# Dignity at Work

* Are You Feeling Harrassed !!??
* Want To Speak To Someone In Confidence ??
* Who Can You Speak To??
* Are you being bullied!!??

“Many people delay seeking advice. They often finish the first meeting with a comment such as ‘I wish I had spoken to someone about this sooner.” Dr Caroline Selai, Dignity at Work Advisor

So please contact your local ION departmental or UCL representative below.

Visit our [Dignity at Work webpage](https://www.ucl.ac.uk/ion/working-institute/dignity-work), <https://www.ucl.ac.uk/ion/working-institute/dignity-work> no matter your query, we are here to help!

* ION Equal Opportunities and Liaison Officer (DEOLO): Libby Bertram Tel: 020 344 84136/ 020 7672191; e.bertram@ucl.ac.uk
* ION Dignity at Work Advisor: Caroline Selai Tel: 020 7676 2160; c.selai@ucl.ac.uk
* [DAW advisors](https://www.ucl.ac.uk/equality-diversity-inclusion/dignity-ucl/dignity-advisors) listed at: <https://www.ucl.ac.uk/equality-diversity-inclusion/dignity-ucl/dignity-advisors>
* [ION Research Department Administrators](https://www.ucl.ac.uk/ion/people): <https://www.ucl.ac.uk/ion/people>
* [ION Research Department Graduate Tutors](https://www.ucl.ac.uk/ion/working-institute/dignity-work/student-contacts) (for PhD students): <https://www.ucl.ac.uk/ion/working-institute/dignity-work/student-contacts>
* [UCL ‘Report + Support’](https://report-support.ucl.ac.uk/)online anonymous reporting tool - <https://report-support.ucl.ac.uk/>
* [UCL ‘Full stop’](https://report-support.ucl.ac.uk/campaigns/full-stop) anti bullying & harassment campaign - <https://report-support.ucl.ac.uk/campaigns/full-stop>
* Employee Assistance Programme (for staff & PhD students): <https://www.ucl.ac.uk/human-resources/health-wellbeing/occupational-health/employee-assistance-programme-eap>
* UCL Equalities & Diversity: equalities@ucl.ac.uk
* UCL Student Support & Wellbeing: Tel: 020 7679 0100; student.wellbeing@ucl.ac.uk
* UCL Student Mediator, Dr Ruth Siddall: studentmediator@ucl.ac.uk

By challenging inappropriate behaviours we can all play a role in ensuring that UCL is a harassment free zone