



Working with Selective Mutism: Foundation course - Module 1

29th April 2020 Ref: 721/20

£160 Max. no.: 20

This introductory module covers a full understanding of the nature, causes and diagnosis of selective mutism (SM), assessment and how to use informal management strategies. The emphasis is on an inclusive 24/7 approach to promote well-being and participation. When applied consistently within family and educational settings, these techniques will enable some children to fully overcome their difficulty talking, while laying a firm foundation for more formal small-steps intervention programmes if indicated.

Target audience: all professionals and support workers from educational, health and mental health backgrounds. Parents welcome too!

N.B. Participants will be required to bring with them a copy of the second edition of The Selective Mutism Resource Manual (Johnson and Wintgens, 2016, Speechmark Publications) or purchase one on the day by prior arrangement.

PROGRAMME OUTLINE

9.30	REGISTRATION AND COFFEE
9.45	Introductions Identification – the nature, definition and causes of SM
11.15	BREAK
11.30	Assessment and diagnosis Preparing for intervention and talking openly to the child or young person about their difficulties
12.45	LUNCH
1.30	The Model of Confident Talking as a basis for intervention Informal management techniques to create an anxiety-free environment
3.00	TEA BREAK
3.15	Informal management techniques to facilitate talking Workshop on planning intervention
4.30	CLOSE

At the end of the course participants will receive a Certificate of Attendance.

COURSE TUTOR

Maggie Johnson, Principal Speech and Language Therapist, Kent Community Health NHS Trust.