



UCL

What to do if you are **exposed to human blood or bodily fluids**



- 1 Encourage bleeding if there is a puncture wound
– but do not suck the wound!**
- 2 Wash wound or exposed area with soap
and water or irrigate eyes with water**
- 3 Report to line manager/DSO.**
- 4 Report for assessment within 1 hour**

Bloomsbury Campus – UCL Occupational Health (0900-1700) or UCLH Accident and Emergency Department (1700-0900)
Hampstead Campus – Call ‘needle stick hotline’ on 020 7794 3301
During office hours (8.30 - 16.00 weekdays) You will be put through to an occupational health advisor who will arrange your post exposure care and treatment if appropriate.
Out of office hours: Listen to the whole message on the answering machine and attend Royal Free Hospital A&E for management of the incident. Ensure that you contact UCL Occupational Health the next working day for follow up of the incident. If HIV transmission is a risk, attend A&E immediately and discuss this with the A&E doctor.
Archway Campus – Whittington Accident and Emergency Department
Post Graduate Institutes at sites other than above – follow local NHS Trust Procedure
- 5 UCL Occupational Health Service should be contacted in
all circumstances as soon as possible after exposure.
Please call: (020) 7679 2802 (internal number 32802)**