk**,** Birmingham. *Reducing antimicrobial resistance: a behavioural response.*  **Health Psychology and Pharmacy Symposium**, University of Aberdeen. *Understanding and changing patients’ and health care providers’ behaviours.*  **British Institute of Facilities Management.** *Behaviour Change  across disciplines and sectors.*  **British Society for Antimicrobial Chemotherapy Annual Conference.** *Professional behaviour change in antimicrobial stewardship.*  **University of Manchester,** School of Psychological Sciences**.** *Using theory to design interventions: towards a Behaviour Change Ontology.*  **University of Glasgow Institute of Health and Wellbeing.** *Applying behavioural science to designing and evaluating complex interventions.*  **Department of Health** Division of Health and Wellbeing:*The Behaviour Change Wheel.*  **Department of Health and Infectious Disease Research Network.** Planning for a Pandemic. *Pandemic flu: the relevance and science of behaviour change.*  **Public Health England and Local Government Association.** *Evidence into Practice: Behaviour Change.*  **UCL Grand Challenge of Human Wellbeing** public meeting. *The complexity of decision-making: the role of behaviour.*  **UCL Bartlett Research Exchange.** *Ethics in Built Environment Research.* |
| 2013 | **European Antibiotic Awareness Day Conference**, UCL.*The role of behaviour and behaviour change in antibiotic resistance.*  **Public Health England** Alcohol and Drugs team. *The Behaviour Change Wheel.*  **University of Oxford** Centre for Evidence-based Medicine and Kellogg College. *Translating evidence to policy and practice: the role of behavioural science*  **University of Dundee** Population Health Sciences Division, Medical Research Institute. *Improving health by changing behaviour: health professionals, the public and patients*  **University of Dundee** **Dental Education Centre**: *Clinical Behaviour Change - Application of the Theoretical Domains Framework*  **University College London** Grand Challenges of Human Wellbeing Town meeting:*A cross-disciplinary model of behaviour change: the Behaviour Change Wheel.* |
| 2012 | **London School of Hygiene and Tropical Medicine.** *Designing interventions to change behaviour: The Behaviour Change Wheel & Behaviour Change Techniques.*  **Translating Research in a Dental Setting** conference, Edinburgh. *Understanding and Improving Knowledge Translation Interventions: Behaviour change techniques.*  The **Association for the Teaching of Psychology** annual conference, Aston University, *Changing Behaviour: Pandemic Flu and Obesity.*  **Institute of Digital Healthcare**, **University of Warwick**: *Designing digital interventions: applying theories and methods from health psychology.*  **British Nutrition Foundation Annual Conference**: *Eating and physical activity behaviours: a framework for interventions*.  **Queens University Belfast**: *The Behaviour Change Wheel: a system for designing effective interventions*.  **The Health Foundation** Improvement Science Development Group: *What do we mean by good theory as we develop improvement science?*  **NICE Annual Conference**: *Translating national guidance into local practice: a contribution from behavioural science*.  **British Medical Association Board of Science**: *‘Nudge’ and behaviour change* |
| 2011 | Department of Psychology, **University of Newcastle**: *Changing behaviour to improve health.*  School of Medicine Human Genetics Division, **University of Southampton**: *Does knowledge of genetic risk motivate people to adopt healthy behaviours?*  **Translation Research in a Dental Setting Programme (TRIADS)**, Edinburgh: *Designing audit and feedback trials.*  Ethnicity and Health Conference, **University of Edinburgh**: *Theoretical principles of adaptation.*  Arthritis Research UK Primary Care Centre, **University of Keele**: *The role of behaviour change theory in evidence-based practice.* |
| 2010 | **House of Lords Science and Technology Committee**, London, Seminar on behaviour change interventions to prevent and tackle obesity: *Changing behaviour in relation to obesity: eating and physical activity*.  **National Institute of Health and Clinical Excellence (NICE)** Implementation Strategy Group, Manchester: *From motivation to behaviour change.*  **British Psychological Society, Division of Health Psychology Annual Conference**, Queen’s University, Belfast: *Health psychology consultancy for the Department of Health (England)*.  **British Human Genetics Conference**, University of Warwick: *Does knowledge of genetic risk motivate people to adopt healthy behaviours?*  **National Institute of Clinical Health and Excellence (NICE)**, London, expert witness: *Applying behavioural interventions to low income and ethnic minority groups*.  **Oxford Clinical Psychology** seminar: *Improving health by changing behaviour: improving the science*, University of Oxford.  Institute of Society and Health, **University of Newcastle**: *Advancing the science of behaviour change*.  **Environment and Social Ecology of Infectious Diseases** network: *The role of behaviour and behaviour change in the transmission of airborne infection*, University College London.  **BPS Division of Clinical Psychology** London branch, London: *Understanding and developing effective techniques of behaviour change*.  **Infectious Disease Research Network** conference on Lessons Learned from Swine Flu, London: *Policy and research working together*. |
| 2009 | **MRC Human Nutrition Research Centre**, University of Cambridge: *Improving health by changing behaviour*.  **NHS Centre for Smoking Cessation and Training** national meeting, Cumberland Lodge, Windsor: *Identifying key specialist competences for smoking cessation*.  **Peninsula Medical School** Workshop on Complex Interventions and Medical Education, Exeter: *Training stop smoking specialists: a complex intervention*. |
| 2008 | **Medical Research Council** Workshop on Pathways to Mental Wellbeing, London: *Risk and public health messages*.  **British Psychological Society** “Psychology for All” conference, London: *Learning from research: changing health professionals’ behaviour*.  **National Institute for Clinical Excellence** 10th anniversary national conference, Manchester: *Behaviour change and health improvement – making it happen*.  **Department of Health** NHS Health Trainers Hub Partnerships meeting, Cambridge: *A web-based e-learning tool based on the NHS Health Trainer Handbook.*  **Wellcome/BIOS Centre** symposium, London: The Future of Biological Control: *Psychological issues in genetic technologies*.  **National Institute of Health and Clinical Excellence** Technical Forum: *Evidence into recommendations*.  **Cross-government** UK Scientific Pandemic Influenza advisory committee, London: *Behavioural sciences relevant to pandemic influenza*.  **Department of Health** seminar to Lord Darzi, other government ministers and DoH Directors as part of NHS Next Stage Review Futures Project, London: *Changing behaviour to improve health*.  **King’s Fund**, London: *Behaviour change in low income groups.*  Institute of Applied Health Sciences, **University of Aberdeen**: *Advancing the science of behaviour change*. |
| 2007 | **Camden Primary Care Trust** Public Health Department, London: *Supporting behaviour change in ‘hard to reach’ groups: the Camden Health Trainers*.  **University of Leeds**: *Implementation of evidence based practice*.  **University of Nottingham**: *Understanding behaviour change to improve health.*  **King’s Fund** Health Summit: The Patient of the Future, Leeds Castle: *Making lifestyle changes*.  **Medical Research Council** Population Health Sciences Research Network annual meeting: *Changing behaviour: towards best practice in the development of complex interventions*.  **National Institute of Health and Clinical Excellence** Technical Forum, London: *The dynamics of decision making in guidelines*.  **NHS Confederation Health Services** Research Network conference, The Impact of Health Services Research on Policy in the NHS: *Changing professional behaviour to improve health*.  **University of Southampton**: *Investigating theoretical explanations for behaviour change.*  **University of Manchester**: *Changing behaviour to change health: theory and policy.*  Department of Psychology, **University of Sheffield**: *Techniques and theories of behaviour change*. |
| 2006 | School of Human and Life Sciences, **University of Roehampton**: *How do behaviour change interventions work?*  Behavioural Sciences Group, **University of Cambridge**: *Using theory to explain intervention delivery and receipt: the case study of ProActive*.  Hygiene Centre, **London School of Hygiene and Tropical Medicine**: *Changing behavior to change health.*  **University College London**, Inaugural Address: *Changing behavior to change health.*  Wolfson Institute of Preventive Medicine, **Barts and the London**: *Developing and evaluating psychosocial interventions.*  **Camden and Islington** Mental Health and Social Care Trust: *The politics of health care: health trainers.*  Institute of Women and Children’s Health, **University College London**: *Risk, behaviour and health.* |
| 2005 | Centre for Health Services Research, **University of Newcastle**: *Using psychological theory in changing behaviour*.  Department of Psychology, **University of Surrey**: *Changing health behaviours: theory and techniques.*  **BPS/University of Leeds**: *Translating theory into practice: making psychological theory more useable for health psychologists in primary care.* |
| 2004 | **University College London**, Galton Institute of Genetic Medicine seminar series: *Communicating genetic risk information and its impact: a behavioural science approach.*  Department of Experimental Psychology, **University of Oxford**: *Festschrift* on the retirement of Professor Peter Bryant.  Mental Health Division, Department of Health: *Preventing mental and physical ill health*.  Department of Psychology, University of Stirling: *Implementing evidence based practice: making psychological theory useful.*  University of Bath: *Evidence into practice: theory based studies of implementing national guidelines.*  **Department of Health/Prime Minister’s Strategy Unit**: *Developing effective evidence-based behaviour change interventions*.  Department of Psychology, **University College London**: *Personal responsibility and changing behaviour.* |
| 2003 | Department of Experimental Psychology, **University of Oxford**: *Genetic testing: informed choice?*  Health Service Research Unit, **University of Aberdeen**: *Implementing evidence based practice: making psychological theory useable.*  **University of Sussex**: *Informed choice in health care: the role of attitudes.*  **University College London**, Centre for Bioscience and Society launch: *Genetic testing: who really decides?*  Health Service Research Unit, **University of Aberdeen**: *Promoting the uptake of research evidence*.  Department of Psychology (Health Group), **University College London**: *Implementing evidence based practice: making psychological theory useable.*  **North London Primary Care Network**: *Evaluation of a smoking cessation intervention by community pharmacists*. |
| 2002 | Department of Psychology, **University College London**: *Genetic testing: choice, communication and consequences.* |
| 2001 | **European Health Psychology Society** Annual Conference, St Andrews, Scotland: *How action plans work: a learning theory explanation.*  **University of Wales** College of Medicine: *Non-directiveness in genetic counselling.*  Royal Free and University College Medical School, Department of Psychiatry and Behavioural Sciences, **University of London**: *The impact of the New Genetics.*  School of Social Sciences, **University of Sussex**: *Psychological responses to genetic risk information.* |
| 2000 | Centre for Family Research, **University of Cambridge**: *Psychological aspects of predictive genetic testing.*  **University of Leeds**, Division of Health Psychology Annual Conference, Invited Workshop: *Professional qualification and consultancy.*  **St George’s Hospital Medical School**, University of London: *Health of the NHS Workforce: a systematic review.*  Department of Psychology, **University of Sheffield**, *Disease risk: the psychological impact of genetic testing*. |
| 1998 | Clinical Genetics Department, **University of Birmingham**: *Psychological aspects of predictive genetic testing.* |
| 1997 | **Wellcome Trust** Invited Conference, Understanding Genetics – How Much Do We Know?: *Communicating genetic information: experts dealing with uncertainty*.  Department of Genetics, Guy’s Campus, **University of London**: *Childhood predictive testing: some preliminary data.*  Department of Psychology, **University of Southampton**: *The New Genetics: great promise, great concern.* |
| 1996 | Department of Psychology, **University of Bath**: *Psychological aspects of the New Genetics.*  Centre for Family Research, **University of Cambridge**: *Behavioural and social science perspectives on genetic developments: genetic counselling.*  **Genetic Interest Group** 9th Interface Meeting: *Communicating and interpreting genetic information.* |
| 1995 | **Wellcome Trust** seminar: *A comparison of public and professionals’ attitudes towards genetic developments*.  **Human Fertilisation and Embryology Authority** Annual Conference: *Psychological aspects of the new reproductive technologies*.  **UK Social Science and Genetics Interest Group**, London: *Measuring recall of information given during genetic counselling.*  **Thomas Coram Research Unit**, University of London: *Predictive genetic testing in children: the need for psychological research.*  **Genetic Interest Group** ‘Genetics and the GP’: *Communicating genetic concepts.*  **University of Wales** Research Initiative Seminar, Cardiff: *Directive communication in genetic counselling.*  **UK Social Science and Genetics Interest Group**, London: *Predictive testing for familial cancers.* |

# **Academic supervision (UCL)**

Date Details

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| PhD 1st supervisor  2004-2009 John McAteer  2004-2012 Cath Taylor, p/t  2005-2009 Anna Davies  2008-2011 Zoe Stavri  2010-2013 Fabi Lorencatto,  2010-2014 James Harris p/t  2011-2018 Chris Jacobs, p/t  2013-2017 David Crane  2013-2017 Claire Garnett  2014-2018 Holly Walton  2014-2018 Olga Perski  2018- Paulina Schenk  2019 - Ayse Allison  PhD 2nd supervisor  2000-2004 Saskia Sanderson  2002-2005 Jo Waller  2006-2009 Wendy Hardeman  2008-2011 Leanne Morrison  2008-2011 Emma Beard  2009-2012 Katrina Scior  2009-2012 Nicola Lindson  2011-2015 Caoimhe Nic A Bhaird  2011-2017 Kingshuk Pal, p/t  2013-2016 Ghadah Ali Hamad Alkhaldi  2018- Eva Jermutus  DClinPsy  2002-2009: Alex King, Sarb Johal, Clare Domenech, Denise Waller  Sonya Frearson, Laura Baird, Mel Wiseman  DHealthPsy  2012: Lion Shahab  2014: Emma Beard  2019: Olga Perski  BSc/MSc projects in Health Psychology and Behaviour Change  Average of 2 per year |

# **Research**

## **Refereed Articles**

1. Smith L, Potts H, Amlȏt R, Fear N, **Michie S**, Rubin G. (2021) Holding a stigmatizing attitude at the start of the COVID-19 outbreak: A cross-sectional survey. *Br J Health Psychol.* [10.1111/bjhp.12564](https://doi.org/10.1111/bjhp.12564)
2. **Michie S**, West R, Pidgeon N, Reicher S, Amlôt R, Bear L. (2021) Staying ‘Covid-safe’: Proposals for embedding behaviours that protect against Covid-19 transmission in the UK. *British Journal of Health Psychology*, 26, 1238–1257. [10.1111/bjhp.12557](https://doi.org/10.1111/bjhp.12557)
3. Anderson NC, Kesten JM, Ayres R, Hickman M, Amlôt R, **Michie S**, Lorencatto F. (2022) Acceptability of, and barriers and facilitators to, a pilot physical health service for people who inject drugs: A qualitative study with service users and providers. *Int J Drug Policy* 99:103437. [10.1016/j.drugpo.2021.103437](https://doi.org/10.1016/j.drugpo.2021.103437)
4. Dianati K, Schäfer L, Milner J, … **Michie S**, et al. (2021) A system dynamics-based scenario analysis of residential solid waste management in Kisumu, Kenya. *Science of the Total Environment.*  [10.1016/j.scitotenv.2021.146200](https://doi.org/10.1016/j.scitotenv.2021.146200)
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8. Beard E, Lorencatto F, Gardner B, **Michie S**, Owen L, & Shahab L. (2021) Behavioral Intervention Components Associated With Cost-effectiveness: A Comparison of Six Domains. *Annals of Behavioral Medicine.* [10.1093/abm/kaab036](https://doi.org/10.1093/abm/kaab036)
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10. Dutey-Magni P, Gill MJ, Mcnulty D, Sohal G, Hayward A, Shallcross L, … **Michie S**, … et al. (2021) Feasibility study of hospital antimicrobial stewardship analytics using electronic health records. *JAC-Antimicrobial Resistance.* [10.1093/jacamr/dlab018](https://doi.org/10.1093/jacamr/dlab018)
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38. Lecouturier J, Kelly MP, Graham F, Meyer C, Tang MY, Goffe L, Bonell C, **Michie S**, & Sniehotta F. (2021) Public understanding of COVID-19 antibody testing and test results: A qualitative study conducted in the U.K. early in the pandemic. *Soc Sci Med;* 273(113778). [10.1016/j.socscimed.2021.113778](https://doi.org/10.1016/j.socscimed.2021.113778)
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### **Other Publications**

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## **Conference Abstracts**

1. **Michie S**. Behavioural theories: An ontology-based modelling system for integration, European Health Psychology Society annual conference (remotely delivered), 2021.
2. Johnston M, Corker E, Hayes E, Hastings J, Marques M, Castro Serrano O, West R, **Michie S**. Making the most of behavioural evidence: Development of an ontology of human behaviours, European Health Psychology Society annual conference (remotely delivered), 2021.
3. Cornelius T, Derby L, Bohlen L, Birk JL, Rothman A, Johnston M, **Michie S**. Linking Measures to Mechanisms of Action: An Expert Consensus Study, European Health Psychology Society annual conference (remotely delivered), 2021.
4. Wilson M, Grimshaw J, Brehaut J, Durand A, Francis J, Lalonde JF, Manuel D, **Michie S**, Witterman H, Presseau J. Leveraging behavioural science to understand facial ‘T-zone’ touching to reduce the spread of infectious diseases, European Health Psychology Society annual conference (remotely delivered), 2021.
5. Crawshaw J, Meyer C, Antonopoulou V, Lorencatto F, Presseau J, Konnyu K, Antony J, Simeoni M, **Michie S**, Grimshaw J, Ivers N. What behaviour change techniques are used in 285 randomized trials of audit and feedback interventions? European Health Psychology Society annual conference (remotely delivered), 2021.
6. **Michie S.** The Behaviour Change Intervention Ontology: Vision & Development. International Congress of Behavioural Medicine, Glasgow, UK (remotely delivered), 2021.
7. **Michie S**. Theory and Techniques in Developing and Evaluating Behavioural Interventions. International Congress of Behavioural Medicine, Glasgow, UK (remotely delivered), 2021.
8. Norris E, Wright A, Marques MM, Finnerty A, Moore C, West R, Johnston M, **Michie S**. Specifying intervention delivery and content. International Congress of Behavioural Medicine, Glasgow, UK (remotely delivered), 2021.
9. Schenk P, **Michie S**, West R, Hastings J, Lorencatto F, Moore C, Hayes E, Wright A. Developing an Ontology of Mechanisms of Action in Behaviour Change Interventions. International Congress of Behavioural Medicine, Glasgow, UK (remotely delivered), 2021.
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11. Wright A, Norris E, Finnerty Mutlu A, Marques MM, Johnston M, West R, Kelly M, Michie S. Specifying intervention settings and populations. International Congress of Behavioural Medicine, Glasgow, UK (remotely delivered), 2021.
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28. **Michie S**, Implementation: Models and frameworks, 3rd European Conference on Addictive Behaviours and Dependencies, Lisbon, Portugal, 2019.
29. **Michie S**, Carey R, Connell L, Johnston M, de Bruin M, Rothman A, Groarke H, Kelly M. The Theory and Techniques Tool: linking behaviour change techniques with their mechanisms of action, European Health Psychology Society annual conference, Dubrovnik, Croatia, 2019.
30. Hale J, Muindi K, **Michie S**, Inauen J, Byrne-Davis L. Interdisciplinary approaches to health and sustainability in low- and middle-income countries. European Health Psychology Society annual conference, Dubrovnik, Croatia, 2019.
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42. **Michie S,** West R, Johnston M, Kelly M, Thompson J, Shawe-Taylor J, Mac Aonghusa P. Revolutionising evidence synthesis and use: the Human Behaviour-Change Project, BPS Division of Health Psychology Annual Conference, Manchester, July 2019.
43. Johnston M, West R, Wright A, Finnerty A, Norris E, Marques M, Hastings J, **Michie S.** Ontologies of Behaviour Change Interventions: What, Why and How? BPS Division of Health Psychology Annual Conference, Manchester, July 2019.
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74. West R, Johnston M, Kelly MP, Finnerty AN, Marta MM, Norris E, Wright AJ, **Michie S**. Development of an ontology of behaviour change interventions, UK Society for Behaviour Medicine 13th Annual Scientific Meeting, Liverpool, UK, 2018
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27. **Michie S**, Davis R, Croghan E, Selladurai A & West R. What are the behaviour change techniques that characterise smartphone apps for smoking cessation? BPS Division of Health Psychology Annual Conference, Brighton, UK, September 2013.
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29. Lorencatto F, West R & **Michie S**. Using Behaviour Change Technique methodology for investigating fidelity of delivery in smoking cessation behavioural support. BPS Division of Health Psychology Annual Conference, Brighton, UK, September 2013.
30. West R & **Michie S.** Assessing the potential for smartphone apps to deliver behaviour change techniques. BPS Division of Health Psychology Annual Conference, Brighton, UK, September 2013.
31. Atkins L, **Michie S** & West R. Mixed methods evaluation of SF28 version 1: a theory-based stop smoking app. BPS Division of Health Psychology Annual Conference, Brighton, UK, September 2013.
32. **Michie S**, Davis R, Panagiotopoulou E, Campbell R.Theories of behaviour and behaviour change across disciplines: A systematic review. BPS Division of Health Psychology Annual Conference, Brighton, UK, September 2013.
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37. Bonevski B, Twyman L, Lorencatto F, **Michie S** & West R. Using Behaviour Change Technique (BCT) analysis to improve fidelity to treatment manuals in smoking cessation: A case study. UK National Smoking Cessation Conference, London, June 2013.
38. Lorencatto F, West R, Bruguera C, & **Michie S**. Methods for assessing fidelity and quality of delivery of smoking cessation behavioural support. UK National Smoking Cessation Conference, London, June 2013.
39. Fuller C, Besser S, Savage J, McAteer J, Stone S, **Michie S**. Why the FIT trial intervention worked: conclusions from applying a theoretical behaviour change framework to healthcare workers’ real-time explanations for non-compliant hand hygiene. European Congress of Clinical Microbiology and Infectious Diseases meeting, Berlin, Germany, April 2013.
40. **Michie S**, West R, Free C. Characterising the Txt2Stop smoking cessation text messaging intervention in terms of behaviour change techniques. Society of Behavioral Medicine Annual Meeting, San Francisco, USA, March 2013.
41. West R and **Michie S.** Development of SF28: a smartphone application to aid smoking cessation. Society of Behavioral Medicine Annual Meeting, San Francisco, USA, March 2013.
42. **Michie S**, Wood C, Johnston M, Abraham C, Francis J, Hardeman W, Eccles M, Richardson M and Cane J. The Behaviour Change Technique Taxonomy (v1) of 93 hierarchically-clustered techniques: testing reliability of the taxonomy in specifying the content of behaviour change interventions. Society of Behavioral Medicine Annual Meeting, San Francisco, USA, March 2013.
43. Jacobs C, Dancyger C, Smith J,**Michie S.** Tracking the accuracy of information about a genetic susceptibility to breast and ovarian cancer from genetic clinicians to patients and relatives.Society of Behavioral Medicine Annual Meeting, San Francisco, USA, March 2013.
44. Thompson TP, Aveyard P, Ayres R, Taylor R, Warren F, Campbell J, Byng R, Ussher M, **Michie S**, West R, Green C, Greaves C & Taylor AH (2012). Exercise Assisted Reduction then Stop (EARS): Strategies to recruit ‘hard to reach’ smokers into a pragmatic pilot RCT. Public health science: A national conference dedicated to new research in public health, London, UK. The Lancet online, November, 2012
45. Wood CE, Johnston M, Abraham C, Francis J, Hardeman W, Richardson M. & **Michie S**. The Behaviour Change Technique (BCT) Taxonomy Project: Evaluation of user training in using BCT Taxonomy v1. UK Society for Behavioural Medicine 8th Annual Scientific Meeting, Manchester, UK, December 2012.
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48. **Michie S**, Free C, West, R. Characterising the ‘Txt2Stop’ smoking cessation text messaging intervention in terms of behaviour change techniques. UK Society for Behavioural Medicine 8th Annual Scientific Meeting, Manchester, UK, December 2012.
49. Lorencatto F, West R, Bruguera C, **Michie S**. Assessing fidelity of delivery of telephone-based smoking cessation behavioural support interventions in practice. UK Society for Behavioural Medicine 8th Annual Scientific Meeting, Manchester, UK, December 2012.
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51. **Michie S**, Johnston M, Abraham C, Francis J, Hardeman W, Eccles, M. The Behaviour Change Technique Taxonomy (v1) of 93 hierarchically clustered techniques: building an international consensus for the reporting of behaviour change interventions. BPS Division of Health Psychology, Liverpool, Sept 2012 (awarded conference prize).
52. Atkins L & **Michie S.** From evidence to recommendations in NICE’s advisory groups: views from the inside.BPS Division of Health Psychology, Liverpool, Sept 2012.
53. Jacobs C, Dancyger C, Smith J, **Michie S**. Tracking the accuracy of information about a genetic susceptibility to breast and ovarian cancer from genetic clinicians to patients and relatives. UK Society for Behavioural Medicine Annual Scientific Meeting, Manchester, 2012.
54. Harris J, Green B, Franck L, Michie S.The psychological consequences for pregnant women of a newly introduced prenatal screening test for pre-eclampsia. UK Society for Behavioural Medicine Annual Scientific Meeting, Manchester, 2012.
55. French D, **Michie S**, Taylor C, Williams S, Dale J. Can a walking intervention which has previously demonstrated efficacy by successfully delivered in primary care? A mixed methods study. BPS Division of Health Psychology, Liverpool, Sept 2012.
56. Brose LS, West R, **Michie S** & McEwen. To what extent does the success of supported attempts to quit smoking depend on the practitioner delivering the support for this behaviour change?BPS Division of Health Psychology, Liverpool, Sept 2012.
57. Lorencatto F, West R, Christopherson C & **Michie S**. Assessing the intervention fidelity of smoking cessation behavioural support in practice. BPS Division of Health Psychology, Liverpool, Sept 2012 (awarded conference prize).
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59. **Michie S**, Black A, West R, Johnston M, Joice S & O’Carroll R. Making health psychology more useful to policy makers. BPS Division of Health Psychology, Liverpool, Sept 2012.
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63. O’Connor D, French S, Walker B, Grimshaw J, **Michie S**, Francis J, Green S, on behalf of ALIGN (Acute Low-back pain Implementing Guidelines iNto practice) study group. Identifying barriers and enablers to the uptake of evidence-based guidelines for acute low-back pain by Australian chiropractors: a qualitative study using a theoretical framework. Platform presentation. Translating Evidence into Practice: World Federation of Chiropractic Education Conference, Australia, September 2012.
64. McEwen A, Lorencatto F, **Michie S**, West R. Stop smoking practitioners’ self-reported use of evidence-based behaviour changes techniques (BCTs). Annual Meeting of the Society for Research on Nicotine and Tobacco, Houston, USA, March, 2012.
65. Lorencatto F, West R, Seymour N, **Michie S**. Identifying evidence-based behavior change techniques (BCTs) for smoking cessation behavioural support delivered in practice. Annual Meeting of the Society for Research on Nicotine and Tobacco, Houston, USA, March 2012.
66. **Michie S**, Johnston M, Abraham C, Francis J, Hardeman W, Eccles M, Richardson M, Cane J. An 87-item taxonomy of Behavior Change Techniques: building an international consensus for the reporting of behavior change interventions. International Society of Behavioral Medicine, Budapest, August, 2012.
67. Brose L, West R, **Michie S**, McEwen A. Evaluation of the training provided by the NHS Centre for Smoking Cessation and Training (NCSCT). Annual Meeting of the Society for Research on Nicotine and Tobacco, Houston, USA, March, 2012.
68. Francis JJ, Johnston M, Abraham C, Hardeman W, Eccles MP, Richardson M, **Michie S**. Development of a taxonomy to facilitate reporting of behaviour change techniques, the ‘active ingredients’ of behaviour change interventions. Oral presentation, 33rd Annual Meeting of the Society of Clinical Trials, Miami Florida, USA, May 2012.
69. **Michie S**, Johnston M, Abraham C, Francis J, Hardeman W, Eccles M, Richardson M, Cane J. An 87-item taxonomy of Behavior Change Techniques: building an international consensus for the reporting of behavior change interventions. Society of Behavioral Medicine, New Orleans, USA, April 2012.
70. Zweig MK, **Michie S**, Sanderson SC. Impact of obesity risk genetic test feedback on intentions to be physically active: a hypothetical scenario study. 139th American Public Health Association annual meeting, Washington DC, USA, 2011.
71. **Michie S**. Challenges and strategies for developing the most effective policy-relevant evidence. UK Society for Behavioural Medicine Annual Scientific Meeting, Stirling, 2011.
72. Lorencatto F, **Michie S**, West R, Stavri Z. The content of smoking support behavioural support interventions: protocols vs published reports. UK Society for Behavioural Medicine Annual Scientific Meeting, Stirling, 2011.
73. **Michie S**, Hobbs L, Hildon Z, Campbell R. Behaviour change for health: a cross-disciplinary review of theories. UK Society for Behavioural Medicine Annual Scientific Meeting, Stirling, 2011.
74. Brown J, West R, **Michie S**. The development and piloting of StopAdvisor: an internet-based smoking cessation intervention. UK Society for Behavioural Medicine Annual Scientific Meeting, Stirling, 2011.
75. **Michie S**, van Stralen M, West R. The Behaviour Change Wheel: a system for designing and evaluating behaviour change interventions. *Psychology & Health, 26*, Supplement 2, 2011. DOI:10.1080/08870446.2011.617190
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79. Cane J, **Michie S**. Validating a theoretical framework for implementation and other behaviour change research. *Psychology & Health, 26*, Supplement 2, 2011. DOI:10.1080/08870446.2011.617185
80. Prestwich A, Sniehotta FF, Whittington C, Rogers L, **Michie S**. Does theory influence the content and impact of behaviour change interventions? BPS Division of Health Psychology, Queen’s University Belfast, Sept 2011.
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84. Harris J, Green B, Franck L, **Michie S**. The psychological consequences for pregnant women of a newly introduced prenatal screening test for pre-eclampsia. *Psychology & Health, 26*, Supplement 2, 2011. DOI:10.1080/08870446.2011.617186
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86. Cane J, **Michie S**. Validating a theoretical framework for implementation and other behaviour change research. BPS Division of Health Psychology, University of Southampton, Sept 2011.
87. Jacobs C, Smith JA, Dancyger C, Papaconstantinou M, **Michie S**. Inaccuracies in the flow of information about positive BRCA1/2 diagnostic genetic test results from the genetics clinic through the family. *Journal of Medical Genetics, 48*: S95-S95, 2011.
88. **Michie S**, Johnston M, Abraham C, Francis J, Hardeman W, Eccles M, Richardson M. Developing a taxonomy of behaviour change techniques: labels and definitions. Society of Behavioral Medicine Annual Meeting, Washington DC, May, 2011.
89. **Michie S**, Johnston M. Is theory under-used in the development of behavioral interventions? Society of Behavioral Medicine Annual Meeting, Washington DC, May, 2011.
90. Taylor C, **Michie S**, Hunter M. Gender differences in the relationship between work and psychological distress in cancer physicians. *European Journal of Cancer, 47*: S271-S271. Sept 2011. DOI:10.1016/S0959-8049(11)71239-4
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92. Pal K, Murray E, Barnard M, **Michie S**, May C, Stevenson F, Farmer A, Yardley L, Wallace & Godfrey. Developing, evaluating and implementing a computer-based self-management programme for adults with type 2 diabetes. International Diabetes Federation, World Diabetes Congress, Dubai, November 2011.
93. Dack C, Pal K, Stevenson F, **Michie** **S** & Murray E. How to Combine Theory and Data to Develop an Online Self-Management Programme (SMP) for Adults with Type2 Diabetes. 7th Annual Scientific Meeting of the UK Society for Behavioural Medicine, Stirling, December 2011.
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95. Jacobs C, Smith J, Dancyger C, Wallace M, **Michie S**. An innovative methodology for examining the process of Family Communication of Genetic Test Results. British Human Genetics conference, September 2010. *Journal of Medical Genetics, 47*, Suppl. 1, S109.
96. Fuller C, Stone S, Savage J, Charlett A, Cookson BD, Cooper BS, Hayward A, Teare L, **Michie S**, McAteer J, Besser S, Murray M. The Feedback Intervention Trial - a randomised controlled trial (RCT) to improve hand hygiene compliance in ITUs and acute elderly wards in 16 hospitals. The Society for Healthcare Epidemiology of America, Texas, USA, May 2011. [Outstanding abstract]
97. **Michie S**, West R. Development of StopAdvisor, an internet-based intervention to help smokers to stop. UK Society of Behavioural Medicine Scientific Meeting, University of Leeds, December, 2010.
98. Potts HWW, Rubin GJ, **Michie S**. The effect of media reporting on public worry during the swine flu outbreak. UK Society of Behavioural Medicine Scientific Meeting, University of Leeds, December, 2010. [Prize abstract]
99. **Michie S**, Johnston M, Abraham C, Francis J, Dixon D, Eccles M, Hardeman W. The BCT (Behaviour Change Technique) Taxonomy Project: developing a nomenclature for behaviour change interventions. UK Society of Behavioural Medicine Scientific Meeting, University of Leeds, December, 2010.
100. French DP, Darker CD, Ashford S, **Michie S**. Ongoing development of a brief intervention to promote walking: the role of self-efficacy as a target for behaviour change. UK Society of Behavioural Medicine Scientific Meeting, University of Leeds, December, 2010.
101. Pal K, Murray E, Eastwood S, **Michie S**, Barnard M, Farmer A, Peacock R. The development of a protocol for a Cochrane systematic review of computer-based self-management programmes for adults with type 2 diabetes. Medicine 2.0, Maastricht, Netherlands, November 2010.
102. **Michie S**, Abraham C. Scientific advance through policy engagement: a case study. BPS Division of Health Psychology, Queen’s University Belfast, Sept 2010.
103. Stavri Z, Beard E, Whittington C, West R, **Michie S**. What can RCTs of behavioural support packages tell us about which behaviour change techniques are effective in helping smokers quit? BPS Division of Health Psychology, Queen’s University Belfast, Sept 2010.
104. Gardner B, Whittington C, McAteer J, Eccles M, **Michie S**. Using theory to synthesise evidence from behaviour change interventions. BPS Division of Health Psychology, Queen’s University Belfast, Sept 2010.
105. Smith J, Gardner B, Rumsey N, **Michie S**. Health behaviour change among users of the NHS Health Trainer Services. BPS Division of Health Psychology, Queen’s University Belfast, Sept 2010.
106. Dancyger C, Smith JA, Jacobs C, Wallace M, **Michie S**. Motivations and attitudes towards genetic testing for hereditary breast and ovarian cancer: a qualitative analysis. BPS Division of Health Psychology, Queen’s University Belfast, Sept 2010.
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109. **Michie S**. Does knowledge of genetic risk motivate people to adopt healthy behaviours? *Journal of Medical Genetics, 47*, Suppl. 1, S35, 2010.
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111. **Michie S**, van Stralen M, West R. The Behaviour Change Wheel: a multi-system behaviour change framework. *Psychology & Health, 25*, Supplement 1, S276-277, 2010. DOI:10.1080/08870446.2010.502762
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116. Jacobs C, Smith J, Dancyger C, Wallace M, **Michie S**. An innovative methodology for examining the process of family communication of genetic test results. *Journal of Medical Genetics*, *47*, Suppl 1, S109, 2010.
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118. Amemori M, Kinnunen T, **Michie S**, Korhonene T, Murtomaa H. Implementing tobacco use cessation guidelines: what factors influence provider behaviours? International Association for Dental Research, Barcelona, Spain, July 2010.
119. Johnston M, **Michie S**, Francis J, Eccles M, Abraham C, Hardeman W, Dixon D. Developing a nomenclature for behaviour change interventions. *International Journal of Behavioral Medicine*, *17*, Suppl. 1, 71-72, 2010. DOI:10.1007/s12529-010-9106-9
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122. Stavri Z, Beard E, Whittington C, West R, **Michie S**. Applying a taxonomy of behaviour change techniques to smoking cessation interventions: a re-analysis of three Cochrane reviews. UK Society of Behavioural Medicine Scientific Meeting, University of Southampton, December, 2009.
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124. **Michie S**, Hyder N, Walia A, West R. Smoking Cessation Services: using a taxonomy of techniques to evaluate impact. British Psychological Society, Division of Health Psychology Annual Conference, Aston University, September 2009.
125. Ashford S, French D, Sniehotta, F, Bishop A, **Michie S**. The refinement of a taxonomy of techniques to change behaviour. British Psychological Society, Division of Health Psychology Annual Conference, Aston University, September 2009.
126. Ashford S, Dale J, **Michie S**, Bell B, Taylor C, French DP. The development of a brief intervention to promote walking based in primary care. Royal College of General Practitioners Annual Faculty Research Meeting. Warwick Medical School, June 2009.
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138. **Michie S**, Craig P, Dieppe, P. Developing and evaluating complex interventions: the new MRC Guidance. UK Society for Behavioural Medicine 4th Annual Scientific Meeting, Exeter, January, 2009.
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140. Dancyger C, Smith J, Jacobs C, **Michie S**. Exploring family communication after receiving BRCA1/2 genetic test results. British Society of Human Genetics Annual Conference, Warwick. *Journal of Medical Genetics, 46*, S30, September 2009.
141. Dancyger C, Smith J, Jacobs C, **Michie S**. Exploring family communication after receiving BRCA1/2 genetic test results. 11th International Meeting on Psychosocial Aspects of Genetic Testing for Hereditary Cancer, Toronto, Canada, April 2009.
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288. Marteau T, Axworthy D, **Michie S**. Separating the research from the researched: is it possible or even desirable? Annual conference of the BPS Special Group in Health Psychology, Bristol, September 1995.
289. Marteau, T, **Michie S**, Bobrow M. Non-directiveness in genetic counselling: an empirical study. Clinical Genetics Society, York, September 1995.
290. Marteau T, Axworthy D, **Michie S**. Separating the researcher from the researched: is it possible or even desirable? Annual Conference of the British Psychological Society, Special Group in Health Psychology, BPS, University of the West of England, 1995.
291. **Michie S**, Marteau T, McDonald V. Understanding predictive genetic testing: A grounded theory approach. The 8th Conference of the European Health Psychology Society, Alicante, 1994.
292. Marteau T, **Michie S**, McDonald V. Functional pessimism as a response to risk reducing information. Annual conference of the British Psychological Society, Special Group in Health Psychology, Sheffield, 1994.
293. Mohammed S, Barnes C, Watts S, **Michie S**, Hodgson S. Attitudes to predictive testing for BRCA1. British Medical Genetics Conference, York. *Journal of Human Genetics, 55*, Suppl. A64, 346, 2004.
294. Marteau TM, McDonald V, Axworthy D, **Michie S**, Bobrow M. Predictive genetic testing for familial bowel cancer: psychological effects. Third International Congress of Behavioural Medicine, 1994.
295. **Michie S**. Sandhu S. Assessing stress management in clinical medical students. British Psychological Society, Health Psychology Annual Conference, Nottingham, 1993.
296. **Michie S**. Rosebert C, Heaversedge J, Madden S, Parbhoo S. The effects of different types of information on women attending an out-patient breast clinic. British Psychological Society, Health Psychology Annual Conference, Nottingham, 1993.
297. **Michie S**. Stress management and absenteeism amongst hospital staff. British Psychological Society, Health Psychology Annual Conference, St. Andrews, 1992.
298. Johnston M, **Michie S**, Cockcroft A. Uptake and impact of health screening for hospital staff. Society of Behavioural Medicine, New York, 1992.
299. **Michie S**. Evaluation of a stress counselling service for staff. British Psychological Society, Occupational Psychology Conference, Liverpool, 1992.
300. **Michie S**. Johnston M, Cockcroft A, Insall C, Gooch C. Health screening for hospital staff. British Psychological Society, Health Psychology Annual Conference, Nottingham, 1991.
301. **Michie S**. Marteau T, Kidd J. Predicting antenatal class attendance: attitudes of self and others. The European Health Psychology Proceedings of the 4th Conference. England: Bocardo Press, 1991.
302. **Michie S**. Marteau T, Kidd J. Intervention to increase antenatal class attendance. 4th European Health Psychology Society Conference, Oxford, 1990.
303. **Michie S**. Marteau T, Kidd J. Antenatal classes: knowingly undersold? 10th conference of the Society of Reproductive and Infant Psychology, Cambridge, 1990.
304. **Michie S**. Antenatal classes: predicting attendance and birth outcomes, British Psychology Society London Conference, 1987.

## **Symposium/Roundtable/Workshop Convenor/Discussant/Moderator**

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| 2021 | *Paving the Way for Health Climate Action: The role of Health Psychology*, European Health Psychology Society annual conference. Roundtable presentation.  *Integrating behavioural science in government pandemic response: lessons for the future from the COVID-19 pandemic*, European Health Psychology Society annual conference Roundtable presentation*.*  *Behavioural data in action – the role of self-reported and other data*. HDR UK Scientific Conference – Data Insights in a Pandemic. Convenor and chair.  *Human Behaviour-Change Project: Novel tools for cross-disciplinary working in behavioural medicine*. International Congress of Behavioural Medicine, Glasgow, UK (remotely delivered), June 2021. Chair and discussant. |
| 2020 | *The year of behavioural science and social relations.* Victoria Forum 2020*, Panellist.*  *The Climate and Sustainability Crisis: The Need for Behaviour Change.* Beyond Boundaries. Convenor and panellist. |
| 2019 | *Social inequalities and health behaviours.* European Health Psychology Society, Dubrovnik, Sept 2019, Discussant.  *The Multiphase Optimization Strategy (MOST). European* Health Psychology Society, Dubrovnik, Sept 2019, Discussant.  *The Human Behaviour-Change Project: harnessing AI for evidence synthesis and interpretation.* Manchester, July 2019. Symposium Convenor.  *Making Theoretical constructs Useable, Useful and Testable: Introducing the Theory and Techniques Tool*, BPS Division of Health Psychology Annual Conference Workshop, Manchester, July 2019. Convenor.  *Public Health Research: Challenges and Solutions*. NIHR School for Public Health Research Annual Scientific Meeting. Panel discussant.  *Engaging Citizens on Plastics: a Stakeholder workshop*, WRAP. Panel discussant. |
| 2018 | *Making better use of behaviour change theories*.UKSBM Scientific Meeting, Birmingham, Dec 2018. Symposium convenor.  *The Addiction Debate:* Society for the Study of Addiction Annual Conference, Newcastle, UK. Moderator.  *Integrating and applying behaviour change theory: a focus on mechanisms of action* European Health Psychology Society annual conference, Galway, Ireland, 2018. Symposium convenor.  *Making a difference: How health psychology influences health globally and what more can we do?* European Health Psychology Society annual conference, Galway, Ireland, 2018. Roundtable speaker.  *Achieving good research in industry,* 5th Centre for Behaviour Change Annual Conference, London, UK, Chair. |
| 2017 | *The Addiction Debate:* Society for the Study of Addiction Annual Conference, Newcastle, UK. Moderator. |
| 2016 | Building a consensus on ‘motivation’. European Health Psychology Society & BPS Division of Health Psychology Annual Conference, Aberdeen, Scotland. Roundtable presenter.  From theory-inspired to theory-based interventions: Linking behaviour change techniques to their mechanisms of action. European Health Psychology Society & BPS Division of Health Psychology Annual Conference 2016, Aberdeen, Scotland. Symposium convenor.  Using Bayesian analysis to get the most out of health psychology data: a practical primer. European Health Psychology Society & BPS Division of Health Psychology Annual Conference, Aberdeen, Scotland. Roundtable convenor  Developing and testing theory-based digital behaviour change interventions. Society of Behavioral Medicine Annual Meeting, Washington, USA. Symposium Convenor & Chair.  Challenges to creating sustainable digital behavioural change interventions with high impact. 2nd Behaviour Change Conference: Digital Health and Wellbeing, London, UK. Panel Discussion Convenor and Chair. |
| 2015 | *Implementing evidence based guidelines for public health in local authorities*. UK Society of Behavioural Medicine Annual Conference, Newcastle, UK, December.Symposium Convenor.  *Making sense of behaviour change theory: Problems, methods and applications.* European Health Psychology Society conference, Limassol, Cyprus, September. Symposium convenor.  *Organizing with Ontologies! A panel discussion on how ontologies can support better behavioral science.* Society of Behavioral Medicine Annual Meeting, San Antonio, USA.Speaker.  *Investing in epidemiology without theory is a waste of resources.* Society of Behavioral Medicine Annual Meeting, San Antonio, USA. Debate convenor and chair.  *Towards an Ontology of Behaviour Change: an innovative approach to intervention development.* Society of Behavioral Medicine Annual Meeting, San Antonio, USA. Symposium convenor.  *‘Theories and Techniques of Behaviour Change* *Interventions*’ Special Interest Group meeting, Society of Behavioral Medicine Annual Meeting, San Antonio, USA: Chair. |
| 2014 | *Harnessing Digital Technologies for Health Behaviour Change,* Centre for Behaviour Change conference. Initiated, designed, opened and closed the conference.  *Evaluating public health approaches to reducing alcohol related harm in an English context.* UK Society of Behavioural Medicine Annual Conference, Nottingham, UK, December 2013: Discussant.  *‘Theories and Techniques of Behaviour Change* *Interventions*’ Special Interest Group meeting, Society of Behavioral Medicine Annual Meeting, Philadelphia, USA: Chair. |
| 2013 | *BCT Taxonomy v1.* UK Society of Behavioural Medicine Annual Conference, Oxford, UK: Convenor.  *How to optimise e-public health*. UK Society of Behavioural Medicine Annual Conference, Oxford, UK: Discussant.  *Behavioural support for smoking cessation: are practitioners delivering what manuals and training advise?* UK National Smoking Cessation Conference: London. Convenor and chair.  *‘Theories and Techniques of Behaviour Change* *Interventions*’ Special Interest Group meeting, Society of Behavioral Medicine Annual Meeting, San Francisco, USA: Chair. |
| 2012 | *Improving Quality in Healthcare: Translating Evidence into Practice* Panel discussion, TRIADS conference, Edinburgh.  *The Potential of Digital Technology for Assessing and Changing Behaviour.* EPSRC funded international conference. Chair and Plenary speaker.  *Implementation Theory and Practice* Panel discussion. Implementation Science Summer School, Dublin, Ireland.  *EHPS Association with the United Nations: how can health psychology influence global health policies?* Roundtable. 26th Annual Meeting of the European Health Psychology Society, Prague, Czech Republic.  *Behaviour change techniques in interventions.* Symposium convenor. 26th Annual Meeting of the European Health Psychology Society, Prague, Czech Republic.  *Unintended adverse effects of frequently used behaviour change strategies.* Discussant.26th Annual Meeting of the European Health Psychology Society, Prague, Czech Republic.  ‘*Theories and Techniques of Behaviour Change’* Special Interest Group meeting, European Health Psychology Society, Prague, Czech Republic.: Chair.  *Translating evidence of effectiveness of behavior change interventions for smoking cessation into a national program*. Symposium convenor and chair. Annual Meeting of the Society for Research on Nicotine and Tobacco, Houston, USA.  *Advancing the science and practice of behavioral support for smoking cessation*. Workshop convenor and chair. Annual Meeting of the Society for Research on Nicotine and Tobacco, Houston, USA.  *‘Theories and Techniques of Behaviour Change* *Interventions*’ Special Interest Group meeting, Society of Behavioral Medicine Annual Meeting, New Orleans, USA: Chair. |
| 2011 | *Behaviour change research and policy: implications for behavioural medicine of the House of Lords’ Science and Technology Select Committee 2011 report*. Convenor, UK Society for Behavioural Medicine Annual Scientific Meeting, Stirling.  *Translating evidence of effectiveness of behaviour change interventions into a national programme.* Symposium convenor and chair. 25th Annual Conference of the European Health Psychology Society, Crete, Greece.  *Designing and testing public health interventions in developing countries.* Discussant, 25th Annual Conference of the European Health Psychology Society, Crete, Greece.  *Managing cardiovascular disease: Practical behaviour change strategies.* Workshop. Australian Cardiac Rehabilitation Conference. Perth, Australia, August 2011. |
| 2010 | Belgian Presidency of the European Council Conference on lessons learned from the influenza pandemic A(H1N1). Chair, *Impact of messages and changing behaviour: tracking, polling and tools*, Brussels, July 2010.  WHO *Public Health Strategic Communication* workshop, Moderator. Geneva, Switzerland, May 2010.  *Lessons Learned from Swine Flu: How should we study the next pandemic?*  Infectious Disease Research Network national conference, Chair. London, May 2009. |
| 2009 | *Psychological principles underpinning interventions for smoking prevention and cessation.* Symposium convenor. 22nd Annual Conference of the European Health Psychology Society, Pisa, Italy, September 2009.  *Creating tailored internet-delivered health behavioural change interventions using LifeGuide.* Workshop convenor British Psychological Society, Division of Health Psychology Annual Conference, Aston University, September 2009.  *Intervening to change behaviour.* Symposium convenor British Psychological Society, Division of Health Psychology Annual Conference, Aston University, September 2009.  *Researching complex interventions: new guidance*. Symposium Co-convenor. UK Society for Behavioural Medicine 4TH Annual Scientific Meeting, Exeter, January, 2009.  *The Role of Theory and research on behaviour change in changing practice in the NHS.* Discussant. UK Society for Behavioural Medicine 4TH Annual Scientific Meeting, Exeter, January, 2009.  *Creating internet-delivered health behaviour change interventions using the LifeGuide.* Workshop convenor, UK Society for Behavioural Medicine, 4th Annual Scientific Meeting, Exeter, January 2009. |
| 2008 | *Role of psychological theory in advancing treatment and prevention.* Symposium convenor, 10th Annual Conference of the Society for Research in Nicotine and Tobacco, Rome, Italy, September 2008.  *Developing Theory: Practice and Principles.* Symposium convenor, 22nd Annual Conference of the European Health Psychology Society, Bath, UK, September 2008.  *Theory-Based Intervention Approaches to Health Behaviour Change.* Symposium discussant, 22nd Annual Conference of the European Health Psychology Society, Bath, UK, September 2008.  *Role of psychological theory in promoting clinical interventions for smoking cessation.* Symposium Convenor, 10th European Conference of the Society for Research on Nicotine and Tobacco. Rome, Italy, September, 2008.  *Designing digital interventions to help overcome addictive behaviours*. Invited workshop, Windsor, UK. Discussant. |
| 2006 | *Changing Health Behaviours: the relevance of Psychological* *Theory*. Symposium convenor, 9th International Congress of Behavioural Medicine, Bangkok, Thailand.  *Lifestyle changes and health self-regulation.* Symposium discussant, 26th International Congress of Applied Psychology, International Association of Applied Psychology, Athens, Greece.  *Psychological theory and methods applied to evidence-based practice of doctors and dentists*. Symposium Discussant, Division of Health Psychology Annual Conference, University of Essex, Sept 2006.  *‘There is nothing as practical as a good theory’: theory-based clinical interventions*. Symposium Discussant, Division of Health Psychology Annual Conference, University of Essex, Sept 2006.  *Monitoring as a learning and motivational tool*. Presentation to scientific workshop, Monitoring the Management of Chronic Disease: Principles of Evidence-based Practice, Budapest, Hungary.  *Complex interventions: the MRC Framework.* Discussant for Population Health Sciences Research Network Workshop, London, May 2006. |
| 2005 | *Behaviour Change Interventions: developing a classification system.* Convenor of UK Society of Behavioural Medicine Scientific Meeting Workshop, London.  *Behaviour change interventions: theory and methods.* Convenor of joint European Health Psychology Society and International Society of Behavioural Medicine Symposium, 19th Annual Conference of the European Health Psychology Society, Galway, Ireland, Sept 2005. |
| 2004 | *Implications of genomics for health behavior and health education*. Roundtable at conference of the Michigan Center for Genomics and Public Health, USA.  *Using psychological theory to advance evidence-based health professional practice.* Symposium convenor, British Psychological Society, Division of Health Psychology Annual Conference, University of Edinburgh, Sept 2004.  *Satellite Workshop on Stage 1 and Stage 2 Health Psychology Training.* British Psychological Society, Division of Health Psychology Annual Conference, University of Edinburgh, Sept 2004.  *Stage 2 Supervisors’ Training Workshop*. British Psychological Society, Division of Health Psychology Annual Conference, University of Edinburgh, Sept 2004.  *Theory based interventions: What works and why?* Symposium convenor, Inaugural conference of the Health Psychology Division, Psychological Society of Ireland, Galway, Ireland.  *Understanding professional practice: A key to improving health care delivery.* Convenor of joint European Health Psychology Society and International Society of Behavioural Medicine Symposium, 18th Annual Conference of the European Health Psychology Society, Helsinki, Finland.  *Enhancing the practice of health professionals: making theory useful.* Convenor of joint International Society of Behavioural Medicine and European Health Psychology Society Symposium, 8th International Congress of Behavioural Medicine, Mainz, Germany.  *The European Diploma in psychology and the future of the profession.* Roundtable participant, European Health Psychology Conference, Helsinki, Finland. |
| 2003 | *NHS Careers for Health Psychologists: Current Developments.* Workshop presenter, British Psychological Society, Division of Health Psychology Annual Conference, University of Staffordshire.  *Implementation research in evidence based practice: the need for psychological theory*. Workshop convenor, British Psychological Society, Division of Health Psychology Annual Conference, University of Staffordshire. |
| 2001 | *Informed choice: measuring and facilitating*. Symposium convenor, British Psychological Society, Division of Health Psychology Annual Conference, St. Andrews, Scotland.  *The UK Qualification in Health Psychology*. BPS Division of Health Psychology Annual Conference, St. Andrews, Scotland. Discussant. |
| 2000 | *The interface between health psychology and clinical health psychology*. BPS Division of Health Psychology Annual Conference, Canterbury. Discussant. |
| 1998 | *Psychological aspects of genetic testing for cancer*. Symposium convenor, 5th International Congress of Behavioural Medicine, Copenhagen.  *Becoming a chartered health psychologist*. BPS Division of Health Psychology Annual Conference, Bangor. Discussant. |
| 1997 | *Testing Leventhal’s self-regulation model: general lessons for model testing in health psychology*. Symposium convenor, British Psychological Society Special Group in Health Psychology Annual Conference, Southampton. |
| 1996 | *Decision-making and prenatal and predictive testing*. Symposium convenor, 10th European Health Psychology Society Conference, Dublin, Ireland.  *Decision making in health care*. Symposium convenor, British Psychological Society Special Group in Health Psychology Annual Conference, York.  *Developing jobs for health psychologists*. Workshop convenor, British Psychological Society Special Group in Health Psychology Annual Conference, York:  *Providing information*. 10th European Health Psychology Society Conference, Dublin. Discussant. |
| 1995 | *Explaining, predicting and changing behaviour: methodological issues.* Symposium convenor, British Psychological Society Special Group in Health Psychology, University of the West of England. |

# **Knowledge Mobilisation**

**Science and Health Care Policy Work**

***Partnerships***

2014-2020: Bupa-UCL Partnership: Lead for the partnership between Bupa and the Centre for Behaviour Change to bring behavioural science expertise and research skills to Bupa’s activities

***Policy papers/Commissioned reports***

1. The Lancet COVID-19 CommissionTask Force on Public Health (2020) Measures to Suppress the PandemicSARS-CoV-2 variants: the need for urgent public health action beyond vaccines.
2. Campaign for Social Science (2017) The Health of People: How the social sciences can improve population health. Sage, London.
3. Tombor I and **Michie S** (2016) Interventions and policies to change behaviour: what is the best approach? A Healthier Life for All: The Case for Cross-Government Action. The All-Party Parliamentary Health Group (APPG) and the Health Foundation.
4. Rapley C, De Meyer K, Carney J, Clarke R, Howarth C, Smith N, Stilgoe J, Youngs S, Brierly C, Haugvaldstad A, Lotto B, **Michie S**, Shipworth M, Tuckett D (2016) Time for Change? Climate Science Reconsidered. The Report of the UCL Policy Commission on Communicating Climate Science.
5. Atkins L, **Michie S.** (2014). Selected extracts from ‘*The Behaviour Change Wheel – A Guide to Designing Interventions’.* Discussion document submitted to the 13th Blankensee-Colloquium, Berlin.
6. Bish A, Yardley L, **Michie S**. (2011). Factors associated with uptake of vaccination against pandemic influenza: a review of the scientific evidence. Commissioned by the Scientific Pandemic Influenza Advisory Committee.
7. Bish A, Yardley L, **Michie S**. (2011). Health care workers’ willingness to work during a pandemic. Commissioned by the Scientific Pandemic Influenza Advisory Committee.
8. Bish A, **Michie S**. (2011). Behavioural and attitudinal determinants of protective behaviours during a pandemic. Commissioned by the Scientific Pandemic Influenza Advisory Committee.
9. Bish A, **Michie S**. (2011) Principles of effective communication. Commissioned by the Scientific Pandemic Influenza Advisory Committee. For series of papers, see http://www.dh.gov.uk/en/Publicationsandstatistics/DH\_125318
10. Featherstone H, Reed H, Jarvis M, **Michie S**, Gilmore A, West R, Bauld L, Arnott D, Scally G. (2010). APPG Inquiry into the effectiveness and cost-effectiveness of tobacco control: Submission to the Spending Review and Public Health White Paper Consultation process. ISBN 978-1-872428-84-0.
11. Brose L, **Michie S**, McEwen A, West R. (2010). The NHS Stop-Smoking Services and the NHS Centre for Smoking Cessation and Training (NCSCT) – a publicly funded evidence-based behaviour change intervention, its evaluation and the development of evidence base and training to advance its success: Submission to the House of Lords Science and Technology Select Committee Call for Evidence: Behaviour Change.
12. Bish A, **Michie S**. (2010). Changing behaviour to prevent and manage influenza in the 2009 H1N1 pandemic: Submission to the House of Lords Science and Technology Select Committee Call for Evidence: Behaviour Change.
13. West R, **Michie S**. (2010). Behaviour change: the importance of seeing the whole picture and a critique of ‘Nudge’: Submission to the House of Lords Science and Technology Select Committee Call for Evidence: Behaviour Change.
14. **Michie S**, West R. (2010). Behaviour change interventions: evidence and applications: Submission to the House of Lords Science and Technology Select Committee Call for Evidence: Behaviour Change.
15. Gardner B, **Michie S**, Rumsey N. (2010). NHS Health Trainers: an example of an evidence based behaviour change intervention aimed at reducing health inequalities: Submission to the House of Lords Science and Technology Select Committee Call for Evidence: Behaviour Change.
16. Smith J, Gardner, **Michie S**. (2010). Health Trainers: National End of Year Report (2008-2009). Commissioned by the Health Inequalities Unit, Department of Health.
17. Smith J, Gardner, **Michie S**. (2010). Data Collection and Reporting System (DCRS): A step-by-step user guide to replicating results from the National DCRS report 2009. Commissioned by the Health Inequalities Unit, Department of Health.
18. Smith J, Gardner B, **Michie S**. (2010). Health Trainers: National Data Collection Reporting System (DCRS) report. Commissioned by the Health Inequalities Unit, Department of Health.
19. White J, Rumsey N, **Michie S**. (2009). Evidence of the effectiveness of interventions to change behaviours related to health in young people aged 11-18. Commissioned by the Health Inequalities Unit, Department of Health.
20. Smith D, Rumsey N, **Michie S**. (2009). The standardised DCRS report framework – a nationally developed tool for local and regional use. Commissioned by the Health Inequalities Unit, Department of Health.
21. Smith D, Gardner B, **Michie S**. (2009). National NHS Health Trainers Report 2007/2008. Commissioned by the Health Inequalities Unit, Department of Health.
22. Bell L, Bessell A, Wise J, Fahy F, Yardley L, Rumsey N, **Michie S**. (2009). Report on a qualitative review of an e-learning tool for Health Trainers.
23. Smith D, Gardner B, **Michie S**. (2008). National Health Trainer End of Year Report 2007/2008. Commissioned by the Health Inequalities Unit, Department of Health.
24. Gardner B, McAteer J, Davies A, **Michie S**. (2008). How should MMR uptake be promoted? An intervention feasibility study. Commissioned by Department of Health’s National Social Marketing Centre.
25. **Michie S**, Jochelson K, Markham WA, Bridle C. (2008). Low-income groups and behaviour change interventions: An analysis of techniques in effective and ineffective interventions. Commissioned by the King’s Fund. www.kingsfund.org.uk/publications/other\_work\_by\_our\_staff/lowincome\_groups.html
26. Wilkinson D, Jain P, Hyland L, **Michie S**. (2008). National Health Trainer Outcome and Evaluation Synopsis. Commissioned by the Health Inequalities Unit, Department of Health.
27. Wilkinson D, Jain P, Hyland L, **Michie S**. (2007). National Health Trainer Activity Report. Commissioned by the Health Inequalities Unit, Department of Health.
28. **Michie S**, Lawton R. (2005). British Psychological Society’s response to the Department of Health’s consultation document Action on Health Care Associated Infections in England.
29. **Michie S**, McAteer J, Davies A. (2005). Self-regulation strategies for promoting healthy eating in well adults: a systematic review of their effectiveness. Commissioned by the Department of Health/National Institute of Health and Clinical Effectiveness.
30. **Michie S**, Davies P. (2004). Review of the effectiveness of self-management strategies for promoting health behaviours in adults. Commissioned by the Public Health Division of the Department of Health as a submission to the “Choosing Health” consultation.
31. Armitage C, Abraham C, **Michie S**, et al. (2004). British Psychological Society’s response to the Department of Health’s consultation document “Choosing Health”.
32. Abraham C, Armitage C, **Michie S**. (2004). Skills Required to Deliver Evidence-Based Behaviour Change Interventions. Commissioned by the Public Health White Paper Team, Department of Health.
33. **Michie S**, Abraham C. (2004). Behaviour Change and Health: Briefing Paper. Commissioned by the Public Health White Paper Team, Department of Health.
34. **Michie S**, Abraham C, Jones C. (2003). Achieving the “Fully Engaged Scenario”: what works and why. Commissioned by the Public Health Division of the Department of Health as part of its submission to the Wanless Review II, HM Treasury.
35. Williams S, **Michie S**, Pattani S. (1998). Improving the Health of the NHS Workforce. A Nuffield Trust Report of the Partnership on the Health of the NHS Workforce. London: Nuffield Trust.

***Invited Policy Seminar Presentations and Panels***

* Institute for Government. Advice to government in the coronavirus crisis, 2020. <https://feeds.acast.com/public/shows/inside-briefing-with-institute-for-government>
* Scientists for XR. Ask a Scientist, 2020.
* 13th Blankensee-Colloquium, the Berlin Institute for Advanced Study ‘Nudge vs Educate: Comparing Two Approaches to Policy in Terms of their Modeling Strategies’. 2014
* Office of Environment and Heritage, Sydney, Australia, 2012
* Environmental Protection Agency, Melbourne, Australia, 2012
* ClimateWorks, Melbourne, Australia, 2012
* Sustainability Victoria, Melbourne, Australia, 2012
* The Shannon Company, Melbourne, Australia, 2012
* European Parliament, 2011
* World Health Organisation, Geneva, Switzerland, 2010
* House of Lords Science and Technology Committee, 2010
* All Party Parliamentary Committee, 2010
* European Centre for Disease Prevention and Control, Stockholm, Sweden, 2009, 2011, 2013.
* Lord Darzi, other Government ministers and Department of Health Directors, 2008
* Prime Minister’s Strategy Unit, 2007
* Sir Derek Wanless as part of his Treasury review, 2004
* Alan Milburn, Secretary of State for Health, 2004
* King’s Fund, 2004
* Nuffield Trust, 2003

***Expert Advisor/Reviewer***

***International***

* **Academy of Medical Sciences:** Expert advisor to project ‘Using Systems Thinking to Address Complex Societal Challenges that Influence Health’
* **UK Foreign and Commonwealth Office:** European Forum on Behavioural Science and Sustainable Consumption
* **Wellcome Trust**: SUNRISE cluster RCT: Scaling Up Nurturing care, a Radio Intervention to Stimulate Early child development in Burkina Faso, 2019-2023.
* **Nature Human Behaviour,** expert advisor since launch 2017
* **National Institute of Health** grant NIH R21HD097819, PI Allison Harvey: Parent-Adolescent Interpersonal Processes in the Science of Behavior Change, 2017.
* **National Institute of Health, Washington, USA**: Expert conference on Obesity Intervention Studies, 2013
* **National Institute for Disability and Rehabilitation Research (NIDRR), Washington, USA**: Classification of Rehabilitation Interventions, expert workshop, 2013.
* **DECIDE, EU/Spain,** 2011-2015
* **Ottawa Health Research** Institute, Canada, 2010-
* **National Institute of Health Human Genome Research Institute, USA**: Quadrennial Review and Site Visit, Bethesda, Maryland, 2011
* **Norwegian Centre for Addiction Research** International Advisory Board, 2011-2014
* **European Centre for Disease Prevention and Control** Steering Group: Workshop on Behavioural Aspects of Vaccination against Influenza, **Sweden**, 2010-2011
* **Centre for Research in Evidence Based Practice**, Bond University, **Australia**,International Scientific Advisory Committee, 2010-
* **Knowledge Translation Canada** International Scientific Advisory Committee, 2010-
* **WHO Public Health Research Agenda for Influenza,** 2009-10
* **European Union** Health Directorate and the European Centre for Disease Control: Influenza Development and Research Priorities, Brussels, 2009
* **Netherlands Prevention Risk Communication Programme**, international expert advisor, 2008-9

***National***

* **UK District Councils Network,** presentation on Covid19, 2020
* **House of Commons Cross-party Zero-Covid Roundtable**, 2020
* **House of Commons Science and Technology Committee** Inquiry: Witness in session on COVID-19 and Immunity Passports, 2020
* **House of Lords Science and Technology Committee** Inquiry: Witness in session on COVID-19 and Behavioural Science, 2020
* **Labour Party’s Science Affiliate Group** (Scientists for Labour): presentation on Covid19.
* **MRC Population and Public Health Centres and Institutes Portfolio Review**: committee member, 2020
* **Economic and Social Science Research Council:** member of working group producing report, Anti-Microbial Resistance: Setting the Social Science Agenda, 2014
* **Public Health England:** advisor on Translating Evidence into Public Health, 2013-.
* **House of Lords Science and Technology Committee Behaviour Change Inquiry:** expert witness, 2010
* **All Party Parliamentary Group on Smoking and Health inquiry:** expert witness, 2010
* **National Institute of Clinical and Health Excellence (NICE)** expert witness for Public Health Programme Guidance on Prevention of Type 2 Diabetes, 2010
* **Institute for Government’s** behaviour change network, 2010
* Independent Review of the **UK Government Response to the 2009 H1N1 Pandemic,** 2010
* **House of Lords Science and Technology Committee** Inquiry on Behaviour Change, 2010
* Chief Medical Officer’s **Statistical Legacy Group**, 2010
* Training in Prevention Programme, **NHS Islington**, 2009
* **Cancer Research UK** Quinquennial Review of Research Programme and site visit, 2009
* Strategic Review Group for Prevention Research, **Diabetes UK,** 2008
* Working group, Health Weight for London’s children, developing our local workforce. **London Teaching Public Health Network,** 2008
* **All Party Parliamentary Group on Smoking and Health** inquiry, House of Commons, London: *Cigarette addiction: choice and responsibility, 2008*
* Osteoarthritis Clinical Studies Working Group, **Arthritis Research Campaign,** 2008
* Strategic Review Group for Behavioural Research, **Cancer Research UK,** 2008
* Member of **King’s Fund** Health Summit: The patient of the future, 2008
* European technical workshop (“Flumodcont”): Survey methods for population behavior during seasonal and pandemic influenza, Rome 2008
* Advisory Group on **Pandemic Influenza Research Prioritisation**, Department of Health, 2008
* **High Level Clinical Effectiveness Research Agenda Group,** to advise Professor Sir John Tooke, Department of Health, 2007-2008
* Member, Expert Review Group, “Healthy Living” Social Marketing Programme, **Department of Health,** 2007-8
* **MRC** Health Services Research Collaboration: review of the MOBILE research programme, 2007
* Wrote the BPS response to **NICE’s Consultation on the Behaviour Change Programme guidance,** 2007
* **Department of Transport**, Developing Effective Road Safety Interventions for Speeding Motorists, 2006
* **British Psychological Society** Public Health Specialist Working Party, 2005
* Contributed to public health white paper, **Choosing Health**, and to the second **Wanless review of the NHS,** 2004-5
* **MRC Implementation Group**,Health Services Research Unit, University of Aberdeen, 2004
* **BPS Division of Health Psychology**, strategy meetings, 2001-2004

***Before 2001***

* Part of **National Taskforce on the Health of the NHS Workforce** and commissioned to write report, “Involving Staff in the NHS”, circulated to all Trust Chief Executives and Directors of Human Resources
* Invited expert to national strategy meeting, “Raising Health”, convened by **Dept of Health and the Faculty of Public Health**
* **Commission for Health Improvement** Staff Surveys Stakeholder Group
* **Commission for Health Improvement** Working Group on NHS Performance Assessment, commissioned to develop basis of national measure of NHS staff performance and well-being, currently implemented across England and Wales as NHS staff survey
* Commissioning Panel for the **NHS R&D** Evaluation of the London Patient Choice Project
* Contributor to the **Dept Health/MRC** Review of Research on Diabetes
* Assessor for **Dept Health** Expert Patients Programme evaluation
* **RCP/RCPsych** Working Party on the Psychological Care of Medical Patients, representing the British Psychological Society
* Commissioned to identify research issues in The NHS Plan for the NHS Executive, **London: R & D** Organisation and Management Group
* The **Nuffield Trust**: Steering Group, Genetics Scenario Project
* **Imperial College** of Science, Technology and Medicine: Advisory group for “Measures of Effectiveness of Clinical Genetics”
* The Partnership for the Health of the NHS Workforce, convened by the **NHS Executive**
* **Wellcome Centre** for Medical Science: Steering group of theatre project, "Dramatic genetics"
* **MRC**: Community Genetics Workshop Planning Group
* **Wellcome Centre** for Medical Science: expert advisor

***Expert Reviews/Consultancies***

2012

* Office of Environment and Heritage, Sydney, Australia: Consultancy
* Environmental Protection Authority, Melbourne, Australia: Consultancy
* ClimateWorks, Melbourne, Australia: Consultancy
* Sustainability Victoria, Melbourne, Australia: Consultancy
* The Shannon Company, Melbourne, Australia: Consultancy
* **NICE** Expert group to plan update of Behaviour Change guidance

2000-2011

* **Department of Food, the Environment and Rural Affairs:** Unlocking Habits To Enable Pro-Environmental Behaviours: expert workshop
* **Department of Health:** Consultancy representing BPS Division of Health Psychology, including development of NHS Life Check development of NHS Health Trainers
* **Department of Health:** Academic Advisory Board
* **Department of Health National Social Marketing Centre**: Review and empirical project “Factors influencing uptake of childhood immunisation”
* **Tobacco Research Group, CRUK:** GP survey of smokers attitudes towards brief smoking cessation advice
* **King’s Fund:** systematic review of behavioural interventions
* **Chief Scientists Office, Scotland:** Translation Research in a Dental Setting
* **National Institute of Clinical Studies, Melbourne, Australia**: Visiting expert
* **Health and Safety Executive**: Expert review of “Review of existing supporting scientific knowledge to underpin standards of good practice for key work-related stressors”
* **Department of Health**: Development of the NHS Health Trainers Behaviour Change Handbook
* **Patient Safety Research Programme**: advisor to evaluation of CleanYourHands campaign
* **NHS Service Delivery and Organisation National R & D Programme:** advisor to cancer networks study
* **South London and Maudsley NHS Trust:** Supervision of evaluation on internal consultancy
* **Department of Transport:** Expert review of “Developing Effective Road Safety Interventions for Speeding Motorists”
* **Department of Health**: Advice on implementation of Public Health White Paper
* **Department of Health:** Two reviews of evidence of (a) psychological techniques and models of behaviour change interventions (b) self-management interventions in well populations
* **Mind Tools Corporation:** To review internet-based Stress Management Course
* **Camden PCT:** To advise on setting up and evaluating three new services: a smoking cessation service, an Expert Patients Programme and a community based public health service
* **Commission for Health Improvement:** To write brief for, and oversee the development of the first national NHS staff survey

# **Teaching**

Designed and lead at UCL:

MSc in Behaviour Change, 2017-

Health Psychology Unit for the professional doctorate in Clinical Psychology, 2002-2016

Cross-disciplinary 3rd year Psychology BSc option in Behaviour Change, 2014-

Health Psychology 2nd year lecture course for the Psychology BSc, 2002- .

***Boards of Examiners***

University of West of England, Stage 2 in Health Psychology, 2006-

UCL, Specialist Doctorate in Clinical Psychology, 1995-

University of Sussex, MSc in Health Psychology, 2003-2007

National University of Ireland, MPsych Sc in Health Psychology, 2004-2006

University of York, BSc in Health Sciences, 2002-2006

University of Westminster, MSc in Health Psychology, 1999-2003

University of Bath, MSc in Health Psychology, accreditation visit, 1999

University of the West of England, MSc in Health Psychology, accreditation visit, 2000

British Psychological Society, Qualification in Health Psychology (Stage 1), 2003

***Thesis examination***

2017 PhD, Karolinska University, Sweden

2013 PhD, University of London.

2012 PhD, Leiden University, Leiden, Netherlands.

2011 PhD, City University, Thessaloniki, Greece.

2010 PhD, University of Helsinki, Finland.

PhD, University of Stirling

2009 PhD, University of London; 2 PhDs, University of Aberdeen

2008 PhD, University of London: DPsy, University of Staffordshire

2007 PhD, University of Leeds; PhD, University of London

2006 PhD, University of Cyprus; PhD, University of Coventry; PhD, University of London

2005 PhD, University of Aberdeen, PhD; University of Melbourne, Australia;

PhD, University of Cardiff; PhD, University of London

2004 PhD, University of Cambridge; PhD, University of Aston; PhD, University of London

2003 PhD, University of London

2002 PhD, University of Sheffield; PhD, University of London

2001 PhD, University of London

2000 Two DClinPsy, University of Surrey

1998 PhD, Macquarie University, Australia

1994 MSc, University of Kent

Since 2005 7 DClin theses, University of London

# **Training**

***International experts’ workshop***

**2015**

Led MRC/NIH/Robert Johnson Wood Foundation funded workshop for 42 international experts: *How to create, evaluate and implement effective digital healthcare interventions: development of guidance,* London UK.

***International training workshops (since 2002)***

**2018**

* Canadian Community Pharmacy Summit: *Addressing ‘Wicked Problems’*, Halifax, Nova Scotia, **Canada**
* German Conference of Evidence-based Medicine Workshop. *Integrating behavioural, computer and information for evidence synthesis and interpretation: the Human Behaviour-Change Project*, Graz, **Austria**
* UCL Centre for Behaviour Change. *International Summer School in Behaviour Change*, (Standard and Advanced) **UK**.

**2017**

* UCL Centre for Behaviour Change. *International Summer School in Behaviour Change*, **UK**.

**2016**

* CLAHRC South London: *Implementation Science Masterclass.* Faculty member and workshop leader, **UK.**
* UCL Centre for Behaviour Change. *International Summer School in Behaviour Change*, **UK**.

**2015**

* European Health Psychology Society Expert Meeting: *mHealth for Behaviour Change:*

*Opportunities, Challenges and Future Directions,* **Cyprus.**

* **Australian** Market & Social Research Society 4 session online interactive group tutorial training seminars ‘*How to Change Behaviour’*, Perth, **Australia.**
* Australasian Society for Behaviour and Health Medicine pre-conference workshop: *Linkage of strategies to overcoming barriers in translational research*, Perth, **Australia**.
* Australasian Society for Behaviour and Health Medicine early career writing workshop, Perth, **Australia**.
* UCL Centre for Behaviour Change. *International Summer School in Behaviour Change*, **UK**

**2014**

* Society of Behavioral Medicine Annual Meeting, Philadelphia, **USA**. *Using Theory in Implementation Science*, with Laura Dramschroder.
* European Monitoring Centre for Drugs and Drug Addiction European Summer School, Lisbon, **Portugal**. *A comprehensive model of addiction and its use in designing interventions to combat it.*
* UCL Centre for Behaviour Change. *International Summer School in Behaviour Change*, **UK**

**2013**

* Institute of Medicine, Linkoping University, **Sweden**. Implementation and Learning Research Program. Junior faculty and PhD programs.
* School of Medicine and Public Health, University of Newcastle, **Australia.** *Behaviour Change Technique Taxonomy Workshop.*
* Global Bridges to Advance Health Care Research Careers for Junior Researchers Karolinska Institute, Stockholm, **Sweden**. *Mentorship Program.*
* Training workshop for junior researchers, Karolinska Institute, Stockholm, **Sweden**. *Designing interventions to change behaviour.*

**2012**

* The Theoretical Domains Framework: A Tool for Behaviour Change Research*.* Training Workshop, KT Canada,Ottawa, **Canada**, December. *Development and Validation of the Theory Domains Framework.*
* Heritage and Environment Office, Sydney, **Australia**: *Applying the Behaviour Change Wheel to intervention development.*
* Public Health Research in Practice Masterclass, Wageningen, **Netherlands:** *How to develop effective interventions in public health practice?*
* National Training in Behavioural Support for Smoking Cessation, Georgetown, **Malaysia**
* KT Canada Summer Research Institute, Ottawa, **Canada**
* National Health and Medical Research Council, Melbourne, **Australia**: Fellows Masterclass: *Translating research into practice*
* Society of Behavioral Medicine, New Orleans, **USA:** *Behaviour change techniques: a reliable method for specifying complex intervention content*
* Implementation Science Summer School, Dublin, **Ireland:** *Applying behavioural science to understanding and solving implementation problems.*

**2011**

* National Training in Behavioural Support for Smoking Cessation, Beijing, **China**.
* European Centre for Disease Prevention and Control. Stockholm, **Sweden**: *Tackling seasonal flu in Europe*
* Australian Cardiac Rehabilitation Conference. Perth, **Australia**: *Managing cardiovascular disease: Practical behaviour change strategies*
* University of **Ireland**, Galway: Invited workshop for Health Psychology MSc: *Designing behaviour change interventions: Behaviour Change Techniques and The Behaviour Change Wheel*

**2010**

* WHO Collaborating Center for Tobacco or Health, Beijing, **China**: Three day training in *Smoking cessation behavioural support*
* KT Canada Summer Institute, Calgary, **Canada**: Three day training in *Knowledge Translation*
* Implementation Summer Research Institute (IRI),Washington University in St. Louis, **USA**: Five day programme for early career implementation researchers
* NHMRC National Institute of Clinical Studies, Melbourne, **Australia**: Fellows Masterclass: *Designing, Implementing and Reporting Interventions*
* Australian Satellite of the Cochrane Effective Practice & Organisation of Care (EPOC) Group. Melbourne, **Australia**, *Knowledge translation in health: What it is and how to do it*

**2009**

* European Health Psychology Society, Pisa, **Italy**: Three-day workshop for early career psychologists: *Advancing the science of behaviour change: methods and theories.*
* Department of Health Psychology, University **Medical Center, Groningen, Netherlands: Roundtable discussion for research staff and postgraduate students**

**2008**

* Postgraduate mentoring, 7th Conference on Psychology and Health, Lunteren, the **Netherlands**
* Cyprus International Institute for the Environment and Public Health/Harvard School of Public Health, Nicosia, **Cyprus**. Invited workshop: *Treating Nicotine Addiction: What you can do to Help your Patients Quit Smoking*
* University of **Oslo**/UCL, Windsor, UK. *Designing digital interventions to help overcome addictive behaviours*. Invited facilitator

**2007**

* Department of Psychology, **Freie Universität, Berlin, Germany: Roundtable discussion for postgraduate and undergraduate students**
* Canadian Institutes of Health Research: Ottawa, **Canada**. Invited workshop at the Symposium Behavioural Approaches to Knowledge Transfer organised by the Knowledge Translation-Improved Clinical Effectiveness through Behavioural Research Group (KT-ICEBERG): *Cognitive and Behavioural Change: What to change and how to do it*

**2006**

* National Institute of Clinical Studies, Melbourne, **Australi**a.Master Class for the Scholars and Fellows programme: *Getting the message across: writing guideline recommendations.* Workshop for 1st National Conference: *Getting the message across: writing guideline recommendations*
* European Health Psychology Society, Warsaw, **Poland**: Three day workshop for advanced career psychologists: *Putting theory into practice, and practice into theory*
* MRC International Collaboration, University of Aberdeen, **UK**. Workshop, *Behaviour change theory in implementation research: issues and evidence*

**2005**

* European Health Psychology Society, Galway, **Ireland**: Three day workshop for early career psychologists: *Developing and evaluating theory based interventions*
* Faculty member, ISBM and Finnish National Public Health Institute International Teaching Seminar, Lahti, **Finland**. *Applying the evidence base to prevent disease and improve health*

**2003**

* European Health Psychology Society, **Greece**: Three day workshop for mid-career psychologists: “*Risk perception and risk communication*”
* University of Braga, **Portugal**: Workshop for Health Psychology MSc students, *Interventions to change health behaviours: theory and evidence*

**2002**

* University of Galway, **Ireland**: Two day workshop for Health Psychology MSc students, *Developing and evaluating research-based interventions to change health behaviours*

***National training workshops***

**2018**

* HM Revenue & Customs: Designing interventions likely to be effective.
* London Hub for Urban Health Research: Engaging with policy makers: lessons learned and practical guidance

**2012/13**

* Designed and taught on 15-session course in behaviour change, commissioned by UCL Partners, for healthcare managers, clinicians and practitioners.
* Four workshops in behaviour change methodology: Aberdeen, Coventry, Oxford, UCL.

**2010**

* University of Oxford Doctoral training in Clinical Psychology: *Addiction and Behaviour Change*
* UCL postgraduate retreat: *the Behaviour Change Wheel: a new system for designing effective behaviour change interventions*

**2009**

* Health Psychology CPD Course, University of Aberdeen: *Theories in Health Psychology*

**2007**

* MRC Health Services Research Fellows Annual Conference: University of Bristol. Workshop, *Putting research ideas into practice*

**2004**

* MRC Health Service Research Fellow Annual Conference: University of Bristol. Workshop, *Developing research: using psychological theory*

Other health professionals: Public health staff; nurses (Royal College of Nurses); genetic counsellors (Institute of Child Health); Science Communication Diploma (Birkbeck College); Health Education Authority staff; occupational health consultants and MSc students (London); GPs; psychiatrists; radiographers; dietetic managers; physiotherapists; health visitors; ancillary, clerical and managerial staff (Continuing Education); social workers.

Topics: Behaviour change techniques; handling violence; psychological assessment and brief interventions; stress management; handling difficult situations; assertiveness training; team-building; social skills training; drug and alcohol abuse; communicating with children; role-based management.

# **Enabling**

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| ***US Society of Behavioral Medicine*** | |
| 2019  2012-2015 | Search Committee, New Editor for *Annals of Behavioral Medicine*  Chair, Special Interest Group ‘Theories and Techniques of Behavior Change Interventions’ |
| ***European Health Psychology Society (EHPS)*** | |
| 2006-2008 | **Past President** |
| 2004-2006 | President |
| 2002-2005 | **President Elect** |
| 2012- | Chair, Special Interest Group ‘Theories and Techniques of Behaviour Change’ |
| 2006-2014 | Member of **Policy** Committee |
| 2002-2007 | Member of **Publications** Committee |
| 2007 | Track chair for the **International Scientific Programme Committee** |
| 2002-2006 | Member of the **International Scientific Programme Committee** |
| 2003 | Chair of the **International Scientific Programme Committee** |
| ***British Psychological Society (BPS)*** | |
| 1999-2006 | Member of **Board of Examiners** of Health Psychology |
| 2003-2006 | **Examiner** for BPS Stage 1 qualification in Health Psychology |
| 2002 | **Reviewer** of National Occupational Standards in Applied Psychology |
| 2002, 2003 | Division of Health Psychology’s **nomination** **for** **Award** for Distinguished Contributions to Professional Psychology |
| 2001 | **Deputy** **Chair**, Division of Health Psychology |
| 2000 | Commissioned to co-write **BPS** **Stage** **2** **Qualification** in Health Psychology |
| 1999-2000 | **Chair**, Division of Health Psychology  **Vice** **Chair**, Training Committee, Division of Health Psychology  **Member of BPS Council** |
| 1998-1999 | **Vice Chair**, Division of Health Psychology  **Chair**, Division of Health Psychology Training Committee |
| 1996-1998 | Consultative working group on NVQs in Applied Health Psychology |
| 1994-1997 | Health Psychology Special Group Training sub-committee |
| ***University College London (UCL)*** | |
| *Current*  Director, Centre for Behaviour Change  Environmental Sustainability Steering Group  Public Policy Board, representing Brain Sciences Faculty  Executive Group, UCL’s Grand Challenge of Human Wellbeing  *Past*  Review Group, UCL’s Grand Challenges  Lead, GCHW Behaviour Change Initiative 2012-2013  Lead, Implementation Theme, UCL Partners Mental Health Programme  Academic Leadership Board, UCL Partners Mental Health theme | |

# **Editorial Work**

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| 2016-  2011-2016  2009- | Editorial Board, *Health Psychology*  Editor, *Implementation Science*  Associate Editor, *Annals of Behavioral Medicine* |
| 2007- | Editorial Board, *Applied Psychology: Health and Well-Being* |
| 2006-2011 | Associate Editor, *British Journal of Health Psychology*  Editorial Board, *Health Psychology Review* |
| 2005- | Editorial Board, *Implementation Science*  Guest Editor, *The Psychologist* |
| 2004 | Guest Editorial Board Member, *Health Education and Behavior* |
| 2001-2007 | Editorial Board, *Psychology and Health* |
| 2000 | Guest Editor, *Psychology and Health* |
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# **Reviewing: Journals, Research Bodies & Publishers**

**Journals**

American Journal of Human Genetics; American Journal of Infection Control; American Journal of Medical Genetics; American Journal of Public Health; Annals of Human Genetics; Annals of Behavioral Medicine; Behavioural and Cognitive Psychotherapy; BMC Health Services Research; BMC Medicine; BMC Public Health; BMJ Quality Health Care; British Journal of Clinical Psychology; British Journal of Health Psychology; British Journal of Medical Psychology; British Journal of Obstetrics and Gynaecology; British Journal of Psychology; British Medical Journal; Community Dentistry and Oral Epidemiology; Bulletin of the World Health Organization; Cochrane Reviews; Community Genetics; European Journal of Gastroenterology and Hepatology; European Journal of General Practice; European Journal of Human Genetics; European Journal of Sports Sciences; Fetal Diagnosis and Therapy; Health Care Management Review; Health Education & Research; Health, Education and Behavior; Health Expectations; Health Policy and Planning; Health, Risk & Society; Health Education Research; Health Policy and Planning; Implementation Science; International Archives of Occupational and Environmental Health; International Journal of Mental Health; International Journal for Quality in Health Care; Journal of Behavioral Medicine; Journal of Consulting and Clinical Psychology; Journal of Genetic Counseling; Journal of Gerontology; Journal of Health Psychology; Journal of Health Services Research and Policy; Journal of Medical Ethics; Journal of Medical Genetics; Journal of Mental Health; Journal of Occupational and Environmental Medicine; Journal of Psychosomatic Medicine; Journal of Psychosomatic Research; Journal of Reproductive and Infant Psychology; Journal of Social and Clinical Psychology; The Lancet; The Lancet Oncology; Medical Principles and Practice; Nature Human Behaviour; New Genetics and Society; Obesity Reviews; Occupational and Environmental Medicine; Patient Education and Counseling; Physical Therapy; Psychological Bulletin; PLOS Neglected Tropical Diseases; Psychology and Health; Psychology, Health and Medicine; Psycho-Oncology; Public Health; Public Library of Science; Social Science and Medicine; Therapeutics and Clinical Risk Management; Vaccine; World Development.

**Research Bodies**

*UK:* Medical Research Council, Economic and Social Research Council; The Wellcome Trust; National Institute of Health Research (Programmes and Research for Patient Benefit); NHS Health Technology Assessment programme; NHS Service Delivery and Organisation R&D; Department of Health (Health and Social Care Directorate); NHS Executive regional R&D; Chief Scientist’s Office (Scotland); Cancer Research UK; Cancer Research Campaign; Diabetes UK; Tenovus: the Cancer Charity, Wellcome Trust.

*International:* Social Sciences and Humanities Research Council of Canada; Dutch Cancer Society; Dutch Diabetes Research Foundation; Dutch Kidney Foundation; The Netherlands Organisation of Health, Research and Development; Netherlands Heart Foundation; Netherlands Prevention Risk Communication Programme; Alberta Children’s Hospital Foundation Canada; Health Services Board (Ireland); Health Research Council of New Zealand; Swiss National Science Foundation.

**Publishers**

Kings Fund; Sage Publications Ltd; Elsevier Science; Harcourt Publishers; Mind Tools Corporation.