



Integrated Screening Outcomes Surveillance Service

# Follow-up status of HIV exposed infants in the UK 2012-2019

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# Background

- In the UK the current vertical HIV transmission rate is <0.3% among diagnosed women living with HIV<sup>1</sup>
  - this rate excludes children whose infection status remains unknown
- BHIVA 2012 and 2018 guidelines state that all HIV-exposed infants who are not breastfed should be PCR tested at age ≤48 hours, 6 and 12 weeks and with antibody testing for seroreversion at age 18-24 months

www.bhiva.org/pregnancy-guidelines



BHIVA guidelines for the management of HIV in pregnancy and postpartum 2018

Even if earlier PCR tests are negative, the 18-24 month confirmatory antibody test remains important as
postnatal transmission may occur: some of the UK born cases of HIV vertical transmissions (VTs) reported to
ISOSS have been identified through 18-24 month antibody testing with negative PCRs after birth<sup>1</sup>

<sup>1</sup>Peters et al, Successes and emerging challenges in prevention of vertical HIV transmission in the UK & Ireland, Glasgow 2018





# **Methods**

- The Integrated Screening Outcomes Surveillance Service (ISOSS) monitors screening outcomes for Public Health England's Infectious Diseases in Pregnancy Screening Programme (IDPS)
- ISOSS collects, analyses and reports obstetric and paediatric data on the screened for infections in pregnancy: HIV, syphilis and hepatitis B
- Reporting to ISOSS is part of the NHS IDPS service specification: all maternity and paediatric units in England submit reports using a secure online portal
- Patient data is collected without patient consent by ISOSS with PHE Regulation 3 approval
  - For more information on ISOSS (including governance) visit <u>www.ucl.ac.uk/isoss</u>





# **Methods**

- ISOSS HIV surveillance covers all women living with HIV seen for antenatal care in the UK, all HIVexposed infants are followed-up until 18-24 months to determine infection status
- Surveillance also covers any children diagnosed up to the age of 16 years and seen for paediatric care in the UK
- Reports are triangulated with **laboratory reports from PHE** to ensure that any infants missing test results from the reporting unit have not been seen for care elsewhere (including GPs)

We report the follow-up status of 6547 HIV-exposed infants born 2012-2018, reported by December 2019



# **Results: HIV-exposed infants born 2012-2018**



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# Infants LTFU before 18-24 month AB test

Of the **370 infants LTFU with unknown infection** status:

- 67/370 had only a birth PCR test:
  - 16/67 were reported as 'gone abroad'
- 303/370 had 6 or 12 week PCR test:
  - 43/303 were reported as 'gone abroad'

#### No change over time:

50-80 infants LTFU per year

Table: Regional distribution of infants LTFU before18-24 month antibody test

Region	No. of infants (%)
East Midlands	13 (4%)
West Midlands	43 (12%)
East of England	45 (12%)
London	138 (37%)
North East/Yorkshire & Humber	36 (10%)
North West	22 (6%)
South West/South Central	27 (7%)
South East	19 (5%)
Wales/Scotland/NI	27 (7%)

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# Infants discharged before 18-24 month AB test

384/6547 (6%) HIV-exposed infants were discharged under 18 months of age

313/384 (82%) of these were discharged with a negative antibody under 18 months of age

### Table: Infants discharged based on negative antibody test < 18 months by region

Region	No. of infants (%)
East Midlands	19 (6%)
West Midlands	20 (6%)
East of England	35 (11%)
London	89 (28%)
North East/Yorkshire & Humber	28 (9%)
North West	22 (7%)
South West/South Central	29 (9%)
South East	33 (11%)
Wales/Scotland/NI	20 (6%)

71/384 (18%) infants were **discharged based on negative PCRs** only:

- 11/71 discharged at under 12 months of age
- 40/71 discharged between 12-18 months of age
- 20/71 discharged without antibody testing

Increasing number of infants are being discharged per year with negative AB test under 18 months of age

2012-201530-50 infants / year2016-201760-70 infants / year



### Infants discharged before 18-24 month AB test (n=384)



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### **Conclusions**

Despite **well-established guidelines and pathways** for follow-up of HIV-exposed infants in the UK there remains some variation in practice and **deviation from BHIVA guidelines** 

Findings shown today have been highlighted through **ISOSS paediatric network** and also fed back to **BHIVA** 

**ISOSS** is uniquely placed to monitor **outcomes and practice** across units and regions, including the impact of **COVID on clinic scheduling and attendance** 

Further work to investigate possibility of inequalities/barriers to care in lost to follow up group

Vigilance is required regarding **potential postnatal transmission**, especially in the era of supported breastfeeding in the UK





# Acknowledgements

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ISOSS is a part of the national Infectious Diseases in Pregnancy Screening (IDPS) Programme, with UCL commissioned to deliver the service

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