

7.9. Ability to foster participation of the child/young person with plans for the admission and intervention

- An ability to engage the child/young person in a collaborative discussion of the psychological and pharmacological options that emerge from the assessment, the formulation that emerges, and the child/young person's aims and goals
- An ability to convey information about treatment plans in a manner:
 - that is tailored to the child/young person's capacities, context and circumstances
 - that helps them raise and discuss queries/concerns
- An ability to provide the child/young person with sufficient information about the intervention options open to them, so that:
 - they are aware of the range of choices available to them, and the rationale for any limits on these choices
 - they are in a position to make an informed choice from the options available to them
- An ability to ensure that the child/young person has a clear understanding of the plans for the admission and interventions being offered to them (e.g. their broad content how they usually progress)
- While maintaining a positive stance, an ability to convey a realistic sense of:
 - the effectiveness and scope of each intervention
 - any challenges associated with each intervention
- An ability to use clinical judgment to determine whether the child/young person's agreement to the admission and treatment plan:
 - is based on an informed and collaborative choice, or:
 - appears to be a passive agreement, or an agreement that they experience as imposed on them
 - where the child/young person and the team have a significant difference of view regarding the admission and treatment plan, an ability to acknowledge it openly (e.g. by discussing the reasons for the admission or for any restrictions on their choices)
- Where a young person is admitted under the Mental Health Act, an ability to:
 - acknowledge anger or upset about an admission to which they did not consent
 - attempt to open a dialogue about the rationale for the admission and why it is considered to be in their best interest
 - help them identify the areas where they do and do not have choice about the treatment they receive

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