

Mental Health Awareness Week

13 - 17 May 2024

13 Street Food Walk 12:15 - 13:00

Mon Chair Massage 13:00 - 16:45

14 Mindfulness Webinar 12:30 - 13:00

Tue Seminar on Apathy in
Psychiatry and Neurology 15:30 - 17:30

15 Wild Bloomsbury Walk &
Lunch 12:30 - 13:30

Wed

16 What to Do About Bullying
and Harassment? 13:00 - 14:00

Thu

17 Chair Massage 11:00 - 17:00

Fri



See the full programme & register - scan the QR code
or go to ucl.ac.uk/ion/mhaw-2024