Cost and impact of mental health problems

1 in 4 people experience mental illness each year.

Almost half of adults in England have reported that they have had a diagnosable mental health problem.

Economic and social cost in England of approximately £105 billion.

Around one in 10 people between 5 and 16 have a mental health problem.

6,000 deaths from suicide in the UK in 2015.

Suicide is now the leading cause of death for young men.

Funding for child and adolescent mental health service equates to just 0.7% of total NHS budget and just 7% of mental health expenditure.

Only 5.5% of the UK research budget is dedicated to mental health.

UK research spend per adult (2014):
- Cancer: £1,571
- Mental health: £9.75
- Mental health expenditure: 83, 68, 79
References

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- Around one in 10 people between 5 and 16 have a mental health problem according to the Mental Health Foundation.

- Suicide is now the leading cause of death for young men according to the Mental Health Foundation.

- There were 6,000 deaths from suicide in the UK in 2017 according to the Mental Health Foundation.

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- Only 5.5% of the UK research budget is dedicated to mental health according to the Mental Health Foundation.

- People with severe mental problems have a reduced life expectancy according to the Mental Health Foundation.

- The economic and social cost of mental health in England is approximately £105 billion according to the Mental Health Foundation.

- Funding for child and adolescent mental health service equates to just 0.7% of total NHS budget and just 7% of mental health expenditure according to Young Minds.

- The UK research spend per adult in 2014 was £1,571 for cancer research and £9.75 for mental health according to the Mental Health Foundation.

- People with severe mental health problems have a reduced life expectancy according to the Mental Health Foundation.