Neuropsychology

The neuropsychology department provides a unique and highly specialised clinical neuropsychological diagnostic and therapeutic service. The diagnostic service involves a detailed assessment of cognitive functions such as memory, language, perception, planning, reasoning and attention as well as behaviour in patients with multiple sclerosis (MS).

The department offers group neuropsychology-led interventions for patients with MS. These Workshops comprise five or six 2-hour fortnightly sessions. Psychoeducational issues related to the understanding of the neuropsychological consequences of the illness, as well as specific strategies to reduce the impact of memory, planning and other cognitive disorders on daily living, are considered in the Workshops.

The aim of these Workshops is to help patients and their families learn more about the condition; to give patients and carers an opportunity to explore the impact of living with the condition including strategies to assist with problems with memory, attention, planning and organisation; to help in coping with anxiety and depression; and to be able to share and hear from others facing the same issues.

Highly specialised neuropsychological input is also given on an individual basis for the treatment and management of the neuropsychological effects of MS.