FOUNDATION PROGRAMME APPLICATIONS

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Handbook

- Read the Foundation applicants FP/AFP handbook 2017
- Look at;
  - Person specification
  - www.foundationprogramme.nhs.uk
Timeline

- 22/8: View academic FP (AFP)
- 16/9: Indicative FP
- 26/9-14/10: Register and APPLY
- 14/10: Special circs deadline
- 17/10-13/1: Academic shortlisting and interviews
- 2/12; 9/1: SJT
- 18/1-15/2: AFP results
- 9/3: FP results
- By 1/4: Select programmes
- May-July: Reserve list allocations
Late applications?

- CANNOT HAPPEN EVEN BY A SECOND!
- Submit a few days before deadline
PERSONAL DETAILS

- Not considered for scores
- Health issues and disabilities
- DBS/CRB; FtP declarations
- Linked applications (can’t unlink…!)
- Clinical skills – does not affect application
- References do not affect application
  - Medical school
  - Other senior clinician
Additional Qualifications

- Read uploading guide very, very carefully!
  - Oxbridge
- Only if complete by 14/10 (e.g. publications)
- Appeals window very short
- BSc/BA; PhD; MSc etc
Publications

- PubMedID (PMID)
- PMID links directly to paper
- Double check
UoA preferences

- Rank ALL
- Do you want to apply for AFP as well?
  - Additional sections and CV
  - Rank only those you want
Educational performance measure
EPM

- Clinical and written
- 4th and 5th year; 50:50
- 34-43
- + 7 additional educational
Situational Judgement Test. SJT

- 50 points
- Ranking and MCQ
- How SHOULD an F1 respond……..
- Practice paper on UKFPO
- Good Medical Practice
- Job description/analysis
Which Foundation School?

- We don’t know numbers of outsiders who may apply or insiders who choose to leave
- Analyse your reasons carefully – not just default option
- Most FY programmes are very similar
- Most foundation year doctors enjoy their job
- London no better or worse
- Further from home as much good as bad! Most people do very well
- Big fish; small pool?
- ‘Where’ makes less difference to the future than you might think
- ST training applications more ‘high stakes’.
Which FS? Other criteria

- Check the FS to see if
  - They have any differences in their allocation process e.g. Don’t allocate whole 2 year programme initially
  - They have any specific criteria e.g. not allowing F2 abroad
  - Hold interviews
Scoring algorithm

- By applicants score (NOT preference)
- No advantage in being strategic (fish, pool)?
- List in genuine order you want FS’s
Data

- Previous years data
2016

- 7858 (8119 in 2015) applications
- 1490 individuals applied academic. 513 vacancies

- Reserve list 45 (352 in 2015)
  - UCLMS 0 (4 in 2015)
  - All placed by June
% allocated one of top 5 choices
2016

- Cambridge: 98.6
- Imperial: 90.1
- UCLMS: 95.3
- Oxford: 98.2
- St Georges: 85.7
- Kings: 92.3
- Barts/London: 90.9
- EEA: 79.1

Outside London average often higher than in London
SJT scores (average) 2015/16

- Oxford: 40.88/41.72
- Cambridge: 40.6/41.2
- UCLMS: 39.87/41.66
- Imperial: 38.9/39.86
- Lowest UK: 37.4/38.44
- Non EEA: 31.83/32.44
### Percent 1\textsuperscript{st} preference apps 2015/16

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<tr>
<th>Area</th>
<th>305%/325%</th>
<th>157%/161%</th>
<th>145%/148%</th>
<th>119%/106%</th>
<th>29%/47%</th>
<th>Min entry score 2016</th>
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<td>305%/325%</td>
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<td>NCT</td>
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<tr>
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<td>S Thames</td>
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<tr>
<td>West Midlands North</td>
<td>29%/47%</td>
<td>64.4</td>
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- **Each year is very different!**
UCLMS graduates went to

- NCTFS 129/137/120/76/70
- South Thames 62/64/62/56/79
- NETFS 27/25/28/52/36
- East Anglian 14/9/22/24/14
- NWTFS 14/22/16/15/12
- Oxford 16/11/17/2/15
- Yorkshire 7/12/11/9/3
- West Midlands 15/9/9/15/9
- Wessex 12/2/7/14/9
- NW 8/5/6/11/12
- +9 other schools
Academic FP

- Local shortlisting and interviews
- ‘Clinical and academic’
- AUoA added to EPM
- Not SJT – unless exceptionally low
- Part of FP process until accept AcFP
AFP - Who should apply?

- Bright (must be able to juggle clinical and academic roles and succeed in both)
  - Academic achievement
  - Clinical competencies
  - Higher exams
- Must be able to work independently
AFP - Pros and Cons

● Pros
  - If know want to be academic
  - Research ‘taster’
  - Enhance CV
  - Good departments

● Cons
  - Additional ‘London’ chance
  - May be in specialty you do not want long term
  - There are other ways into academic medicine
  - Doesn’t guarantee research career
  - Hard work to achieve clinically and academically
  - May penalise ‘late starters’
AFP - Who should apply?

- PhD (a few only)
- BSc 1\textsuperscript{st} or 2:1
- Prizes
- Distinctions or merits
- Publications or abstracts
- Research track record

- You do \textbf{NOT} need all the above but most will have at least one

- \textbf{Demonstrable} commitment and interest (at interview and/or on application form)
AFP - A previous years abridged scoring system. INDICATIVE

- MSc/MD/PhD: 0-4
- BSc or equivalent: 0-2
- Publications/national presentation: 0-4
- Prizes, honours, distinctions: 0-4
- Teaching: 0-4
- Non academic Achievements: 0-2
AFP competition ratio

- Oxford 1:9
- Thames 1:5
- Scotland 1:3
Number AFP by Medical School

- Imperial 60
- Oxford 41
- Cambridge 35
- UCLMS 27
- Kings 22
Discuss and decide if wish to apply
- Handbook
- Websites (UKFPO, NIHR and foundation school (including NCT))
- post holders
- supervisors
- medical school

Decide which UoA (local are Thames, Cambridge, Oxford, Wessex etc)

Prepare for interview, white space

Produce a Portfolio/CV

‘Draft responses’
AFP interviews

- London and KSS together as AUoA
- Check websites for non London
- Provisional dates in London are December and January
AFP - Summary

- Definite advantages
- Some disadvantages
- Consider carefully!
Transfer of information

- All significant patterns
  - Health issues
  - Academic issues
- Patient safety
- Continuity of education supervision
- Medical school checks them
- March - April
- Be detailed
Special circumstances

- Now to 14/10
- Discuss with support tutor
- Personal health issues
- Primary carer
- Childcare
Further help with your application

- Today’s workshops
  - Participate fully
- Careers service
- Medical School welfare
What to do over the summer

- **Read applicants handbook**
  - Download UKFPO podcast
- Read
  - The Trainee Doctor (2011)
  - Good medical practice (2013)
  - Job description/analysis, person specification
  - Bits of the FY curriculum
- Decide about AFP application
- Decide order of FS/UoA
- Do some practice SJT’s
- Consider if special circs and CRB
- Consider appt with careers service and/or welfare
- Obtain clinical referee in September and ask them
- Check decile ranking as soon as published
Preparation for practice

- **Next year**
  - Think about how to get the best out of it
    - Finals
    - Being an F1
  - Enjoy it

- **The F1 doctor is crucial to a department**
YOUR MEDICS ALUMNI ASSOCIATION

RUMS ALUMNI
Have a very good holiday and good luck