

Breastfeeding on Return to Work Information

1. Purpose

- 1.1 This document sets out UCL's commitment to supporting parents who wish to Breastfeed on their return to work and to identify suitable facilities to do so.

2. Background

- 2.1 International health organisations, including [The World Health Organisation \(WHO\)](#) and the Department of Health (DH) have all in recent years recognised the importance of breast feeding and of employers allowing parents the opportunity to express breast milk while at work to facilitate that choice.
- 2.2 UCL will endeavour to find a quiet, private space for parents to express breast milk on return to work from maternity leave, if they choose to do so (or exceptionally to feed their child if they are being cared for in the vicinity of the UCL campus). Parents expressing breast milk will need access to a secure, clean fridge in which to store the milk, work breaks at appropriate times or flexibility of start and/or finish times while they are breastfeeding.

3. Rest Rooms for New and Expectant Birth Parents

- 3.1 To support new parents in striking a work/life balance that works for them, the following spaces are available for new or expectant Birth Parents to use to rest, or for expressing/breastfeeding. You can search for a route to the buildings listed below using [UCL Maps](#).

[1-19 Torrington Place](#) Room 359, 3rd Floor

- **Accessible WC and baby-changing facilities:** Baby-changing facilities available in the accessible female-only WC located on the 3rd floor, opposite the west end lift lobby.

[26 Bedford Way](#) Room 403, 4th floor

- **Accessible WCs and baby-changing facilities:** Accessible unisex WC's located on the 4th floor.

[48 Gordon Square](#) Room B09, Basement Level

- **Quiet room/ prayer area**

90 High Holborn Room 155, First Floor

- Quiet room

123 Gray's Inn Road, Occupational Health Room G04, Ground Floor

- Quiet room/ prayer room

170 Tottenham Court Road Rooms 427 and 428, Fourth Floor

- **Quiet rooms:** Located in Rooms 427 and 428 on the Fourth Floor

222 Euston Road Room G03, Ground Floor

- Quiet room

Bidborough House, Bidborough Street Room B06, Basement Level

- Quiet room

Chandler House, 2 Wakefield Street Rooms G08, G12A, 214E, Ground Floor and Second Floor

- **Baby-feeding area/ Reception:** Located in Room G08 on the Ground Floor
- **Accessible WC and baby-changing:** Located in Room G12A on the Ground Floor
- **Quiet room:** Located in Room 214E in the Library on the Second Floor

Christopher Ingold Building Room G2, Ground Floor

- Baby-changing and first aid room

Here East UCL, Bartlett School of Architecture Room 1.2, First Floor

- Quiet room

Institute of Education, 20 Bedford Way Room 794, Seventh Floor

- Quiet room/ prayer room

Institute of Neurology, Cruciform Building, Queen Square Room 2.1.02, 2nd Floor

- Quiet room

Malet Place Engineering Building Room 716, 7th Floor

- **Rest / expressing room:** Room 716 is the designated rest /expressing room. It is lockable and has a sink and a lounge chair. Access to the building is via the UCL card-operated turnstile or via the staffed Reception in the adjacent Roberts Building.
- **Baby-changing facilities:** The above room doubles as a baby changing room.

Maple House, Tottenham Court Road Room 612, Sixth Floor

- **Quiet room**

MRC Laboratory for Molecular Cell Biology Building Room G18, Ground Floor

- **Accessible WC and baby-changing facilities:** Located in the large ground floor unisex WC, room G18. Available to anyone who has access to the building, or is signed in as a visitor.

School of Pharmacy, 29-39 Brunswick Square Rooms B34 and B50, Basement Level

- **Quiet rooms:** Located in Rooms B34 and B50 on the Basement Level.

Shropshire House Room 4.02, Fourth Floor

- **Quiet rooms**

Student and Registry Services, Gower Street Room G01, Ground Floor

- **Quiet room**

The Student Centre, Gordon Street Room G04, Level 00 and Rooms B2.01, B2.02, Level B2

- **Baby-changing and first aid room:** Located in Room G04 on Level 00
- **Quiet rooms:** Located in Rooms B2.01 and B2.02 on Level B2

Wilkins Building Rooms B03, B05 and B45, Lower Ground Floor

- **Male WC and baby-changing:** Located in Room B03
- **Female WC and baby-changing:** Located in Room B05
- **Unisex WC and baby-changing:** Located in Room B45

Zayed Centre for Research, UCL Great Ormond Street Institute of Child Health Rooms X1102 and X1106, First Floor

- **Quiet rooms:** Located in Rooms X1102 and X1106 on the First Floor

Employment Policy Team

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