



When it's more than Selective Mutism: Extension Course – Module 4

1st May 2020 Ref: 723/20 £160 Max. no.: 20

This session looks at conditions which frequently occur alongside SM and asks participants to consider their roles and remit when supporting children and young people who experience more than SM. Topics include additional speech and language difficulties, Autism Spectrum Disorder, behavioural issues, separation anxiety, social anxiety disorder and other fears and phobias. Adaptations to standard assessment/intervention techniques are discussed, together with additional management techniques and medication.

Target audience: any professional, support worker or family member **who has completed Modules 1 and 2**. Case-workers and therapists working with adults are also welcome.

N.B. Participants will be required to bring with them a copy of the second edition of The Selective Mutism Resource Manual (Johnson and Wintgens, 2016, Speechmark Publications) or purchase one on the day **by prior arrangement**.

PROGRAMME OUTLINE

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| 9.30 | REGISTRATION AND COFFEE |
| 9.45 | Introduction to co-existing conditions.
Extended assessment: general principles.
Autism Spectrum Disorder (ASD): the question of co-existence.
Behavioural issues commonly associated with SM. |
| 11.15 | BREAK |
| 11.30 | Mental health issues: implications and possible involvement of CAMHS/Adult mental health services.
Medication.
Identification and management of other anxieties and phobias. |
| 12.45 | LUNCH |
| 1.30 | ASD: assessment, diagnosis and management.
Management of speech and language difficulties (including learning English as an additional language). |
| 3.00 | TEA BREAK |
| 3.15 | Case studies and case discussion.
Advising and training other professionals and agencies.
Summing up and action plans. |
| 4.30 | CLOSE |

At the end of the course participants will receive a Certificate of Attendance.

COURSE TUTOR

Maggie Johnson, Principal Speech and Language Therapist, Kent Community Health NHS Foundation Trust.