**Senior Women in Leadership Programme Outline 2022/23**

**Cohort 2**
Total hours: This is a 7-month programme with a time commitment of 40 hours. It is a mixture of face-to-face workshops (1 per month), asynchronous study (up to 2 hours per month) and peer meetings (up to 2 hours per month)

|  |  |  |  |
| --- | --- | --- | --- |
| **Session/ Content**  | **Date:**  | **Time:**  | **Format\*** |
| **Module 1**Launch, Leadership Theories and Styles | Tue 21 Feb 2023  |  10:00-16:00 | **Face to Face** |
| **Module 2**Personal Boardroom and Leadership Profile | Tue 21 Mar 2023  |  10:00-12:30 | Virtual |
| **Module 3**Negotiating and Influencing | Tue 25 Apr 2023 |  10:00-12:30 | Virtual |
| **Module 4**Combating Imposter Phenomenon & Embracing Vulnerability | Tue 23 May 2023  |  10:00-12:30 | **Face to Face**  |
| **Module 5**Coaching & Mentoring | Tue 20 Jun 2023  |  10:00-12:30 | Virtual |
| **Celebration Event** | Sept 2023 –TBC |

\*Timings and Content Subject to Change. Format is dependent on room availability.