**Senior Women in Leadership Programme 2023/24**

**Cohort 1**

**Total hours:** 40 hours over six months. Includes a mixture of face-to-face workshops, asynchronous study and peer meetings

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| **Session/ Content**  | **Date:**  | **Time:**  | **Format\*** |
| **Launch** | Thu 09 Nov | 10:00 - 16:00 | **Face to Face** |
| **Module 1**Leadership Theories | Thu 07 Dec | 10:00 - 13:00 | Online |
| **Module 2**Personal Boardroom | Thu 11 Jan | 10:00 - 13:00 | Online |
| **Module 3**Negotiating and Influencing | Thu 15 Feb | 10:00 - 13:30 | **Face to Face** |
| **Module 4** Imposter Phenomenon and Vulnerability | Thu 14 Mar | 10:00 - 13:00 | Online |
| **Module 5** Coaching & Mentoring Graduation | Thu 25 Apr | 10:00 - 16:00 | **Face to Face** |

\*Timings, Format and Content Subject to Change.