



# What to do if you are **exposed to human blood or bodily fluids**

- 1** Encourage bleeding if there is a puncture wound  
– but do not suck the wound!

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- 2** Wash wound or exposed area with soap  
and water or irrigate eyes with water

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- 3** Report to line manager/DSO. Always complete an accident  
form [http://www.oshens.com/ucl/AIR2/Incbook/incbook\\_tab\\_begin.aspx](http://www.oshens.com/ucl/AIR2/Incbook/incbook_tab_begin.aspx)

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- 4** Report for assessment within 1 hour  
**Bloomsbury Campus** – UCL Occupational Health (0900-1700) or UCLH  
Accident and Emergency Department (1700-0900)  
**Hampstead Campus** – Call 'needle stick hotline' on 020 7794 3301  
**Archway Campus** – Whittington Accident and Emergency Department  
**Post Graduate Institutes** at sites other than above – follow local NHS Trust  
Procedure

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- 5** UCL Occupational Health Service should be  
contacted in all circumstances as soon as possible  
after exposure. Please call:  
**(020) 7679 2802 (internal number 32802)**