

The Engagement and Independence in Dementia Questionnaire (EID-Q)

Interview and Scoring Procedure

The EID-Q is free to use but should be cited as:

Stoner, C.R., Orrell, M., & Spector, A. (2018). Psychometric properties and factor analysis of the Engagement and Independence in Dementia Questionnaire (EID-Q). *Dementia and Geriatric Cognitive Disorders*, 46, 3-4, 119 – 127. DOI: 10.1159/000488484

Participants can complete the EID-Q in two ways: by interview or by self-report. Participants should always be encouraged to make a choice as to how they wish to complete the EID-Q. The EID-Q should not be completed using proxies (e.g. completed by family/ professionals on behalf of a person with dementia).

No amendments should be made to item wording or the Likert scale, without permission from the measure authors. Please contact Dr Charlotte R. Stoner (positivepsychology.dementia@gmail.com) if you are considering amending or translating the measure.

We would like to be kept updated on how this measure is being used. Please get in touch at positivepsychology.dementia@gmail.com to tell us about your project.

Self-Report Procedure

If a participant wishes to complete the EID-Q by self-report, only pages two and three of this document should be given to them.

Interview Procedure

If completing by interview, a trained researcher should always administer the interview. Each item should be read out using the one-month time frame and each Likert response should also be read out.

If a participant asks for clarification, the item should be read out again. Interviewers should not explain items and, instead, encourage participants to interpret the question in a way that makes most sense to them.

Only one response can be circled. If a participant is undecided between two responses, they should be encouraged to select the one they feel is best.

Scoring Information

Each response has a corresponding score (0-4). Responses should be summed to provide an overall score for the EID-Q

Subscales for the EID-Q are: 1. Activities of Daily Living (items 1-6), 2. Decision Making (items 7-10), 3. Activity Engagement (11-13), 4. Support (14-20) and 5. Reciprocity (21-26). These subscales can be summed to provide a total subscale score. **Items 6, 10 and 22 are reverse scored.**

Instructions

We would like to know how you have been feeling over the **past month**. Please answer the below questions by **circling one number** (0, 1, 2, 3 or 4) that most closely reflects how you have felt for each question. Please answer all the questions. If you are unsure, circle the number that is your best guess.

EID-Q						
		Not true at all	Rarely true	Sometimes true	Often true	True nearly all the time
1	1. I can arrange my life in a way that suits me best	0	1	2	3	4
	2. I feel I am active in everyday life	0	1	2	3	4
	3. I can adapt my wishes to be in line with what I can do	0	1	2	3	4
	4. I can make changes to my life to match my abilities	0	1	2	3	4
	5. I can get myself food if I need to	0	1	2	3	4
	6. I am a burden to others	0	1	2	3	4
2	7. I can look after myself as much as I need to	0	1	2	3	4
	8. I can make my own decisions as much as I'd like to	0	1	2	3	4
	9. I'm confident in making decisions	0	1	2	3	4
	10. People take decisions away from me	0	1	2	3	4
3	11. I have hobbies/ activities that I enjoy doing	0	1	2	3	4
	12. I can do activities that are important to me	0	1	2	3	4
	13. I keep myself busy with activities/ hobbies	0	1	2	3	4
4	14. I have people who I can talk to if I need to	0	1	2	3	4

		Not true at all	Rarely true	Sometimes true	Often true	True nearly all the time
	15. I enjoy conversations with others	0	1	2	3	4
	16. There are people I could ask for help if I need to	0	1	2	3	4
	17. I can get in touch with friends/ family if I need to	0	1	2	3	4
	18. My friends/ family care about me	0	1	2	3	4
	19. I feel that my friends/ family want to spend time with me	0	1	2	3	4
	20. I can confide in my friends/ family	0	1	2	3	4
5	21. I have a role in my social circle	0	1	2	3	4
	22. I am often ignored by those around me	0	1	2	3	4
	23. I can help the people I care about	0	1	2	3	4
	24. I can take part in groups/ activities with others	0	1	2	3	4
	25. I can help my friends/ family as much as I would like	0	1	2	3	4
	26. I feel connected to others	0	1	2	3	4