If you have been to Wuhan, China, in the last 14 days ...

Stay indoors and avoid contact with others  
Contact NHS 111 for advice

Please follow this advice even if you do not have symptoms of the virus

- Do not go to work, school or public areas
- Avoid visitors in your home
- Avoid using public transport or taxis

Symptoms to look out for:

- Cough
- Runny nose
- Sore throat
- Fever
- Difficulty breathing

Visit NHS.UK for more information